



DMVA

North Carolina Department of Military and Veterans Affairs

ON POINT NEWSLETTER

May 2022 Newsletter

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#ICYMI

Month of the Military Child: Joy and Fun at NFL Play :60 Engagement at Fayetteville's Westarea Elementary



April is designated as the Month of the Military Child, a time for communities to commend the resilience and contributions of the children of military families.

On April 28, we celebrated with NC First Lady Mrs. Kristin Copper, NCDMVA Assistant Secretary Ariel Aponte, Fayetteville's Mayor Mitch Colvin, Cumberland County Superintendent Dr. Marvin Connelly, and Carolina Panthers Youth Programs Coordinator Coach Cal Davies. The NFL Carolina Play :60 Camp was held at the Westarea Elementary School.

This play day was a great time for military students with play and exercise. Students spent the day jumping, running, throwing and catching footballs at eight fun physical activity stations, coached by student athletes from Fayetteville State University.

See photos [Here](#)
See Cumberland County Schools story [Here](#)

Above photo Westarea student navigates Carolina Play :60 obstacle course

Governor Cooper Encourages Employers to Apply for HIRE Vets Medallion Program



Carolina Department of Commerce Secretary Machel Baker Sanders are encouraging North Carolina employers to hire veterans and to apply for recognition with a HIRE Vets Medallion Award, an official program of the U.S. Department of Labor.

To Learn more: www.HireVets.gov

Doing Whatever It Takes for the Kids



"NCDMVA's Rick Long Purple Ups for Jumping Out

Rick Long (far left in yellow), the NC Department Military Affairs Installation Coordinator, jumped with the Golden Knights US Army Parachute Team on April 29th, at Maxton- Laurinburg Airport's US Army Golden Knights Facility. This was part of the Steven A. Cohen Military Family Clinic Purple Up Event, which is an interactive event for Cumberland County students to learn about mental health and resiliency with the Golden Knights.



NCDMVA At Work

Learn What *Veterans Know* This Mental Health Month

MAY IS MENTAL HEALTH MONTH

Veterans KNOW

Connection is key.

MakeTheConnection.net/MHM



Veterans can take many different paths toward improving their mental health, but for many that journey begins when they connect with a fellow Veteran. Veterans who are facing life challenges tend to trust each other, bonding over the common experiences they share.

"It doesn't matter what you've been through; you just work through it together," explains [Kelly](#), a Veteran of the U.S. Marine Corps. "[It's] very empowering."

This year, VA's annual Mental Health Month campaign, **Veterans Know**, demonstrates and leverages the mutual respect, understanding, and caring among Veterans. Throughout May, visitors to MakeTheConnection.net/MHM will find powerful messages of hope and encouragement from Veterans for

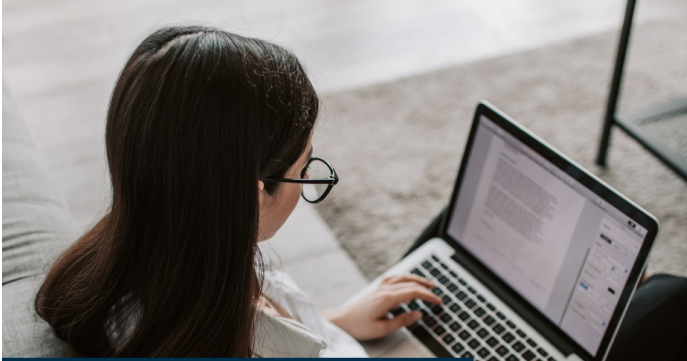
Veterans and their supporters.


Veterans offer advice based on their experience and discuss the various ways they have improved their mental health. "If we survived combat, then we owe it to the new generations to help them survive the rest of their lives," says [Gordy](#), a U.S. Army Veteran.

This May, visit [MakeTheConnection.net/MHM](https://www.maketheconnection.net/MHM) to learn more about mental health and healing from Veterans who know, because they've been there.

