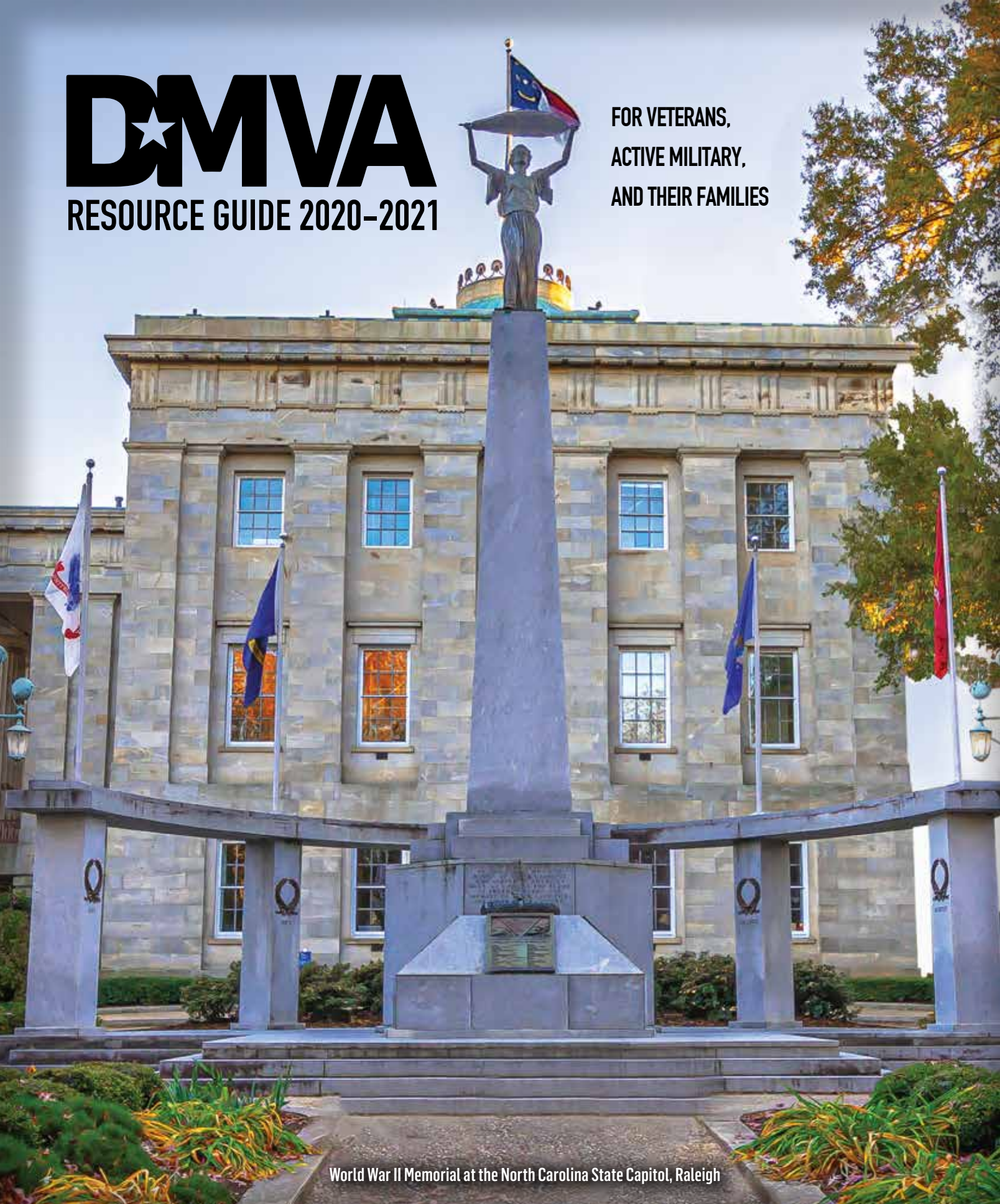


# DMVA

RESOURCE GUIDE 2020-2021

FOR VETERANS,  
ACTIVE MILITARY,  
AND THEIR FAMILIES



World War II Memorial at the North Carolina State Capitol, Raleigh



# TABLE OF CONTENTS

6

Services by County

25

VA Benefits

51

Healthcare

89

Education

111

Women's Services

121

Active Duty/Transition

137

Entrepreneurship

155

Housing

169

Personal Services

187

Employment

## GENERAL DISCLAIMER

Reference herein to any specific commercial products, process, or service by trade name, trademark, manufacturer, or otherwise does not necessarily constitute or imply its endorsement, recommendation, or favoring by DMVA.

The material provided in this publication is presented in summary form, is general in nature and is provided for informational purposes only.

REVISED 0518

## ABOUT THIS PUBLICATION

The 2020 Resource Guide is a combination of information compiled from the N.C. Department of Military and Veterans Affairs, the Department of Health and Human Services, the Department of Commerce, and state and federal resources. This is one central location where you can find some of the most frequently accessed resources available to veterans, military service members, and their families. It is not an exhaustive list of all resources or protections available. Please contact NCDMA if you have questions regarding the content or if you need additional assistance.

ALL IMAGES LICENSED UNDER CC BY 2.0 unless otherwise indicated.

See <https://creativecommons.org/licenses/by/2.0/legalcode> for terms and conditions. They are attributed to dvids, sdvietnamveterans, and soldiersmediacenter.



Governor Cooper speaking to members of the military at the NC National Guard Headquarters in Raleigh.



## FROM THE GOVERNOR

**N**orth Carolina's tradition of being the most military and veteran friendly state in the nation extends back even before the country was founded. Since the first Minutemen turned back British forces at Moore's Creek, our state has strived to support the mission of our Armed Forces, and to be the place where veterans come to live, work, and raise their families. As Governor, I understand firsthand the gratitude we owe to the nearly one million service members, guard and reservists, veterans, and their families who call North Carolina home today. That is why my administration is working day in and day out to ensure that these families receive the benefits and respect they have so rightfully earned.

We also understand the importance of the leadership, integrity, and innovation that military veterans bring to our communities and workplaces. As home to some of the largest and most renowned military installations in the world, we know that North Carolina is ground zero for the cutting-edge training and experience that military service provides. When these highly skilled soldiers, sailors, pilots, and marines transition back to civilian life, we want them to continue to call North Carolina home—that's why our state is one of the top 10 destinations for veterans after their service career.

Under the leadership of Secretary Larry D. Hall, the N.C. Department of Military and Veterans Affairs is continuing the effort to keep North Carolina the most military and veteran friendly state in the nation. As a Marine Corps

veteran and son of an army paratrooper, Secretary Hall knows what it means to serve and the impact that service has on the individual and those in their lives. That's why this year alone the N.C. Department of Military and Veterans Affairs has secured nearly \$17 million in retroactive earned benefits to veterans and their families, under the most recent policy changes at the VA.

Each year, Secretary Hall and his staff produce the NCDMVA Resource Guide, a single publication that contains answers for nearly any kind of question a North Carolina veteran or family member might have. From finding a service office to applying for a scholarship, from information on veterans nursing homes or how to start your business, the Resource Guide is designed to directly meet the needs of veterans and their families.

As Governor, it's part of my mission to ensure that every active duty service member, military veteran, and their families know that we respect and value their extraordinary sacrifice and contribution to North Carolina and the United States of America. You're always home in North Carolina.

A handwritten signature in black ink that reads "Roy Cooper".

**Roy Cooper**, Governor  
State of North Carolina



# A MESSAGE FROM SECRETARY LARRY D. HALL

## **DMVA**

*N.C. Department of  
Military and Veterans Affairs*

The North Carolina Department of Military and Veterans Affairs is the central state government agency dedicated to serving North Carolina's active duty military service members, veterans, and their families. Since 2015, our staff has been dedicated to providing the highest levels of service to our state's military and veteran community, with a responsiveness and integrity keeping with the principles and values we hold dear as North Carolinians. That's the level of support we know our veterans deserve, and it's in that spirit that we publish this annual Resource Guide, to ensure you and your loved ones have access to the support you've earned.

As a native North Carolinian, proud Marine, and the Secretary of the NCDMVA, I know firsthand the impact that military service can have on an individual and the loved

ones in their life. I witnessed this in my own family, growing up the son of a paratrooper on Fort Bragg. I saw from an early age the sacrifices military families make, and learned that military service members, veterans and their families are a part of our community, not a part from the community. Governor Cooper and NCDMVA are working hard every day to strengthen that bond even further.

It is the mission of this State to honor and salute the sacrifices of every mother, father, wife, husband, son, and daughter who has answered the call to service, or is the loved one of a service member. We must be accountable to you for the sacrifices you made in defense of our freedoms. We aim to exceed your expectations, not just meet the bare minimum. In the near future, we know that nearly 1 in 10 North Carolinians will have a background

in military service. Going forward, we will continue to improve delivery of services and access to resources for all of our veterans and their families. Moreover, we are working to bring our Department fully into the 21st century, modernizing the way we serve you, while at the same time making it easier to navigate the process. You answered the call to serve our nation, and now we stand ready to answer the call to serve you,

Yours in Service,

A handwritten signature in blue ink that reads "Larry D. Hall".

**Larry D. Hall**, Secretary  
N.C. Department of Military  
and Veterans Affairs



On behalf of myself and our entire staff, we would like to thank all of the community partners, cabinet agencies, and other organizations that have contributed to the NCDMVA Resource Guide this year and every year. Every spring, our Department prepares this Resource Guide for NC's military service members, veterans and their families. 2020 obviously has presented challenges for all of us, but we are grateful to still be able to publish a late-year edition of this book to ensure those families have the assistance they need during these uncertain times.

We don't know how long COVID-19 will continue to impact our lives, but one thing that will never change is our commitment to serving NC's military and veteran community. We look forward to reaching the end of this crisis and facing the challenges that will come, and we look forward to moving our state forward together.

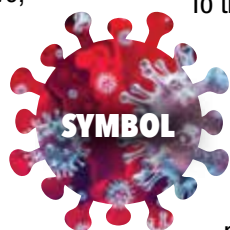
Military service members, veterans and their families are a part of the community, not apart from the community—this Resource Guide is a testament to that. Thank you for your interest in this Guide, and for all you do for the United States and the State of North Carolina.

Warmest Regards,  
**Angella Dunston**  
 Director of Communications



COVID-19 has had a tremendous impact on our lives. Since the Spring of 2020, this health crisis has transformed the way people all over the world live, work, and raise their families. The State of North Carolina is no exception. As we continue to confront the daily challenges posed by this global pandemic, the NCDMVA remains committed to

providing the best possible service to our veterans, active duty service members and their families.



To that end, when you see this **SYMBOL** in the Resource Guide, it's to highlight a resource you and your family can utilize during this public health crisis. As many families and small businesses are

struggling to cover costs and confront the obstacles created by the pandemic, our Department wants to make it easier to connect you with the information you need now, when it matters most.

We don't know how long COVID-19 will continue to impact our lives, but NCDMVA is dedicated to standing with NC's veterans, active duty members and the community for the long haul.



# PROFILE IN LEADERSHIP

**General Michael X. Garrett**  
 Commanding General  
 U.S. Army Forces Command



**G**eneral Michael X. Garrett assumed duties as the 23rd Commander of United States Army Forces Command, Fort Bragg, North Carolina, on 21 March 2019. As Commander of the United States Army's largest organization, he commands 215,000 active duty Soldiers, and 190,000 in the U.S.

Army reserve, while providing training and readiness oversight of the U.S. Army National Guard. In total, the Forces Command team includes 745,000 Soldiers and 96,000 Civilians.

General Garrett has commanded at every level from Company through Army Service Component

Command, and led units in combat operations in Iraq and Afghanistan. A career Infantryman, General Garrett received his commission in 1984 upon graduating from Xavier University.

General Garrett is happily married to Lorelei, has two grown children, and is a physical fitness enthusiast.



(left to right) Maj. Gen. Rodney Anderson, Lt. Gen. Walter Gaskin, Sen. Mickey Michaux, Gen. Michael Garrett, and Brig. Gen. Arnold Gordon-Bray



# DEPARTMENT OF MILITARY AND VETERANS AFFAIRS

[WWW.MILVETS.NC.GOV](http://WWW.MILVETS.NC.GOV)

## MISSION STATEMENT:

The North Carolina Department of Military and Veterans Affairs (NCDMVA) supports both active and reserve uniformed military personnel and their families; military installations and communities; and military veterans and their families in North Carolina. The Department seeks to provide timely and responsive engagement to enhance NC's current military and veteran friendly environment. In addition, the Department also seeks to foster and promote business, technology, transportation, education, economic development, and healthcare for the above communities. Lastly, the Department works to accomplish these services by providing assistance and coordination between the Federal Government, the State of NC, its political subdivisions, and collaborative and supporting agencies.

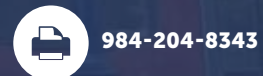
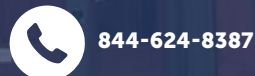
## VISION STATEMENT:

NCDMVA assists transitioning Military Personnel and Veterans as well as their families with receiving the services and benefits they have EARNED. Additionally, NCDMVA coordinates with our bases and facilities to maintain and improve their operational capability as well as the viability of the surrounding communities in light of the BRAC process.

**LARRY D. HALL** // Secretary  
NORTH CAROLINA DEPARTMENT OF  
MILITARY & VETERANS AFFAIRS

**MARTIN FALLS** // Assistant Secretary  
NORTH CAROLINA DEPARTMENT OF  
MILITARY & VETERANS AFFAIRS

## CONNECT WITH NCDMVA



[WWW.MILVETS.NC.GOV](http://WWW.MILVETS.NC.GOV)

413 N. SALISBURY STREET, RALEIGH NC 27699



# STATE OF NORTH CAROLINA VETERANS SERVICE CENTERS

## CANTON VETERANS SERVICE CENTER

120 Main St  
Canton, NC 28716  
**(828) 646-6637**  
*Monday through Friday 8:00AM - 5:00PM*

## CHARLOTTE VETERANS SERVICE CENTER

5500 Executive Center Dr Suite 132  
Charlotte, NC 28212  
**(704) 563-2037**  
*Monday through Friday 8:00AM - 5:00PM*

## CLEMMONS VETERANS SERVICE CENTER

3802C Clemmons Rd  
Clemmons, NC 27012  
**(336) 766-1496**  
*Monday through Friday 8:00AM - 5:00PM*

## DURHAM VAMC VETERANS SERVICE OFFICE

508 Fulton St Rm B1004  
Durham, NC 27701  
**(919) 286-0411 ext. 6604**  
*Monday through Friday 9:00AM to 3:30PM*

## ELIZABETH CITY VETERANS SERVICE CENTER

1023 US 17 South, Suite 2  
Elizabeth City, NC 27909  
**(336) 766-1496**  
*Monday through Friday 8:00AM - 4:00PM*

## FAYETTEVILLE VETERANS SERVICE CENTER

225 Green St Suite 903  
Fayetteville, NC 28301  
**(910) 778-5888**  
*Monday through Friday 8:00AM - 5:00PM*

## FORT BRAGG SOLDIER SUPPORT CENTER

**NCDMVA OFFICER**  
2483 Normandy Drive, Room BB33  
Fort Bragg, NC 28307  
**(910) 908-3482**  
*Monday through Friday 8:00AM - 4:00PM*

## GARNER VETERANS SERVICE CENTER

315 Bellaris St  
Garner, NC 27529  
**(984) 232-7060**  
*Monday through Friday 8:00AM - 5:00PM*

## GREENVILLE VETERANS SERVICE CENTER

3740 Evans St Suite A  
Greenville, NC 27858  
**(252) 355-9052**  
*Monday through Friday 8:00AM - 5:00PM*

## HICKORY VETERANS SERVICE CENTER

1985 Tate Blvd SE Suite 113  
Hickory, NC 28602  
**(828) 322-6616**  
*Monday through Friday 8:00AM - 5:00PM*

## KINSTON VETERANS SERVICE CENTER

1136 Hwy 268 North  
Kinston, NC 28504  
**(252) 522-5050**  
*Monday through Friday 8:00AM to 5:00PM*

## MORGANTON VETERANS SERVICE CENTER

305 E Union St Suite A35  
Morganton, NC 28655  
**(828) 430-7136**  
*Monday through Friday 8:00AM - 5:00PM*

## SALISBURY VAMC

**NCDMVA OFFICER**  
1601 Brenner Ave Bldg 6  
Salisbury, NC 28144  
**(704) 638-9000 ext. 16427**  
*Tuesday, Thursday 9:00AM to 3:00PM*  
*Closed for lunch 12:00PM to 1:00PM*

## WILMINGTON VETERANS SERVICE CENTER

3205 Randall Pkwy Suite 102  
Wilmington, NC 28403  
**(910) 251-5704**  
*Monday through Friday 9:00AM - 5:00PM*

## WILSON VETERANS SERVICE CENTER

1901 Tarboro St SW Suite 202  
Wilson, NC 27893  
**(910) 251-5704**  
*Monday through Friday 8:00AM - 5:00PM*

## STATE SERVICE CENTER

251 N Main St Rm 109  
Winston-Salem, NC 27155  
**The State Service Center is the appellate office for the Division of Veterans Affairs. Appeals are initiated by your local State Service Center or County VSO, who contact the office on your behalf.**





# STATE OF NORTH CAROLINA VETERANS HOMES

## BLACK MOUNTAIN STATE VETERANS HOME

62 Lake Eden Rd.  
Black Mountain, NC 28711  
**(828) 257-6800**  
*Monday through Friday 8:00AM - 5:00PM*

## FAYETTEVILLE STATE VETERANS HOME

214 Cochran Ave  
Fayetteville, NC 28301  
**(910) 822-7228**  
*Monday through Friday 9:00AM - 6:00PM*

## KINSTON STATE VETERANS HOME

2150 Hull Rd  
Kinston, NC 28504  
**(252) 939-8002**  
*Monday through Friday 8:30AM to 5:30PM*

## SALISBURY STATE VETERANS HOME

1601 Brenner Ave Bldg 10  
Salisbury, NC 28144  
**(704) 638-4200 ext. 2304**  
*Monday through Friday 8:00AM - 5:00PM*

## KERNERSVILLE STATE VETERANS HOME Coming 2021

## RALEIGH STATE VETERANS HOME Coming 2021



# STATE OF NORTH CAROLINA VETERANS CEMETERIES

## COASTAL CAROLINA STATE VETERANS CEMETERY

110 Montford Point Rd  
Jacksonville, NC 28541  
**(910) 347-4550**  
*Regular Hours Monday through Friday  
8:00AM to 4:30PM*

## EASTERN CAROLINA STATE VETERANS CEMETERY

164 Longs Plant Farm Rd  
Goldsboro, NC 27534  
**(919) 648-0510**  
*Regular Hours Monday through Friday  
8:00AM to 4:30PM*

## SANDHILLS STATE VETERANS CEMETERY

8220 Bragg Boulevard  
Fort Bragg, NC 28310  
**(910) 436-5630**  
*Regular Hours Monday through Friday  
8:00AM to 4:30PM*

## WESTERN CAROLINA STATE CEMETERY

962 Old US Hwy 70 W  
Black Mountain, NC 28711  
**(828) 669-0684**  
*Regular Hours Monday through Friday  
8:00AM to 4:30PM*

# COUNTY VETERANS SERVICE OFFICES

## ALAMANCE COUNTY

County Office Annex  
201 W Elm St  
Graham, NC 27253  
**(336) 570-6763**  
Monday through Friday  
8:00AM - 5:00PM

## ALEXANDER COUNTY

621 Liledoun Rd Suite 8  
Taylorsville, NC 28557  
**(828) 632-5411**  
Monday, Tuesday, Thursday,  
Friday 8:00AM - 5:00PM;  
Closed Wednesday

## BETHLEHEM BRANCH LIBRARY

45 Rink Dam Rd  
Hickory, NC 27932  
**(828) 495-1050**  
Wednesday - 9:00AM - 2:00PM

## ALLEGHANY COUNTY

348 S Main St  
Sparta, NC 27954  
**(336) 372-4850**  
Monday through Friday  
8:00AM - 5:00PM

## ANSON COUNTY

111 N Green St  
Wadesboro, NC 27701  
**(704) 694-4418**  
Monday through Friday  
8:30AM - 5:00PM

## ASHE COUNTY

150 Government Cir Suite 2100  
Jefferson, NC 28054  
**(336) 846-5575**  
Monday through Friday  
8:00AM - 5:00PM

## AVERY COUNTY

175 Linville St  
Newland, NC 27938  
**(828) 733-8211**  
Monday through Wednesday  
8:00AM - 4:30PM

## BEAUFORT COUNTY

1308 Highland Dr #104  
Washington, NC 27839  
**(252) 946-8016**

## BERTIE COUNTY

106 Dundee St Suite 201  
Windsor, NC 27546  
**(252) 794-5304**  
Monday through Friday  
8:30AM - 5:00PM

## BLADEN COUNTY

301 S Cypress St  
Elizabethtown, NC 28753  
**(910) 862-6781**  
Tuesday through Thursday  
8:30AM - 3:00PM

## BRUNSWICK COUNTY

10 Referendum Dr NE Bldg F  
Bolivia, NC 28752  
**(910) 253-2233**  
Monday through Friday  
8:30AM - 5:00PM

## BUNCOMBE COUNTY

40 Coxe Ave Fl 7  
Asheville, NC 28208  
**(828) 250-5726**  
Monday through Friday  
8:00AM - 5:00PM

## BURKE COUNTY

501 N Green St  
Morganton, NC 28655  
**(828) 439-4376**  
Monday through Thursday  
8:30AM - 4:00PM

## CABARRUS COUNTY

363 Church St N Suite 180  
Concord, NC 28025  
**(704) 920-2869**  
Monday through Friday  
8:00AM - 5:00PM

## CALDWELL COUNTY

905 West Ave NW  
Lenoir, NC 28645  
**(828) 757-1345**  
Monday through Friday  
8:00AM - 5:00PM

## CAMDEN COUNTY

**ELIZABETH CITY VETERANS  
SERVICE CENTER**  
1023 US 17 South, Suite 2  
Elizabeth City, NC 27909  
**(252) 331-4741**  
Camden County is served by  
the Elizabeth City Veterans  
Service Center. Please call for  
an appointment.

## CARTERET COUNTY

3710-B John Platt Drive  
Morehead City, NC 28557  
**(252) 728-8440**  
Monday through Friday  
8:00AM - 5:00PM

## CASWELL COUNTY

Senior Services Center  
175 Church St  
Yanceyville, NC 27379  
**(984) 232-7060**  
Caswell County is served by the  
Garner Veterans Service Center  
on the First Tuesday & Fourth  
Wednesday of the Month.  
Walk Ins Accepted on a  
first come first serve basis  
11:00AM - 1:00PM

## CATAWBA COUNTY

100 Government Dr  
Newton, NC 28658  
**(828) 465-8255**  
Monday through Friday  
8:00AM - 5:00PM

## CHATHAM COUNTY

W. Chatham Senior Center  
964 East St Suite 209  
Pittsboro, NC 27312  
**(919) 545-8334**  
Pittsboro Office: Tuesday 8:00AM-  
4:00PM, Wednesday 8:00-9:00AM  
and 3:00-4:00PM, Thursday  
8:00AM-12:00PM

## CHATHAM COUNTY

Siler City  
112 Village Lake Rd  
Siler City, NC 27344  
**(919) 545-8334**  
Wednesdays 10:00AM - 2:00PM

## CHEROKEE COUNTY

75 Peachtree St  
Murphy, NC 28906  
**(828) 835-8663**  
Monday through Friday  
8:00AM - 5:00PM

## CHOWAN COUNTY

305 W Freemason St Suite 1148  
Edenton, NC 27932  
**(252) 482-1033**  
Monday and Tuesday  
8:00AM - 4:00PM,  
Wednesday 8:00AM - 11:00AM,  
Closed Thursday and Friday

## CLAY COUNTY

54 Church St  
Hayesville, NC 28904  
**(828) 389-3355**  
Wednesday and Friday  
9:00AM - 12:00PM

## CLEVELAND COUNTY

311 E Marion St  
Shelby, NC 28150  
**(704) 484-4803**  
Monday through Friday  
8:00AM - 5:00PM

## COLUMBUS COUNTY

805 Pinckney St  
Whiteville, NC 28472  
**(910) 640-6638**  
*Monday, Wednesday, Thursday,  
Friday 8:30AM - 4:00PM, Closed  
from 12-1PM*

## CRAVEN COUNTY

2402 Dr. MLK Jr Blvd  
New Bern, NC 28562  
**(252) 636-6611**  
*Monday through Friday  
8:00AM - 5:00PM*

## CUMBERLAND COUNTY

301 E Russell St  
Fayetteville, NC 28301  
**(910) 677-2970**  
*Monday through Thursday  
8:00AM - 3:00PM;  
Friday 8:00AM - 11:30AM*

## CURRITUCK COUNTY

### ELIZABETH CITY STATE VETERANS SERVICE CENTER

1023 US 17 South, Suite 2  
Elizabeth City, NC 27909  
**(252) 331-4741**

**Currituck County is served by  
the Elizabeth City Veterans  
Service Center. Please call  
for an appointment.**

## DARE COUNTY

Health & Human Services  
107 Exeter St  
Manteo, NC 27954  
**(252) 475-5604**  
*Tuesday - Thursday  
8:30AM - 2:30PM*

## DAVIDSON COUNTY

913 N Greensboro St Suite 101  
Lexington, NC 27292  
**(336) 242-2037**  
*Monday through Friday  
8:00AM - 4:00PM*

## DAVIE COUNTY

161 Poplar St Suite 123  
Mocksville, NC 27028  
**(336) 753-6225**  
*Monday through Friday  
8:00AM - 4:30PM*

## DUPLIN COUNTY

169 Mallard St  
Kenansville, NC 28349  
**(910) 296-2114**  
*Monday through Friday  
8:00AM - 5:00PM*  
Durham County

## DURHAM COUNTY

Human Services Building  
414 E Main St Fl 1 Suite 2220  
Durham, NC 27701  
**(919) 560-8387**  
*Monday through Friday  
8:30AM - 5:30PM*

## EASTERN BAND OF CHEROKEE INDIANS

43 John Crowe Hill Road  
Cherokee, NC 28719  
**(828) 359-6195**  
*Monday through Friday  
8:00AM - 5:00PM*

## EDGECOMBE COUNTY

Rocky Mount  
110 Fountain Park Dr  
Rocky Mount, NC 27809  
**(252) 977-3306 ext. 244**  
*Mondays 8:30AM - 3:30PM*

201 Saint Andrew St  
Tarboro, NC 27886  
**(252) 641-6286**  
*Tuesday through Friday  
8:00AM - 5:00PM*

## FRANKLIN COUNTY

Court House Annex  
113 S Main Street Room 103  
Louisburg, NC 27549  
**(919) 496-1939**  
*Monday through Friday  
8:00AM - 5:00PM*

## GASTON COUNTY

965 Roberts Dr  
Gastonia, NC 28054  
**(704) 866-3606**  
*Monday through Friday  
8:00AM - 5:00PM*

## GATES COUNTY

EIC Building  
931 Main Street  
Gatesville, NC 27938  
**(252) 357-1780**  
*Thursdays 1:00PM - 3:00PM  
or By Appointment*

## GRAHAM COUNTY

**CANTON VETERANS  
SERVICE CENTER**  
12 N Main St  
Robbinsville, NC 28771  
**(828) 646-6937**

**Graham County is served by the  
Canton Veterans Service Center  
on the 1st and 3rd Wednesday of  
the month 10:00AM - 3:00PM**

## GRANVILLE COUNTY

107 Lanier St  
Oxford, NC 27565  
**(919) 693-1484**  
*Monday through Friday  
8:30AM - 3:00PM*

## GREENE COUNTY

Greene County Office Complex  
229 Kingold Blvd  
Snow Hill, NC 28580  
**(252) 747-7320**  
*Monday and Tuesday  
9:00AM - 1:00PM*

## GUILFORD COUNTY

1203 Maple St  
Greensboro, NC 27405  
**(336) 641-2957**  
*Monday through Friday  
8:00AM - 5:00PM*

High Point  
325 E Russell Ave Rm 145  
High Point, NC 27260  
**(336) 641-7929**  
*Monday through Friday  
8:00AM - 5:00PM*

## HALIFAX COUNTY

26 North King Street  
Halifax, NC 27839  
**(252) 583-1688**  
*Monday through Friday  
8:30AM - 5:00PM*

## HARNETT COUNTY

817 S 8th St  
Lillington, NC 27546  
**(910) 893-7574**  
*Monday through Friday  
8:00AM - 5:00PM;  
Office Closed 12:00PM - 1:00PM*

## HAYWOOD COUNTY

215 N Main St  
Waynesville, NC 28786  
**(828) 452-6634**  
*Monday through Friday  
8:00AM - 5:00PM*

## HENDERSON COUNTY

1200 Spartanburg Hwy Suite 200  
Hendersonville, NC 28792  
**(828) 697-4817**  
*Monday 8:30AM - 5:00PM,  
Tuesday and Wednesday  
8:30AM - 2:30PM,  
Thursdays by Appointment*

## HERTFORD COUNTY

704 N King St  
Winton, NC 27986  
**(252) 358-7811**  
*Monday through Friday  
8:30AM - 5:00PM,  
Thursday 8:30AM - 12:00PM*

## HOKE COUNTY

129 W Elwood Ave  
Raeford, NC 28376  
**(910) 875-2147**  
*Monday through Friday  
8:00AM - 5:00PM*

## HYDE COUNTY

1223 Main St  
Swan Quarter, NC 27885  
**(252) 926-4383**  
*Mondays and Wednesday  
9:00AM - 1:00PM*

## IREDELL COUNTY

200 S Center St  
Statesville, NC 28677  
**(704) 878-3135**  
*Monday through Friday  
8:00AM - 5:00PM;  
Closed Wednesdays*

 COUNTY VETERANS SERVICE OFFICES (CONTINUED)

**IREDELL COUNTY**

Mooresville  
610 E Center Ave  
Mooresville, NC 28115  
**(704) 664-3869**  
Wednesday 8:00AM - 5:00PM

**JACKSON COUNTY**

100 County Services Park  
Sylva, NC 28779  
**(828) 631-2231**  
Monday through Friday  
8:00AM - 5:00PM

**JOHNSTON COUNTY**

309 E Market St  
Smithfield, NC 27577  
**(919) 989-5067**  
Monday through Friday  
8:00AM - 5:00PM

**JONES COUNTY**

418 Hwy 58 N Unit D  
Trenton, NC 28585  
**(252) 448-1121**  
Monday through Wednesday  
9:00AM - 5:00PM

**LEE COUNTY**

Lee County Enrichment Center  
1615 South 3rd Street  
Sanford, NC 27330  
**(919) 776-0501 ext. 2209**  
Monday through Friday  
8:30AM - 12:30PM

**LINCOLN COUNTY**

206 Gamble Dr Suite A  
Lincolnton, NC 28092  
**(704) 736-8506**  
Monday through Friday  
8:00AM - 5:00PM

**LUMBEE TRIBE**

204 W 3rd St  
Pembroke, NC 28372  
**(910) 522-2210**  
Call for Appointment

**MACON COUNTY**

104 E Main St  
Franklin, NC 28734  
**(828) 349-2151**  
Monday through Friday  
8:00AM - 12:00PM  
and 1:00PM-5:00PM

**MADISON COUNTY**

462 Long Branch Rd  
Marshall, NC 28753  
**(828) 649-2722**  
Monday through Friday  
Call for an Appointment

**MARTIN COUNTY**

205 E Main St  
Williamston, NC 27892  
**(252) 789-4398**  
Monday through Friday  
8:30AM - 4:30PM

**MCDOWELL COUNTY**

McDowell County Senior Center  
100 Spaulding Rd  
Marion, NC 28752  
**(828) 659-0833**  
Monday through Friday  
8:00AM - 4:00PM

**MECKLENBURG COUNTY**

3205 Freedom Dr Suite 2000  
Charlotte, NC 28208  
**(704) (336) 2102**  
Monday through Friday  
8:30AM - 3:30PM

**MITCHELL COUNTY**

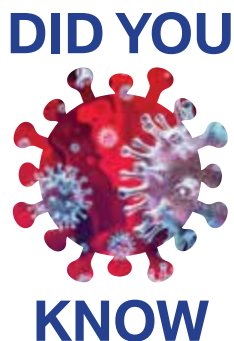
130 Forest Service Dr  
Bakersville, NC 28705  
**(828) 688-2200**  
Monday through Wednesday  
8:00AM - 5:00PM

**MONTGOMERY COUNTY**

219 S Main St  
Troy, NC 27371  
**(910) 576-4711**  
Monday through Friday  
8:00AM - 5:00PM

**MOORE COUNTY**

Moore Co Agricultural Center  
707 Pinehurst Avenue  
Carthage, NC 28327  
**(910) 947-3257**  
Monday through Friday  
8:00AM - 5:00PM



All of our VSO's are servicing veterans during COVID-19? Simply call your local office to make an appointment!

**NASH COUNTY**

1650 Greenfield St.  
Nashville, NC 27856  
**(252) 462-2720**  
Monday through Thursday  
8:00AM to 5:00PM  
No walk-ins after 4:00PM

**NEW HANOVER COUNTY**

230 Government Center Dr  
Suite 36  
Wilmington, NC 28403  
**(910) 798-7611/7612**  
Monday through Friday  
8:00AM - 5:00PM

Katie B Hines Senior Center  
308 Cape Fear Blvd  
Carolina Beach, NC 28428  
**(910) 798-7611/7612**  
First and Third Thursday of the month, 10:00AM - 12:00PM

**NORTHAMPTON COUNTY**

9467 Hwy, 305  
Jackson, NC 27845  
**(252) 534-2621**  
Monday through Friday  
8:30AM - 5:00PM

**ONSWLOW COUNTY**

234 NW Corridor Blvd Suite 201  
Jacksonville, NC 28540  
**(910) 347-3309**  
Monday through Friday  
8:00AM - 5:00PM

**ORANGE COUNTY**

113 Mayo St  
Hillsborough, NC 27278  
**(919) 245-2890**  
Call for An Appointment

**PAMLICO COUNTY**

C/O PAMLICO COUNTY DSS  
828 Alliance Main St  
Bayboro, NC 28515  
**(252) 745-4086**  
Tuesday through Thursday  
10:00AM - 4:00PM,  
Appointment Recommended

**PASQUOTANK COUNTY**

Elizabeth City State Veterans Service Center  
1023 US 17 South, Suite 2  
Elizabeth City, NC 27909  
**(252) 331-4741**

**PENDER COUNTY**

805 S Walker St  
Burgaw, NC 28425  
**(910) 270-5005**  
Monday through Thursday  
9:00AM - 5:00PM

**HAMPSTEAD**

15060 US Highway 17 N  
Suite 107  
Hampstead, NC 28433  
**(910) 270-5005**  
Mondays through Thursday  
8:00AM-4:00PM,  
by Appointment Only

## PERQUIMANS COUNTY

104 Dobbs St  
Hertford, NC 27944  
**(252) 426-1796**  
*Mondays 8:00PM - 5:00PM*

## PERSON COUNTY

87 Semora Rd  
Roxboro, NC 27573  
**(336) 599-7484**  
*Monday & Tuesday 8:30-5:00,  
Wednesday 8:30-12:30*

## PITT COUNTY

1717 W 5th St  
Greenville, NC 27834  
**(252) 902-3090**  
*Monday through Friday  
8:00AM - 5:00PM*

## POLK COUNTY

75 Carmel Ln  
Columbus, NC 28722  
**(828) 894-0003**  
*Monday through Friday  
8:00AM - 4:30PM*

## RANDOLPH COUNTY

158 Worth St  
Asheboro, NC 27203  
**(336) 318-6909**  
*Monday through Friday  
8:00AM - 5:00PM*

## RICHMOND COUNTY

1401 Fayetteville Rd  
Rockingham, NC 28379  
**(910) 997-8232**  
*Monday through Friday  
8:00AM - 5:00PM*

## ROBESON COUNTY

550 North Chestnut Street  
Lumberton, NC 28358  
**(910) 671-3070/3071**  
*Monday through Friday  
8:15AM - 5:15PM*

## ROCKINGHAM COUNTY

Rockingham County Center  
335 County Home Rd  
Reidsville, NC 27320  
**(336) 342-8449**  
*Monday through Friday  
8:00AM - 5:00PM*

## ROWAN COUNTY

1935 Jake Alexander Blvd W  
Suite A-2  
Salisbury, NC 28147  
**(704) 216-8138**  
*Monday through Friday  
8:00AM - 5:00PM*

## RUTHERFORD COUNTY

303 Fairground Rd  
Spindale, NC 28160  
**(828) 287-6185/6064**  
*Monday through Friday  
8:00AM - 5:00PM*

## SAMPSON COUNTY

335 County Complex Rd  
Suite 100  
Clinton, NC 28328  
**(910) 592-2862**  
*Monday through Thursday  
8:00AM - 5:00PM,  
Friday Phone Service Only*

## SCOTLAND COUNTY

507 W Covington St  
Laurinburg, NC 28353  
**(910) 277-2597**  
*Monday through Friday  
8:00AM - 5:00PM*

## STANLY COUNTY

1000 N 1st St Suite 6  
Albemarle, NC 28001  
**(704) 986-3694**  
*Monday through Friday  
8:30AM - 5:00PM*

## STOKES COUNTY

1000, N First Street, Suite 6  
Danbury, NC 27016  
**(336) 593-2468**  
*Monday through Wednesday  
8:30AM - 5:00PM, Closed  
between 12:00PM & 1:00PM*

## SURRY COUNTY

1218 State St Suite 700  
Mt. Airy, NC 27030  
**(336) 783-8820**  
*Monday through Friday  
8:15AM - 5:00PM*

## SWAINE COUNTY ANNEX

Canton Veterans Service Center  
101 Mitchell Rd  
Bryson City, NC 28713  
**(828) 646-6937**

**Swaine County is served  
by the Canton Veterans  
Service Center. Call any day  
Monday through Friday for an  
appointment with VS0, every  
other Thursday**

## TRANSYLVANIA COUNTY

106 E Morgan St Rm 237  
Brevard, NC 28712  
**(828) 884-3276**  
*Tuesday and Thursday  
8:30AM - 4:00PM;  
Monday, Wednesday, and Friday  
by appointment only*

## TYRRELL COUNTY ANNEX

GREENVILLE STATE  
VETERANS SERVICE CENTER  
106 Water Street  
Columbia, NC 27925  
**(252) 355-9052**

**Tyrrell County is served by  
the Greenville Veterans  
Service Center.**

*3rd Wednesday of the month,  
10:00AM-2:00PM*

## UNION COUNTY

407 N Main St  
Monroe, NC 28112  
**(704) 283-3807**  
*Monday through Friday  
8:00AM - 5:00PM*

## VANCE COUNTY

Henry A. Dennis Bldg  
300 S Garnett St Rm B  
Henderson, NC 27536  
**(252) 438-4619**  
*Monday through Friday  
8:30AM - 5:00PM*

## WAKE COUNTY

3000 Falstaff Rd  
Raleigh, NC 27610  
**(919) 212-8387**  
*Monday through Friday  
8:30AM - 5:15PM  
Please call for an appointment*

## WARREN COUNTY

109 S Main St  
Warrenton, NC 27589  
**(252) 257-3385**  
*Monday through Friday  
8:30AM - 5:00PM*

## WASHINGTON COUNTY

112 Latham Ave  
Plymouth, NC 27962  
**(252) 799-9764**  
*Wednesday and Thursday  
8:30AM - 5:00PM by  
appointment only*

## WATAUGA COUNTY

126 Poplar Grove Connector  
Suite 203  
Boone, NC 28607  
**(828) 265-8065**  
*Monday through Friday  
8:00AM - 5:00PM*

## WAYNE COUNTY

2001 E Ash St Suite D  
Goldsboro, NC 27533  
**(919) 731-1490**  
*Monday through Wednesday  
8:00AM - 1:00PM*

## WILKES COUNTY

110 North St  
Wilkesboro, NC 28697  
**(336) 651-7327**  
*Monday through Friday  
8:30AM - 5:00PM*

## WILSON COUNTY

1901 Tarboro St SW Suite 202  
Wilson, NC 27893  
**(252) 237-2422**  
*Monday through Friday  
8:00AM - 5:00PM*

## YADKIN COUNTY

101 S State St Rm 103  
Yadkinville, NC 27055  
**(336) 849-7914**  
*Monday through Friday  
8:00AM - 5:00PM*

## YANCEY COUNTY

110 Town Sq Rm 12  
Burnsville, NC 28714  
**(828) 682-1514**  
*Monday and Tuesday  
8:00AM - 5:00PM*



# USDVA MEDICAL FACILITIES

## ASHEVILLE VA MEDICAL CENTER

1100 Tunnel Road  
Asheville, NC 28805  
**(828) 298-7911**

## HICKORY CBOC

2440 Century Place SE  
Hickory, NC 28602  
**(828) 431-5600**

## FRANKLIN CBOC

647 Wayah St  
Franklin, NC 28734  
**(828) 369-1781**

## RUTHERFORD COUNTY CBOC

374 Charlotte Road  
Rutherfordton, NC 28139  
**(828) 288-2780**

## DURHAM VA MEDICAL CENTER

508 Fulton Street  
Durham, NC 27705  
**(919) 286-0411**

## BLIND REHABILITATION OUTPATIENT CLINIC

8081 Arco Corporate Drive  
Raleigh, NC 27617  
**(919) 286-5235**

## BRIER CREEK DIALYSIS CLINIC

8081 Arco Corporate Drive Suite 130  
Raleigh, NC 27617  
**(919) 286-5220**

## GREENVILLE HEALTH CARE CENTER

401 Moye Blvd  
Greenville, NC 27834  
**(252) 830-2149**

## DURHAM CLINIC

1824 Hillandale Road  
Durham, NC 27705  
**(919) 383-6107**

## HILLANDALE ROAD OUTPATIENT CLINICS I & II

1824 Hillandale Road  
Durham, NC 27705  
**(919) 383-6107**

## Managing Anxiety and Stress

Get facts from reliable sources

Stay connected with your social support system

Talk with your family and friends

@NCDHHS • #COVID19NC

## MOREHEAD CITY CBOC

5420 Highway 70  
Morehead City, NC 28557  
**(252) 240-2349**

## RALEIGH CBOC

3305 Sungate Blvd  
Raleigh, NC 27610  
**(919) 212-0129**

## RALEIGH II CBOC

3040 Hammond Business Place Suite 105  
Raleigh, NC 27603  
**(919) 899-6259**

## RALEIGH III CBOC

2600 Atlantic Ave Suite 200  
Raleigh, NC 27604  
**(919) 755-2620**

## RALEIGH III CLINIC

2600 Atlantic Ave Suite 200  
Raleigh, NC 27604  
**(919) 755-2620**

## FAYETTEVILLE VA MEDICAL CENTER

2300 Ramsey Street  
Fayetteville, NC 28301  
**(910) 488-2120**

## FAYETTEVILLE DIALYSIS CLINIC

2301 Robeson Street  
Fayetteville, NC 28305  
**(910) 483-9727**

## FAYETTEVILLE HEALTH CARE CENTER

7300 South Raeford Road  
Fayetteville, NC 28304  
**(910) 488-2120/(800) 771-6106**

## FAYETTEVILLE REHABILITATION CLINIC

4101 Raeford Road Suite 100-B  
Fayetteville, NC 28304  
**(910) 908-2222**

## BRUNSWICK COUNTY CBOC

18 Doctors Circle (Units 2 & 3)  
Supply, NC 28462  
**(910) 754-6141**

## GOLDSBORO CBOC

2610 Hospital Road  
Goldsboro, NC 27534  
**(919) 731-4809**

## HAMLET CBOC

100 Jefferson Street  
Hamlet, NC 28345  
**(910) 582-3536**

## JACKSONVILLE CBOC

4006 Henderson Drive  
Jacksonville, NC 28546  
**(910) 353-6406**

## ROBESON COUNTY CBOC

139 Three Hunts Drive  
Pembroke, NC 28372  
**(910) 272-3220**

## SANFORD CBOC

3112 Tramway Road  
Sanford, NC 27332  
**(919) 775-6160**

## WILMINGTON HCC

1705 Gardner Road  
Wilmington, NC 28405  
**(910) 343-5300**

**SALISBURY -  
W.G. (BILL) HEFNER  
VA MEDICAL CENTER**

1601 Brenner Avenue  
Salisbury, NC 28144  
**(704) 638-9000**

**CHARLOTTE CBOC**

8601 University East Drive  
Charlotte, NC 28213  
**(704) 597-3500**

**CHARLOTTE  
HEALTH CARE CENTER**

3506 West Tyvola Road  
Charlotte, NC 28208  
**(704) 329-1300**

**KERNERSVILLE  
HEALTH CARE CENTER**

1695 Kernersville  
Medical Parkway  
Kernersville, NC 27284  
**(336) 515-5000**

**HAMPTON  
VA MEDICAL CENTER**

100 Emancipation Drive  
Hampton, VA 23667  
**(757) 722-9961**

**ALBEMARLE PRIMARY  
OPC**

1845 W City Drive  
Elizabeth City, NC 27909  
**(757) 722-9961**

**CHESAPEAKE CBOC**

1987 S Military Hwy  
Chesapeake, VA 23320  
**(757) 722-9961**

**VIRGINIA BEACH CBOC**

244 Clearfield Ave  
Virginia Beach, VA 23462  
**(757) 722-9961**



**USDVA VET CENTERS**

**CHARLOTTE VET CENTER**

2114 Ben Craig Drive Suite 300  
Charlotte, NC 28262  
**(704) 549-8025**

**FAYETTEVILLE VET CENTER**

2301 Robeson Street Suite 103  
Fayetteville, NC 28305  
**(910) 488-6252**

**GREENSBORO VET CENTER**

3515 West Market Street Suite 120  
Greensboro, NC 27406  
**(336) 323-2660**

**GREENVILLE VET CENTER**

1021 WH Smith Blvd Suite 100  
Greenville, NC 27834  
**(252) 355-7920**

**JACKSONVILLE VET  
CENTER**

110A Branchwood Dr  
Jacksonville, NC 28546  
**(910) 577-1100**

**RALEIGH VET CENTER**

8851 Ellstree Lane Suite 122  
Raleigh, NC 27617  
**(919) 361-6419**

**SPINDALE OUTSTATION**

303 Fairground Road  
Spindale, NC 28160  
**(828) 288-2757**

**FAYETTEVILLE VET CENTER**

2301 Robeson St Suite 103  
Fayetteville, NC 28305  
**(910) 488-6252**  
**800) 771-6106 ext.7701**

**JACKSONVILLE VET  
CENTER**

110A Branchwood Dr  
Jacksonville, NC 28345  
**(910) 577-1100**  
**(877) 927-8387**





**North Carolina Veterans Facts**

7<sup>th</sup> in the nation with 730,357 Veterans.

6<sup>th</sup> in the nation with 97,585 Military Retirees.

#2 in Rural Veterans

Combines VA/DOD Retiree Impact on NC economy in 2018: Nearly 9.7 billion

Home to 6 major military Installations (5DOD, 1 DHS)  
 96,531 Active Duty  
 21,917 Reserve/National Guard  
 21,632 Civilian  
 140,080 Total (source DMDC)

**VA Facilities:**

4 VA Medical Centers  
 5 Health Care Centers  
 14 CBOC's  
 2 Dialysis Centers  
 2 Annex's  
 6 Vet Centers  
 236,502 Unique Patients  
 In 2015, SBA reported 11% of NC businesses were Veteran-Owned (87,000 businesses)

**Prepared by:**

NC Department of Military & Veterans Affairs  
[www.milvets.nc.gov](http://www.milvets.nc.gov)

**Donated by:**

Southport Graphics  
[www.southportgraphics.com](http://www.southportgraphics.com)

NC VetBiz  
[www.ncvetbiz.org](http://www.ncvetbiz.org)

**USDVA BENEFIT OFFICES & INTAKE CENTERS**

**WINSTON-SALEM REGIONAL OFFICE**

Federal Building  
 251N Main Street  
 Winston-Salem, NC 27155  
**(800) 827-1000**

**INTAKE SITE AT CAMP LEJEUNE**

Dept of VA - Benefits Delivery at Discharge  
 Camp Lejeune, NC 28547

**INTAKE SITE AT CHERRY POINT MCAS**

Camp Lejeune Dept of VA - Benefits Delivery at Discharge  
 Camp Lejeune, NC 28547

**INTAKE SITE AT FORT BRAGG**

Soldier Support Center/  
 VA Outbase office  
 Fort Bragg, NC 28307

**INTAKE SITE AT NEW RIVER MCAS**

Camp Lejeune Dept of VA - Benefits Delivery at Discharge  
 Camp Lejeune, NC 28547

**INTAKE SITE AT POPE AIR FORCE BASE**

Family Support Center  
 Seymour-Johnson AFB, NC 28307

**INTAKE SITE AT SEYMOUR JOHNSON AIR FORCE BASE**

Family Support Center  
 Seymour-Johnson AFB, NC 27531

**NATIONAL CEMETERIES**

**NEW BERN NATIONAL CEMETERY**

1711 National Avenue  
 New Bern, NC 28560  
**(252) 637-2912**

**RALEIGH NATIONAL CEMETERY**

501 Rock Quarry Road  
 Raleigh, NC 27610  
**(252) 637-2912**

**SALISBURY NATIONAL CEMETERY**

501 Statesville Boulevard  
 Salisbury, NC 28144  
**(704) 636-2661**

**WILMINGTON NATIONAL CEMETERY**

2011 Market Street  
 Wilmington, NC 28403  
**(910) 815-4877**







# NCWORKS CAREER CENTERS

## ALAMANCE COUNTY

2640 S. Columbine Lane  
Burlington, NC 27215  
**Phone: (336) 570-6800**  
*Monday-Friday, 8:30 am-5:00 pm*  
[ncworks.2300@nccommerce.com](mailto:ncworks.2300@nccommerce.com)

## ALEXANDER COUNTY

604 7th Street, SW  
Taylorsville, NC 28681  
**Phone: (828) 632-4631**  
*W-TH 8:30am-4:30pm*  
[ncworks.8700@nccommerce.com](mailto:ncworks.8700@nccommerce.com)

## ALLEGHANY COUNTY

115 D Atwood Street  
Sparta, NC 28675  
**Phone: (336) 372-9675**  
*M, W 8:00am-5:00pm*  
[ncworks.6810@nccommerce.com](mailto:ncworks.6810@nccommerce.com)

## ANSON COUNTY

114 W. Wades St.  
Lockhart-Taylor Center  
Wadesboro, NC 28170  
**Phone: (704) 694-4418**  
*Monday-Friday, 8:00 am-4:30 pm; Closes the 2nd Friday of each month at 12 noon.*  
[ncworks.8900@nccommerce.com](mailto:ncworks.8900@nccommerce.com)

## ASHE COUNTY

626 Ashe Central School Road Unit 5  
Jefferson, NC 28640  
**Phone: (336) 982-5627**  
*M-Th 8:00am-5:00pm, F 8:00am-2pm*  
[ncworks.9300@nccommerce.com](mailto:ncworks.9300@nccommerce.com)

## AVERY COUNTY

428 Pineola Street  
Newland, NC 28657  
**Phone: (828) 766-1385**  
*M-TH 8:30am-12pm; 1pm-5:00pm; F 8:30-12pm*  
[ncworks.6600@nccommerce.com](mailto:ncworks.6600@nccommerce.com)

## BEAUFORT COUNTY

1502 N. Market Street  
Washington, NC 27889  
**Phone: (252) 940-0900**  
*M-Th 8:00am-5:00pm, Fr 9:00am-5:00pm; Closes the 2nd Friday of each month at noon*  
[ncworks.0520@nccommerce.com](mailto:ncworks.0520@nccommerce.com)

## BERTIE COUNTY

105 East Granville Street  
Windsor, NC 27983  
**Phone: (252) 794-0799**  
*Monday-Friday, 8:30 am-5:00 pm - Closed the 2nd Friday of each month at 12 noon*  
[ncworks.0521@nccommerce.com](mailto:ncworks.0521@nccommerce.com)

## BLADEN COUNTY

401 Mercer Mill Road  
Elizabethtown, NC 28337  
**Phone: (910) 862-3255**  
*Monday-Friday, 8:30 am-5:00 pm*  
[ncworks.3400@nccommerce.com](mailto:ncworks.3400@nccommerce.com)

## BRUNSWICK COUNTY

5300-7 Main Street  
Shalotte, NC 28470  
**Phone: (910) 754-6120**  
*Monday-Friday, 8:30 am-5:00 pm*  
[ncworks.1800@nccommerce.com](mailto:ncworks.1800@nccommerce.com)

## BUNCOMBE COUNTY

48 Grove Street  
Asheville, NC 28801  
**Phone: (828) 251-6200**  
*Monday-Friday, 8:30am - 5:00pm*  
[ncworks.1700@nccommerce.com](mailto:ncworks.1700@nccommerce.com)

## BURKE COUNTY

720 East Union Street  
Morganton, NC 28655  
**Phone: (828) 438-6161**  
*M-TH 8:30-5 F 8:30-12*  
[ncworks.6100@nccommerce.com](mailto:ncworks.6100@nccommerce.com)

## CABARRUS COUNTY

845 North Church Street  
Suite 201  
Concord, NC 28025  
**Phone: (704) 786-3183**  
*Monday-Friday, 8:00 am-4:30 pm; Closes the 2nd Friday of each month at 12 noon.*  
[ncworks.2800@nccommerce.com](mailto:ncworks.2800@nccommerce.com)

## CALDWELL COUNTY

1909 Hickory Blvd SE  
Lenoir, NC 28645  
**Phone: (828) 759-4680**  
*M-TH: 8:00am-4:30pm, F: 8:00am-noon.*  
[ncworks.0560@nccommerce.com](mailto:ncworks.0560@nccommerce.com)

## CARTERET COUNTY

309 Commerce Avenue  
Morehead City, NC 28557  
**Phone: (252) 726-7151**  
*Monday-Friday, 8:00 am-5:00 pm*  
[ncworks.6000@nccommerce.com](mailto:ncworks.6000@nccommerce.com)

## CASWELL COUNTY

331 Piedmont Drive  
PO Box 1150  
Yanceyville, NC 27379  
**Phone: (336)694-5975**  
*W,TH, 8:30am-12:30pm, 1 -4:30 pm*  
[ncworks.4701@nccommerce.com](mailto:ncworks.4701@nccommerce.com)

## CATAWBA COUNTY

403 Conover Station, SE Suite C  
Conover, NC 28613  
**Phone: (828) 466-5535**  
*M-TH 8:00am-4:30pm; F 8:00am-12pm*  
[ncworks.4400@nccommerce.com](mailto:ncworks.4400@nccommerce.com)

## CHATHAM COUNTY

764 West St.  
Pittsboro, NC 27312  
**Phone: (919) 545-8054**  
*M-F 9:00- 5:00*  
[ncworks.0601@nccommerce.com](mailto:ncworks.0601@nccommerce.com)

## CHEROKEE COUNTY

800 US Hwy 64  
800 West US Hwy 64  
Murphy, NC 28906  
**Phone: (828) 837-7407**  
*Monday-Thursday, 8:30 am-5:00 pm, Friday 8:30 am - noon.*  
[ncworks.6400@nccommerce.com](mailto:ncworks.6400@nccommerce.com)

## CHOWAN COUNTY

118 Blades St, Bldg 3  
Edenton, NC 27932  
**Phone: (252) 482-2195**  
*Tues, Thurs 8:30am - 5:00pm*  
[ncworks.3200@nccommerce.com](mailto:ncworks.3200@nccommerce.com)

## CLEVELAND COUNTY

404 E. Marion Street  
Shelby, NC 28150  
**Phone: (704) 480-5414**  
*M - F 8:30 am-5:00 pm; Closed at 1pm every 2nd & 4th Friday of each month.*  
[ncworks.8000@nccommerce.com](mailto:ncworks.8000@nccommerce.com)



# NCWORKS CAREER CENTERS

## COLUMBUS COUNTY

4564 Chadbourn Hwy.  
Located at Southeastern CC Building A  
Whiteville, NC 28472  
**Phone: (910) 642-7141 261**  
*M-W-TH 8:00am-5:00pm, Tue 8:00am-8pm,  
Fri 8:00am-3pm*  
[ncworks.0330@nccommerce.com](mailto:ncworks.0330@nccommerce.com)

## CRAVEN COUNTY

3813 Arendell Street  
Morehead City, NC 28557  
**Phone: (252) 514-4828**  
*Monday-Friday, 8:00 am-4:30 pm*  
[ncworks.6500@nccommerce.com](mailto:ncworks.6500@nccommerce.com)

## CUMBERLAND COUNTY

414 Ray Avenue  
Fayetteville, NC 28301  
**Phone: (910) 486-1010**  
*M, T, W, F 8:00am-4:30pm, Thurs 8:00am-1pm*  
[ncworks.3500@nccommerce.com](mailto:ncworks.3500@nccommerce.com)

## DARE COUNTY

2522 S. Croatan Highway Milepost 10.5  
PO Box 757  
Nags Head, NC 27959  
**Phone: (252) 480-3500**  
*Monday-Friday, 8:30 am-5:00pm*  
[ncworks.6700@nccommerce.com](mailto:ncworks.6700@nccommerce.com)

## DAVIDSON COUNTY

220 East 1st Ave.  
Suite 10  
Lexington, NC 27292  
**Phone: (336) 242-2065**  
*M-F 8:00am-5:00pm*  
[ncworks.0391@nccommerce.com](mailto:ncworks.0391@nccommerce.com)

211 W. Colonial Drive  
Suite 119  
Thomasville, NC 27360

**Phone: (336) 474-2655**  
*Monday-Friday, 8:00 am-5:00pm*  
[ncworks.0390@nccommerce.com](mailto:ncworks.0390@nccommerce.com)

## DAVIE COUNTY

1205 South Salisbury Street  
Room #115  
Mocksville, NC 27028  
**Phone: (336) 934-3286**  
*Tuesday 8:00am - 12pm; Thursday  
8:00am - 5:00pm; Friday 8:00am - 5:00pm*  
[ncworks.5800@nccommerce.com](mailto:ncworks.5800@nccommerce.com)

## DUPLIN COUNTY

192 Magnolia Ext.  
Kenansville, NC 28349  
**Phone: (910) 296-1478**  
*Monday-Friday, 8:30 am-5:00pm*  
[ncworks.4700@nccommerce.com](mailto:ncworks.4700@nccommerce.com)

## DURHAM COUNTY

1105 S. Briggs Avenue  
Durham, NC 27703  
**Phone: (919) 560-6880**  
*Monday through Thursday, 8:30 AM until 5:00  
PM; Friday 8:30 AM until 1:00 PM*  
[ncworks.3000@nccommerce.com](mailto:ncworks.3000@nccommerce.com)

## EDGEcombe COUNTY

793 Country Club Road  
Rocky Mount, NC 27804  
**Phone: (252) 977-3306**  
*Monday- Friday, 8:30 am-5:00pm, Closed from  
12-5 last Thurs. of each month*  
[ncworks.7600@nccommerce.com](mailto:ncworks.7600@nccommerce.com)

## FORSYTH COUNTY

2701 University Parkway  
Winston Salem, NC 27105  
**Phone: (336) 464-0520**  
*Monday - Friday 8:00 am - 5:00pm*  
[ncworks.9800@nccommerce.com](mailto:ncworks.9800@nccommerce.com)

## GASTON COUNTY

1391 Bessemer City Road  
Gastonia, NC 28052  
**Phone: (704) 853-5328**  
*M-TH 8:00am-4:30pm; F 8:00am-1pm*  
[ncworks.3800@nccommerce.com](mailto:ncworks.3800@nccommerce.com)

## GRANVILLE COUNTY

111 Hilltop Village  
Oxford, NC 27565  
**Phone: (919) 693-2686**  
*Monday-Wednesday & Friday,  
8:30am-5:00pm;  
Thursday, 8:30am - 12:00pm*  
[ncworks.6900@nccommerce.com](mailto:ncworks.6900@nccommerce.com)

## GREENE COUNTY

818 Hwy 91 North  
Snow Hill, NC 28580  
**Phone: (252) 747-3434 764**  
*M, W 8:30-5:00pm call for summer hours*  
[ncworks.0401@nccommerce.com](mailto:ncworks.0401@nccommerce.com)

## GUILFORD COUNTY

2301 West Meadowview Rd  
Greensboro, NC 27407  
**Phone: (336) 297-9444**  
*Mon, Tues, Thurs 8:30 - 5:00pm Wed 8:30 -  
7:00pm, Friday 8:30 - 2:00*  
[ncworks.4000@nccommerce.com](mailto:ncworks.4000@nccommerce.com)

607 Idol Street  
High Point, NC 27261  
**Phone: (336) 882-4141**  
*M, T, TH 8:30am-5:00pm, W 8:30am-7pm,  
F 8:30am-2pm*  
[ncworks.4500@nccommerce.com](mailto:ncworks.4500@nccommerce.com)

## HALIFAX COUNTY

406 Premier Boulevard  
Roanoke Rapids, NC 27870  
**Phone: (252) 537-4188**  
*Monday-Friday, 8:30 am-5:00pm. Closed from  
12-5 last Thurs. of each month*  
[ncworks.7400@nccommerce.com](mailto:ncworks.7400@nccommerce.com)

## HARNETT COUNTY

214 W Edgerton Street  
Dunn, NC 28334  
**Phone: (910) 891-2915**  
*Monday-Friday, 8:30 am-5:00pm*  
[ncworks.2900@nccommerce.com](mailto:ncworks.2900@nccommerce.com)

1137 E. Cornelius Harnett Blvd  
Lillington, NC 27546

**Phone: (910) 814-4042**  
*M-TH 8:00am-5:00pm, Fri 7am-3:30pm,  
call summer hours*  
[ncworks.0600@nccommerce.com](mailto:ncworks.0600@nccommerce.com)

## HAYWOOD COUNTY

1170 North Main Street  
Waynesville, NC 28786  
**Phone: (828) 456-6061**  
*Monday-Thursday, 8:30 am-5:00 pm, Friday  
8:30 am - noon.*  
[ncworks.9200@nccommerce.com](mailto:ncworks.9200@nccommerce.com)

## HENDERSON COUNTY

Blue Ridge Community College  
130 Eagles Reach Drive  
Continuing Education Building  
Flat Rock, NC 28731  
**Phone: (828) 694-1755**  
*M-TH 8:00am-6pm, Fri 8-4:30pm,  
call summer hours*  
[ncworks.0610@nccommerce.com](mailto:ncworks.0610@nccommerce.com)





FIRST NETWORK LAUNCHED **AUGUST 2015** | SERVING **83 COUNTIES** WITH AN ESTIMATED VET POPULATION OF **709,200** | TOP NEED: **HOUSING & SHELTER**



### OUR MISSION

With nearly one third of its population belonging to the military community, North Carolina is working to establish statewide coordinated care for veterans, service members and military families. This effort ensures no service member goes undetected or unserved across North Carolina's four networks: **NCServes Central**, **NCServes Coastal**, **NCServes Metrolina** and **NCServes Western**.

### OUR VISION

First, is that every service member, veteran, and their family can easily access the full range of comprehensive services required to achieve their unique goals, and to provide a first-class service experience to match service members and veterans' first-class service to our nation.

Second, is that all public, private, and nonprofit organizations serving our populations are accountable to one another and should embrace formalized communication, coordination, and transparency.



### NAVIGATION SIMPLIFIED

We do the homework for you.

NCServes evaluates your civilian-life goals and directs you to the network providers who can help you reach them.

### TIME SAVED

Finding the services you deserve should not be a full-time job.

Decoding eligibility requirements should not feel like rocket science either, which is why this network will:

- Reduce the length of time you spend searching for services
- Increase the accuracy of referrals by knowing what provider fits your needs
- Know provider eligibility requirements, reducing confusion and frustration



## CONTACT THE NEAREST COORDINATION CENTER TO YOU



1-855-WNC-VETS  
western.americaserves.org



1-855-425-8838  
charlotte.americaserves.org



1-866-249-6656  
raleigh.americaserves.org



1-844-435-1938  
coastal.americaserves.org



Contact Us:  
**NCServes.org**

# VETERANS SERVICES OF THE CAROLINAS

A Division of 

Veterans Services of the Carolinas provides services for Veterans and their families across North Carolina.

Services include:



## Housing Services

Supportive Services for Veteran Families (SSVF) is a rapid rehousing and homeless prevention program designed to help Veterans and their families maintain their current housing, or helping find them new and affordable housing.



## Employment Services

The Homeless Veterans Reintegration Program (HVRP) serves homeless Veterans who need assistance in order to enter, re-enter, remain, or advance in the workforce.



## Coordination Services

VSC is the local coordination center for NCServes-Western, the region's first coordinated network of public, private and non-profit organizations working together to serve Veterans, service members and their families.

## Outreach Services

Healing Outreach Partnerships for Empowerment (HOPE) is a program designed to provide intensive outreach to individuals with severe mental illness who are living outside and are deemed most vulnerable.