Public Service Announcements


Apply: NC Scholarship for Children of Wartime Veterans



 NC SCHOLARSHIP FOR CHILDREN OF WARTIME VETERANS

Recipients receive tuition and fees at NC approved schools. Qualifying students may receive room and board allowance


To learn more visit milvets.nc.gov/services/scholarships



[More information](#)

Extension of Gulf War Presumptive Period

The Department of Veteran Affairs has extended the presumptive period for qualifying chronic disabilities resulting from undiagnosed illnesses in Persian Gulf War Veterans to December 31, 2026. To learn more about VA and Gulf War Veterans, click [here](#)



The Department of Veteran Affairs has extended the presumptive period for qualifying chronic disabilities resulting from undiagnosed illnesses in Persian Gulf War Veterans to Dec. 31, 2026.

To learn more about VA and Gulf War Veterans, click the button below.

More information

Join VA's Education Network

Join VA's GI Bill® network by applying for education benefits. You'll gain access to tools and funding that help you pursue your educational and career goals, no toggling or troubleshooting needed.

Connect with your benefits here:

Connect Now

You are not alone. Connect with Care Now.



VA's top clinical priority is preventing suicide among all Veterans — including those who do not, and may never, seek care within the VA health care system. As a Veteran, you can play a role in fulfilling this mission, and VA can equip you with tools to do your part. You can explore [suicide prevention resources](#) to build networks of support among community-based organizations, Veterans Service Organizations, health care providers, and other members of your community that strengthen protective factors for Veterans.

More information

Save the Date

May 10 & 11: VA Women's *heaRT* Reengagement Training

*It's never too late to enroll in VA health care services. Sign up for the VA Women's Health Reengagement Training (*heaRT*) to help you gain a better understanding of how VA can support your health care needs.*

If you are a woman with military service experience and are not enrolled in VA health care, this program is for you. We are partnering with the U.S. Department of Veterans Affairs (VA), Office of Women's Health (OWH) to bring the nation's Veteran women unenrolled in VA services a training program to help you understand what VA health care services are available and how to access these services.

Through the VA Women's Health Reengagement Training (heaRT), you will have the opportunity to connect with fellow Veteran women in your community and learn what Veteran- and women-centered VA health care services are available to you:

- Preventive care and wellness
- Women's health services
- Whole health & mental health services
- How to determine VA care eligibility and enroll in VA

The virtual training will be a women-only, one-time, 4-hour session.

To register, visit https://bit.ly/womensheart_NC.

If you do not have access to internet or a smartphone, please call (971) 394-3270 to register. You are welcome to register for any session, but we recommend attending one hosted in your state to learn about customized resources local to you.

Please contact info@WomensheaRT.info with any questions.



Did You Know?
If you have TRICARE and/or private insurance, you could still be eligible for VA services.

VA WOMEN'S HEALTH REENGAGEMENT TRAINING

Connect with women Veterans in your community and learn what Veteran- and women-centered VA health care services are available to you:

- Women's health services
- Whole health & mental health services
- How to determine VA care eligibility and enroll in VA

To register, visit
calendly.com/WomensheaRT

If you do not have access to internet or smartphone, call (971) 394-3270 to register. Contact info@WomensheaRT.info with questions.



Women Veterans Health
Reengagement Training
heaRT



June 4th NC Military Appreciation Day and Hall of Firsts



Community Calendar

[Click here](#) for an up-to-date listing of military and veterans-focused events across North Carolina this month.