# 855-962-8387

[www.abccm-vsc.org](http://www.abccm-vsc.org)



@VeteransServicesoftheCarolinas



# NCWORKS CAREER CENTERS

## HERTFORD COUNTY

109 Community College Road  
Jernigan Bldg. B Room 135  
Ahoskie, NC 27910

**Phone: (252) 862-1257**

8:30 am-5 pm

[ncworks.1400@nccommerce.com](mailto:ncworks.1400@nccommerce.com)

## HOKE COUNTY

304 Birch Street  
Raeford, NC 28376

**Phone: (910) 875-5059**

Monday-Friday, 8:30-5:00pm

closed 12:30-1:30pm

[ncworks.7100@nccommerce.com](mailto:ncworks.7100@nccommerce.com)

## IREDELL COUNTY

532 Patterson Avenue Suite 170  
 Mooresville, NC 28115

**Phone: (704) 360-8067**

Monday - Friday 8:00am-4:30pm; Closes  
the 3rd Friday of each month at 12 noon.

[sylvia.jones@rescare.com](mailto:sylvia.jones@rescare.com)

133 Island Ford Road  
Statesville, NC 28625

**Phone: (704) 878-4241**

Monday - Friday 8:00am-4:30pm; Closes  
the 2nd Friday of each month at 12 noon.

[ncworks.8400@nccommerce.com](mailto:ncworks.8400@nccommerce.com)

## JACKSON COUNTY

26 Ridgeway Street, Suite 2  
PO Box 1014  
Sylva, NC 28779

**Phone: (828) 586-4063**

M, W 8:30 am - noon, 1 pm-4:30 pm,  
F 8:30-12:pm

[ncworks.8500@nccommerce.com](mailto:ncworks.8500@nccommerce.com)

## JOHNSTON COUNTY

8998 US 70 Business Hwy West Suite 100  
Clayton, NC 27520

**Phone: (919) 553-0953**

Open 8:30 AM until 5:00 except Tues.  
(closes 7:00 PM) and Fri. (closes 2:00 PM)

[ncworks.8200@nccommerce.com](mailto:ncworks.8200@nccommerce.com)

## JONES COUNTY

509 NC Hwy 58 N , LCC Jones Co Ctr,  
PO Box 156

Trenton, NC 28585

**Phone: (252) 448-4791**

Mon-Tues 8:00am-6pm, Wed-Thu

8:00am-5:00pm

[ncworks.0402@nccommerce.com](mailto:ncworks.0402@nccommerce.com)

## LEE COUNTY

1909 Lee Avenue  
Sanford, NC 27330

**Phone: (919) 775-2241**

Monday-Friday, 8:30 am-5:00pm

[ncworks.7900@nccommerce.com](mailto:ncworks.7900@nccommerce.com)

## LENOIR COUNTY

231 Hwy 58 South  
PO Box 822

Kinston, NC 28501

**Phone: (252) 775-6021**

Monday-Friday, 8:00am-5:00pm

[ncworks.4900@nccommerce.com](mailto:ncworks.4900@nccommerce.com)

## LINCOLN COUNTY

529 N. Aspen Street  
Lincolnton, NC 28092

**Phone: (704) 735-8035**

Monday - Friday 8:00am-4:30pm; Closes  
the 2nd Friday of each month at 12 noon.

[ncworks.5300@nccommerce.com](mailto:ncworks.5300@nccommerce.com)

## MACON COUNTY

5 West Main Street  
Franklin, NC 28734

**Phone: (828) 369-9534**

Monday-Thursday, 8:30 am-5:00 pm, Friday  
8:30 am - noon.

[ncworks.3700@nccommerce.com](mailto:ncworks.3700@nccommerce.com)

## MADISON COUNTY

4646 U.S. Highway 25-70  
AB Tech - Madison Campus  
Marshall, NC 28753

**Phone: (828) 782-2632**

M, - F, 8:00am - 5:00pm

[ncworks.0611@nccommerce.com](mailto:ncworks.0611@nccommerce.com)

## MARTIN COUNTY

407 East Blvd  
Williamston, NC 27892

**Phone: (252) 792-7816**

M-F 8:30AM-5:00pm; closed 12pm-5:00pm

2nd Friday of each month

[ncworks.9400@nccommerce.com](mailto:ncworks.9400@nccommerce.com)

## MCDOWELL COUNTY

316 Baldwin Avenue, Suite 1  
Marion, NC 28752

**Phone: (828) 659-6001**

M-Th 8-5:00pm F 8:00am-12pm

[ncworks.5600@nccommerce.com](mailto:ncworks.5600@nccommerce.com)

## MECKLENBURG COUNTY

8601 McAlpine Park Drive Suite 110  
Charlotte, NC 28211

**Phone: (704) 566-2870**

Monday - Friday 8:00am-4:30pm; Closes the  
3rd Friday of each month at 2pm.

[ncworks.2600@nccommerce.com](mailto:ncworks.2600@nccommerce.com)

7140 Forest Point Blvd. Suite A  
Charlotte, NC 28217

**Phone: (704) 565-6865**

Monday - Friday 8:00am-4:30pm; Closes the  
3rd Friday of each month at 2pm.

[ncworks.2610@nccommerce.com](mailto:ncworks.2610@nccommerce.com)

## MITCHELL COUNTY

200 Mayland Drive PO Box 827  
Spruce Pine, NC 28777

**Phone: (828) 766-1195**

Mon, Wed 8:30am-5:00pm, Closed 12-1pm

[ncworks.8300@nccommerce.com](mailto:ncworks.8300@nccommerce.com)

## MONTGOMERY COUNTY

1011 Page Street  
Troy, NC 27371

**Phone: (910) 898-9669**

Monday-Thursday 8:30 am - 5:00 pm;

Friday 8:30 am - 3:00 pm

[ncworks.8800@nccommerce.com](mailto:ncworks.8800@nccommerce.com)

## MOORE COUNTY

245 Shepherd Trail  
Aberdeen, NC 28315

**Phone: (910) 944-7697**

Monday- Friday 8:30 am - 5:00 pm

[ncworks.9700@nccommerce.com](mailto:ncworks.9700@nccommerce.com)

Continue to Serve in

# A Career That Matters

North Carolina Department of Public Safety  
is hiring across the state:

- Healthcare
- Law Enforcement
- Juvenile Justice
- Corrections
- SBI / ALE
- Training
- Engineering
- National Guard
- Probation / Parole
- Emergency Management
- Administrative Support

21

## Excellent benefits:

- ✓ Healthcare
- ✓ Paid Leave
- ✓ Retirement
- ✓ Specialized Training



[www.ncdps.gov/careers](http://www.ncdps.gov/careers)

## NEW HANOVER COUNTY

1994 South 17th Street  
Wilmington, NC 28401  
**Phone: (910) 251-5777**  
M-W, F 8:00am-4:30pm;  
Thurs 8:00am-4:00pm  
[ncworks.9500@nccommerce.com](mailto:ncworks.9500@nccommerce.com)

## ONSLow COUNTY

461 Western Blvd., Suite 106  
Jacksonville, NC 28546  
**Phone: (910) 347-2121**  
Monday- Friday 8:30 am - 5:00 pm  
[ncworks.4600@nccommerce.com](mailto:ncworks.4600@nccommerce.com)

## ORANGE COUNTY

503 West Franklin Street  
Chapel Hill, NC 27516  
**Phone: (919) 245-4335**  
Monday- Friday 8:30 am - 5:00 pm  
[ncworks.3100@nccommerce.com](mailto:ncworks.3100@nccommerce.com)

## PAMLICO COUNTY

5049 Hwy. 3065  
Grantsboro, NC 28523  
**Phone: (252) 249-1851**  
M,W,TH 7:30a-4:30p Tu 10am-7pm,  
F 7:30am-1pm, call summ hrs  
[ncworks.0400@nccommerce.com](mailto:ncworks.0400@nccommerce.com)

## PASQUOTANK COUNTY

111 Jordan Plaza  
Elizabeth City, NC 27909  
**Phone: (252) 331-4798**  
M, T, Th 8:30 AM-5:00 PM,  
Wed. 8:30 AM-6:00 PM and  
Fri. 8:30 AM-2:00 PM  
[ncworks.3300@nccommerce.com](mailto:ncworks.3300@nccommerce.com)

## PENDER COUNTY

904-A S. Walker Street  
Burgaw, NC 28425  
**Phone: (910) 259-0240**  
Monday- Friday 8:00am-4:30pm  
[ncworks.2200@nccommerce.com](mailto:ncworks.2200@nccommerce.com)

## PITT COUNTY

3101 Bismarck Street  
Greenville, NC 27834  
**Phone: (252) 355-9067**  
Monday- Friday 8:30am - 5:00pm; Closes the  
2nd Friday of each month at 12 noon  
[ncworks.4100@nccommerce.com](mailto:ncworks.4100@nccommerce.com)

## RANDOLPH COUNTY

600 S. Fayetteville Street  
Asheboro, NC 27203  
**Phone: (336) 625-5128**  
M,W,Th,F 8:30am-5:00pm; Tue 8:30am-7pm  
[ncworks.1600@nccommerce.com](mailto:ncworks.1600@nccommerce.com)

## RICHMOND COUNTY

115 West Franklin Street  
Rockingham, NC 28379  
**Phone: (910) 997-9180**  
Monday through Friday 8:00am until 4:30pm  
[ncworks.7500@nccommerce.com](mailto:ncworks.7500@nccommerce.com)

## ROBESON COUNTY

289 Corporate Dr. Suite B  
Lumberton, NC 28358  
**Phone: (910) 618-5500**  
M-F 8:30-5:00pm  
[ncworks.5500@nccommerce.com](mailto:ncworks.5500@nccommerce.com)

## ROCKINGHAM COUNTY

8340 NC Hwy 87  
Reidsville, NC 27320  
**Phone: (336) 634-5600**  
Monday - Friday 8:00 am - 5:00pm  
[ncworks.7300@nccommerce.com](mailto:ncworks.7300@nccommerce.com)

## ROWAN COUNTY

1904 South Main Street  
Salisbury, NC 28144  
**Phone: (704) 639-7529**  
Monday - Friday 8:00am - 4:30pm; Closes  
the 3rd Friday of each month at 12 noon.  
[ncworks.7800@nccommerce.com](mailto:ncworks.7800@nccommerce.com)







# NCWORKS CAREER CENTERS

## RUTHERFORD COUNTY

223 Charlotte Road  
Rutherfordton, NC 28139  
**Phone: (828) 286-3042**  
*Monday- Friday 8:00am-4:30pm,  
Closed at noon 2nd Friday each month*  
[ncworks.3600@nccommerce.com](mailto:ncworks.3600@nccommerce.com)

## SAMPSON COUNTY

115 North Boulevard  
Clinton, NC 28328  
**Phone: (910) 592-5756**  
*Monday- Friday 8:30am - 5:00pm*  
[ncworks.2700@nccommerce.com](mailto:ncworks.2700@nccommerce.com)

## SCOTLAND COUNTY

303 N. Main Street  
Laurinburg, NC 28352  
**Phone: (910) 276-4260**  
*Monday- Friday 8:30am - 5:00pm*  
[ncworks.5000@nccommerce.com](mailto:ncworks.5000@nccommerce.com)

## STANLY COUNTY

944 N. First Street  
Albemarle, NC 28001  
**Phone: (704) 982-2183**  
*Monday- Friday 8:00am-4:30pm;  
Closes the 3rd Friday of each month  
at 12 noon.*  
[ncworks.1500@nccommerce.com](mailto:ncworks.1500@nccommerce.com)

## SURRY COUNTY

541 West Pine Street Suite 300  
Mount Airy, NC 27030  
**Phone: (336) 786-4169**  
*Monday - Friday 8:00 am - 5:00pm*  
[ncworks.6200@nccommerce.com](mailto:ncworks.6200@nccommerce.com)

## SWAIN COUNTY

101 Mitchell Street  
Bryson City, NC 28713  
**Phone: (828) 488-2149**  
*Tues & Thurs 8:30am-4:30pm,  
Closed 12-1:00pm*  
[ncworks.2100@nccommerce.com](mailto:ncworks.2100@nccommerce.com)

## TRANSYLVANIA COUNTY

45 Oak Park Drive  
Brevard, NC 28712  
**Phone: (828) 883-2550**  
*Mon-Thurs 8:30am - 5pm Fri. 8:30am - 4:30pm*  
[ncworks.2000@nccommerce.com](mailto:ncworks.2000@nccommerce.com)

## UNION COUNTY

1125 Skyway Drive  
Monroe, NC 28110  
**Phone: (704) 283-7541**  
*Monday- Friday 8:00am-4:30pm; Closes the 3rd  
Friday of each month at 12 noon.*  
[ncworks.5900@nccommerce.com](mailto:ncworks.5900@nccommerce.com)

## VANCE COUNTY

857 South Beckford Drive  
Suite G  
Henderson, NC 27536  
**Phone: (252) 438-6129**  
*Monday-Wednesday & Friday,  
8:30am - 5:00pm; Thursday,  
8:30am - 12:00pm*  
[ncworks.4200@nccommerce.com](mailto:ncworks.4200@nccommerce.com)

## WAKE COUNTY

1830-B Tillery Place  
Raleigh, NC 27604  
**Phone: (919) 715-0111**  
*Mon. - Fri. 8:30 AM until 5:00 PM (Thurs. until  
7:00 PM; Fri. until 2:00 PM)*  
[ncworks.7200@nccommerce.com](mailto:ncworks.7200@nccommerce.com)

130 N. Judd Parkway, NE  
Fuquay-Varina, NC 27526  
**Phone: (919) 557-1121**  
*Monday - Friday 8:30 am - 5:00 pm*  
[Konnstance.Birks@ncworks.gov](mailto:Konnstance.Birks@ncworks.gov)

350 E. Holding Avenue  
Wake Forest, NC 27587  
**Phone: (919) 562-6379**  
*8:30 PM until 5:15 PM*  
[ryeager@wakegov.com](mailto:ryeager@wakegov.com)

220 Swinburne Street  
PO Box 46833  
Raleigh, NC 27610  
**Phone: (919) 250-3770**  
*M,W,Th-F 9:00am-4:15:00pm  
Tues 9:00am-8pm*  
[tzarcone@wakegov.com](mailto:tzarcone@wakegov.com)

1002 Dogwood Drive  
Zebulon, NC 27597  
**Phone: (919) 404-3900**  
*M-F 8:30am-5:15:00pm*  
[dblevins@wakegov.com](mailto:dblevins@wakegov.com)

## WATAUGA COUNTY

App Ent Center 130 Poplar Grove Connector  
Boone, NC 28607  
**Phone: (828) 265-5385**  
*M-Th 8:00am-5:00pm, F 8:00am-2pm*  
[ncworks.1900@nccommerce.com](mailto:ncworks.1900@nccommerce.com)

## WAYNE COUNTY

2006 Wayne Memorial Drive  
Goldsboro, NC 27534  
**Phone: (919) 731-7950**  
*Monday-Friday 8:30am - 5:00pm*  
[ncworks.3900@nccommerce.com](mailto:ncworks.3900@nccommerce.com)

## WILKES COUNTY

1320 West D Street  
Suite #2  
North Wilkesboro, NC 28659  
**Phone: (336) 838-5164**  
*M-Th 8:00am-5:00pm, F 8:00am-2pm*  
[ncworks.6800@nccommerce.com](mailto:ncworks.6800@nccommerce.com)

## WILSON COUNTY

302 Tarboro Street West  
Wilson, NC 27893  
**Phone: (252) 234-1129**  
*Monday - Friday 8:30 AM -5:00 PM;  
Closed from 12-5 last Thurs. of each month*  
[ncworks.9600@nccommerce.com](mailto:ncworks.9600@nccommerce.com)

## YADKIN COUNTY

Workforce Center  
1001 College Dr.  
Yadkinville, NC 27055  
**Phone: (336) 386-3580**  
*Monday 8:30am- 5:00pm*  
[ncworks.9000@nccommerce.com](mailto:ncworks.9000@nccommerce.com)

## YANCEY COUNTY

1040-L E. US Hwy 19E  
Suite 2  
Burnsville, NC 28714  
**Phone: (828) 682-6618**  
*M-TH 8:30am-5:00pm Closed 12pm-1pm*  
[ncworks.1910@nccommerce.com](mailto:ncworks.1910@nccommerce.com)



Governor Cooper, Secretary Hall and Mayor Will Lewis with Leadership from Marine Corps Air Station Cherry Point

2020

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS



## VA BENEFITS

VISIT US @ MILVETS.NC.GOV AND NC4VETS.COM

- 26 . . . Filing Disability Claims
- 28 . . . Disability Compensation Rates
- 29 . . . Dependency & Indemnity Compensation
- 30 . . . Presumptive Health Conditions
- 31 . . . Death Pensions
- 32 . . . Compensation & Pension
- 35 . . . Service Connected Disabled Veterans
- 41 . . . State Veterans Cemeteries
- 44 . . . Burial & Cemetery Benefits

The quickest way to navigate the claims process is to work with an Accredited Veteran Service Officer – whose services are FREE. Paying for services WILL NOT expedite the process.

**YOU CALL**

**NCDMVA ANSWERS**

844.624.8387

(844.NC4.VETS)

**FAX** 984-204-8343

 @NC4VETS

 @NC4VETS

# HOW TO FILE A DISABILITY CLAIM

1

## FILE A CLAIM

North Carolina Division of Veteran Affairs Service Officers (VSO) and local County Veteran Service Officers (CVSO) provide free VA disability claim assistance. Veterans can also receive free assistance through other Veteran Service Organizations such as: Vietnam Veterans of America, Veterans of Foreign Wars, Disabled American Veterans, etc. Veterans can also file a claim on line through eBenefits, a joint VA/DoD web portal that provides resources and self-service capabilities (see page 33).

2

## SUBMIT EVIDENCE

Veterans must provide evidence of a current disability to support a claim. Submitting evidence concurrently with a claim will help expedite the process. A veteran's disability evaluation is based on evidence so it's essential that the evidence submitted is relevant, accurate, and complete. Service Officers can assist with obtaining evidence to support a claim.

3

## VA EXAMINATION

The VA may request an examination depending on the veteran's claim and treatment history. If required, veterans will be scheduled for an exam. After the exam, a report is sent to the VA Rating Authority and is used, along with the additional evidence of record, to make the determination. Attending the exam, if scheduled, is crucial to the claim outcome.

4

## VA DECISION

The VA considers all evidence of record and decides whether to grant or deny the benefit. The veteran is notified by mail. The notification includes an explanation of the basis for approval or denial, list of evidence reviewed, and available recourse, if they disagree with the decision. Veteran disability awards are defined and set based on federal law.

**TIP:** Ask your private doctor to include your VA file number on all records they submit.



## CHECKLIST TO FILE CLAIM

- Bring a copy of your DD 214 and evidence that supports your claim.  
Never assume the VA has the necessary information on file.
- Be sure your VA file number is included on every page of your correspondence and documentation.  
Respond quickly and completely to the VA's request for further information.
- Keep all scheduled medical appointments.
- Notify the VA immediately if your address or phone number changes. Online through eBenefits, or by phone 1-800-827-1000.
- Know your service dates and Social Security number. If you are a spouse of a deceased veteran, you should know this information, along with any previous marital status of your veteran.
- Be prepared to provide a voided check or Banking Account and Routing Numbers to setup direct deposit for any VA payment.



## OPTIONS FOR DENIED CLAIMS OR IF YOU DISAGREE WITH A DECISION

If the VA denies your claim you may appeal the decision. You may also appeal if your claim was approved, but you disagree with any part of the rating. An appeal involves many steps, some of which are optional, some that are required. The appeals process has strict time limits that include:

- Supplemental appeal
- Higher level review
- Notice of Disagreement (NOD)
- Statement of Case (SOC)
- Hearing (Optional)
- Formal Appeal (Form 9)
- Board of Veterans Appeals (BVA)
- U.S. Court of Appeals for Veterans Claims (CAVC)

Unfortunately, this process can take years to come to a final decision, but once a decision has been made, you will be notified by mail.

**NOTE:** Before you file an appeal, consider obtaining new & material evidence and request your denied claim be reconsidered. This can save time and effort. Talk to your local Veterans Service Officer before you file an appeal.

## VETERANS CLAIMS & ADVOCACY FOR VETERANS, THEIR SURVIVORS AND DEPENDENTS

The Federal VA benefit system actually is a legal system. In order to qualify for benefits, veterans must file a claim against the United States proving they are eligible for these benefits through the submission of legal, military, and medical evidence.

NCDMVA employs federally accredited and state certified Veterans Service Officers (VSOs) who are subject matter experts in Federal VA law (Chapter 38 United States Code and Chapter 38 Code of Federal Regulations) and are allowed to practice by taking Power of Attorney for veterans seeking benefits. These VSOs represent veterans, their dependents, and survivors before the Federal VA in their claims and appeals.

With its County Veteran Service Officer and National Service Officer partners, NCDMVA provides claims and counseling advocacy and representation to North Carolina's over 700,000 veterans.

## ▶ SIGN UP for eBenefits @ eBenefits.VA.GOV

NCDMVA processed 1,279 claims from January - April 2020 in response to COVID-19 relief. Currently, NCDMVA holds Power of Attorney for nearly 150,000 North Carolina veterans.

In addition to claims work, VSOs regularly help veterans and their families learn about other benefits that they may be eligible for. VSOs are knowledgeable about the many resources available within the state and can usually assist in finding help and solutions to issues that you may be facing.

### GULF WAR REGISTRY HEALTH EXAM FOR VETERANS

VA's Gulf War Registry Health Exam alerts veterans to possible longterm health problems that may be related to environmental exposures during their military service. The registry data helps VA understand and respond to these health problems more effectively.

This comprehensive health exam includes an exposure and medical history, laboratory tests, and a physical exam. A VA health professional will discuss the results face-to-face with the veteran and in a follow-up letter.

#### Important points about registry health exams

- Free to eligible veterans and no co-payment
- Not a disability compensation exam or required for VA benefits
- Enrollment in VA's health care system not necessary
- Based on recollection of service, not on their military records
- Veterans can receive additional registry exams, if new problems develop
- Veterans' family members are not eligible for registry exams

#### Eligibility for Gulf War Registry Health Exam

Veterans who served in the Gulf during Operation Desert Shield, Operation Desert Storm, Operation Iraqi Freedom, or Operation New Dawn are eligible for the Gulf War Registry exam.

You do not need to be enrolled in VA health care to take part.

### AGENT ORANGE REGISTRY HEALTH EXAM FOR VETERANS

VA's Agent Orange Registry health exam alerts veterans to possible long-term health problems that may be related to Agent Orange exposure during their military service. The registry data helps VA understand and respond to these health problems more effectively.

This comprehensive health exam includes an exposure history, medical history, physical exam, and any tests if needed. A VA health professional will discuss the results face-to-face with the veteran and in a follow-up letter.

Contact your local VA Environmental Health Coordinator about getting an Agent Orange Registry health exam.

### ENVIRONMENTAL HEALTH COORDINATORS

#### SHEVILLE VAMC

1100 Tunnel Road  
Asheville, NC 28805  
(828) 298-7911 Ext. 4343

#### FAYETTEVILLE VAMC

2300 Ramsey Street  
Fayetteville, NC 28301  
(910) 488-2120 Ext. 7585

#### DURHAM VAMC

508 Fulton Street  
Durham, NC 27705  
(919) 286-0411 Ext. 6006/4288

#### SALISBURY VAMC

1601 Brenner Ave.  
Salisbury, NC 28144  
(704) 638-9000 Ext. 12566

### 2020 VA DISABILITY COMPENSATION RATES FOR VETERANS

10%	\$142.29
20%	\$281.27
30%	\$435.69
40%	\$627.61
50%	\$893.43
60%	\$1,131.68
70%	\$1,426.17
80%	\$1,657.80
90%	\$1,862.96
100%	\$3,106.04

## AIRBORNE HAZARDS AND OPEN BURN PIT REGISTRY

Veterans and service members who were close to burn pit smoke or exposed for longer periods may be at greater risk for health problems. Health effects from burn pit exposure will vary and depend on a number of factors such as the kind of waste being burned, pre-existing conditions, and wind direction.

Veterans and service members can use the registry questionnaire to report exposures to airborne hazards (such as smoke from burn pits, oil-well fires, for pollution during deployment), as well as other exposures and health concerns.

**Registry participation is open to any veteran or service member who served in:**

- OEF/OIF/OND or in Djibouti, Africa, after September 11, 2001, or
- Operations Desert Shield or Desert Storm or the Southwest Asia theater of operations after August 2, 1990.



The Southwest Asia theater of operations includes the following locations: Iraq, Kuwait, Saudi Arabia, Bahrain, Gulf of Aden, Gulf of Oman, Oman, Qatar, United Arab Emirates, waters of the Persian Gulf, Arabian Sea, the Red Sea, and the airspace above these locations.

For more information and to register visit:

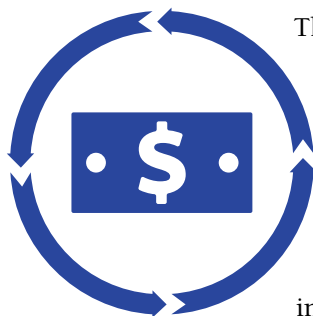
[www.veteran.mobilehealth.va.gov/AHBurnPitRegistry](http://www.veteran.mobilehealth.va.gov/AHBurnPitRegistry)

## DEPENDENCY AND INDEMNITY COMPENSATION

Dependency and Indemnity Compensation (DIC) is the primary monthly monetary benefit payable to surviving dependents of a deceased veteran, and is the monetary benefit to disability compensation for veterans.

This benefit is payable if the veteran died on active duty or in the line of duty and the death was not due to willful misconduct. Or, if death was after service, the death was caused by or attributed to a service-connected disability, or, if service member was rated 100% compensation for certain statute time limits.

The current basic monthly rate of DIC is \$1,283.11 effective 12/01/2017 for an eligible surviving spouse.



The rate is increased for each dependent child, and also if the surviving spouse is housebound or in need of aid and attendance. VA also adds a transitional benefit to the surviving spouse's monthly DIC if there are children under age 18. The amount is based on a family unit, not individual children.

For further rates information visit:

[www.benefits.va.gov/compensation/current\\_rates\\_dic.asp](http://www.benefits.va.gov/compensation/current_rates_dic.asp)

## ▶ SIGN UP for eBenefits @ eBenefits.VA.GOV

### PRESUMPTIVE HEALTH CONDITIONS

There are three categories in which veterans may qualify for service-connected disability based on a condition to be presumed by military service. These groups are:

- 1 veterans who were diagnosed with a chronic disease such as arthritis, diabetes, or hypertension within one year of being released from active duty;
- 2 veterans diagnosed with amyotrophic lateral sclerosis (ALS) anytime after discharge of service and have at least 90 days of continuous service; and
- 3 veterans who served in the conflicts/geographic regions associated with specific exposures and have been diagnosed with specific diseases. For more information on presumptive health conditions, please contact a VSO.

**FORMER POW'S** Imprisoned for not less than 30 days and a disability of at least 10 percent disabling.

**VIETNAM VETERANS** [Exposed to Agent Orange] Served in the Republic of Vietnam between Jan. 9, 1962 and May 7, 1975.

**ATOMIC VETERANS** [Exposed to Ionizing Radiation] Participated in atmospheric nuclear testing; occupied or was a POW in Hiroshima or Nagasaki; service before Feb. 1, 1992 at diffusion plant in Paducah, KY, Portsmouth, OH, or Oak Ridge, TN; or service before Jan. 1, 1974 at Amchitka Island, AK.

**GULF WAR VETERANS** served in the Southwest Asia Theater of Operations during the Gulf Wars with conditions that are medically unexplained, including chronic multi-symptom illnesses defined by a cluster of signs or symptoms that have existed for six months or more.

**CAMP LEJEUNE** [Exposure to Contaminated Drinking Water at Camp Lejeune] **EFFECTIVE 14 MARCH 2017**

The VA has established a presumptive service connection for veterans, reservists, and National Guard members exposed to contaminants in the water supply at Camp Lejeune from August 1, 1953 through December 31, 1987 who later developed one of the following eight diseases:

- Adult leukemia
- Aplastic anemia and other myelodysplastic syndromes
- Bladder cancer
- Kidney cancer
- Liver cancer
- Multiple myeloma
- Non-Hodgkin's lymphoma
- Parkinson's disease

Presently, these conditions are the only ones for which there is sufficient scientific and medical evidence to support the creation of presumptions; however, VA will continue to review relevant information as it becomes available.

### ONLINE FOR VETERANS:

- Apply for veterans benefits online.
- Check on your compensation or pension claims status.
- Upload documents to support your compensation or pension claim.
- Check Post-9/11 GI Bill enrollment status.
- Use the VetSuccess employment search.
- View DoD TRICARE health insurance.
- Sign up for Veterans Group Life Insurance (VGLI) (Time limits apply)
- Search for and select an accredited veterans service representative or organization.
- Access MyHealtheVet with a single logon.
- Check your VA payment history.
- Utilize the military skills translator and résumé builder.
- Utilize a fast track claims processing system for Vietnam Veterans.
- Order medical equipment such as hearing aid batteries and prosthetic socks.
- Check on your appeal status.
- Generate a VA home loan certificate of eligibility.
- Obtain official military personnel documents such as DD Form 214.
- Register for and update direct deposit information for certain benefits.



# DEATH PENSIONS

## SURVIVORS PENSION

The Survivors “Death” Pension benefit, is a tax-free monetary benefit payable to a low-income, un-remarried surviving spouse and/or unmarried child (children) of a deceased veteran with wartime service. The deceased veteran must have met certain active duty and war time service requirements as well as was discharged from service under other than dishonorable conditions.

Survivors Pension is based on your yearly family income, which must be less than the amount set by Congress and net worth may not be excessive to qualify.

While an un-remarried spouse is eligible at any age, a child of a deceased wartime veteran must be: Under 18, OR Under age 23 if attending a VA-approved school, OR Permanently incapable of self-support due to a disability before age 18.

Learn more about survivor pension benefits at:  
[www.benefits.va.gov/pension/spousepen.asp](http://www.benefits.va.gov/pension/spousepen.asp)

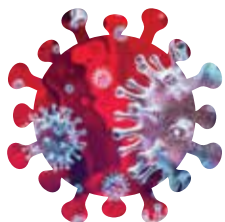
## BURIAL BENEFITS

Dependents and surviving spouses of an eligible veteran are eligible to be buried in national cemeteries.

When a death occurs and eligibility for interment in a national cemetery is determined, grave space is assigned by the cemetery director in the name of the veteran or family member. One gravesite is permitted for the interment of all eligible family members, unless soil conditions or the number of family decedents necessitate more than one grave. There is no charge for burial in a national cemetery.

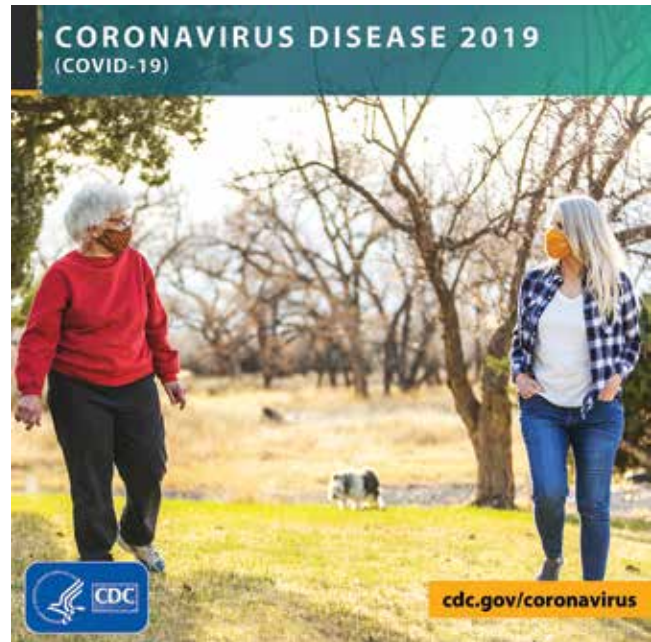
See Page 44 for more information on Burial Benefits.

**DID YOU**



**KNOW**

**The VA has a page dedicated specifically to veteran FAQs about COVID-19? VISIT [www.va.gov/coronavirus-veteran-frequently-asked-questions/](http://www.va.gov/coronavirus-veteran-frequently-asked-questions/)**



## HEADSTONES AND MARKERS

Spouses and dependents are not eligible for a government-furnished headstone or marker unless they are buried in a national cemetery, state veterans’ cemetery, or military post/base cemetery.

 **eBENEFITS HELP LINE**  
**1-800-983-0937**

## IF YOU ARE A SERVICE MEMBER:

- Use the eLearning Center for the online transition assistance program and more.
- Transfer Post-9/11 education benefits.
- View DoD TRICARE health insurance.
- View DoD TRICARE reserve select.
- Sign up for service member out-of-pocket medical expenses (CCD).
- View Service members’ Group Life Insurance (SGLI) elections.
- Apply for veterans’ benefits online.
- Conduct a health benefits eligibility check.
- Update service member civilian employment information.
- View service member personnel information.
- Generate a VA home loan certificate of eligibility.



# COMPENSATION AND PENSION

A monetary benefit paid to veterans who are disabled by an injury or illness incurred or aggravated during active military service. These disabilities are considered to be service connected.

## DISABILITY COMPENSATION

Disability compensation is paid monthly and varies with the degree of disability, the impairment to a veteran's earning capacity and the number of dependents.

Veterans with certain severe disabilities may be eligible for additional special monthly compensation. These benefits are not subject to federal or state income tax.

## NATIONAL GUARD /SELECT RESERVE

Reservists who serve on active duty establish veteran status and may be eligible for the full range of VA benefits, depending on the length of active military service and a discharge or release from active duty under conditions other than dishonorable. In addition, reservists not activated may qualify for some VA benefits.

National Guard members can establish eligibility for VA benefits if activated for federal service during a period of war or domestic emergency. Activation for other than federal service does not qualify guard members for all VA benefits.

Claims for VA benefits based on federal service filed by National Guard members should include a copy of their military orders, presidential proclamation or executive order that clearly demonstrates the nature of their federal service.

## MILITARY RETIRED PAY

Historically, veterans have not been permitted to receive full military pay and VA compensation for benefits at the same time. Veterans who were entitled to both have had to either waive a portion of their retirement equaling the amount of awarded VA compensation or elect not to receive VA compensation at all. Receiving both benefits and retirement pay is commonly known as "concurrent receipt."

In 2004, Congress passed the Concurrent Retired and Disability Pay Act, allowing many veterans to receive 100 percent of the military retirement and VA compensation. Because of the complexity of this issue, visit [www.dfas.mil](http://www.dfas.mil) for more information.

## VA DISABILITY PENSION BENEFIT FOR WARTIME VETERANS

A non-Service-Connected Disability VA Pension is a benefit paid to wartime veterans who have limited or no income, and who are age 65 or older, or under 65 and are permanently and totally disabled, a patient in a nursing home or are receiving Social Security disability payments. The amount that's payable depends upon the type and amount of income the veteran and family members receive from other sources.



Veterans who are more seriously disabled may qualify for Aid and Attendance or Housebound benefits. These benefits are paid in addition to the basic pension rate. Monthly payments are made to qualified veterans to bring their total income to a congressionally established support level (including other retirement and Social Security income).

### AID AND ATTENDANCE ( A & A )

An A&A benefit is paid in addition to monthly pension. A&A is allowed if the veteran: requires the aid of another person in order to perform his or her daily living activities; is bedridden; is a patient in a nursing home due to mental or physical incapacity; or has corrected visual acuity of 5/200 or less, in both eyes, or concentric contraction of the visual field to 5 degrees or less.

### HOUSEHOLD BENEFITS

A&A may not be paid without eligibility for pension. Qualifying veterans must have a single permanent disability (rated 100 percent disabled), and need assistance, or have a single permanent disability (100 percent disabled) and another disability, or disabilities, evaluated as 60 percent or more disabling.

A veteran cannot receive both A&A and Household Benefits at the same time.

### WHAT IS eBenefits?

eBenefits is a joint VA/DoD web portal that provides resources and self-service capabilities to veterans, service members, and their families to research, access and manage their VA and military benefits and personal information. eBenefits uses secure credentials to allow access to personal information and gives users the ability to perform numerous self-service functions. It is an essential way for veterans, service members, and their families to receive access to and service from VA and DoD.

### WHAT CAN I DO IN eBenefits?

Some of the features within eBenefits allow veterans and service members to access official military personnel documents, view the status of their disability compensation claim, transfer entitlement of Post-9/11 GI Bill to eligible dependents (service members only), and register for and update direct deposit information for certain benefits.

### HOW DO I ACCESS eBenefits?

eBenefits is located at [www.ebenefits.va.gov](http://www.ebenefits.va.gov). Before veterans or service members can access and use eBenefits they must be listed in the Defense Enrollment Eligibility Reporting System (DEERS) and obtain a DS Logon. They can choose from two levels of registration, DS Logon Level 1 (Basic) and DS Logon Level 2 (Premium).

### WHAT IS A DS LOGON?

A DS Logon is a secure identity (username and password) that is used by various DoD and VA websites, including eBenefits. If you are already registered in DEERS, you are eligible for a DS Logon. Once you have a DS Logon, it is valid for the rest of your life.



# FORCE BEHIND THE FORCES<sup>SM</sup>

The USO of North Carolina strengthens America's military service members by connecting them to family, home and country throughout their service to the nation.

LEARN MORE: [USO-NC.org](http://USO-NC.org)

### DELIVERS

The USO of NC delivers support to service members through a number of programs and services. From single service member support, to care packages and deployment support, the USO of NC helps connect our service members to family, home and country each and every day.



### STRENGTHENS

The USO of NC helps create healthy and strong service members and military families through resources and programs. Our Warrior, Family, and Spouse Reset programs give our military families the tools to overcome the challenges associated with military life and skills to be leaders in their communities.



### TRANSITIONS

The USO of NC provides resources for service members, veterans and military families throughout various transition points of their military service. Services include one-on-one transition assistance, hiring events, workshops, and support for those after they leave the service through the USO Pathfinder program and **NCServes Central Carolina** network, coordinated by USO of NC.



### UNITES

The USO of NC helps nurture and maintain bonds between service members and their families. From Community Connections Dinners, Coffee Chats for spouses, Story Time for children and even caregiver events, the USO of NC helps families build relationships with others in their communities.



**USO OF NORTH CAROLINA**  
600 Airport Blvd, Suite 200, Morrisville, NC 27560  
Phone: (919) 840-3000, Fax: (919) 840-3003





# BENEFITS AVAILABLE FOR SERVICE-CONNECTED DISABLED VETERANS

## The following Benefits are available to all veterans with a 0% Service-Connected Disability and Higher:

- **Home Loan Guaranty Certificate of Eligibility.**

Request online through eBenefits or by phone (877) 827-3702.

- **Service Disabled Veterans Life Insurance.** Must file within 2 years from initial notice of service-connected disability. (Insurance only.)

- **Outpatient treatment** for: (1) service-connected conditions, and (2) for all medical conditions if enrolled in VA healthcare program. Co-payment for treatment may apply for non-service connected conditions.

- **Travel allowance** for scheduled appointment for care of service-connected conditions at VA Medical Centers, and out patient clinics. (Eligibility based on the distance traveled 25 miles or more or a veteran's income.)

- **Medical treatment for any condition:**

Enrollment in a VA healthcare program is encouraged but not required for treatment of a service connected condition. (A co-payment will apply for treatment of non-service connected conditions and prescription drugs.)

- **Prosthetic Devices:** for service-connected conditions, to include but not limited to wheelchairs, canes, crutches, hospital beds, nebulizer, oxygen tanks, and electric scooters. The issue of any prosthetic devices requires a VA Doctor's prescription.

- **Medical Treatment in non-VA facilities** for service connected conditions may be authorized by the VA Medical Center. (Certain restrictions apply.)

- **Ten Point Civil Service Preference.** (10 points added to Civil Service test score only after veteran achieves at least 70 on a test.)

- **Annual Clothing Allowance** is available for veterans with a service-connected condition that requires the use of a prosthetic or orthopedic appliance (artificial limbs, braces, wheelchairs) or use prescribed medications for a skin condition which tends to wear, tear, or soil clothing. The items used must be prescribed and dispensed at a VA Medical Center.

- **Dental treatment** for: (1) service connected dental condition, or (2) followup dental treatment which has begun while hospitalized at a VA Medical Center, or any former Prisoner of War with 90 consecutive days or more of confinement. Some restrictions may apply.

**Home Improvement and Structural Alteration Grant Program** is administered by the Prosthetics Department at VA Medical Facilities for medically required improvements and/or structural changes to the veteran's residence.

This Grant requires a VA doctor's prescription. Service-connected veterans can receive up to a \$6,800 grant. Nonservice-connected veterans may receive a grant up to \$2,000. The grant is to be used for allowing entrance or exit improvements for residence, essential lavatory and sanitary facilities, and kitchen and bathroom accessibility to sinks and counters.

This grant is not for complete remodeling of a veteran's bath or kitchen.

▶ **SIGN UP** for eBenefits @ [eBenefits.VA.GOV](https://eBenefits.VA.GOV)



**A STRONGER  
COMMUNITY.**  
*One Veteran at a Time.*

**Veterans Bridge Home supports ALL Veterans, service members, and military families, regardless of era, length of service, or discharge status.**

Our organization supports Veterans by meeting them where they are. Veterans Bridge Home provides opportunities for:



**EMPLOYMENT**  
200+ employer partners



**SERVICES**  
70+ community service providers



**FRIENDS**  
10 monthly networking opportunities

CALL 704.332.8802

CONNECT     @Veteransbridgehome

[VETERANSBRIDGEHOME.ORG](https://VETERANSBRIDGEHOME.ORG)



## 10% SERVICE CONNECTED AND HIGHER, ALL OF THE ABOVE PLUS:

**Vocational Rehabilitation** which includes full medical and dental care (dental if determined to be essential to finish training), a subsistence allowance in addition to disability payments, payment for all required school-related supplies and direct payment of tuition. Funding fee waived for Homeloan Guarantee loans.

## 30% SERVICE CONNECTED AND HIGHER, ALL OF THE ABOVE PLUS:

- **Additional compensation for dependents** (spouse, children, adopted children, and dependent parents).
- **Non-Competitive Civil Service appointment:** Job appointment without the requirement of an interview.
- **Affirmative action in employment:** A disabled veteran cannot be passed over to hire a nondisabled veteran or nonveteran unless at least three interviews have been conducted by the employer.
- **Additional allowance for a spouse** who is a patient in a nursing home: (helpless or blind, or so nearly helpless as to require the aid and attendance of another person.)

## 40% SERVICE-CONNECTED AND HIGHER, ALL OF THE ABOVE PLUS:

- **Automobile Grant:** (A one-time payment up to \$20,114) Veteran must have a service-connected loss of one hand, or one foot, or permanent loss of use of one hand or one foot, or a permanent impairment of vision of both eyes. A veteran must be rated for loss of use before this is granted.
- **Payment of special adaptive automobile equipment:** In addition to the automobile grant. Veteran must be entitled to the automobile grant as outlined above, or have a service-connected ankylosis (immobility) of one knee or one hip. (This requires a VA doctor's prescription for the adaptive equipment and can include; an automatic transmission, air conditioner, hand controls, power brakes, hand brakes, cruise control, ramps or wheelchair lifts, and any other adaptive equipment the doctor may deem necessary.)

## HOW DO I REGISTER FOR AN eBenefits ACCOUNT?

There are two types of registration, Basic and Premium. With a Premium Account, you can view personal data about yourself in VA and DoD systems, apply for benefits online, check the status of your claims, update your address records, and more. To get a Premium eBenefits Account, you must verify your identity. Many people will be able to verify their identity online by answering a few security questions. Service members may verify their identity online by using their Common Access Card. Military retirees may verify their identity online using their Defense Finance and Accounting Service (DFAS) Logon. For those unable to verify their identity online, you will instantly receive a Basic Account. A Basic eBenefits Account lets you customize the site and access information you enter into eBenefits yourself; however, you cannot see your personal information in VA or DoD systems.

For more information on eBenefits visit:

[www.eBenefits.va.gov](http://www.eBenefits.va.gov)

## 50% SERVICE-CONNECTED OR HIGHER, ALL OF THE ABOVE PLUS:

- **Medical treatment for any condition at VA Medical Centers:** Enrollment in a VA health care program is encouraged but not required for treatment of a service-connected condition. No copayments for treatment of non-service-connected care or non-service-connected prescription drugs.
- **Medical treatment in non-VA facilities:** for any medical condition may be authorized VA Medical Center.
- **Discounted Hunting Lifetime + Fishing Licenses**
- **Discounted entry into National Parks**



# OPERATION NORTH STATE



***Utilizing North Carolina's  
People, Places, Products, and  
Pride to show support for  
North Carolina's Deployed  
Troops and Veterans-in-  
Need!***



**An All-Volunteer Grassroots Effort!**  
**Get involved - You will be in great company!**  
**Taking Wounded Warriors & Disabled Veterans Fishing, Golfing**  
**Sending 1500 NCCARES Christmas boxes and more!**

**Contact Operation North State today to pledge your support!**

**mailbox@operationnorthstate.com**

**Facebook: Operation North State**

**151 Windermere Ct. Winston Salem, NC 27127**

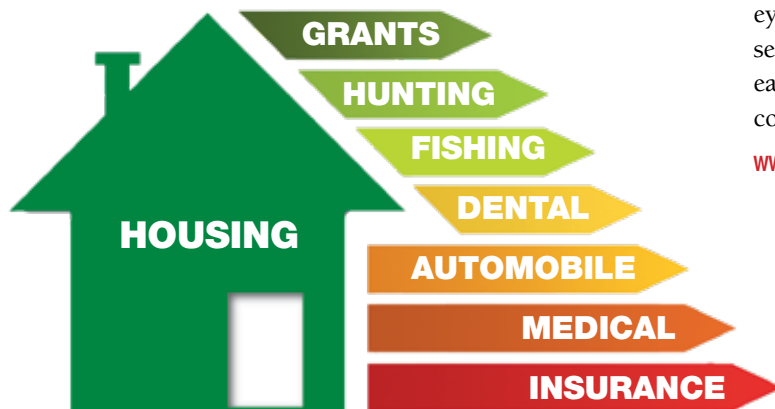
**366-764-5967**



## 60-90% SERVICE-CONNECTED OR HIGHER, ALL OF THE ABOVE PLUS:

Individual unemployability (increased compensation) payable at the 100% rate based on the inability to work due to service-connected disability plus:

- **Dental treatment** if S/C for Dental Claim.
- **Special Housing and/or Automobile Grants** for SC veterans with eligible disabilities
- VA provides **grants to service members and veterans with certain permanent and total service-connected disabilities** to help purchase or construct an adapted home, or modify an existing home to accommodate a disability. Two grant programs exist: The Specially Adapted Housing (SAH) grant and the Special Housing Adaptation (SHA) grant.
- **Specially Adapted Housing Grant:** The maximum dollar amount allowable for SAH grants in fiscal year 2018 is \$81,080.
- **Special Housing Adaptations Grant:** The maximum dollar amount allowable for SHA grant in fiscal year 2018 is \$16,217.
- **Temporary Residence Adaptation (TRA) Grant:** A temporary grant may be available to SAH/SHA eligible veterans and service members who are or will be temporarily residing in a home owned by a family member. The maximum amount available to adapt a family member's home for the SAH grant is \$35,593 and for the SHA grant is \$6,355.
- **Automobile Grant:** Service members and veterans may be eligible for a one-time payment of not more than \$20,577.18, toward the purchase of an automobile or other conveyance if you have certain service-connected disabilities. The grant is paid directly to the seller of the automobile and the service member or veteran may only receive the automobile grant once in his/her lifetime. See your local VSO for more information.



## 100% SERVICE-CONNECTED OR THOSE PAID AT THE 100% RATE (IU)

### ALL OF THE ABOVE PLUS

\**Temporary 100% disability payments, such as those for surgery, do not qualify a veteran for these benefits.*

- **Waiver of cost of Service Disabled Life Insurance** for those rated permanent and total: and additional \$20,000 of life insurance at cost to veteran. Veteran must have applied for insurance within two years of initial disability rating or within two years of a new disability rating. An increase in a disability rating does not qualify as a new disability.
- **Commissary and Exchange privileges for veteran and dependents:** The veteran must request a letter from the VA specifying veteran is in receipt of 100% disability, and then applies for a military ID card at the nearest ID card issuing facility.
- **Dependents Education Assistance:** The Survivors' and Dependents' Educational Assistance (DEA) program offers education and training opportunities to eligible dependents of veterans who are permanently and totally disabled due to a service-related condition or of veterans who died while on active duty or as a result of a service-related condition.
- **Any needed Dental Care**
- **Property Tax Exemption on first \$45,000** of your homestead's value from tax abatement for veterans rated permanent and total, or those in receipt of DIC.
- **Free Disabled Veterans License Plate,** applications can be certified at your State or County Veterans Service Office

### COMPENSATION HIGHER THAN THE 100% RATE:

- **Special Compensation:** Veteran must be rated for special compensation due to the loss of limbs, eyesight, aid and attendance, housebound, or two separate medical conditions that are rated 60% each or 100% each. For more information about VA compensation rates, please visit:

[www.benefits.va.gov/COMPENSATION/resources\\_comp01.asp](http://www.benefits.va.gov/COMPENSATION/resources_comp01.asp)

## ▶ NC STATE VETERANS CEMETERIES

### ELIGIBILITY FOR NC STATE VETERANS CEMETERIES

#### QUALIFIED VETERAN

Any former member of the U.S. Armed forces who served on active duty, other than for training, and was terminated under honorable conditions.

A veteran who is entitled to retired pay for non-regular service (i.e. service in the Reserve Components or Army or National Guard) or a veteran who would have been entitled to retired pay for non-regular service, but for the fact that the person was under 60 years of age.

#### NORTH CAROLINA RESIDENCY

Only those veterans who are legal residence of North Carolina are eligible for interment:

1. at the time of death;
2. for a period of at least 10 years or;
3. at the time of entry into the Armed Forces of the United States.

#### DEPENDENT(S)

The spouse, widow or widower of a qualified veteran, a minor child who is unmarried and dependent on the qualified veteran at the time of death. A minor child includes a child under the age of 21 years of age or under 23 years of age if pursuing a course of instruction at an educational institution approved by the United States Department of Veterans Affairs. In addition, an unmarried adult child of a qualified veteran who became permanently incapable of self-support due to a physical or mental disability before attaining the age of 18 years is also eligible.

**SOME SAY THEY'VE GOT  
YOUR BACK.**



**WE PROVE IT.**

#### PROOF BY THE NUMBERS:

**\$7 billion:** The amount in VA benefits we helped to recover for veterans in the last year.

**\$9 million+:** Total grant dollars awarded to military families since 2004.

**2.1 million+:** Service members and their families hosted at VFW events since 2005.

**\$4.1 million+:** Scholarship dollars awarded to veterans and service members since 2014.

**1899-2018:** The years during which we have been at the forefront in the battle **FOR VETERANS.**

*Join the VFW today.*

North Carolina VFW **salutes you!**

Visit us online at [www.vfwnc.com](http://www.vfwnc.com)

Facebook: Veterans of Foreign Wars (VFW) : North Carolina

Phone: 919-828-5058

Email: [ADJ@vfwnc.com](mailto:ADJ@vfwnc.com)

**VFW**  
VETERANS OF FOREIGN WARS  
NO ONE DOES MORE FOR VETERANS.

# N.C. STATE VETERANS CEMETERIES

The primary mission of the NCDMVA State Veterans Cemetery Program is to provide a final resting place for North Carolina's veterans at no cost, and their legal dependent(s) for a nominal fee. Veterans must be discharged under honorable conditions and meet certain residency requirements.

For More information on the NCDMVA State Veterans Cemetery Program, go to our website at: [www.milvets.nc.gov/services/nc-veterans-cemetery-program](http://www.milvets.nc.gov/services/nc-veterans-cemetery-program)



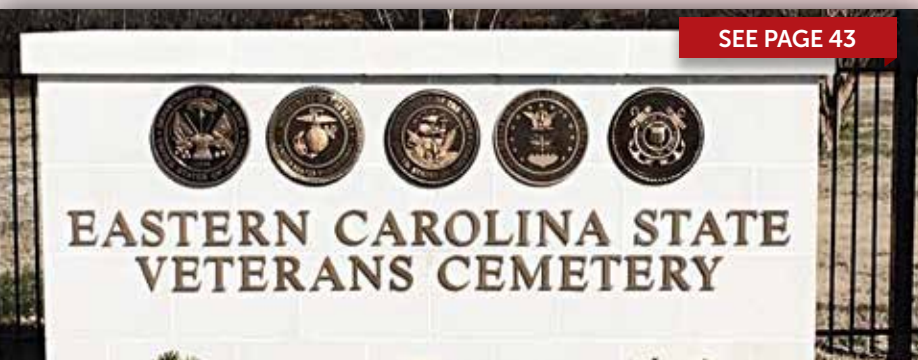
## BLACK MOUNTAIN



## JACKSONVILLE

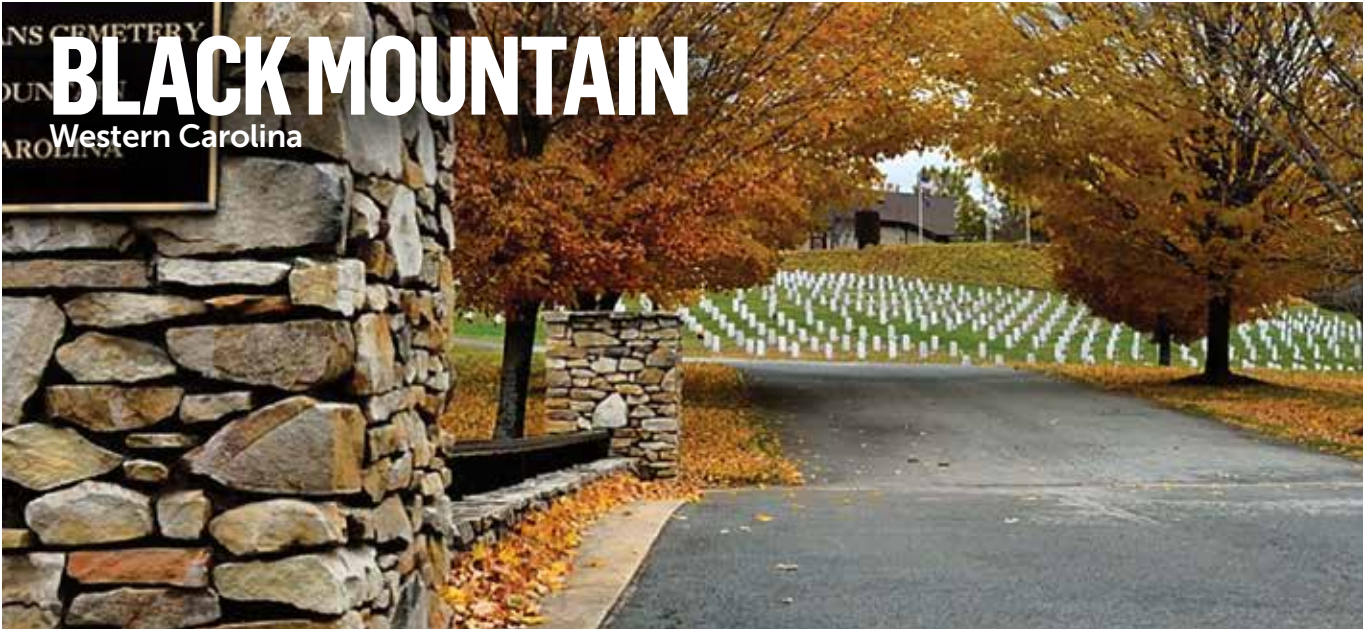


## SPRING LAKE



## GOLDSBORO

▶ **SIGN UP** for eBenefits @ [eBenefits.VA.GOV](https://eBenefits.VA.GOV)



# BLACK MOUNTAIN

Western Carolina

## Western Carolina State Veterans Cemetery

**OPENED:** October 28, 1993    **LOCATION:** 962 Old US 70 Hwy.  
Black Mountain, NC 28711    **PHOTOGRAPHER:** Ken Lane  
(828) 669-0684



# JACKSONVILLE

Coastal Carolina

## Coastal Carolina Veterans Cemetery

**OPENED:** December 6, 1993    **LOCATION:** 110 Montford Point Rd.  
Jacksonville, NC 28541  
(910) 347-4550

# SPRING LAKE

Sandhills



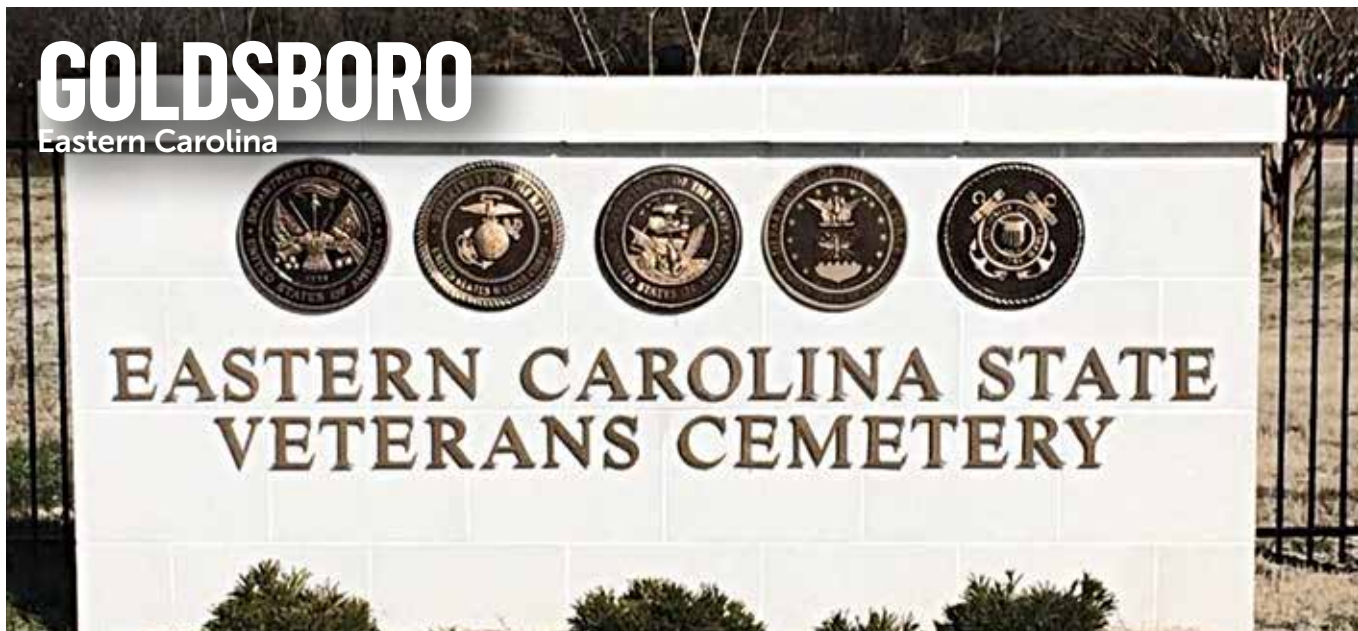
## Sandhills State Veterans Cemetery

**OPENED:** June 27, 1997

**LOCATION:** 8220 Bragg Blvd.  
Ft. Bragg, NC 28310  
(910) 436-5630

# GOLDSBORO

Eastern Carolina



## Eastern Carolina Veterans Cemetery

**OPENED:** February 26, 2016

**LOCATION:** 164 Longs Plant Farm  
Goldsboro, NC 27544  
(919) 648-0510

**DATE BUILT/  
DEDICATED** November, 2015

## BURIAL & CEMETERY BENEFITS

The U.S. Department of Veterans Affairs (VA) Benefits Administration oversees a burial benefits program designed to assist claimants in meeting the funeral and burial costs of a deceased veteran. The VA does not make funeral arrangements with a funeral provider or cremation office. You should advise your family of your wishes and where your discharge papers are kept. These papers are very important in establishing your eligibility. You may wish to make pre-need arrangements with a funeral home.



### **SERVICE-CONNECTED DEATH**

If a veteran's death is service-connected, the VA will pay burial allowance of up to \$2,000 for deaths on or after Sept. 11, 2001. If the veteran is buried in a VA national cemetery, some or all of the cost of moving the veteran's body to the national cemetery nearest the veteran's home may also be reimbursed. There is no time limit for applying for a service-connected burial allowance. The person who bore the veteran's burial expense may claim reimbursement from any VA regional office.

### **NON-SERVICE-CONNECTED DEATH**

If a veteran's death is not service-connected, there are two types of payments the VA may make: burial and plot expense allowances. The VA will pay a burial and plot allowance if the veteran was discharged under conditions other than dishonorable and the veteran was in receipt of VA pension or compensation at the time of death. If a veteran died while in a VA facility or as a patient at an approved state nursing home, the VA may also pay this allowance.

### **BURIAL PLOT ALLOWANCE**

When a veteran is buried in a cemetery that is not under the U.S. government jurisdiction, the VA may also pay a plot allowance, provided that the veteran was discharged under a condition other than dishonorable

and met other qualifications similar to that of a non-service-connected death.

### **FILING A CLAIM FOR REIMBURSEMENT OF EXPENSES**

To file for reimbursement of burial expenses, an Application of Burial Allowance form must be submitted to the VA. The person filing the claim must also provide a certified copy of the veteran's death certificate and proof of the veteran's military service (Form DD-214), and itemized bills of the funeral and burial expenses.

### **BURIAL FLAG**

A United States flag is provided, at no cost, to drape the casket or accompany the urn of a deceased veteran who served honorably in the U.S. Armed Forces. It is furnished to honor the memory of a veteran's military service to his or her country. When burial is in a national, state or post cemetery, a burial flag will automatically be provided. When burial is in a private cemetery, the funeral director will generally help the next of kin with this process.

### **HEADSTONE AND MARKERS**

The Department of Veterans Affairs (VA) furnishes upon request, at no charge to the applicant, a Government headstone or marker for the unmarked grave of any

deceased eligible veteran in any cemetery around the world, regardless of their date of death. For eligible veterans that died on or after Nov. 1, 1990 and whose grave is marked with a privately purchased headstone, VA may also furnish a headstone or marker to supplement the grave or a medallion to be affixed to the privately purchased headstone. Eligible veterans are entitled to either a government-furnished headstone or marker, or the new medallion, but not both.

### BRONZE MEDALLIONS FOR HEADSTONES AND MARKERS

The Department of Veterans Affairs (VA) may also provide a medallion, by request, to be affixed to an existing privately purchased headstone or marker to signify the deceased's status as a veteran. If requested, the medallion is furnished in lieu of a traditional government headstone or marker for veterans that died on or after Nov. 1, 1990, and whose grave is marked with a privately purchased headstone or marker.

### BURIAL AT SEA

The VA National Cemetery Administration cannot provide burial at sea. For information, contact the U.S. Navy Mortuary Affairs office toll free at: **(866) 787-0081**

### MILITARY FUNERAL HONORS

The Department of Defense (DoD) is responsible for providing military funeral honors. "Honoring Those Who Served" is the title of the DoD program for providing dignified military funeral honors to veterans

who have defended our nation. Visit the North Carolina Veterans Affairs website for further information and instructions about this service.

For more information:

<http://www.nc4vets.com/burial-cemetery-benefits>

### PRESIDENTIAL MEMORIAL CERTIFICATES

A Presidential Memorial Certificate (PMC) is an engraved paper certificate, signed by the current president, to honor the memory of honorably discharged deceased veterans.

### SURVIVOR BENEFIT PLAN

When a military retiree dies, their retirement pay stops. This means that the surviving spouse no longer receives income. If a veteran is a military retiree, thought needs to be given as to how to protect the spouse from hardships caused by the loss of the retirement pay.

One option available is the Survivor Benefit Plan (SBP). The SBP is an insurance plan that will pay the veteran's surviving spouse a monthly payment (annuity) to help make up for the loss of retirement income. The plan is designed to protect survivors against the risks of the veteran's early death, a survivor outliving the benefits, and inflation.

Survivors should report retiree deaths to the Defense Finance and Accounting Services (DFAS) casualty office at: **(800) 321-1080**.

### DEATH PENSIONS

Survivors' (Death) Pension is a needs-based benefit paid to an unmarried surviving spouse, or an unmarried child, who meets certain age or disability requirements, of a deceased wartime veteran.

In order to qualify for a VA Death Pension, the VA calculates income received from most sources by the surviving spouse and any eligible children. It includes earnings, disability and retirement payments, unemployment insurance payments, interest and dividends payments, and net income from farming, business or rental property.

If the income is below a certain level, the dependent or surviving spouse may be eligible for this pension.

### BURIAL BENEFITS

Dependents and surviving spouses of an eligible veteran are eligible to be buried in national cemeteries.

When a death occurs and eligibility for interment in a national cemetery is determined, grave space is assigned by the cemetery director in the name of the veteran or family member. One gravesite is permitted for the interment of all eligible family members, unless soil conditions or the number of family descendants necessitate more than one grave. There is no charge for burial in a national cemetery.

### HEADSTONES AND MARKERS

Spouses and dependents are not eligible for a government-furnished headstone or marker unless they are buried in a national cemetery, state veteran's cemetery, or military post/base cemetery.