May 2022 Events

- May 10-11 [VA Women's hearT Reengagement Training](#)
- May 10 [VA Women's Health Reengagement Training, Fayetteville](#)
- May 10 [USO Discovering Your Spark](#)
- May 10 [WACC Young Professionals Networking, Charlotte](#)
- May 10 [VetLanta Health and Wellness Summit](#)
- May 11 [NCSTRIVE Adapt and Overcome, Fayetteville](#)
- May 11 [VA Women's Health Reengagement Training, Charlotte](#)
- May 11 [Vet Coffee at Richard Childress Racing, Lexington/Welcome](#)
- May 11 [CVN VBH Veterans Luncheon, Charlotte](#)
- May 11 [USO Pre-PCS Workshop](#)
- May 11 [Hiring Our Heroes Virtual Hiring Fair: Retail Management & Merchandising](#)
- May 12 [Hire Heroes USA Employer Spotlight: Amazon Delivery Service Partners](#)
- May 13 [Children of Fallen Patriots Day](#)
- May 14 [Team Rubicon Sound the Alarm in Raleigh, NC](#)
- May 14 [VBH Star Spangled Salute, Charlotte](#)
- May 15 [Team Rubicon Site Survey in Wilmington, NC](#)
- May 16-20 [Patriots Path Transition Course 9a-1p](#)
- May 17 [USO Continuing Your Journey webinar](#)
- May 18 [6th Annual Hiring Our Heroes Military Spouse Employment Summit, DC](#)
- May 18 [Team Rubicon PDS - Effective Communication, IS-242.c](#)
- May 18 [7th Annual National Convening, Bold Steps for the Future: Action, Policy, and Priorities](#)
- May 18 [National VA2K](#)
- May 18 [Veteran Impact Awards, Atlanta-GA](#)
- May 19 [Veterans Coffee, Charlotte](#)

- May 19 [Hire Heroes USA Virtual Career Fair](#)
- May 19 [Hiring Our Heroes Virtual Hiring Fair: Government Contracting](#)
- May 20 [Team Rubicon South Branch Chainsaw Ask Me Anything/Campfire](#)
- May 20-24 [2022 Operation Purple Healing Adventures TN CO TX](#)
- May 21 [Armed Forces Day](#)
- May 21 [Charlotte Knights Military Appreciation Night](#)
- May 21 [Kannapolis Cannon Ballers Military Appreciation Night](#)
- May 21-22 [Team Rubicon Site Survey TtT – Franklin, TN](#)
- May 21 [Team Rubicon Habitat for Humanity in Charlotte, NC](#)
- May 21-22 [Team Rubicon Core Operations 1 TtT – Grand Prairie, TX](#)
- May 22 [National Maritime Day](#)
- May 24 [Patriots Path Ask a Recruiter 12-1p](#)
- May 25 [Hire Heroes USA Federal Employment: Where to Begin](#)
- May 28 [US Veterans Hall of Fame - Shine the Light Golf Fundraiser, Matthews](#)
- May 29 [USO Tickets Coca Cola 600 at Charlotte Motor Speedway](#)
- May 30 [Freedom Flyer 5K Greenville-SC](#)
- May 30 [Run for the Heroes 5K, 10K, & Honor Walk, Florence-SC](#)
- May 30 [Memorial Day - Ride to Remember, Charlotte-Kernersville](#)
- May 30 [Coastal Memorial Day Service Lejeune Memorial Gardens](#)
- May 30 [Memorial Day Flowers, Black Mountain](#)
- May 30 [McEwen Funeral Service Memorial Day Service, Charlotte](#)
- May 30 [Memorial Day Tour, New Garden Friends Graveyard-Greensboro](#)
- May 30 [Kannapolis Memorial Day Service](#)
- May 30 [Stairs of Honor, Valdese](#)
- May 31 [Month of the Military Caregiver](#)

Want to be included in a future issue?

To recommend content, news, and resources for future issues or find more information, please connect with us at publisher@milvets.nc.gov. You can view previous issues [here](#).

Share your news



North Carolina Department of Military and Veterans Affairs

The North Carolina Department of Military and Veterans Affairs (NCDMVA) supports both active and reserve uniformed military personnel and their families; military installations and communities; and military veterans and their families in North Carolina. The Department seeks to provide timely and responsive engagement to enhance North Carolina's current military and veteran friendly environment. In addition, the Department also seeks to foster and promote business, technology, transportation, education, economic development, and healthcare for the above communities. Lastly, the Department works to accomplish these services by providing assistance and coordination between the Federal Government, the State of NC, its political subdivisions, and collaborative and supporting agencies.

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