▶ **SIGN UP** for eBenefits @ [eBenefits.VA.GOV](http://eBenefits.VA.GOV)



## THE DEPARTMENT OF NORTH CAROLINA VETERANS OF FOREIGN WARS



WE THE COMRADES OF THE NORTH CAROLINA VFW INVITE YOU TO JOIN US. WE HAVE BEEN IN EXISTENCE SINCE 1935 AND ARE **22,493 MEMBERS** STRONG IN **142 POSTS** THROUGHOUT THE STATE OF NORTH CAROLINA.

IF YOU LIVE IN NORTH CAROLINA PLEASE CONTACT US:

(NC) 919-828-5058 WEBSITE: [VFWNC.COM](http://VFWNC.COM) EMAIL: [ADJ@VFWNC.COM](mailto:ADJ@VFWNC.COM)  
OR FIND US ON FACEBOOK AT VETERANS OF FOREIGN WARS (VFW):NC

**"NO ONE DOES MORE FOR VETERANS"**





# Stay in the Fight!



## Become a member today!



**Department of North Carolina**

P.O. Box 90968 | 8821 Midway W. Rd. | Raleigh, NC 27675

Toll free: 888-432-8838 | Fax: 919-832-1692

[www.dav.org](http://www.dav.org)

Benefits Counseling | Transition Support | Volunteer Programs | Employment Assistance



## CORONAVIRUS DISEASE 2019 (COVID-19)



**You can help prevent the spread of respiratory illnesses with these actions:**

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose & mouth.
- Practice social distancing by putting space between yourself & others.
- Wash hands often with soap & water for at least 20 seconds.



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

# National Veteran Service Organizations



American  
Ex- Prisoners  
of War

CO-FOUNDERS

David Fonke  
(910) 436-3336

Jerry Fonke  
(910) 484-5999



The  
American Legion

[www.nclegion.org](http://www.nclegion.org)

DEPARTMENT  
ADJUTANT

Randy Cash  
Raleigh, NC  
(919) 832-7506  
[nclegion@nc.rr.com](mailto:nclegion@nc.rr.com)

NATIONAL SERVICE  
OFFICER

James McMinn  
Winston-Salem, NC  
(336) 631-5471



COMMANDANT JEFFREY JONES

[Info@ncmcl.org](mailto:Info@ncmcl.org)  
[www.ncmcl.org](http://www.ncmcl.org)



DEPT. ADJUTANT

Jean Reaves  
P.O. Box 1323  
Roanoke Rapids, NC 27870  
(252) 673-6495

American  
Veterans

[amvets.org](http://amvets.org)

NATIONAL SERVICE  
OFFICER

Russell Woodall  
Winston-Salem, NC  
(336) 251-0823  
[russell.woodall@va.gov](mailto:russell.woodall@va.gov)



National Association for Black  
Veterans

COMMANDER, Melvin Martimus  
Fayetteville, NC (910) 339-5341  
[nabvet0041@gmail.com](mailto:nabvet0041@gmail.com)

[www.nabvets.org](http://www.nabvets.org)



Veterans of  
Foreign Wars  
[vfwnc.com](http://vfwnc.com)

DEPARTMENT ADJUTANT

Andrew Zinkievich  
Raleigh, NC (919) (828) 5058  
[adj@vfwnc.com](mailto:adj@vfwnc.com)

NATIONAL SERVICE OFFICER,

Allan Eden, Winston-Salem, NC  
(336) 631-5457 [cleophus.summers2@va.gov](mailto:cleophus.summers2@va.gov)



Paralyzed  
Veterans Of  
America

NATIONAL SERVICE OFFICER

Bill Pack  
Winston-Salem, NC  
(336) 251-0834  
[WilliamP@pva.org](mailto:WilliamP@pva.org)

[www.pva.org](http://www.pva.org)



Disabled  
American Veterans

Raleigh, NC (919) 833-5567  
[ncdavadj@bellsouth.net](mailto:ncdavadj@bellsouth.net)

NATIONAL AREA SUPERVISOR

Michelle Colpaert  
Winston-Salem, NC  
(336) 631-5481  
[Michelle.colpaert@va.gov](mailto:Michelle.colpaert@va.gov)

[davmembersportal.org/nc](http://davmembersportal.org/nc)



Team Red, White & Blue  
5428 Eisenhower Ave  
Alexandria, VA 22304-482

[www.TeamRWB.org](http://www.TeamRWB.org)  
[georgina.biehl@teamrwb.org](mailto:georgina.biehl@teamrwb.org)



Vietnam  
Veterans of  
America

STATE PRESIDENT, Rossie Nance  
Castle Hayne, NC  
(910) 465-0683  
[R\\_nance@bellsouth.net](mailto:R_nance@bellsouth.net)

[www.vva-nc.org](http://www.vva-nc.org)

► **SIGN UP** for eBenefits @ [eBenefits.VA.GOV](https://eBenefits.VA.GOV)



## THE AMERICAN LEGION

American Legion Post 540  
Cary, NC 27511

[Americanlegionpost540@gmail.com](mailto:Americanlegionpost540@gmail.com)

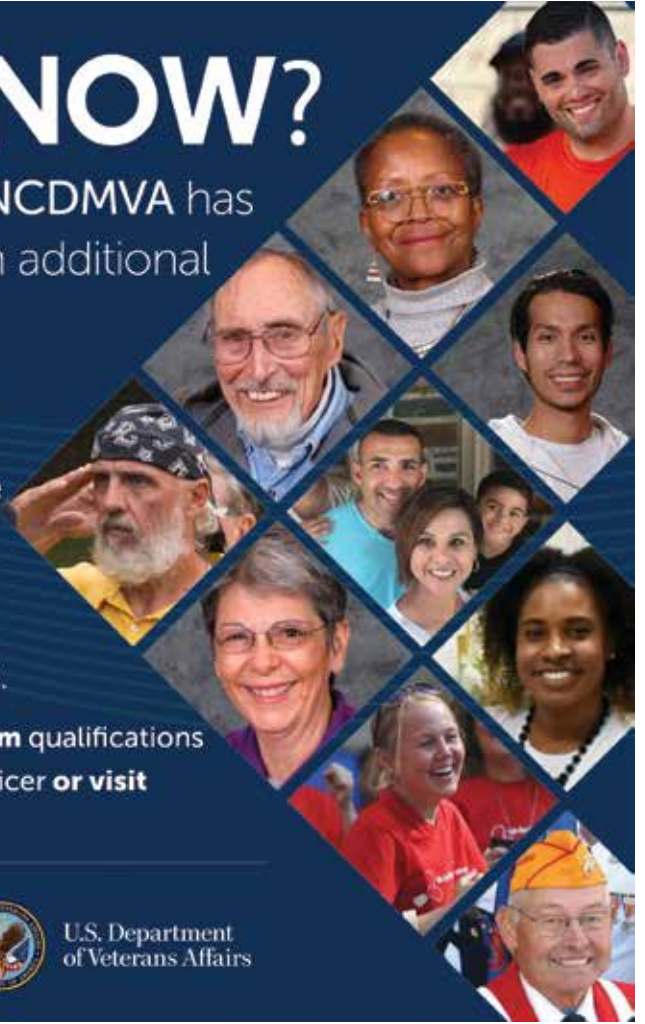
**AMERICAN LEGION POST 540** is North Carolina's first ALL female post. Our goal is to help female veterans adjust to civilian life. We focus on support, education, and at times being the conduit between female veterans and the vital resources they need to ensure long, healthy, and fulfilling lives after the military. At American Legion Post 540, we honor the efforts of existing veterans' services and strive to partner in our ventures to serve our veteran community.

# DID YOU KNOW?

Thanks to Congressional action, **NCDMVA** has helped bring in over \$20 million in additional benefits to NC Vietnam Veterans.

Veterans who served in the offshore waters of the Republic of Vietnam between Jan. 9, 1962, and May 7, 1979 **may now be eligible for disability compensation and other benefits, for themselves and their families**, for disabilities VA believes may be caused by herbicides such as Agent Orange.

To learn more about the **Blue Water Navy Program** qualifications and benefits contact your local Veteran Service Officer or visit [benefits.va.gov/benefits/blue-water-navy.asp](https://benefits.va.gov/benefits/blue-water-navy.asp)



Choose **VA**

**VA**



U.S. Department of Veterans Affairs

# 2020

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS



## HEALTHCARE

VISIT US @ MILVETS.NC.GOV AND NC4VETS.COM

- 52 . . . Eligibility & Enrollment
- 56 . . . NC Veterans Medical Facilities
- 59 . . . PTSD, TBI
- 65 . . . LME-MCO Contact
- 68 . . . VAMC Mental Health POCs
- 72 . . . North Carolina Governor’s Challenge
- 77 . . . NC Operated-Healthcare Facilities
- 80 . . . State Veterans Homes

- SERVICES FOR COMBAT
- VETERANS MENTAL HEALTH
- SERVICES NAVIGATING VA
- HEALTH CARE SYSTEM

**YOU CALL**  
**NCDMVA ANSWERS**

844.624.8387

(844.NC4.VETS)

**FAX** 984-204-8343

@NC4VETS

@NC4VETS

► VISIT [www.va.gov](http://www.va.gov) to learn more

## VA HEALTH CARE BASIC ELIGIBILITY

### BASIC ELIGIBILITY AND MINIMUM SERVICE REQUIREMENTS

Veteran's health care eligibility is offered to former service personnel who served, were honorably discharged (or released under conditions other than dishonorable) and have been classified as a veteran by the Veterans Affairs department. Any veteran that enlisted after September 7, 1980 (or entered active duty after October 16, 1981) is required to have served 24 continuous months (or the full period of active duty they were called to served) in order to be eligible. Many veterans believe that they will not qualify to meet veteran's health benefits eligibility if they did not incur a service-related disability designation. However, this belief is unfounded. Veteran eligibility for health care enrollment is determined based on many factors, but health care eligibility is extended even to veterans who did not serve in a war zone. Veteran eligibility for health care enrollment is based on factors such as service dates, where the service member was deployed, and other qualifying factors.

### ENHANCED ELIGIBILITY PROGRAMS

Certain veterans are qualified to enroll to receive veteran's health care benefits based on an enhanced eligibility status. Veterans who were at one time a POW, veterans who received the Purple Heart or Medal of Honor, and veterans who receive a VA Pension will be considered under this enhanced program. Additionally, veteran's health care eligibility is offered to those who were discharged early due to a disability or hardship, those who served on active duty in a theater of combat operations, and those who served in any war zone for a full tour.

### ENROLLMENT FOR VA HEALTH CARE

Unlike civilian health care programs, veterans health care remains in effect from one year to the next. Once the eligibility requirements for veterans health care benefits have been verified, the veteran will receive a Veteran Health Identification card, which allows the holder access to VA medical facilities as proof of service in lieu of a military ID card.



### QUALIFYING FOR 5 YEAR POST DEPLOYMENT VA HEALTH CARE

Effective Jan. 28, 2008, veterans discharged from active duty on or after Jan. 28, 2003, are eligible for enhanced enrollment placement into Priority Group 6 (unless eligible for higher Priority Group placement) for 5 years post discharge. Veterans with combat service after Nov. 11, 1998, who were discharged from active duty before Jan. 28, 2003, and who apply for enrollment on or after Jan. 28, 2008, are eligible for this enhanced enrollment benefit through Jan. 27, 2011.

Activated reservists and members of the National Guard are eligible if they served on active duty in a theater of combat operations after Nov. 11, 1998, and, have been discharged under other than dishonorable conditions.

Veterans who enroll with VA under this "Combat Veteran" authority will retain enrollment eligibility even after their five-year post discharge period ends. At the end of their post discharge period, VA will reassess the veteran's information (including all applicable eligibility factors) and make a new enrollment decision.

For additional information, call:  
**(877) 222-VETS (8387)**  
[www.va.gov/health-care/how-to-apply/](http://www.va.gov/health-care/how-to-apply/)

## STANDARD BENEFITS

VA's medical benefits package provides the following health care services to all enrolled veterans:

- Preventive Care Services
- Ambulatory (Outpatient) Diagnostic and Treatment Services
- Hospital (Inpatient) Diagnostic Treatment
- VA prescribed Medications and Supplies

## ACUTE CARE SERVICES

These services may have limitations and special eligibility criteria:

- Ambulance service
- Dental Care
- Durable Medical equipment
- Eyeglasses
- Hearing Aids
- Home Health Care Services
- Non-VA Health Care Services
- Orthopedic, Prosthetic, and Rehabilitative Devices
- Rehabilitative Services
- Readjustment Counseling
- Sexual Trauma Counseling

## MILITARY SEXUAL TRAUMA

Military Sexual Trauma (MST) is the term that the U.S. Department of Veterans Affairs uses to refer to sexual harassment that occurred while the veteran was in the military. It includes any sexual activity where someone is involved against his or her will—he or she may have been pressured into sexual activities (for example, with threats of negative consequences for refusing to be sexually cooperative, implied faster promotions, or better treatment in exchange for sex), may have been unable to consent to sexual activities (for example, when intoxicated), or may have been physically forced into sexual activities.

Both women and men can experience MST. Veterans seen at Veterans Health Administrations facilities are screened for sexual experiences. They know that trauma can affect a person's physical and mental health, even many years later. People can recover from trauma and the VA has free services to help veterans do this. You do not need to have a VA disability (service connected) rating to receive these services and may be able to receive services even if you are not eligible for other VA care. You do not need to have reported the incident(s) when they happened.

For more information, veterans can speak with a VA healthcare provider, contact the MST Coordinator at their nearest VA Medical Center, or contact their local Vet Center.

MST information can be found at :

- [mentalhealth.va.gov](http://mentalhealth.va.gov)
- [www.ptsd.va.gov/public/types/violence/military-sexual-trauma-general.asp](http://www.ptsd.va.gov/public/types/violence/military-sexual-trauma-general.asp)

## WOMEN VETERANS HEALTH CARE

1-855-VA-WOMEN [1-855-829-6636]

[www.womenshealth.va.gov](http://www.womenshealth.va.gov)

**Women veterans are eligible for the same VA benefits as male veterans.** Comprehensive health services are available to women veterans including primary care, mental health care and reproductive health care services. VA provides management of acute and chronic illnesses, preventive care, contraceptive services, menopause management, screenings, including pap smear, and gynecology.

- **Maternity care** is covered in the medical benefits package to include care for newborn children of women veterans for up to 7 days after birth. VA is also mandated to implement pilot programs to provide child care to women veterans receiving medical care, and to provide readjustment services to women veterans. Infertility evaluation and limited treatments also are available.
- **Women Veterans Program Managers** are available at all VA facilities to help veterans seeking treatment and benefits.



VAYAHEALTH

MENTAL HEALTH | SUBSTANCE USE DISORDER  
INTELLECTUAL/DEVELOPMENTAL DISABILITIES

Access to Care Line • 24/7 • Confidential

**1-800-849-6127**

Treatment information and crisis assistance in WNC

[www.vayahealth.com](http://www.vayahealth.com)

► **VISIT [www.va.gov](http://www.va.gov) to learn more**

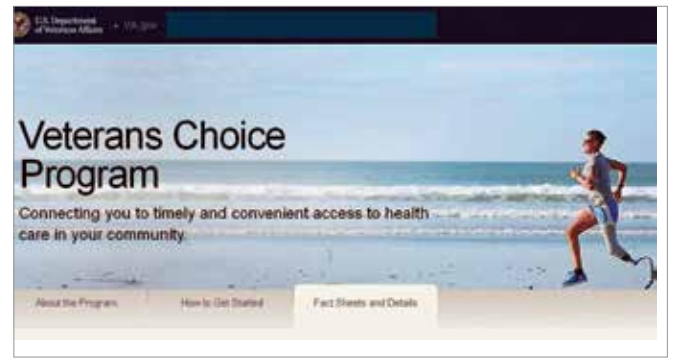
## VETERANS COMMUNITY CARE PROGRAM

Learn more about the VA's Veterans Community Care Program by visiting their website at:

[www.va.gov/COMMUNITYCARE/programs/veterans/VCP/index.asp](http://www.va.gov/COMMUNITYCARE/programs/veterans/VCP/index.asp)

**Veterans may be eligible to receive care through the Veterans Community Care Program based on one or more of the following conditions:**

- Veteran needs a service not available at a VA Medical Facility
- Veteran lives in a state or U.S. territory without a full service VA Medical Facility
- Veteran qualifies under “Grandfather” provision, 40 miles (driving distance) from the nearest VA medical facility with a full-time primary care physician
- It is in the veterans best medical interest
  - The doctor and patient agree that this treatment should be provided by the community medical facility.
- VA is unable to schedule an appointment that is within both average driving time standards and wait time standards.



- 30-minute average drive time for primary care, mental health, and non-institutional extended care services (including adult day health care)
- 60-minute average drive time for specialty care
- 20 days for primary care, mental health care, and non-institutional extended care services.
- Care at the local VA medical facility is not providing care that meets VA's standards for quality

**VA will work with the veteran to determine eligibility based on the above conditions and the veteran's specific circumstances.**

- Community Care Call Center: **(877) 881-7618**

**Call for additional information or to speak to one of our service agents on standby to assist you.**

- VA Adverse Credit Helpline: **(877) 881-7618**

VA will help you resolve adverse credit reporting and debt collection issues because of using Veterans Choice

## VETERANS LIFE CENTER NORTH CAROLINA

*A Facility  
Like No  
Other*

WEBSITE  
[VLCNC.ORG](http://VLCNC.ORG)

EMAIL US  
[INFO@VLCNC.ORG](mailto:INFO@VLCNC.ORG)



Residential facility for at-risk male and female 21st Century veterans.  
Located in Butner, NC.

Coordinated Care Program includes Mental and Behavioral Health Therapy, Life Skills Training, Spiritual and Family Counseling, Vocational Education, Mentorship. Services provided by our expert staff and community partners.

Full kitchen and dining facilities, computer room, fitness center, chapel, library, meditation garden which fosters wellness—a hallmark of our program

**OUR GOAL IS SELF-RELIANCE FOR EACH OF THE HEROES WE SERVE. OUR PROGRAMS WILL HELP THEM FIND A CONSTRUCTIVE AND PERSONALLY-SATISFYING ROLE IN CIVIL SOCIETY.**





# It's your Duty to Sound Off about Hearing Loss!

You may be one of the 60% of returning combat veterans experiencing hearing loss or tinnitus if:

- You have difficulty hearing on the phone
- People ask you to turn the television down
- You often ask people to repeat themselves
- You have ringing in your ears

Contact us for consultation, training and specialized equipment. Make hearing health your next **mission**.

Your teammates, family and friends are counting on you to  
**Lead the Way!**

**There is no charge for our services.**



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**  
Division of Services for the  
Deaf and Hard of Hearing

**Veterans Liaison:**  
**(919) 527-6930 (v)**  
**800-851-6099 (v/tty)**

▶ VISIT [www.va.gov](http://www.va.gov) to learn more



## VA MEDICAL FACILITIES SERVING NORTH CAROLINA

### ASHEVILLE VA MEDICAL CENTER

1100 Tunnel Road  
Asheville, NC 28805  
(828) 298-7911  
(800) 932-6408  
[www.asheville.va.gov](http://www.asheville.va.gov)

### COMMUNITY CLINICS

**FRANKLIN VA CBOC**  
647 Wayah St.  
Franklin, NC 28734-3390  
(828) 369-1781

**HICKORY VA CBOC**  
2440 Century Place, SE  
Hickory, NC 28602  
(828) 431-5600

**RUTHERFORD COUNTY VA CBOC**  
374 Charlotte Road  
Rutherfordton, NC 28139  
(828) 288-2780

### SALISBURY VA MEDICAL CENTER

1601 Brenner Avenue  
Salisbury, NC 28144  
(704) 638-9000  
(800) 469-8262  
[www.salisbury.va.gov](http://www.salisbury.va.gov)

### COMMUNITY CLINICS

**CHARLOTTE HCC**  
3506 W. Tyvola Rd.  
Charlotte, NC 28208  
(704) 329-1300

**CHARLOTTE VA CBOC**  
8601 University East Drive  
Charlotte, NC 28213  
(704) 597-3500

**KERNERSVILLE HCC**  
1695 Kernersville  
Medical Pkwy  
Kernersville, NC 27284  
(336) 515-5000

### DURHAM VA MEDICAL CENTER

508 Fulton Street  
Durham, NC 27705  
(919) 286-0411  
(888) 878-6890  
[www.durham.va.gov](http://www.durham.va.gov)

### COMMUNITY CLINICS

**GREENVILLE HCC**  
401 Moye Blvd.  
Greenville, NC 27834  
(252) 830-2149

**HILLDALE RD. ANNEX**  
1824 Hilldale Road  
Durham, NC 27705  
(919) 383-6107

**MOREHEAD CITY VA CBOC**  
5420 U.S. 70  
Morehead City, NC 28557  
(252) 240-2349

**RALEIGH VA CBOC**  
3305 Sungate Blvd.  
Raleigh, NC 27610  
(919) 212-0129

**RALEIGH II ANNEX**  
3040 Hammond  
Business Place  
Raleigh, NC 27603  
(919) 899-6259

**RALEIGH III VA CBOC**  
2600 Atlantic Ave, Ste 200  
Raleigh, NC 27604  
(919) 286-0411

### FAYETTEVILLE VA MEDICAL CENTER

2300 Ramsey Street  
Fayetteville, NC 28301  
(910) 488-2120  
(800) 771-6106  
[www.fayettevilleenc.va.gov](http://www.fayettevilleenc.va.gov)

### COMMUNITY CLINICS

**BRUNSWICK OUTREACH CLINIC**  
18 Doctors Circle Suite 2  
Supply, NC 28462  
(910) 754-6141

**FAYETTEVILLE HCC**  
7300 So. Raeford Rd  
Fayetteville NC 28304  
(910) 488-2120  
(800) 771-6106

**GOLDSBORO VA CBOC**  
2610 Hospital Road  
Goldsboro, NC 27909  
(919) 731-4809

**HAMLET VA CBOC**  
100 Jefferson Street  
Hamlet, NC 28345  
(910) 582-3536

**JACKSONVILLE VA CBOC**  
4006 Henderson Drive  
Jacksonville, NC 28546  
(910) 353-6406

**ROBESON COUNTY VA CBOC**  
139 Three Hunts Drive  
Pembroke, NC 28372  
(910) 272-3220

**SANFORD VA CBOC**  
3112 Tramway Road  
Sanford, NC 27332  
(919) 775-6160

**WILMINGTON HCC**  
1705 Gardner Rd.  
Wilmington, NC 28405  
(910) 343-5300

### HAMPTON VIRGINIA VA MEDICAL CENTER

100 Emancipation Dr.  
Hampton, VA 23667  
(757) 722-9961  
866-544-9961  
[www.hampton.va.gov](http://www.hampton.va.gov)

### COMMUNITY CLINICS

**ALBEMARLE VA CBOC**  
1845 W City Drive  
Elizabeth City, NC 27909  
(252) 331-2191

**CHESAPEAKE CBOC**  
1987 S. Military HWY  
Chesapeake, VA 23320  
(757) 722-9961

**VIRGINIA BEACH CBOC**  
244 Clearfield Ave  
Suite 401  
Virginia Beach, VA 23462  
(757) 722-9961

### BLIND AND DIALYSIS CENTERS

**VA DIALYSIS & BLIND REHAB CLINICS, BRIER CREEK**  
8081 Arco Corporate Drive  
Raleigh, NC 27617  
(919) 286-5235

**VA DIALYSIS CLINIC FAYETTEVILLE**  
2301 Robeson Street,  
Ste. 101  
Fayetteville, NC 28305  
(910) 483-9727

### WOMEN'S HEALTH

Woman veterans who are interested in receiving care at VA should contact the nearest VA Medical Center and ask for the Women Veterans Program Manager.  
[www.womenshealth.va.gov/WOMENSHEALTH/healthcare.asp](http://www.womenshealth.va.gov/WOMENSHEALTH/healthcare.asp)

## TRAVEL REIMBURSEMENT

The VA is authorized to provide eligible veterans and other beneficiaries mileage reimbursement, common carrier (plane, train, bus, taxi, light rail etc.), or when medically indicated “special mode” (ambulance, wheelchair van) transport for travel to and from VA, or VA authorized non-VA health care for which the veteran is eligible. Veterans qualify for travel benefits if:

- Veteran has a service-connected (SC) disability of 30% or more.
- Travel is in connection with care for SC disability
- Previous year income does not exceed maximum VA pension rate
- Projected income in travel year does not exceed maximum VA pension rate
- Travel is for a C&P exam
- Travel is to obtain a service dog
- Travel is in relation to VA transplant care

Generally beneficiaries may apply for travel orally or in writing generally at the facility where care was provided however, in some cases there may be an alternate process. For more information, go to the Beneficiary Travel Office at the treating facility or call (877) 222-8387 or visit: [iris.custhelp.com/](http://iris.custhelp.com/)

## NON-VA MEDICAL CENTER EMERGENCY CARE

Veterans are eligible for emergency care at non-VA facilities under certain circumstances. The 2010 Veterans Emergency Care Protective Act enabled VA to reimburse veterans enrolled in VA health care for the remaining cost of emergency treatment if the veteran has outside insurance that only covers part of the cost.

If the non-VA emergency care is received, notification to the nearest VA health care facility must be made within 72 hours of hospitalization. VA payment is limited up to the point that veteran’s condition is stable for transport to a VA Facility.

The VA can also provide retroactive reimbursements for emergency care received or after July, 19, 2001, if considered appropriate under the circumstances.

## SCHEDULED VERSUS UNSCHEDULED APPOINTMENTS

Scheduled appointments qualify for round-trip mileage. Unscheduled visits may be limited to return mileage only.

In order to be eligible for travel benefits when transporting to VA care or treatment, a veteran must actually be incurring an expense. Should one or more veterans travel together in a private vehicle, only the owner of the vehicle is actually incurring expenses and therefore is the only person entitled to travel reimbursement . However, should multiple veterans share a vehicle where passengers must pay for their transport such as a taxi or where one veteran pays another for transportation, then all are entitled to travel reimbursement either at the mileage reimbursement rate or actual expense, whichever is less. Such persons must provide a receipt to indicate an incurred expense and to receive reimbursement. Find your local medical center for reimbursement rates.

## NC DISABLED AMERICAN VETERANS (DAV) TRANSPORTATION PROGRAM POCS

**CALVIN E. TURNER**  
**DURHAM VAMC**  
 508 Fulton St.  
 Durham, NC 27705  
 (919) 286-0411 EXT. 7810

**ASHEVILLE VAMC**  
 1100 Tunnel Road, Room  
 B421  
 Asheville, NC 28805  
 (828) 299-2569

**RUPERT BENNETT**  
**FAYETTEVILLE VAMC**  
 2300 Ramsey St., Rm. 58  
 Fayetteville, NC 28301  
 (910) 488-2120 EXT. 7302

**HAMPTON, VA VAMC**  
 100 Emancipation Dr.  
 Bldg. 135, Rm. 28  
 Hampton, VA 23667  
 (866) 544-9961 EXT. 3148

**JAMES A. MARTIN**  
**SALISBURY VAMC**  
 1601 Brenner Ave.  
 Bldg. 6 Rm. 1004  
 Salisbury, NC 28144  
 (704) 638-9000 EXT. 13904

► **VISIT** [www.va.gov](http://www.va.gov) to learn more

## VA HOSPITAL TRANSPORTATION SERVICE PROGRAM

The Veterans Health Administration has a transportation program for non-ambulatory and remote VA patients. The Veterans Transportation Service (VTS) provides transport for veterans to VA Medical Centers (VAMCs). These services include vehicle routing and scheduling software for VA Medical Facilities.

While all veterans with VA funded medical appointments are eligible to ride VTS, a first priority is given to wheelchair-bound patients who have no other transportation alternatives. VTS is establishing a network of community and volunteer transportation services to improve access to VA health care, including the Durham VAMC.

### RESERVATIONS ARE REQUIRED

Reservations are needed for transportation at least four full business days before the date of transport is needed. Specific information about the veteran is also required.

To see if services are available in your area, call:

- Asheville: (828) 298-7911 EXT. 2916  
DAV: (828) 299-2569
- Durham: (919) 286-0411 EXT. 4793  
DAV: (919) 286-0411 EXT. 7810
- Hampton, VA: (866) 544-9961 EXT. 3148  
DAV: (757) 728-3148
- Fayetteville: (910) 488-2120 EXT. 5225  
DAV: (910) 488-2120 EXT. 7302
- Salisbury: (704) 638-9000 EXT. 14439  
DAV: (704) 638-9000 EXT. 13904

## DAV TRANSPORTATION NETWORK

Because many veterans lack transportation to and from VA medical facilities for needed treatment, the Disabled American Veterans (DAV) operates a nationwide Transportation Network to meet this need. Through the Transportation Network, DAV volunteers drive veterans to and from VA medical facilities for treatment. To request a ride, visit:

[www.dav.org/veterans/i-need-a-ride/](http://www.dav.org/veterans/i-need-a-ride/)

### VOLUNTEER DRIVERS NEEDED:

The DAV is always looking for volunteer drivers. If you are interested in volunteering in the DAV Transportation Network please visit:

[www.dav.org/help-dav/volunteer/drive-a-van.](http://www.dav.org/help-dav/volunteer/drive-a-van.)

## CHAMPVA AND TRICARE

The Civilian Health and Medical Program of the U.S. Department of Veterans Affairs (CHAMPVA) is a comprehensive health care program in which the VA shares the cost of covered health care services and supplies with eligible beneficiaries. The program is administered by Health Administration Center.

Due to the similarity between CHAMPVA and the Department of Defense (DOD) TRICARE program (sometimes referred to by its old name, CHAMPUS) the two are often mistaken for each other. CHAMPVA is a U.S. Department of Veterans Affairs (VA) program whereas TRICARE is a regionally managed health care program for active duty and retired members of the uniformed services, their families, and survivors. In some cases a veteran may look to be eligible for both/either program on paper. However, if you are a military retiree or the spouse of a veteran who was killed in action, you are and will always be a TRICARE beneficiary.

**CHAMPA Customer Service:** (800) 733-8387

**Tricare Customer Service East Region:** (800) 444-5445



NC DEPARTMENT OF  
**HEALTH AND HUMAN SERVICES**

Division of Mental Health,  
Developmental Disabilities,  
and Substance Abuse Services

## NC RESOURCE CENTERS

Brain Injury Resource Offices are located throughout the state and are available to help you.



**Statewide Family Helpline**  
(800) 377-1464



**Online Help**  
[www.bianc.net](http://www.bianc.net)

## TRAUMATIC BRAIN INJURY [TBI]

Major advancements in protective and medical technology have vastly increased survivability rates among wounded U.S. service members. They have also introduced new challenges to care for increasing numbers of veterans and service members with extremely complex injuries, particularly polytrauma and traumatic brain injury.

A Traumatic Brain Injury (TBI) happens when something outside the body hits the head with significant force. This could happen when the head hits a windshield during a car accident, when a piece of shrapnel enters the brain, or during an explosion of an improvised explosive device (IED).

Individuals who sustain a TBI may experience a variety of effects, such as an inability to concentrate, an alteration of the senses (hearing, vision, smell, taste, and touch), difficulty speaking, and emotional and behavioral changes.

If you experienced head trauma during your service, please contact the VA to schedule an examination. To learn more about TBI, visit [www.polytrauma.va.gov](http://www.polytrauma.va.gov)

Each service member will have

their own experiences. However,

almost all service members will

need time to readjust after being

in a war zone.

## TRAUMA AND PTSD

Post Traumatic Stress Disorder (PTSD) is a mental health issue that can occur after someone goes through a traumatic event such as war, assault, disaster, or a car accident. Most people have some stress reactions after a trauma.

Each service member will have their own experiences. However, understand that almost all service members will need time to readjust after being in a war zone. This can be especially intense during the first months at home. Common stress reactions are a normal part of readjustment.

The stigma of mental health issues can be a huge barrier for people who need help, but knowing when and how to get help is actually part of military training.

Visit your local Vet Center if you would like to talk to someone about what you are experiencing.

You can also learn more about [PTSD at ptsd.va.gov](http://ptsd.va.gov)

### ASHEVILLE VAMC

(828) 299-2519 EXT: 2519

### DURHAM VAMC

(919) 286-0411 EXT: 176073

(888) 878-6890

### FAYETTEVILLE VAMC

(910) 488-2120 EXT: 5483

### SALISBURY VAMC

VAMC PTSD RESOURCES

OUTPATIENT THERAPY UNIT

INPATIENT THERAPY UNIT

### KERNERSVILLE HCC

(336) 515-5000 EXT: 21232

### FAYETTEVILLE HCC

(910) 488-2120 / 800-771-6106

### GREENVILLE HCC

(252) 830-2149

### CHARLOTTE HCC

(704) 329-1300

▶ VISIT [www.va.gov](http://www.va.gov) to learn more



## PTSD MOBILE APP

**FREE PTSD COACH DOWNLOAD FROM:  
ITUNES (IOS)\* AND GOOGLE PLAY (ANDROID)\***

PTSD Coach has now been downloaded over 100,000 times in 74 countries around the world. The PTSD Coach app can help you learn about and manage symptoms that commonly occur after trauma. Features include: Reliable information on PTSD and treatments that work; tools for screening and tracking your symptoms; Convenient, easy-to-use skills to help you handle stress symptoms; direct links to support and help; always with you when you need it.

Together with professional medical treatment, PTSD Coach provides you dependable resources you can trust. If you have, or think you might have PTSD, this app is for you. Family and friends can also learn from this app.

### DOWNLOAD THE MOBILE APP

Free PTSD Coach download from: iTunes (iOS)\* and Google Play (Android)\*. Also see PTSD Coach ONLINE: 17 tools to choose from available for desktop. PTSD Coach was created by the VA's National Center for PTSD and the DoD's National Center for Telehealth and Technology.

*NOTE: PTSD is a serious mental health condition that often requires professional evaluation and treatment. PTSD Coach is not intended to replace needed professional care.*

## ONLINE MANAGEMENT

Managing your health information appointments, prescriptions, labs, blood tests, and even exchanging messages with your health care team has never been easier.

**My HealtheVet**, your online Personal Health Record, helps you gain a better understanding of your health status and allows you to explore a variety of ways to monitor and improve your health, 24 hours a day/7days a week.

To get the most out of My HealtheVet, veterans are urged to visit their local VA health care facility to get an upgraded account, known as In-Person Authentication (IPA). This simple process allows you to use My HealtheVet to:

- View your VA appointments
- Access VA wellness reminders
- Communicate online through secure messaging
- View laboratory results and more

To begin using My HealtheVet, register today at [www.myhealth.va.gov](http://www.myhealth.va.gov).

COHEN  
VETERANS  
NETWORKS

The Steven A. Cohen  
Military Family Clinic  
at Cape Fear Valley

# Back to Better Mental Health Care for Veterans & Families

Cohen Clinics provide therapy for anxiety, depression, PTSD, and transitional issues for post-9/11 veterans and military families, including National Guard / Reserves.

**(910) 615-3737**  
[military.capefearvalley.com](http://military.capefearvalley.com)

## Find your care:

📍 Visit the clinic at Cape Fear Valley in **Fayetteville**

(**Jacksonville** clinic opening in Fall 2020)

or via **CVN Telehealth**, face-to-face video therapy, available statewide in NC

► VISIT [www.va.gov](http://www.va.gov) to learn more



# Alliance Health

The Alliance Health Veterans Point of Contact oversees and enhances the Local Management Entity/Managed Care Organization's efforts to effectively meet the behavioral health needs of military personnel, veterans and their families.

The Veterans Point of Contact assists Alliance Health in:

- Identifying Service Members, Veterans and their families in the Alliance Health region (Wake, Durham, Johnston and Cumberland counties) who are in need of and/or seeking behavioral health services.
- Advocating for this target population in the Alliance needs assessment process to help ensure that any unique behavioral healthcare needs are understood and addressed.
- Educating community partners throughout the Alliance region about the behavioral healthcare services available to qualifying service members, veterans and their families.

*Alliance Health is the managed care organization for public behavioral healthcare for the citizens of Durham, Wake, Cumberland and Johnston counties in North Carolina.*

You can reach Alliance via our Access and Information Line 24/7 at 1-800-510-9132

[AllianceHealthPlan.org](http://AllianceHealthPlan.org)





NC DEPARTMENT OF  
**HEALTH AND HUMAN SERVICES**  
Division of Mental Health,  
Developmental Disabilities,  
and Substance Abuse Services

### Returning Veterans and Possible Behavioral Health Issues

*“Although the majority of veterans who return from deployment do not have a behavioral health condition and have not experienced a traumatic brain injury (TBI) all service members, veterans, and family members experience a period of readjustment as they reintegrate into life with family, friends and community. Behaviors needed to survive in war zone, such as maintaining a constant state of alertness, may initially translate into troublesome behaviors in civilian life.”*  
~SAMHSA, 2012.

The North Carolina Division of Mental Health, Developmental Disabilities, and Substance Abuse Services (MH/DD/SA) with its **Local Management Entities-Managed Care Organizations (LME-MCOs)** provides mental health, developmental disabilities, including TBI and substance use services through a network of community-based agencies in all of the state’s 100 counties.

Services and supports are available to address the full continuum of care including crisis intervention, prevention, treatment, and recovery supports for both adults and children. Program services are accessed by contacting the LME/MCO contracted to provide services in your county. To find out which LME/MCO your county is assigned to please visit the DMH/DD/SAS website at [ncdhhs.gov/mhddsas/lmeonblue.htm](http://ncdhhs.gov/mhddsas/lmeonblue.htm) or you can call the customer service and community rights call center at **(855) 262-1946**. The LME/MCO can also assist individuals needing to access the services provided by the Division of State Operated Health Facilities (DSOHF). Applications for care at the state psychiatric hospitals, the Alcohol and Drug Treatment Centers and the Developmental Centers can be made through your local LME/MCO, or see page 65.

### Other Programs that Might Be of Interest:

**The TASC** (Treatment Alternatives for Safe Communities) Program works with individuals involved in the criminal justice system. TASC will work with individuals, families, and probation officers to arrange for treatment and other support services. For more information about TASC services in your community please see the contact information here: [www.nctasc.net/main/providermap-t.php](http://www.nctasc.net/main/providermap-t.php)

**Driving While Impaired Services (DWI)** works with those individuals who have been convicted of Driving While Impaired to arrange interventions or treatment so that driving privileges can be restored. Contact the program by calling **(919) 733-0566**. For more information about DWI-related services in your community please see the contact information here: [www.ncdhhs.gov/mhddsas/services/dwi/locateservices.htm](http://www.ncdhhs.gov/mhddsas/services/dwi/locateservices.htm)

**North Carolina Peer Support Specialist Program** – Veterans interested in becoming a certified Peer Support Specialist can contact the Peer Support Specialist Program managed by the University of North Carolina School of Social Work. For more information, go to [pss.unc.edu/](http://pss.unc.edu/)

### How to Access Services Locally:

Accessing services begins with a phone call to the LMEMCO; additional information is also available on the LME/ MCO’s website. Each LME/MCO has a trained Veteran Point of Contact as well as a specific TBI Point of Contact who can assist service members, veterans, and their families seeking services. Refer to page 65 for a list of 24/7 access numbers, the LME/ MCO website address and the **Veteran Point of Contact**.

► **VISIT [www.va.gov](http://www.va.gov) to learn more**

MH/DD/SA is a member of the Governor's Working Group on veterans, service members, and their families. This group is comprised of federal, state, and local agencies who meet regularly to identify the needs and to develop strategies to meet the needs of our military-connected citizens. The North Carolina MH/DD/SA is proud to serve those who have served.

## THE DIVISION OF MENTAL HEALTH, DEVELOPMENTAL DISABILITIES AND SUBSTANCE ABUSE SERVICE

North Carolina's Division of Mental Health, Developmental Disabilities, and Substance Abuse Services offers behavioral health services to those who have served in the active or reserve components of the U.S. Armed Forces, are a veteran or a family member.

## ACCESS SERVICES LOCALLY

Accessing services begins with a phone call to the LME/MCO; additional information is also available on the LME/MCO's website.

Each LME/MCO (Local Management Entity/Managed Care Organization) has a trained Veteran Point of Contact as well as a specific TBI Point of Contact who can assist service members, veterans, and their families seeking services. DMH/DD/SAS is a member of the Governor's Working Group on veterans, service members, and their families. This group is comprised of federal, state, and local agencies who meet regularly to identify the needs and to develop strategies to meet the needs of our military-connected citizens. The North Carolina DMH/DD/SAS is proud to assist those who have served our country. Refer to map on page 65.



We Support Military Families Struggling With Mental Health Challenges

Call Us. We Can Help.  
**(855) 537-2262**



**STRATEGIC**  
BEHAVIORAL CENTER

2 NC Locations to Serve You

2050 Mercantile Drive  
Leland, NC 28451  
[www.sbcwilmington.com](http://www.sbcwilmington.com)

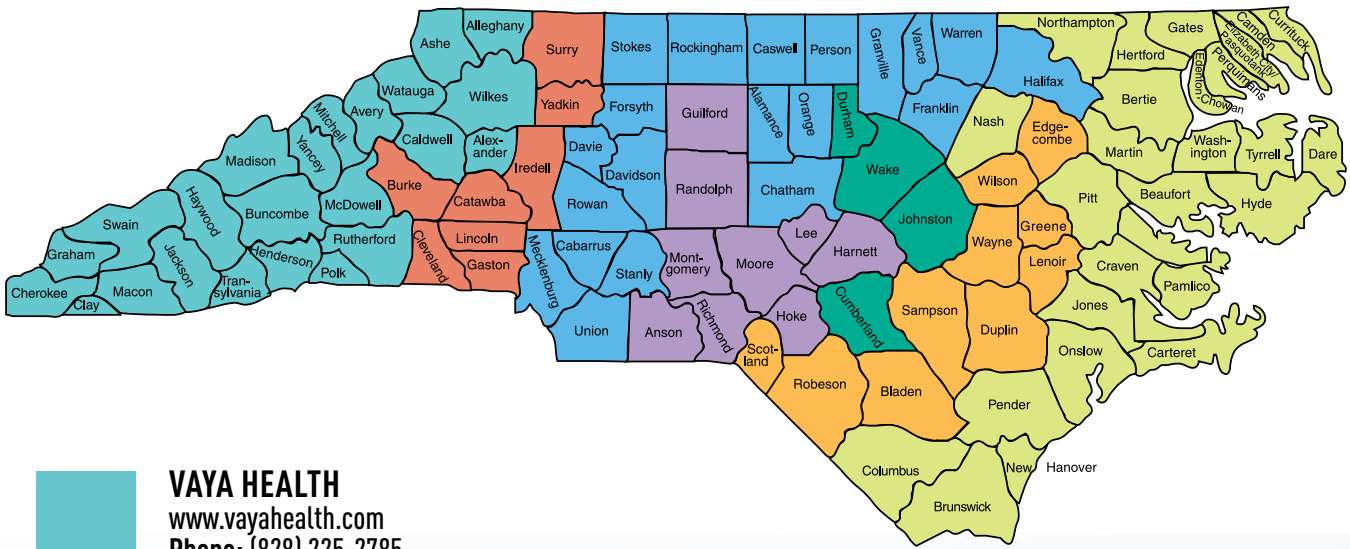
3200 Waterfield Drive  
Garner, NC 27529  
[www.sbcraleigh.com](http://www.sbcraleigh.com)

*Helping families put their lives back together, one piece at a time.*

# ALTERNATIVES TO VA HEALTH CARE OFFERED BY NORTH CAROLINA'S DEPT. OF HEALTH & HUMAN SERVICES

## LME-MCO MILITARY AND VETERANS CONTACTS

### LME/MCO Directory



**VAYA HEALTH**  
[www.vayahealth.com](http://www.vayahealth.com)  
 Phone: (828) 225-2785  
 Crisis Line: (800) 849-6127

**PARTNERS BEHAVIORAL HEALTH MANAGEMENT OFFICE**  
[www.partnersbhm.org](http://www.partnersbhm.org)  
 Phone: (704) 884-2501  
 Crisis Line: (888) 235-4673

**CARDINAL INNOVATIONS HEALTHCARE OFFICE**  
[www.cardinalinnovations.org](http://www.cardinalinnovations.org)  
 Phone: (704) 939-7700  
 Crisis Line: (800) 939-5911

**SANDHILLS CENTER OFFICE**  
[www.sandhillscenter.org](http://www.sandhillscenter.org)  
 Phone: (910) 673-9111  
 Crisis Line: (800) 256-2452

**ALLIANCE HEALTH OFFICE**  
[www.alliancehealthplan.org](http://www.alliancehealthplan.org)  
 Phone: (919) 651-8401  
 Crisis Line: (800) 510-9132

**EASTPOINTE OFFICE**  
[www.eastpointe.net](http://www.eastpointe.net)  
 Phone: (800) 913-6109  
 Crisis Line: (800) 913-6109

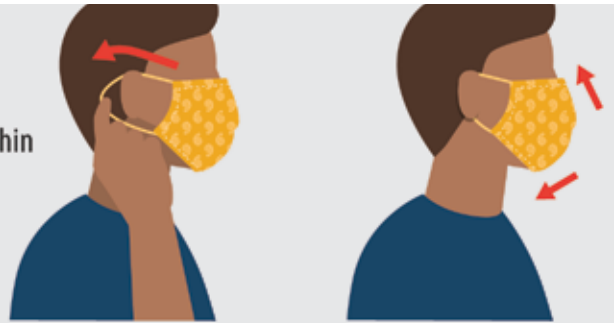
**TRILLIUM HEALTH RESOURCES OFFICE**  
[www.trilliumhealthresources.org](http://www.trilliumhealthresources.org)  
 Phone: (866) 998-2597  
 Crisis Line: (877) 685-2415

# How to Safely Wear and Take Off a Cloth Face Covering

Accessible: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

## WEAR YOUR FACE COVERING CORRECTLY

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Do not place a mask on a child younger than 2



## USE THE FACE COVERING TO HELP PROTECT OTHERS

- Wear cloth face coverings in public settings and when around people who don't live in your household, especially when other social distancing measures are difficult to maintain
- Don't put the covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, clean your hands

## FOLLOW EVERYDAY HEALTH HABITS

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available



## TAKE OFF YOUR CLOTH FACE COVERING CAREFULLY, WHEN YOU'RE HOME

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place covering in the washing machine
- Wash your hands with soap and water



CS-316488A 07/06/2020

Cloth face coverings are not surgical masks or N-95 respirators, both of which should be saved for health care workers and other medical first responders.

For instructions on making a cloth face covering, see:

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

# If you leave home, know your Ws!



## WEAR

a cloth covering over your nose and mouth.



## WAIT

6 feet apart. Avoid close contact.



## WASH

your hands or use hand sanitizer.

@NCDHHS

#StayStrongNC

# COVID-19 ASSISTANCE

Call 2-1-1 or  
888-892-1162

Text **COVIDNC** to **898211**  
to sign up for updates  
**More info at [nc.gov/covid19](https://nc.gov/covid19)**



North Carolina



▶ **VISIT [www.ncdhhs.gov](http://www.ncdhhs.gov) to learn more**

## DIVISION OF SOCIAL SERVICES

The North Carolina Division of Social Services (DSS) provides guidance and technical assistance to agencies that provide services that address issues associated with poverty, family violence, exploitation, and more. Our goal is to ensure proper quality of life and prevent other problems in vulnerable individuals and populations. We promote self-reliance and self-sufficiency. Services offered include:

Adoption	Independent Living Services for Foster Children (LINKS)
Child Protective Services	Low-Income Energy Assistance
Child Support Enforcement	Pregnancy Services
Emergency Assistance	Refugee Services
Short-Term Financial Assistance	Safe Surrender (Newborn Surrender)
Food & Nutrition Services	Work First Cash Assistance
Foster Care	County Social Services Directory

Applications for benefits can be taken at all 100 DSS offices across the state.

Contact your county DSS for information about the types of documents you must provide when you apply. Staff at the county DSS will assist you with this process, or call DHHS Customer Service Center at **(800) 662-7030**. A list of County Departments of Social Service Offices can be found at:

[www.ncdhhs.gov/dss/](http://www.ncdhhs.gov/dss/)


## VAMC MENTAL HEALTH POINTS OF CONTACT

**FACILITY:** Asheville  
**CONTACT:** (828) 298-2519, x5154

**FACILITY:** Durham  
**CONTACT:** (919) 286-0411, x6073/6074  
(888) 878-6890 x6073/6074

**FACILITY:** Fayetteville  
**CONTACT:** (910) 488-2120  
(800) 771-6106

**FACILITY:** Salisbury  
**CONTACT:** (704) 638-9000, x14190



### Residential Substance Abuse Treatment

TROSA's multi-year residential program provides stable housing in a supportive community at no cost to all residents. Program graduates also have the option of utilizing our additional housing and continuing care services.


The Veterans Administration (VA) works closely with TROSA to ensure graduates leave with permanent housing and long-term employment.

**Honesty • Courage • Commitment • Community**

(919) 419-1059 [www.trosainc.org](http://www.trosainc.org)

**TROSA is free of charge to anyone with a substance abuse problem who wants to change their life.**

Learn more about how we can help  
(919) 419-1059 [www.trosainc.org](http://www.trosainc.org)



**Services we provide:**  
Supportive housing, meals, clothing, medical, education, vocational training, life skills, mental health, employment services, continuing care



American Red Cross

# Red Cross Resources

You serve our nation. We are honored to serve you.

## Linking Military Families during an Emergency

Red Cross workers use advanced communications technologies to link service members with their families. Our Emergency Communications Center quickly and efficiently obtains the required information and sends emergency communication messages to service members of every branch of service wherever in the world they happen to be. **For assistance call (877) 272-7337**

## Board of Veteran's Affairs

The Red Cross assists claimants who seek to appeal to the Board of Veterans' Appeals (BVA). This work is done by Red Cross staff at the BVA as well as a network of State Work-Share Representatives who are accredited by the Department of Veterans Affairs to work on behalf of the Red Cross. Call 1-800-RedCross (1-800-733-2767) or your local chapter for more information. Find your local chapter at [RedCross.org/Local](http://RedCross.org/Local)

## Providing Resiliency Training

Families back home count on the Red Cross to provide training that promotes resiliency and preparedness to help them cope with the challenges of military life. The Red Cross also provides a variety of preparedness and job skill training. Contact your local chapter for more information. [RedCross.org/Local](http://RedCross.org/Local)

## Connecting Families with Local Community Resources

Building on its trusted presence in communities across the nation and on military installations around the world, the Red Cross links military families to local resources and support services. Contact your local chapter for more information.

Find your local chapter  
[RedCross.org/Local](http://RedCross.org/Local)

Find more about our services to military families  
[RedCross.org/SAF](http://RedCross.org/SAF)




► VISIT [ncdhhs.gov](http://ncdhhs.gov) to learn more



**American Red Cross**

Supporting America's Military Families

Get Immediate Assistance 

If your military family has an emergency need for communication, please call the American Red Cross at (877) 272-7337.

Region	Local Office Phone Number	Counties Covered By This Location
Triangle Area Chapter	(919) 231-1602 Raleigh, NC	Chatham, Wake, Warren, Johnston, Lee, Franklin
Central NC Chapter	(919)-489-6541 Durham, NC	Durham, Orange, Person, Granville, Vance
Cape Fear Area Chapter	(910) 762-2683 Wilmington, NC	Brunswick, Carteret, Columbus, Craven, Duplin, Greene, Jones, Lenoir, New Hanover, Onslow, Pamlico, Pender, Wayne
North East NC Chapter	(252)-977-1720 Rocky Mount, NC	Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Edgecombe, Gates, Halifax, Hertford, Hyde, Martin, Nash, North Hampton, Pasquotank, Perquimans, Pitt, Tyrrell, Washington, Wilson
Sandhills Area Chapter	(910)-867-8151 Fayetteville, NC	Bladen, Cumberland, Harnett, Hoke, Moore, Richmond, Robeson, Sampson, Scotland
Charlotte Metro Chapter	(704) 376-1661 Charlotte, NC	Iredell, Mecklenburg
Southern Piedmont Chapter	(704) 283-7402 Concord, NC	Anson, Cabarrus, Montgomery, Rowan, Stanly, Union
Piedmont Triad Chapter	(336) 333-2111 Greensboro, NC	Alamance, Caswell, Davidson, Randolph, Rockingham, Stokes, Surry, Yadkin
Blue Ridge Piedmont Chapter	(828) 322-4151 Hickory, NC	Alexander, Alleghany, Ashe, Avery, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, Watauga, Wilkes
Asheville-Mountain Area Chapter	(828) 258-3888 Asheville, NC	Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey

**American Red Cross**  
**Emergency Communication Services**  
**Call Toll-Free (877) 272-7337**

They serve our nation.  
**We are honored**  
**to serve them.**





# IT'S YOUR CALL

© VHA/2011

**1-800-273-8255 PRESS 1**

**Veterans  
Crisis Line**



• • • Confidential chat at [VeteransCrisisLine.net](http://VeteransCrisisLine.net) or text **838255** • • •

## Do you feel this way?

- I'm lost in a health care system
- I just don't care anymore
- I feel like hurting myself or others
- People keep telling me I've changed
- I have a short fuse
- I seem to be drinking more
- I can't sleep
- I don't have the patience I need with my kids

**VOLUNTARY, CONFIDENTIAL, FREE and PROFESSIONALLY STAFFED**

**NORTH CAROLINA NATIONAL GUARD HELP LINE**  
**1-855-322-3848**

CURRENT NC NATIONAL GUARD MEMBERS AND FAMILIES

► **VISIT** [challenge.ncgwg.org](http://challenge.ncgwg.org) **to learn more**

## THE NORTH CAROLINA GOVERNOR'S CHALLENGE

TO PREVENT SUICIDE AMONG SERVICE MEMBERS, VETERANS AND THEIR FAMILIES (SMVF)



NC Governor's Challenge Team

### THE CHALLENGE

**The Governor's Challenge** is a call to action, asking state military and civilian interagency teams to embark on a process of collaborating, planning, and implementing suicide prevention best practices and policies for Service Members, Veterans, and their Families (SMVF) statewide.



### What Are We Doing in NC

North Carolina's three priority areas based on the Veterans Administration National Suicide Prevention Strategy: Identify SMVF and screen for suicide risk, promote connectedness and

improve care transitions. Educate the public about limiting access to lethal means and improve safety planning.

### What We Know About Suicide in the U.S.

Someone dies from suicide every minutes—and over the past two decades, suicide rates have increased in every state across the country. For the first time in recent generations, life expectancy is decreasing due to suicide.

#### According to the latest research:

- There were **1.4 million attempts** and more than **47,000 deaths** from suicide.
- Suicide is at its **highest level** and is **still rising**.
- Rural counties are being hit the hardest with **suicide rates double** the rate in urban counties.
- There has been an alarming **50% increase of suicide rates** among women.

**Suicide touches whole communities.** Each person who dies by suicide leaves behind 135 people who knew that person.



# HAVE YOU OR SOMEONE YOU LOVE SERVED IN THE ARMED SERVICES?

## Why former Servicemembers and Families should answer "THE QUESTION":

The U.S. Department of Veterans Affairs and the State of North Carolina have benefits and programs that some former Servicemembers and their Families MAY be eligible for. Veterans' Health and Disability Benefits change frequently and differ from conflict to conflict and in peacetime.

**Have you** or someone you love served in the Active, Reserve, or Guard Services?

**Did you** experience trauma during your Military Service? (e.g., PTSD, TBI, MST, Moral Injury, Survivor's Guilt)

**Are you** experiencing health issues connected to your Military Service? (i.e., physical, mental, or behavioral)

**Are these** issues affecting other aspects of your life? (Employment, Housing, Family, and Spiritual Life)

## Most Community Providers are NOT prepared to identify or treat Military/Veteran-related Injuries, illnesses, and disabilities.

- Post-Traumatic Stress Disorder (PTSD)
- Military Sexual Trauma (MST)
- Blast Concussions/Traumatic Brain Injury (TBI) Radiation Exposure
- Agent Orange Exposure
- Camp Lejeune Water Contamination
- Hepatitis C
- Exposure to Open Burn Pits
- Gulf War Syndrome
- Depleted Uranium Exposure
- Infectious Diseases brought home
- Possible negative effects on fertility or on children

There are over **4,000 Veterans Non-Profits in North Carolina** aiding Veterans and Families. Please contact one of them for more assistance:

[helpncvets.org](http://helpncvets.org)  
[NCServes.org](http://NCServes.org)  
[crisissolutionsnc.org](http://crisissolutionsnc.org)

**Veterans Crisis Line:**  
(800) 273-TALK (8255)\* Press 1 for Veterans.

**VA helplines:**  
(844) MYVA311 (844) 698-2311)



NC DEPARTMENT OF  
HEALTH AND  
HUMAN SERVICES

## WHY PROVIDERS SHOULD "ASK THE QUESTION"

### WAR IS NOT FOR THE FAINT OF HEART

AMONG THOSE SERVING IN AFGHANISTAN OR IRAQ:

**86%**

Knew someone seriously injured or killed

**75%**

Reported that a Team member became a casualty

**65%**

Saw dead or seriously injured Americans

**48%**

Felt responsible for the death of an enemy

**21%**

Saved the life of a soldier or civilian

## DIVISION OF AGING AND ADULT SERVICES

In support of the mission, vision, and values of the NC Department of Health and Human Services, the Division of Aging and Adult Services (DAAS) works to promote independence and enhance the dignity of North Carolina's older adults, persons with disabilities, and their families through a community-based system of opportunities, services, benefits, and protections; to ready younger generations to enjoy their later years; and to help society and government plan and prepare for the changing demographics of the population.

Services available for adults of all ages are provided by a variety of auspices such as agencies serving primarily older adults, licensed home care agencies, and county departments of social services. The services span a wide spectrum of care listed below. [www.ncdhhs.gov/divisions/daas](http://www.ncdhhs.gov/divisions/daas)

Adult Day Care	Housing and Home Improvement
Adult Day Health Car	Individual & Family Adjustment Services
Adult Placement Services	In-home Aide
Adult Protective Services	Legal
At-Risk Case Management	Mental Health Counseling
Care Management	Options Counseling
Congregate Nutrition	Personal and Family Counseling
Consumer Directed	Project Care
Family Caregiver Support	Respite – Group / Institution
Foster Care Services for Adults	Senior Centers
Guardianship Services	Senior Companion
<b>Health Promotion</b> Disease Prevention	State-County Special Assistance for-adults
Health Screening	State-County Special Assistance for-adults In-Home program
Health Support Services	<b>Transportation</b> General Medical
Home Delivered Meals	<b>Veterans Affairs</b> NC Division of Veterans Affairs US Department of Veterans Affairs

## DIVISION OF SERVICES FOR THE BLIND (DSB)

“Welcoming our veterans with disabilities adapting to employment and independent living”

Since 1935, the North Carolina Division of Services for the Blind (DSB) has provided services to people who are visually impaired, blind and deaf-blind to assist them with reaching their goals of independence and employment. DSB has vocational rehabilitation, independent living, medical eye care and Business Enterprises programs. DSB partners with the Veterans Administration VIST Programs that provide services to veterans who have severe visual impairments.

- A veteran does not need to be legally blind to receive services from DSB. Some of DSB's services include:
- Assistive Technology Assessments and Training
- Vocational/Career Training
- Transition-Age Services
- Supported Employment Services
- Career Counseling and Job Placement Assistance
- Rehabilitation Center Instruction
- In-Home & Community-Based Independent Living Skills Training
- Counseling & Guidance
- Information and Referral
- Low Vision Assessments and Adaptive Aids
- In-Home Labeling of Appliances
- Safe Travel Training (Orientation & Mobility)

Contact DSB at 1-866-222-1546 or contact your closest local office at the number below. You can also contact a DSB Social Worker for the Blind at your local Department of Social Services office.

Asheville (800) 422-1881

Raleigh (800) 422-1871

Charlotte (800) 422-1895

Greenville (800) 422-1877

Wilmington (800) 422-1884

Fayetteville (800) 422-1897

Winston-Salem (800) 422-0373

Elizabeth City (252) 338-2126 Ext. 179

► **VISIT** [ncdhhs.gov](http://ncdhhs.gov) **to learn more**

## NORTH CAROLINA ASSISTIVE TECHNOLOGY PROGRAM (NCATP)

The North Carolina Assistive Technology Program (NCATP) is a state program under the Division of Vocational Rehabilitation Services that can assist veterans with disabilities in transitioning smoothly back to civilian life. NCATP provides assistive technology device demonstrations, short-term device loans, assessments, training, public awareness and technical assistance to individuals, family members and organizations needing assistive technology services. NCATP has offices across the state providing services to all N.C. citizens regardless of age and/or disability. For a full listing, please visit the NCATP website at:

[www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program](http://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program)

(919) 855-3500 Administrative Number

(919) 715-1776 Fax

NCATP

2801 Mail Service Center

Raleigh, NC 27699-2801

## NON-AMBULATORY TRANSPORTATION SERVICES



OWL, Inc. provides non-ambulatory transportation services for veterans who require mobility assistance and who have been authorized by the Veterans Health Administration to receive transportation services. Transportation services are available to all VA Medical Facilities in the DURVAMC Catchment area-including CBOCs, Dialysis Centers and HCCs. Services are available 24/7.

Please call four days in advance to arrange transportation.

Offices Servicing the Durham VAMC Network:

### Durham Office

3310 Croasdaile Drive  
Ste. 301  
Durham, N.C. 27705  
Office (919) 864-8461

### Raleigh Office

4801 Glenwood Ave.  
Ste. 200  
Raleigh, N.C. 27612  
Office (919) 864-8461

### Greenville Office

400 W. Arlington Blvd.  
Greenville, N.C. 27834  
Office (252) 756-5665

## DIVISION OF VOCATIONAL REHABILITATION SERVICES

“Welcoming our veterans with disabilities adapting to employment and independent living”



The Division of Vocational Rehabilitation Services (DVRS) can assist veterans with disabilities in transitioning smoothly back to civilian life. DVRS offers counseling, training, education, transportation, job placement, assistive technology and other support services to people with the following disabilities:

- Physical
- Psychiatric
- Intellectual and/or developmental
- Substance abuse
- Deaf or hard of hearing or have other communicative disorders
- Any other disability that affects a person's ability to work or live independently.

These services help people with disabilities live and work independently in their community.

DVRS (known to many simply as “VR”) has local field offices and facilities that serve every county in North Carolina. DVRS also directly serves businesses and other organizations by linking them to individuals who are well-matched for jobs with these entities. Contact DVRS at:

[www.ncdhhs.gov/dvrs](http://www.ncdhhs.gov/dvrs)

1-800-689-9090  
TTY (919) 855-3579  
VP (919) 324-1500  
Fax (919) 733-7968

### Mailing Address:

NCDVRS  
2801 Mail Service Center  
Raleigh, NC 27699-2801

# Struggling with Alcohol / Drug use?

## Let us help.

Confidential counseling at no cost to NC Air & Army National Guard Members



Contact us for referrals to a licensed counselor in your area

# 919.909.1317

bmonforti@alcoholdrughelp.org  
www.alcoholdrughelp.org



## Brenda Monforti

Director, NCNG SBIRT Voucher Program  
Alcohol/Drug Council of NC

### SBIRT

Screening, Brief Intervention, and Referral to Treatment

### Partnership for Early Intervention Support Services



NC DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Division of Mental Health, Developmental Disabilities and Substance Abuse Services

The Alcohol / Drug Council of North Carolina is partially supported by the Division of Mental Health, Developmental Disabilities and Substance Abuse Services through a Substance Abuse and Mental Health Services Administration Grant.

► **VISIT** [www.ncdhhs.gov](http://www.ncdhhs.gov) **to learn more**

## NC STATE-OPERATED HEALTHCARE FACILITIES

### Purpose of the Division of State Operated Healthcare Facilities:

We are a system of state operated healthcare facilities that respects the dignity of individuals. We provide individualized, compassionate, efficient, quality care to citizens of North Carolina with developmental disabilities, substance use disorders and psychiatric illnesses and whose needs exceed the level of care available in the community.

#### ALCOHOL AND DRUG ABUSE TREATMENT CENTERS

**Julian F. Keith ADATC**

201 Tabernacle Road  
Black Mountain, NC 28711  
Phone: (828) 257-6200  
Fax: (828) 257-6300

**R. J. Blackley ADATC**

100 H Street  
Butner, NC 27509  
Phone: (919) 575-7928  
Fax: (919) 575-7260

**Walter B. Jones ADATC**

2577 West 5th Street  
Greenville, NC 27834  
Phone: (252) 830-3426  
Fax: (252) 707-5274

#### DEVELOPMENTAL CENTERS

**Caswell**

2415 West Vernon Ave.  
Kinston, NC 28504-3321  
Phone: (252) 208-4000  
Fax: (252) 208-4238

**J. Iverson Riddle**

300 Enola Road  
Morganton, NC 28655  
Phone: (828) 433-2731  
Fax: (828) 433-2820

**Murdoch**

PO Box 3000  
1600 East C Street  
Butner, NC 27509  
Phone: (919) 575-1000  
Fax: (919) 575-1007

#### NEURO-MEDICAL TREATMENT CENTERS

**Black Mountain**

932 Old US 70  
Black Mountain, NC 28711  
Phone: (828) 259-6700  
Fax: (828) 669-3177

**O'Berry**

400 Old Smithfield Rd  
Goldsboro, NC 27530  
Phone: (919) 581-4001  
Fax: (919) 581-4005

**Longleaf**

4761 Ward Boulevard  
Wilson, NC 27893  
Phone: (252) 399-2112  
Fax: (252) 399-2137

#### PSYCHIATRIC HOSPITALS

**Cherry**

1401 W. Ash St.  
Goldsboro, NC 27530  
(919) 947-7000

**Central Regional**

300 Veazey Road  
Butner, NC 27509  
Phone: (919) 764-2000  
Fax: (919) 764-7338

**Broughton**

1000 South Sterling St.  
Morganton, NC 28655  
Phone: (828) 433-2111  
Fax: (828) 433-2292

#### RESIDENTIAL PROGRAMS FOR CHILDREN

**Whitaker Psychiatric Residential Treatment Facility**

1003 12th Street  
Butner, NC 27509  
Phone: (919) 575-7927  
Fax: (919) 575-7895

**Wright School**

3132 North Roxboro St.  
Durham, NC 27704  
Phone: (919) 560-5790  
Fax: (919) 560-5795



### The Division of Services for the Deaf and Hard of Hearing (DSDHH)

serves individuals who are **deaf, hard of hearing, deaf-blind**, along with **their families** and the **communities** they live in, helping to achieve **equal access, effective communication** and a **better quality** of life for all North Carolinians.

**DSDHH has seven Regional Centers** across the state serving more than 1.2 million North Carolinians impacted by hearing loss.

**Everyone** is eligible and there is **no cost** for our services.

**Veterans Liaison:**  
**(919) 527-6930 (v)**  
**(800) 851-6099 (v/tty)**  
**[ncdhhs.gov/dsdhh](http://ncdhhs.gov/dsdhh)**



NC DEPARTMENT OF  
**HEALTH AND HUMAN SERVICES**  
Division of Services for the  
Deaf and Hard of Hearing

VISIT [www.alcoholdrughelp.org](http://www.alcoholdrughelp.org) to learn more



Technology has changed,  
but our phone number hasn't.



Confidential Information  
&  
Referrals to services  
for substance use disorders



OVER  
**8,000**  
NC citizens served per year

**KNOW SOMEONE**  
STRUGGLING WITH A  
**SUBSTANCE USE**  
DISORDER?

**HELP IS AVAILABLE**

- ❖ Call our Hotline 1.800.688.4232
- ❖ Text our mobile support line 919.908.3196
- ❖ Chat via our website [www.alcoholdrughelp.org](http://www.alcoholdrughelp.org)



📍 1121 Situs Ct. Ste. 370 Raleigh, NC  
☎ 919.943.0003  
🌐 [www.alcoholdrughelp.org](http://www.alcoholdrughelp.org)



The Alcohol / Drug Council of North Carolina is partially supported by the Division of Mental Health, Developmental Disabilities and Substance Abuse Services through a Substance Abuse and Mental Health Services Administration Grant.



# YOU SERVED YOUR COUNTRY NOW LET US SERVE YOU

Skilled Nursing Care



NC State Veterans Homes



**BLACK MOUNTAIN**



**KINSTON**



**FAYETTEVILLE**



**SALISBURY**

FUTURE PROPOSED LOCATION

**FORSYTH**

FUTURE PROPOSED LOCATION

**WAKE**

# NORTH CAROLINA STATE VETERANS HOMES

The N.C. Department of Military and Veterans Affairs runs 4 State Veterans Homes with 449 skilled care beds, employing over 750 North Carolinians.



The State of North Carolina is proud to offer four full-service State Veterans Homes. One is located adjacent to the VA Medical Center in Fayetteville, another on the W.G. Hefner Medical Center campus in Salisbury, and other locations are in Kinston and Black Mountain.

Please call our office at **(844) NC4-VETS** for further information. Our primary mission is to provide high quality care to veterans, which will improve their quality of life. At the North Carolina State Veterans Homes, we know how to meet the special needs of our veterans.

## MISSION

**“To provide quality health care services in a professional and ethical manner, ensuring the trust, confidence and respect of our veteran residents, their families, employees, and the communities we serve”**

The NC State Veterans Homes provide skilled nursing care to all eligible veterans. All of the NC State Veterans Homes are certified by VA Medical Centers of jurisdiction, Medicaid, Medicare, and the Joint Commission. In addition to our existing, NC State Veteran Homes, we have two future proposed homes in both Forsyth and Wake counties.

Our professional staff and volunteers are committed to providing quality, comprehensive, short term or long term care with an extra warm and personal touch. It is important each veteran feels we are not just a skilled nursing facility, but an actual “home” in every sense of the word. Every individual is of vital interest to us and we ensure that our focus is the total needs of the resident. Through quality care and constant companionship, we strive to make every day an experience worth living.

We encourage veterans and family members to arrange a pre-admission tour and meeting at your convenience. This will let you see first-hand the care and warmth of our homes as well as give you the opportunity to ask questions about the facility, or visit [www.Milvets.NC.Gov](http://www.Milvets.NC.Gov) for a link to a virtual tour.



## LONG -TERM CARE ELIGIBILITY

We serve all qualified North Carolina veterans. The rate of payment is based on a daily per diem rate established by the NC Veterans Commission.

### TO BE ELIGIBLE, A VETERAN MUST:

- **Have served** in the Armed Forces for other than training purposes.
- **Have been** discharged under honorable conditions from the United States Armed Forces.
- **Have resided** in North Carolina at least 24 months prior to the date of admission.
- **Be referred** by a licensed physician and be in need of skilled nursing care (physician orders).
- **Be disabled** by reason of age, disease, or other reasons determined through a physical exam. Our facility must be able to meet the need of the resident.

### DEDICATED TO EXCELLENCE

Our highly skilled professional staff provides exceptional care and activities to enrich individuals.

- Comfort and security which encourages independence, meets individual needs and emphasizes personal choice.
- Comfortable, spacious accommodations in an attractive environment.

- Care provided by registered nurses, licensed practical nurses, and certified nursing assistants under the direction of licensed physicians.
- Registered dietician on staff.
- Experienced social workers to assist veterans and families.
- Veterans Service Officer to assist veterans and families in applying for VA Benefits.
- Licensed by the State of North Carolina and approved for Medicare, Medicaid, and third party insurance.
- Complete team of therapists provide physical, occupational, and speech therapy within the facility.
- Specially designed therapeutic recreational programs directed by activity personnel on each unit.
- Full range of in-house activities, community outings, and programs involving local volunteer groups.
- Special programs throughout the year honoring veterans.
- Three of our homes are 5 star rated and we expect our forth home to earn that distinction as well.

Hospital care provided by either the VA Medical Centers or local hospitals.



# BLACK MOUNTAIN

100-bed home for Veterans

**Location:**  
62 Lake Eden Road  
Black Mountain, NC  
28711

**Phone:**  
(828) 257-6800

**Visiting hours:**  
8AM to 8PM

**Certifications:**  
Medicaid  
Medicare  
Joint Commission

**SERVICES OFFERED:** Private rooms, 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, private chapel, counseling services, family support group meetings, laundry, volunteer services, medication management, psychiatry, MSW social worker, aquatic therapy, barber/beauty shop services.



# FAYETTEVILLE

150-bed home for Veterans



**Location:**  
214 Cochran Ave.  
Fayetteville, NC  
28301

**Phone:**  
(910) 482-4131

**Visiting hours:**  
8AM to 8PM

**Certifications:**  
Medicaid  
Medicare  
Joint Commission

## SERVICES OFFERED:

Semi-private rooms/private rooms (additional cost), 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, counseling services, family group meetings, laundry, pharmacy, volunteer medication management, psychiatry, MSW social worker, barber/beauty shop services.



# KINSTON

100-bed home for Veterans



**Location:**  
2150 Hull Road  
Kinston, NC 28504

**Phone:**  
(252) 939-8000

**Visiting hours:**  
8AM to 8PM

**Certifications:**  
Medicaid  
Medicare  
Joint Commission

**SERVICES OFFERED:**

Private rooms, 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, private chapel, counseling services, family support group meetings, laundry, volunteer services, medication management, psychiatry, MSW social worker, aquatic therapy, barber/beauty shop services.



# SALISBURY

99-bed home for veterans



**Location:**

1601 Brenner Ave.  
Building #10  
Salisbury, NC 28144

**Phone:**

(704) 638-4200

**Visiting hours:**

8AM to 8PM

**Certifications:**

Medicaid  
Medicare  
Joint Commission

**SERVICES OFFERED:**

Semi-private rooms/private rooms (additional cost), 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, counseling services, family group meetings, laundry, volunteer services, management, psychiatry, MSW social worker, barber/beauty shop services.





≡ *Taking Care of Our Own* ≡

If You, your Family, your Airman,  
your Soldier, your Wingman, or  
your Battle Buddy need support....  
call today!





# Problem Gambling

Recovery is possible and treatment works.

If a veteran's gambling is causing problems in their relationships, finances or interferes with their work, they may be struggling with problem gambling. We call it problem gambling because it is meant to encompass anytime gambling causes problems.

- Have there ever been periods, lasting 2 weeks or longer, when you spent a lot of time thinking about your gambling experiences or planning out future gambling ventures or bets?
- Have you ever tried to stop, cut down or control your gambling?
- Have you ever lied to family members, friends or others about how much you gamble or how much money you lost gambling?

If someone answered yes to one or more questions above, a no cost treatment is available to them and to their loved ones.

**call** our 24/7 toll free helpline: 1-877-718-5543

**text:** morethanagamenc to 53342

**visit:** [www.morethanagamenc.com](http://www.morethanagamenc.com)



NC DEPARTMENT OF  
HEALTH AND  
HUMAN SERVICES



North Carolina Problem Gambling Program

**1-877-718-5543**

[morethanagamenc.com](http://morethanagamenc.com)

NCDHHS is an equal opportunity employer and provider. <https://www.ncdhhs.gov/divisions/mhcdsds>



# 2020

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS



## EDUCATION

VISIT US @ MILVETS.NC.GOV AND NC4VETS.COM

- 90 . . . Tuition Assistance
- 92 . . . Educational Funding for Military and Dependents
- 93 . . . Apprenticeship Program
- 99 . . . UNC System Veteran POC
- 100 . . . Community Colleges POC
- 106 . . . NCDMVA Scholarship Program

- VA EDUCATION BENEFITS
- SCHOLARSHIP PROGRAMS
- STUDENT VETERAN PROGRAMS

**YOU CALL**  
**NCDMVA ANSWERS**

844.624.8387

(844.NC4.VETS)

**FAX** 984-204-8343

 @NC4VETS

 @NC4VETS



**GI BILL HOTLINE**  
**(888) 442-4551**

## EDUCATION TUITION ASSISTANCE

### FOREVER GI BILL

The Harry W. Colmery Veterans Educational Assistance Act of 2017, also known as the “Forever GI Bill,” will bring significant changes to veterans educational benefits over the coming years. Most Changes enhance or expand education benefits for veterans, service members, families, and survivors. ([benefits.va.gov/gibill/forevergibill.asp](https://benefits.va.gov/gibill/forevergibill.asp))

### POST 9/11 GI BILL

The Post-9/11 GI Bill provides financial support for education and housing to honorably discharged veterans with at least 90 days of aggregate service on Title 10 Active Duty or Title 32 Active Guard Reserve Duty after Sept. 10, 2001, or individuals discharged with a service-connected disability after 30 days. The Post 9/11 GI Bill will pay eligible individuals full tuition and fees directly to the school for all public school in-state students, attending classes at a greater than part-time rate.

A Monthly Housing Allowance (MHA) based on the Basic Allowance for Housing (BAH) for an E-5 with dependents is also provided. Distance learning enrollee’s housing allowance is equal to half the national average BAH for an E-5 with dependents. An annual books and supplies stipend is paid proportionately based on years of active duty service. ([GIBill.va.gov](https://GIBill.va.gov))

### MONTGOMERY GI BILL

Montgomery GI Bill (MGIB) benefits are available for service members and veterans to help with education and training costs.

MGIB can be used to pay for many different programs including the following degrees; business, technical or vocational courses, distance learning including correspondence courses, apprenticeship/job training, flight training, licensing and certification exams.

VA educational benefits may be used while the service member is on active duty or after the service member’s separation from active duty with a fully honorable military discharge. Discharges “under honorable conditions” and “general” discharges do not establish eligibility.

Eligibility generally expires 10 years after the service member’s discharge. However, there are exceptions for disability, re-entering active duty, and upgraded discharges. ([GIBill.va.gov](https://GIBill.va.gov))

## FOLDS OF HONOR (PRIVATE)

Folds of Honor proudly stands in the gap, providing scholarships and assistance to the spouses and children of those killed or disabled in service to America.

Of the one million-plus dependents adversely affected by deployments to Iraq and Afghanistan, over 87% do not qualify for federal scholarship assistance. We can honor those who fought for our freedom by serving the families they leave behind.

For more information, go to: [www.foldsofhonor.org](http://www.foldsofhonor.org)

## TILLMAN MILITARY SCHOLARSHIP (PRIVATE)

The Pat Tillman Foundation's Tillman Military Scholars program supports our nation's active and veteran service members and their families by removing financial barriers to completing a degree or certification program of their choice. Study-related expenses such as tuition and fees, but also other needs, including housing and child care.

To apply, go to [www.pattillmanfoundation.org](http://www.pattillmanfoundation.org)

## POST-9/11 GI BILL TRANSFER OF ENTITLEMENT

The post-9/11 GI Bill also offers some service members the opportunity to transfer their GI Bill to dependents. An individual approved to transfer an entitlement to educational assistance under this section may transfer the individual's entitlement to the individual's spouse, or one or more of the individual's children or any combination of spouse and child. A family member must be enrolled in the Defense Eligibility Enrollment Reporting System (DEERS) and be eligible for benefits, at the time of transfer to receive transferred educational benefits.

Visit [www.benefits.va.gov/gibill/post911\\_transfer.asp](http://www.benefits.va.gov/gibill/post911_transfer.asp)

## TUITION ASSISTANCE [TOP-UP]

TOP-UP allows the VA to reimburse an individual for all or a portion of the charges for courses that are not reimbursed under certain military education programs. The amount of this benefit can be equal to the differences between the total cost of a college course and the amount of Tuition Assistance that is paid by the military for the course.

To be eligible for the TOP-UP benefit, the person must be approved for federal tuition assistance by a military department and be eligible for Montgomery GI Bill (MGIB)-Active Duty benefits or the Post-9/11 GI Bill.

## YELLOW RIBBON GI EDUCATION ENHANCEMENT PROGRAM

This program was enacted to assist eligible individuals with payment of their tuition and fees in instances where costs exceed the most expensive in-state undergraduate tuition at a public institution of higher education.

To be eligible, the student must be a veteran receiving benefits at the 100 percent benefit rate payable, a transfer-of-entitlement-eligible dependent child or spouse of a veteran.

VA will match the school's percentage (up to 50 percent) to reduce or eliminate out-of-pocket costs for eligible participants.

To receive this benefit, your school must agree to participate in the Yellow Ribbon Program.

[www.va.gov/education/about-gi-bill-benefits/post-9-11/yellow-ribbon-program/](http://www.va.gov/education/about-gi-bill-benefits/post-9-11/yellow-ribbon-program/)



## RESIDENCY FOR TUITION PURPOSES

An applicant's tuition residency status is typically determined based on responses he or she provides as part of the admissions application. According to the North Carolina General Assembly, a student qualifies as a resident for tuition purposes if he or she has an established legal residence (domicile) in North Carolina and maintained that legal residence for at least 12 continuous months prior to being considered for in-state residency.

[bit.ly/3iwJkgh](http://bit.ly/3iwJkgh)

## DEPENDENTS' EDUCATIONAL ASSISTANCE [DEA]

DEA is a federal VA benefit that provides education and training opportunities to eligible dependents, spouses, and survivors of certain veterans.

To be eligible, you must be the dependent or spouse of a veteran who died or is permanently and totally disabled as the result of a service-connected disability, a veteran who died from any service-connected disability, a service member missing in action or captured in line of duty, a service member forcibly detained or interned in line of duty, or a service member who is hospitalized or receiving outpatient treatment for a service-connected permanent and total disability.

## FRY SCHOLARSHIP (PRIVATE)

Children of an active duty member of the Armed Forces who has died in the line of duty on or after September 11, 2001, are eligible for the Marine Gunnery Sergeant John David Fry Scholarship. Eligible children attending school may receive up to their full tuition and fees for a public school or a statutory annual maximum amount for a public school, plus a monthly living stipend and book allowance under this program.

Website: [gibill.va.gov](http://gibill.va.gov)

## EDUCATIONAL FUNDING PROGRAMS FOR MILITARY AND THEIR DEPENDENTS

### DEPARTMENT OF DEFENSE VOLUNTARY EDUCATION PROGRAM

Each of the four military services, the Coast Guard and the Selected Reserve Service Components operates its own voluntary education program.

[www.dodmou.com](http://www.dodmou.com)

### INCREASED TITLE IV STUDENT ASSISTANCE TO CHILDREN OF CERTAIN DECEASED MEMBERS OF THE U.S. MILITARY

The Higher Education Opportunity Act (HEOA) established certain conditions for an otherwise eligible student whose parent or guardian died as a result of U.S. military service in Iraq or Afghanistan after September 11, 2001, to receive increased amounts of Title IV student financial assistance.

### IRAQ/AFGHANISTAN SERVICE GRANT (IASG)

This program provides assistance to undergraduate students whose parents or guardians died as a result of U.S. military service in Iraq or Afghanistan after September 11, 2001, and do not have a Pell-eligible expected family contribution.

### NORTH CAROLINA NATIONAL GUARD TUITION ASSISTANCE PROGRAM (NCTAP)

NCTAP provides assistance for tuition and required fees to qualified members of the NC National Guard.

## NORTH CAROLINA VIETNAM VETERANS, INC. SCHOLARSHIP PROGRAM (NCVVI)

Eligibility: applicant must meet the following eligibility requirements:

- Be a current resident of Wake, Durham, Harnett, Johnston, Franklin, Nash, Chatham, or Granville counties in North Carolina.
- Have been awarded the Vietnam Service Medal (VSM) for service in the Vietnam War, or
- Be a spouse, child, foster child, adopted child, grandchild, etc. of a Vietnam veteran (a recipient of the VSM).

### RESERVE OFFICERS TRAINING CORPS SCHOLARSHIPS (ROTC) – INCLUDES ARMY, AIR FORCE, NAVY & MARINE

Repetitive four-year scholarships are available on a competitive, merit basis to high school students who plan to enroll in the Army, Air Force, Navy, Marine Corps, or Reserve Officers Training Corps at a postsecondary institution.

### COAST GUARD COLLEGE STUDENT PRE-COMMISSIONING INITIATIVE PROGRAM (CSPI)

The Coast Guard College Student Pre-commissioning Initiative (CSPI) provides up to two academic years of college tuition, required textbook costs, required fees, monthly salary of approximately \$2,900, medical and life insurance, 30 days paid vacation per year and leadership training.

### SELECTED RESERVE/NATIONAL GUARD STUDENT LOAN REPAYMENT PROGRAM

The SLRP repays 15% or \$500, whichever is greater, on any outstanding balance on eligible loans. Payments are made once a year, on the anniversary of the enlistment, on loans at least one year old. Some limitations apply. Total repayment cannot exceed \$50,000. Only pre-existing loans can qualify. Value is subject to the availability of funds.

## MAJOR NATIONAL ORGANIZATIONS THAT OFFER SCHOLARSHIPS PRIMARILY TO ACTIVE DUTY MILITARY, VETERANS, AND/OR THEIR FAMILIES

- American Legion
- AMVETS
- Paralyzed Veterans of America
- Veterans of Foreign Wars

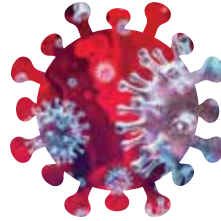
## APPRENTICESHIP PROGRAM

Employers who want to gain highly skilled workers should consider working with apprenticeships.

Apprenticeships offer several advantages to businesses. By training an apprentice in a way that most effectively meets your needs, employers can strengthen their companies by investing in an apprentice who will use his or her skills to make them stronger.

North Carolina's Apprenticeship program is now managed by the North Carolina Community College System. To learn more, visit the program's website at [ApprenticeshipNC](http://ApprenticeshipNC).

# DID YOU



# KNOW

The NC Department of Natural and Cultural Resources has a website for kids to help them stay engaged during the pandemic? Visit [NCDCR.gov](http://NCDCR.gov) to learn more.

NC STATE UNIVERSITY

## Our State, Our Veterans!

Whether you're seeking to pursue a career in Agricultural Science, Aerospace Engineering or Leadership in the Public Sector, NC State's commitment and support to our military and veteran students has earned national recognition as a **Top-Ten Military Friendly School**. Serving nearly **3,000** military connected students, NC State offers over **300** undergraduate, graduate and certificate programs.

- ▶ State-of-the-Art Military and Veterans Resource Center
- ▶ Priority course registration
- ▶ VIP Access to collaborative study spaces
- ▶ Military and Veteran Student College Liaisons
- ▶ 100% GI Bill Funding
- ▶ Top 100 Best Colleges for Veterans  
*U.S. News & World Report*
- ▶ #1 best value among North Carolina public universities  
*SmartAsset.com*
- ▶ #9 online MBA nationally  
*Princeton Review*

**Veterans' Education**  
[ncsu.edu/veterans](http://ncsu.edu/veterans)  
919.515.3048

**Military and Veterans Resource Center**  
[mavrc.dasa.ncsu.edu](http://mavrc.dasa.ncsu.edu)  
919.515.5636



► VISIT [www.responsiblelending.org](http://www.responsiblelending.org) to learn more

## STUDENT LOAN DEBT AND FOR-PROFIT SCHOOLS

### Veterans and service members are disproportionately harmed by student loan debt abuses

Nationally, student loan debt has exploded in the past decade, with education borrowing outpacing all other consumer loan debt. Estimates now put outstanding student loan debt at about \$1.4 trillion. Service members and veterans are particularly vulnerable to two areas of abuse that are major causes of the marked increase in student loan debt: loan servicing abuses and exploitation by predatory for-profit schools.

Service members are eligible for student loan benefits and protections under the Service members Civil Relief Act (SCRA), including a 6 percent interest rate cap for loans incurred prior to the start of military service. For many service members, that benefit includes student loan interest. However, some student loan services fail to comply with the SCRA. For example, Navient, the nation's largest student loan servicer, engaged in a pattern of violating the SCRA by failing to provide members of the military the required reduction in student loan interest. And, although disabled veterans who have a 100 percent Total and Permanent disability rating or receive a rating of Individual Unemployability (IU) qualify for student loan discharge, the discharge may not be properly applied to borrowers' accounts. In 2017, the Consumer Financial Protection Bureau and state Attorneys General in Illinois and Washington sued Navient for a variety of abuses, including failing to properly discharge the debt of disabled veterans.

Students at for-profit colleges have less favorable outcomes than others. They are less likely to graduate, more likely to take out student loans, have more debt, and are more likely to default on that debt than students at public or private four-year schools. In North Carolina, only 17.7% of students at for-profit schools complete their degree on time, compared to 56.4% of students at public four-year colleges and universities.

Service members and veterans are disproportionately and aggressively targeted by for-profit colleges seeking to take advantage of the G.I. Bill and other military educational assistance funds. Post-9/11 G.I. Bill funds and Veterans Assistance educational benefits are excluded from what is known as the 90/10 Rule, which prohibits for-profit schools from receiving more than 90 percent of funding from federal financial aid and requires that the remaining 10 percent come from private sources.

Because G.I. Bill funds are not considered federal financial aid under the 90/10 Rule, for-profit colleges aggressively recruit veterans and service members to exploit the loophole and collect as much G.I. Bill revenue as possible. Analysis of Education Department data by the nonprofit Veterans Education Success found that the for-profit sector's dependence on the federal revenue stream from veterans and service members has increased by almost 60 percent – growing from \$727 million in Fiscal Year



**GI BILL HOTLINE  
(888) 442-4551**



## Resources for North Carolina Veterans

If you are having trouble paying your student loans or encounter an issue with a for-profit college, please:

- ➔ File a complaint with the NC Attorney General's Office at **(877) 566-7226** or at **[www.ncdoj.gov](http://www.ncdoj.gov)**
- ➔ File a complaint with the Consumer Financial Protection Bureau at **[www.consumerfinance.gov](http://www.consumerfinance.gov)**
- ➔ If an active duty service member, military retiree, or dependent of either, or otherwise eligible for military legal assistance, contact the legal assistance office at the nearest military installation.
- ➔ Contact the Center for Responsible Lending at **(919) 313-8500**.
- ➔ Visit the U.S. Department of Education's information for military families and veterans: **[www.ed.gov/veterans-and-military-families/information](http://www.ed.gov/veterans-and-military-families/information)**

**To learn more about student debt issues, visit**

**[www.responsiblelending.org](http://www.responsiblelending.org)**

2011-12 to \$1.15 billion in Fiscal Year 2013-14 for schools that received more than 90 percent of their revenue from federal sources.

Unfortunately, the federal government has rolled back certain consumer protection guidelines for student loan servicers and has proposed to eliminate federal student loan programs that can help service members and veterans reduce student loan debt. Federal developments have also put students of for-profit colleges at risk by delaying protections against failing for-profit programs and by delaying and potentially repealing protections for students who attended fraudulent for-profit schools.

Although protections are being eliminated at the federal level, there are steps North Carolina can and should take at the state level to prevent student loan servicers and for-profit colleges from engaging in abusive practices that prolong the problems of mounting student loan debt for service members and veterans. Those protections can include requiring student loan servicers to apply payments correctly, prohibiting servicers from defrauding or misleading borrowers, requiring that for-profit colleges spend taxpayers' money on instructing students rather than marketing and recruiting, and demanding that for-profit colleges meet minimum outcomes for job placement and student loan repayment rates.

If you would like to join our coalition, or learn more about this issue, contact **Rochelle Sparko at the Center for Responsible Lending** at **[rochelle.sparko@responsiblelending.org](mailto:rochelle.sparko@responsiblelending.org)** or **(919) 313-8500**.



## Defense Activity for Non-Traditional Education Support



# Education Programs

Helping military members achieve their goals

Defense Voluntary Education (VoEd) Programs are available to help Active Duty, Guard, and Reserve military members prepare for promotion, college, and transition to civilian employment.

Get started today! Visit  
[www.MyVoEd.com](http://www.MyVoEd.com)

### Available Programs:

- ✓ Academic Skills Training
- ✓ College & Career Planning
- ✓ Distance Learning Readiness
- ✓ College Admission Exams
- ✓ DoD Approved Academic Institutions
- ✓ Associate & Bachelor Degree Networks
- ✓ Career & Technical Certificate Programs
- ✓ College Credit by Examination
- ✓ Military Training & Experience Evaluations
- ✓ Troops to Teachers
- ✓ Teacher Preparation & Certification Exams
- ✓ Contingency Area Education Support
- ✓ Advice Blog @ [www.DANTES4Military.com](http://www.DANTES4Military.com)

The next chapter of your life is calling.

NC STATE  
UNIVERSITY

Agricultural Institute



When you take a veteran to a farm and give them a purpose, it is pretty extraordinary. I'm taking control of my life.

— Robert Stalter,  
Army veteran

The Ag Institute makes a real difference in lives.  
It's not just an education. We help grow the whole person.

— Dr. Elizabeth Wilson, Director, Agriculture Institute



### HANDS-ON PROGRAM

- > 2-year Associate of Applied Science Degree
- > Hands-on classes in 6 academic areas of agriculture
- > Nationally recognized as a leader in the agricultural sciences
- > 95% of graduates are employed in their fields of interest within six months after graduation



### #1 INDUSTRY IN NC

- > Agriculture is the #1 industry in NC generating \$84 Billion
- > The Agricultural Institute prepares you to quickly jump into the agricultural workforce, start your own business or get back to the family farm



### VETERAN BENEFITS

- > One-on-one interaction with faculty and staff while networking with other veterans in agriculture
- > GI Bill eligible
- > Financial assistance available
- > NC State Veteran Resource Center

We want you here.

Robert Elliott, AGI Veteran Liason 252-725-4875 | [harvest.cals.ncsu.edu/agricultural-institute](http://harvest.cals.ncsu.edu/agricultural-institute)  ncsuAgInstitute

## UNIVERSITIES THAT ...

	Appalachian State	Elizabeth City State	East Carolina	Fayetteville State	NC A&T State	NC Central	NC State	UNC Asheville	UNC Chapel Hill	UNC Charlotte	UNC Greensboro	UNC Pembroke
Grant PE Credit to Service Members	•	•	•	•	•	•	•	•	•	•	•	•
Has Clearly Articulated Military to Campus Credit Equivalencies	•	•	•	•	•	•	•	•	•	•	•	•
Offer Priority Enrollment for Active Duty Military Students	•	•	•	•	•	•	•	•	•	•	•	•
Has Call to Duty Student Policy	•	•	•	•	•	•	•	•	•	•	•	•
Classify Military Students as Transfer Students	•	•	•	•	•	•	•	•	•	•	•	•
Has One Admissions Counselor for Military Affiliated Students	•	•	•	•	•	•	•	•	•	•	•	•
Offer Conditional Admission Contracts	•	•	•	•	•	•	•	•	•	•	•	•
Has One Financial Aid Counselor for Military Affiliated Students	•	•	•	•	•	•	•	•	•	•	•	•
Accepts Tuition Assistance	•	•	•	•	•	•	•	•	•	•	•	•
Accept Veterans Education Benefit	•	•	•	•	•	•	•	•	•	•	•	•
Offer Payment Plan for Students with VA Payment Delay	•	•	•	•	•	•	•	•	•	•	•	•
Has Scholarship or Grant for Military Veterans or Dependents	•	•	•	•	•	•	•	•	•	•	•	•
Has Military/Veteran Specific Housing or Assistance w/ Off Campus Housing	•	•	•	•	•	•	•	•	•	•	•	•
Has One Student Affairs Person for Military Affiliated Students	•	•	•	•	•	•	•	•	•	•	•	•
Has Student Veteran Organization or other Military Student Organizations	•	•	•	•	•	•	•	•	•	•	•	•
Has Veteran or Military Student Space on Campus	•	•	•	•	•	•	•	•	•	•	•	•
Has Military or Veteran Orientation	•	•	•	•	•	•	•	•	•	•	•	•
Track Active Duty Military and Veteran Student Populations	•	•	•	•	•	•	•	•	•	•	•	•
Identify Military Affiliated Students on the Student Data File	•	•	•	•	•	•	•	•	•	•	•	•
Has PTSD,TBI and Military Stress Trained Support Staff	•	•	•	•	•	•	•	•	•	•	•	•
Has Yellow Ribbon Program Participation	•	•	•	•	•	•	•	•	•	•	•	•
Has Military Affairs Liaison Appointed	•	•	•	•	•	•	•	•	•	•	•	•
Has Targeted Collateral Material for Military Students	•	•	•	•	•	•	•	•	•	•	•	•
Has Military Affairs Committee	•	•	•	•	•	•	•	•	•	•	•	•
Offer Core Education Curriculum Online	•	•	•	•	•	•	•	•	•	•	•	•
Designate Military Ombudsman to Advocate on Behalf of Students	•	•	•	•	•	•	•	•	•	•	•	•
Offer Targeted Online Programs to the Military	•	•	•	•	•	•	•	•	•	•	•	•
Affiliate with the service members Opportunity College Network (SOC)	•	•	•	•	•	•	•	•	•	•	•	•
Employ VA Work Study Students	•	•	•	•	•	•	•	•	•	•	•	•
Has Dedicated Web Presence for Military Affiliated Students	•	•	•	•	•	•	•	•	•	•	•	•
Conduct for Faculty,Staff,and Student Military Student Awareness Training	•	•	•	•	•	•	•	•	•	•	•	•
Has Military or Veteran "Seminar" Classes	•	•	•	•	•	•	•	•	•	•	•	•
Deliver Classes on Military Base with approval from Military Installation	•	•	•	•	•	•	•	•	•	•	•	•
Has Army ROTC	•	•	•	•	•	•	•	•	•	•	•	•
Has Air Force ROTC	•	•	•	•	•	•	•	•	•	•	•	•
Has Navy/Marine Corps ROTC	•	•	•	•	•	•	•	•	•	•	•	•

SOURCE: <http://old.northcarolina.edu/frc/uncserves/serves.html>



UNC SYSTEM VETERAN POC'S – WEB RESOURCES

**APPALACHIAN STATE UNIVERSITY**

**Veterans Benefits:**

[financialaid.appstate.edu/apply/veterans-and-military-education](http://financialaid.appstate.edu/apply/veterans-and-military-education)

**FAYETTEVILLE STATE UNIVERSITY**

**Student Veterans Center:**

[www.uncfsu.edu/academics/colleges-schools-and-departments/military-education/fort-bragg-campus/student-veterans-center](http://www.uncfsu.edu/academics/colleges-schools-and-departments/military-education/fort-bragg-campus/student-veterans-center)

**NORTH CAROLINA A&T STATE UNIVERSITY**

**Veteran Benefits:**

[www.ncat.edu/campus-life/student-affairs/departments/veterans-and-military-affairs/chapters.php](http://www.ncat.edu/campus-life/student-affairs/departments/veterans-and-military-affairs/chapters.php)

**Veteran & Disability Support Services:**

[www.ncat.edu/campus-life/student-affairs/departments/veterans-and-military-affairs/index.php](http://www.ncat.edu/campus-life/student-affairs/departments/veterans-and-military-affairs/index.php)

**NORTH CAROLINA CENTRAL UNIVERSITY**

**Student Veteran Organization:**

[www.nccu.edu/enrollment/veterans-affairs](http://www.nccu.edu/enrollment/veterans-affairs)

**Veterans Law Clinic:**

<http://law.nccu.edu/clinics/>

**NORTH CAROLINA STATE UNIVERSITY**

**NCSU Veteran Affairs:**

[veterans.dasa.ncsu.edu/](http://veterans.dasa.ncsu.edu/)

**Student Veteran Association**

[veterans.dasa.ncsu.edu/current-students/get-involved/](http://veterans.dasa.ncsu.edu/current-students/get-involved/)

**UNC ASHEVILLE**

**Student Veterans Organization:**

[unca.presence.io/organization/student-veterans-alliance](http://unca.presence.io/organization/student-veterans-alliance)

**Veterans Benefits:**

[registrar.unca.edu/veteran-services](http://registrar.unca.edu/veteran-services)

**Veterans Programs and Services:**

[transition.unca.edu/transition-students/veteran-students/resources-for-veteran-students/](http://transition.unca.edu/transition-students/veteran-students/resources-for-veteran-students/)

**UNC SCHOOL OF THE ARTS**

**Veterans Benefits:**

[www.uncsa.edu/mysa/current-students/academics/office-of-registrar/military-benefits.aspx](http://www.uncsa.edu/mysa/current-students/academics/office-of-registrar/military-benefits.aspx)

**UNC-CHAPEL HILL**

**Veterans Benefits:**

[registrar.unc.edu/academic-services/veteran-affairs/benefits-4/](http://registrar.unc.edu/academic-services/veteran-affairs/benefits-4/)

**UNC GREENSBORO**

**Veterans Resource Center:**

[veterans.uncg.edu/student-success/](http://veterans.uncg.edu/student-success/)

**UNC PEMBROKE**

**Veterans Benefits:**

[www.uncp.edu/academics/academic-resources/academic-and-military-outreach/benefits](http://www.uncp.edu/academics/academic-resources/academic-and-military-outreach/benefits)

**UNCW**

**Military Student Resources:**

[uncw.edu/disability/studentveteranresources.html](http://uncw.edu/disability/studentveteranresources.html)

**UNC WESTERN**

**Army Career Degrees:**

[www.wcu.edu/learn/academic-services/military-student-services/military-students.aspx](http://www.wcu.edu/learn/academic-services/military-student-services/military-students.aspx)

**Distance Education:**

[www.wcu.edu/apply/distance-online-programs/](http://www.wcu.edu/apply/distance-online-programs/)

**Military Student Services:**

[www.wcu.edu/learn/academic-services/military-student-services/index.aspx](http://www.wcu.edu/learn/academic-services/military-student-services/index.aspx)

**WSSU**

**Office of Military Services:**

[www.wssu.edu/admissions/registrar/military/index.html](http://www.wssu.edu/admissions/registrar/military/index.html)

**Veterans Benefits:**

[www.wssu.edu/admissions/registrar/military/va-education-benefits.html](http://www.wssu.edu/admissions/registrar/military/va-education-benefits.html)

## COMMUNITY COLLEGES

<b>NC Community College</b>	<b>VA Representative</b>	<b>Title/Role</b>
Alamance Community College	Feleta Morton	VA Coordinator
Asheville-Buncombe Technical Community College	Sarah Mau	Veteran Services Coordinator
Beaufort County Community College	Patricia Windley	VA Certifying Official
Bladen Community College	J. Carlton Bryan	Disabilty, Testing, and Veterans Services Director
Blue Ridge Community College	Crystal Smith	VA Certifying Official
Brunswick Community College	Tracy Somerlad	Director, Office of Student Financial Resources
Caldwell Community College & Technical Institute	Elen Gibbs	Coordinator Special Populations
Cape Fear Community College	Jason Bocchino	Coordinator, Veteran Affairs
Carteret Community College	Brenda Long	VA Certifying Official
Catawba Valley Community College	Elen Gibbs	VA Certifying Official
Central Carolina Community College	Matt Thewes	Veterans Upward Bound Director
Central Piedmont Community College	Erica Thompson	Military Families & Veterans Center – Central Campus
Cleveland Community College	Brinson Blanton	Assistant Director of Financial Aid
Coastal Carolina Community College	Christopher Sabin	Director of Veterans Programs
College of The Albemarle	Stacia Sparrows	Director, Enrollment Services/Registrar
Craven Community College	Mitch Martin	Military Affairs Resource Center
Davidson County Community College	Beverly Brown Billings	Veteran Affairs and FA Technician
Durham Technical Community College	Justin E. Gray	Veteran Affairs Officer
Edgecombe Community College	Angie Estes	Financial Aid Advisor/VA Coordinator
Fayetteville Technical Community College	Tony Murphy	Director of Veterans Programs
Forsyth Technical Community College	Paige C. Lee	VA Certifying Technician Veteran Resource Center
Gaston College	Darren Stewart	Veteran Affairs/Financial Aid Specialist
Guilford Technical Community College	Flora Taylor	Coordinator, Veterans/Military Assistance Programs
Halifax Community College	Regina Veliky	Registrar/Director of Veterans Affairs
Haywood Community College	Tracy Rapp	Senior Director of Student Enrollment & Financial Aid
Isothermal Community College	Lisa Bridges	VA Representative
James Sprunt Community College	Shalonda Moore	Financial Aid/VA Specialist
Johnston Community College	Renee Underwood	VA Coordinator
Lenoir Community College	Syrina Wimberly	Veterans Representative/Financial Aid Counselor
Martin Community College	Terri Leggett	Director of Financial Aid
Mayland Community College	Sonja Peterson	Director of Financial Aid
McDowell Technical Community College	Kim Ledbetter	Director of Financial Aid, Disability Services, and Veteran Affairs

	<b>Telephone</b>	<b>Email Address</b>
	(336) 506-4398	feleta.morton@alamancecc.edu
	(828) 398-7206	veteranservices@abtech.edu
	(252) 946-6327 ext. 6327	Tricia.Windley@BeaufortCCC.edu
	(910) 863-6002	cbryan@bladencc.edu
	(828) 694-1815	cc_smith@blueridge.edu
	(910) 755-7422	somerladt@brunswickcc.edu
	(828) 726-2714	msanders@cccti.edu
	(910) 362-7106	jbocchino@cfcc.edu
	(252) 222-6151	longb@carteret.edu
	(828) 632-8221 ext. 349	egibbs@cvcc.edu
	(919) 718-7539	mthewes@cccc.edu
	(704) 330-6267	Erica.Thompson@cpcc.edu
	(704) 669-4096	blantonb@clevelandcc.edu
	(910) 938-6321	Sabinc@Coastalcarolina.edu
	(252) 335--0821 ext. 2258	coa_military@albemarle.edu
	(252) 444-6003	Martinmi@cravencc.edu
	(336) 249-8186 ext. 6227	beverly_billings@davidsonccc.edu
	(919) 536-7200 ext. 1516	grayj@durhamtech.edu
	(252) 823-5166 ext. 338	estesa@edgecombe.edu
	(910) 678-8568	murphyt@faytechcc.edu
	(336) 734-7403	plee@forsythtech.edu
	(704) 922-6229	stewart.darren@gaston.edu
	(336) 334-4822 ext. 50521	ftaylor@gtcc.edu
	(252) 536-7227	rveliky004@halifaxcc.edu
	(828) 627-4509	tkrapp@haywood.edu
	(828) 395-1434	lbridges@isothermal.edu
	(910) 275-6378	smoore@jamessprunt.edu
	(919) 209-2063	remcgee1@johnstoncc.edu
	(252) 527-6223 ext. 363	sswimberly27@lenoircc.edu
	(252) 789-0204	teresa.leggett@martincc.edu
	(828) 766-1240	speterson@mayland.edu
	(828) 652-0602	kims@mcdowelltech.edu

## COMMUNITY COLLEGES (continued)

NC Community College	VA Representative	Title/Role
Mitchell Community College	Ann Wright	VA/Assistant Financial Aid Director
Montgomery Community College	Tammy Owens	VA Certifying Official
Nash Community College	Norman Cooper	Assistant Financial Aid/Veterans Services Officer
Pamlico Community College	Meredith Beeman	VA Certifying Official
Piedmont Community College	Tasha Williams	Director, Financial Aid and Veterans Affairs
Pitt Community College	Sonji Rowsom Douglas Brady Quinn	Veterans Affairs Coordinator Veterans Services Specialist
Randolph Community College	Joey Trogdon	Assistant Director of Financial Aid and Veterans Affairs
Richmond Community College	Crystal Shepard	Administrative Assistant to the VP of Student Affairs SCO
Roanoke-Chowan Community College	Wendy Vann	Associate Dean of Continuing Education/Workforce Development
Robeson Community College	Susan Chavis	Veterans Certifying Official
Rockingham Community College	Carol Perry	VA School Certifying Official
Rowan-Cabarrus Community College	Julie Goodman	Financial Aid Advisor and VA Certifying Official
Sampson Community College	Marleen Powell	Veterans Services
Sandhills Community College	Teresa Taylor	VA Coordinator
South Piedmont Community College	Emily Jarrell	Director, Financial Aid and Veterans Affairs
Southeastern Community College	Angie Uhl-Kalev	Director of Student Services
Southwestern Community College	Sayward Cabe	Financial Aid Assistant Director
Stanly Community College	Petra Fields Adam Foster	VA Certifying Official VA Certifying Official
Surry Community College	Tammy Fletcher	Coordinator - Veterans Affairs
Tri-County Community College	Diane Owl	VA Certifying Official
Vance-Granville Community College	Jennifer Tisdale	Financial Aid Assistant
Wake Technical Community College	Michael McLamb	Veteran Affairs & Educational Service Manager
Wayne Community College	Elvira Simmons	Associate Director of Financial Aid/VA School Certifying Official
Wilkes Community College	Kelly Huffman	Financial Aid Specialist
Wilson Community College	Lisa Baker	Director of Financial Aid & Veterans Affairs
Western Piedmont Community College	Dori Barron	Coordinator & VA Certifying Official



	<b>Telephone</b>	<b>Email Address</b>
	(704) 878-3295	awright@michellcc.edu
	(910) 898-9614	owenst5733@montgomery.edu
	(252) 428-7355	ngcooper073@nashcc.edu
	(252) 249-1851 ext. 3026	mbeeman@pamlicocc.edu
	(336) 322-2170 ext. 133	tasha.williams@piedmontcc.edu
	(252) 493-7323	srowsom@email.pittcc.edu
	(252) 493-7332	dquinn@email.pittcc.edu
	(336) 625-5614	jbtrogden@randolph.edu
	(910) 410-1727	ccshepard@richmondcc.edu
	(252) 862-1234	wpvann6919@roanokechowan.edu
	(910) 272-3661	schavis@robeson.edu
	(336) 342-4261 ext. 2000	perryc4145@rockinghamcc.edu
	(704) 216-3631	Julie.goodman@rccc.edu
	(910) 592-8084	mpowell@sampsoncc.edu
	(910) 695-3902	taylor@sandhills.edu
	(704) 272-5326	ejarrell@spcc.edu
	(910) 788-6269	angie.uhl-kalev@sccnc.edu
	(828) 339-4315	s_cabe@southwesterncc.edu
	(704) 991-0231	pfields7679@stanly.edu
	(704) 991-0107	afoster2373@stanly.edu
	(336) 386-3245	fletchert@surry.edu
	(828) 835-4220	dowl@tricountycc.edu
	(252) 738-3308	tisdalej@vgcc.edu
	(919) 866-5099	mdmclamb2@waketech.edu
	(919) 739-6739	elviras@waynecc.edu
	(336) 838-6146	kchuffman604@wilkescc.edu
	(252) 246-1310	lbaker@wilsoncc.edu
	(828) 448-3170	dbarron@wpcc.edu



## Troops to Teachers

Troops to Teachers (TTT) was established in 1993 to assist transitioning service members and veterans in beginning new careers as K-12 teachers in public, charter and Bureau of Indian Affairs schools. The Department of Defense program facilitates veterans' successful transition to a teaching career by providing counseling, employment assistance and financial incentives for service members and veterans, if eligible.

### Continue to serve this nation by inspiring its young people

Begin your next life-changing mission. Become a teacher. Skills you honed in the military, like leadership, initiative, discipline, and the ability to thrive in an ever-changing environment are a natural fit for the K-12 classroom.

- Veterans in teaching positions credit their military experience to successfully working with and motivating diverse student populations.
- Veterans use real-world experience to bring subjects to life and provide a valuable perspective to help young people realize their potential.
- Troops to Teachers has helped more than 21,000 veterans successfully transition to a career in education.

### Program Eligibility

All current and former members of the United States Armed Forces, who retire or separate with an honorable discharge, are eligible to apply for the Troops to Teachers program. Financial assistance may be available for participants that meet application, service, and education requirements.

### Program Services

The TTT Program Office and 31 state grant offices provide the following services for participants:

- Individualized counseling and transition planning for participants
- Guidance on teacher certification and licensing requirements
- Employment opportunities and financial support, if eligible



Service Members and Veterans



Updated: 08/02/2019

Learn more about Troops to Teachers:  
[www.proudtoserveagain.com](http://www.proudtoserveagain.com)  
[www.facebook.com/TTT.DANTES](https://www.facebook.com/TTT.DANTES)



# NC INSTITUTIONS WHICH CURRENTLY PARTICIPATE IN THE STATE'S SCHOLARSHIP PROGRAM ADMINISTERED BY THE DEPARTMENT OF MILITARY & VETERANS AFFAIRS

## PUBLIC UNIVERSITIES

Appalachian State University  
 East Carolina University  
 Elizabeth City State University  
 Fayetteville State University  
 N.C. A & T State University  
 N.C. Central University  
 N.C. School of the Arts  
 N.C. State University  
 University of North Carolina, Asheville  
 University of North Carolina, Chapel Hill  
 University of North Carolina, Charlotte  
 University of North Carolina, Greensboro  
 University of North Carolina, Pembroke  
 University of North Carolina, Wilmington  
 Western Carolina University, Cullowhee  
 Winston-Salem State University

## COMMUNITY COLLEGES AND TECHNICAL INSTITUTIONS

Alamance Community College  
 Asheville-Buncombe Tech. Comm. College  
 Beaufort County Community College  
 Bladen Community College  
 Blue Ridge Community College  
 Brunswick Community College  
 Caldwell Community & Tech. College  
 Cape Fear Community College  
 Carteret Community College  
 Catawba Valley Community College  
 Central Carolina Community College

Central Piedmont Community College  
 Cleveland Community College  
 Coastal Carolina Community College  
 College of the Albemarle  
 Craven Community College  
 Davidson County Community College  
 Durham Technical Community College  
 Edgecombe Community College  
 Fayetteville Technical Community College  
 Forsyth Technical Community College  
 Gaston College  
 Guilford Technical Community College  
 Halifax Community College  
 Haywood Community College  
 Isothermal Community College  
 James Sprunt Community College  
 Johnston Community College  
 Lenoir Community College  
 Martin Community College  
 Mayland Community College  
 McDowell Technical Community College  
 Mitchell Community College  
 Montgomery Community College  
 Nash Community College  
 Pamlico Community College  
 Piedmont Community College  
 Pitt Community College  
 Randolph Community College  
 Richmond Community College  
 Roanoke-Chowan Community College  
 Robeson Community College  
 Rockingham Community College

Rowan-Cabarrus Community College  
 Sampson Community College  
 Sandhills Community College  
 South Piedmont Community College  
 Southeastern Community College  
 Southwestern Community College  
 Stanly Community College  
 Surry Community College  
 Tri-County Community College  
 Vance-Granville Community College  
 Wake Technical Community College  
 Wayne Community College  
 Western Piedmont Community College  
 Wilkes Community College  
 Wilson Technical Community College

## PRIVATE COLLEGES AND UNIVERSITIES

Barton College  
 Barber-Scotia College  
 Belmont Abbey College  
 Bennett College  
 Wake Forest School of Medicine  
 Brevard College  
 Cabarrus College of Health Sciences  
 Campbell University  
 Carolinas College of Health Sciences  
 Catawba College  
 Chowan University  
 Davidson College  
 Duke University  
 Elon University  
 Gardner-Webb University  
 Greensboro College  
 Guilford College

Heritage Bible College  
 High Point University  
 John Wesley Bible College  
 Johnson and Wales University  
 Johnson C. Smith University  
 Lees-McRae College  
 Lenoir Rhyne University  
 Livingstone College  
 Louisburg Junior College  
 Mars Hill College  
 Meredith College  
 Methodist University  
 Mid-Atlantic Christian University  
 Montreat College  
 Mount Olive University  
 Wesleyan College  
 Pfeiffer University  
 Piedmont International University  
 Queens University of Charlotte  
 St. Andrews Presbyterian College  
 St. Augustine's College  
 Salem College  
 Shaw University  
 Southeastern Baptist Theological Seminary  
 Southeastern Free Will Baptist College  
 Wake Forest University  
 Warren Wilson College  
 Watts School of Nursing  
 William Peace University  
 Wingate University  
 \*Go to [milvets.nc.gov](http://milvets.nc.gov) for eligibility information and to apply



# **N.C. DEPARTMENT OF MILITARY AND VETERANS AFFAIRS SCHOLARSHIP PROGRAM**



**NORTH CAROLINA SCHOLARSHIP FOR  
CHILDREN OF WARTIME VETERANS**



**In appreciation of the service and sacrifices of North Carolina's War Veterans, a Four-Year Scholarship Program at North Carolina Approved Schools has been established for qualifying children of certain class or category of Deceased, Disabled, Combat or POW/MIA Veterans.**

For additional information about the Scholarship Program, contact NCDMVA.

CALL 844.624.8387 or

VISIT [www.milvets.nc.gov/services/scholarships](http://www.milvets.nc.gov/services/scholarships)

<http://scholarships.milvets.nc.gov>

## RESIDENCY REQUIREMENTS:

- Applicant must be under age 25; a resident and domiciled in North Carolina
- Veteran parent was a legal resident of North Carolina at the time of said veteran's entrance into that period of service in the armed forces during which eligibility is established, OR
- The applicant is a child, as that term is defined in 37 U.S.C § 401, who was born in North Carolina and has been a resident of North Carolina continuously since birth.

## QUALIFYING CRITERIA FOR VETERAN PARENT:

The veteran's qualifying criteria must have occurred during a period of war. (Exception: Eligibility may exist for peacetime veterans or reservists/National Guard if disability or death was incurred as a result of armed conflict or while engaged in extra-hazardous service.)

- Dies during wartime service or service connected death; or
- 100% totally disable due to wartime disability; or
- 20-90% service connected or received Purple Heart due to wartime disability; or
- In receipt of non-service connected pension, or received campaign medal, or veteran parent is deceased; or
- Former POW or MIA

For Class II & III, the application must be submitted on or before February 14th Annually. Class IA, IB or IV must be submitted on or before December 1 to be awarded on or about January 1; or June 1 to be awarded on or about July 1.

For Class II and III scholarships, a minimum cumulative 2.0 GPA is required to continue receipt of the scholarship.

The scholarship is for 8 academic semesters in which the applicant will have 8 years to utilize the 8 academic semesters.





## MARINE FOR LIFE NETWORK

# ONCE A MARINE, ALWAYS A MARINE

Marine For Life Network connects transitioning Marines and their family members to education resources, employment opportunities, and other Veterans services that aid in their career and life goals outside of military service.



## Making Marines, Winning our Nation's Battles, Returning Quality Citizens

Through the development of robust networks of Marine For Life representatives, Veterans, employers, educators and mentors, Marine For Life Network provides continuity and assistance to those transitioning from active duty to ensure new Veterans successfully reintegrate and add value to our Nation's communities as they pursue their lifelong goals.

### We offer assistance in...



#### Education

We partner with educational resources to build a network of military friendly schools to increase Veteran's assistance in the admissions process and educational pursuits.



#### Employment

We manage a database of employment resources, job fairs, and hiring events, as well as partner with federal agencies, national Veterans Service Organizations and top tier companies.



#### Resources

We offer a collection of valuable, and relevant education, employment, Veteran, and community resources.



### Join Our Network!

Contact us or visit us online to learn how you can join the Marine For Life Network and help connect Marines with opportunities.

[✉ m4lops@usmc.mil](mailto:m4lops@usmc.mil) | [☎ 866-645-8762](tel:866-645-8762) | [🌐 marineforlife.org](http://marineforlife.org) | [🌐 company/marine-for-life-network](https://www.linkedin.com/company/marine-for-life-network)



**DON'T WAIT UNTIL YOU'RE  
IN CRISIS TO GET HELP.**

Contact us before you're in crisis. We're veterans helping veterans and their families. We understand the struggles. The fears. The hard transition home. We're here with more than 600 resources to help you no matter what you're facing.

- free mental health counseling
- financial needs
- housing/homelessness
- legal
- any stressor weighing you down

*PLEASE FILL OUT A CONTACT FORM  
ON OUR WEBSITE AND WE WILL  
RESPOND WITHIN 24 HOURS.*



[www.stopsoldiersuicide.org](http://www.stopsoldiersuicide.org)



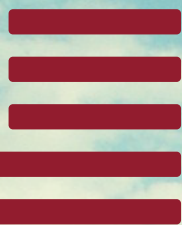


Finding educational resources shouldn't be hard.

Get easy access to Defense Voluntary Education (VoEd) programs & benefits on your mobile device.

Download the MyVoEdPath mobile app today!

[www.MyVoEdPath.com](http://www.MyVoEdPath.com)



# THE VETERAN'S FARM of NORTH CAROLINA <sup>I</sup>NC

*Giving veterans a new mission and America new farmers*

The Veteran's Farm of NC, Inc. offers assistance, consultation, and education to veterans through hands-on experience. Come learn basic concepts in agriculture to develop your farm or learn specialized agriculture practices with our mentorship network.

Robert Elliott [252] 725-4875

 [www.VFNC.org](http://www.VFNC.org)

 [VetFarmofNC@gmail.com](mailto:VetFarmofNC@gmail.com)

 [VetFarmofNC](https://www.facebook.com/VetFarmofNC)

- ★ Start Farming With Us!
- ★ Introduction To Agriculture Programs
- ★ Learn To Grow, Market And Sell Ag Products
- ★ Work With Other Veterans
- ★ Develop Your Own Business
- ★ Become Involved In Feeding Your Community
- ★ Join The NC Farmer Veteran Network
- ★ Market Your Products With Other Veterans

**LEARN TO GROW, MARKET, AND SELL AG PRODUCTS SUCCESSFULLY!**



# 2020

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS



NC Long Leaf Pine award recipient, PFC Elizabeth Barker Johnson inspecting the condition of a female soldier uniform similar to the one worn by her during WWII.

## WOMEN'S SERVICES

VISIT US @ [MILVETS.NC.GOV](http://MILVETS.NC.GOV) AND [NC4VETS.COM](http://NC4VETS.COM)

- 113 . . . NC Womens Veteran Summit and Expo
- 114 . . . Women Veterans' Health Program
- 116 . . . Military Sexual Trauma
- 118 . . . N.C. & U.S. Additional Resources

Nationally, women veterans are a vital part of the veteran community. More than 84,000 women vets have chosen to make North Carolina their home.

**YOU CALL**

**NCDMVA ANSWERS**

844.624.8387

(844.NC4.VETS)

**FAX** 984-204-8343

 @NC4VETS

 @NC4VETS



According to American Community Survey (ACS) data, women veterans are significantly different than men veterans. Following legislative changes, women veterans started entering the military branches in greater numbers during more recent periods of service. A higher percent of women veterans are minorities. Few veterans are women. According to the Veteran Population Projection Model (VetPop), 2 million of the 21.7 million veterans are women, or about 9 percent of veterans are women.

## NORTH CAROLINA WOMEN VETERANS

In 2018, North Carolina ranked 6th in the United States in its population of women veterans while ranking 8th in veterans population overall. Women veterans are the fastest growing segment of vets nationally and in North Carolina.

### WOMEN VETERANS DATA

- Are older than women non-veterans.
- A higher percent of women veterans are African American compared to non-veterans. In contrast, the percent of women veterans who are Hispanic are significantly lower than those of non-veterans.
- A higher percent of women non-veterans have never married compared to women veterans.
- Women veterans have a higher median household income than women non-veterans.
- A higher percent of women veterans work for the government compared to women non-veterans.
- A higher percent of women veterans have higher education attainment and are enrolled in higher education compared to women non-veterans.

Women have volunteered to serve in the U.S. military since the American Revolution. Today they constitute approximately 20 percent of new recruits, 14.5 percent of the 1.4 million active duty component and 18 percent of the 850,000 reserve component. Almost 280,000 women have served Post 9/11 in Afghanistan and Iraq. While the number of male veterans has declined in 2020, the number

of women veterans is expected to continue to increase by 10 percent of the veteran population. Women who served our country in the military are strong and heroic, but their contributions have been underrecognized even by the women themselves. We identified serious gaps in every aspect of the programs that serve women, including health care, employment, finance, housing, social issues and the eradication of sexual assault. Many women who return from deployment are made stronger by their experiences, but a significant number have difficulty with transition and need support from health care, employment, finance, housing, and social issues. Research conduct by the VA shows that almost one in five women veterans has delayed or gone without needed care in the prior 12 months. Additionally, women have difficulty translating their military experience into civilian employment. The North Carolina Department of Military and Veterans Affairs (NCDMVA) is committed to providing information, advocacy, outreach, and support to all women veterans and their families in the state. The NCDMVA also seeks to ensure that women veterans are aware of their federal and state benefits so they can obtain the unique care and assistance that is available to them. For more information about resources and services visit our our website at:

[www.milvets.nc.gov](http://www.milvets.nc.gov)

## NC MILITARY SPOUSE APPRECIATION DAY

Military Spouse Appreciation Day is a national observance created by President Reagan in 1984 to recognize the sacrifices and support of military spouses. It is officially observed the Friday before Mother's Day. The day is set aside to acknowledge and show appreciation for all military spouses, who play a vital role in the lives of their families while their spouse fulfills their duty to our country.

The NC Department of Military and Veterans Affairs pays tribute to all Armed Force Spouses in the State of North Carolina each May. For more details visit our website at [www.milvets.nc.gov](http://www.milvets.nc.gov)

## NORTH CAROLINA WOMEN VETERANS SUMMIT AND EXPO

The North Carolina Women Veterans Summit and Expo is a biennial event whose purpose is to empower women veterans to live healthy, happy lives, become successful leaders in their communities, and to advocate on behalf of other women veterans. Women veterans throughout the state participate in this event to share their stories and exchange ideas about business, entrepreneurship, educational and career opportunities, and health and wellness. The event features state, local and federal exhibitors, a speaking program, and a series of networking and breakout sessions.

NC WWSE ([www.milvets.nc.gov](http://www.milvets.nc.gov))

## NORTH CAROLINA DEPARTMENT OF COMMERCE

NCWorks Veterans Services, provided by the N.C. Commerce Department's Division of Workforce Solutions, assist veterans, transitioning service members, and eligible military spouses. Women veterans can visit their local NCWorks Career Center and take advantage of no-cost services, including career assessments, job interview preparation, resume and cover letter assistance, access to computers, free internet service, and help with applying to employment and training opportunities. Some veterans face significant barriers that make it difficult for them to find suitable employment. Most NCWorks Career Centers have specialized staff—all of whom are veterans—who work closely with employers to create more opportunities for these veterans and provide them with referrals to supportive services including vocational rehabilitation, transportation, elder care, food and nutrition services, and non-profit organizations that address homelessness. Find a center near you at [veterans.ncworks.gov](http://veterans.ncworks.gov).

## UNITED STATES DEPARTMENT OF VETERANS AFFAIRS (VA)



The Women Veterans Call Center (WVCC) answers questions and responds to concerns from



women veterans, their families, and caregivers across the nation about VA services and resources. The call is free, and women veterans can call as often as they need until they have the answers to their questions. Hours of operation are Monday through Friday 8:00am to 10:00pm ET and Saturday, 8:00am to 6:30pm ET.

**WVCC: (855) VA-WOMEN (855) 829-6636**

The VA is taking steps to improve and expand services for women veterans who are homeless or at risk of becoming homeless. Many women veterans face challenges when returning to civilian life that are different from those of their male counterparts, including raising children on their own or dealing with the psychological after effects of events such as military sexual trauma. These issues, without intervention, can put women veterans at greater risk of becoming homeless.

#### **VA Homeless Women Veteran Resources**

[www.va.gov/homeless/for\\_women\\_veterans.asp](http://www.va.gov/homeless/for_women_veterans.asp)

## **VA VETERANS HEALTH ADMINISTRATION (VHA)**

The Veterans Health Care Act of 1992 authorized new and expanded services for women veterans. These services include: counseling for trauma related to sexual assault; specific health care services such as Pap smears, mammography, and general reproductive health care at VA

facilities; and mental health services that include substance abuse counseling, evaluation and treatment of Military Sexual Trauma (MST) and post-traumatic stress disorder (PTSD).

The VHA encourages all women between ages 50 and 75 to get mammograms every two years. If your health care provider recommends a mammogram outside of this age range, the VA will still provide it.

The Department of Veterans Affairs Mobile Mammography Unit provides access to mammography screening at selected VA Health Care Centers in North Carolina, and is one of only two regional mobile radiology units in the US. The Mobile Mammography Unit features digital mammography technology; all-female technologists; a private changing room with separate clinical exam room; and the privacy and comfort of a traditional screening center with the convenience of a fully functioning mobile unit.

The Women Veterans Health Program promotes the health, welfare, and dignity of women veterans and their families by ensuring equitable access to timely, sensitive, and quality healthcare. There is a full-time Women Veteran Program Manager at every VA Medical Center, a Women's Liaison at every community-based outpatient clinic, and a Women Veterans Coordinator at every regional office. **VA Women Veterans Health Care** ([www.womenshealth.va.gov](http://www.womenshealth.va.gov))

### **NC WOMEN-OWNED BUSINESS, CERTIFIED WOMAN-OWNED BUSINESS:**

North Carolina has four centers focused on assisting women owned businesses. They can assist with paperwork, process, and filing for certification as a woman-owned business, as well as other business services.

#### **ASHEVILLE**

Division of Carolinas Small Business Development Fund  
(Formerly The Support Center)

**Western Women Business Center (WWBC)**

Sharon Oxendine – Director

**PHONE:** (828) 633-5065

**EMAIL:** [soxendine@thesupportcenter-nc.org](mailto:soxendine@thesupportcenter-nc.org)

#### **CHARLOTTE**

Division of The Institute, formerly the Minority Economic (NC CEED)  
Development Institute

Women's Business Center (WBC)

Natalie Williams – Executive Director

**PHONE:** (704) 509-5884

**EMAIL:** [nwilliams@theinstitutenc.org](mailto:nwilliams@theinstitutenc.org)

**WEBSITE:** [www.theinstitutenc.org/index.php/programs-services/women-business-development/wbc-charlotte](http://www.theinstitutenc.org/index.php/programs-services/women-business-development/wbc-charlotte)

#### **RALEIGH/DURHAM**

Division of The Institute  
Women's Business Center of NC (WBCNC)

Roberta McCullough, Exec Director

**PHONE:** (919) 956-8889

**EMAIL:** [wbcadmin@theinstitutenc.org](mailto:wbcadmin@theinstitutenc.org)

**WEBSITE:** [www.theinstitutenc.org/index.php/programs-services/women-business-development/wbc-north-carolina](http://www.theinstitutenc.org/index.php/programs-services/women-business-development/wbc-north-carolina)

#### **FAYETTEVILLE**

NC Center for Economic Empowerment & Development (NC CEED)

Women's Business Center (WBC)

Lexi Hasapis

**PHONE:** (910) 323.3377 ext. 30

**EMAIL:** [wbc1@nceed.org](mailto:wbc1@nceed.org)

**Website:** [www.wbcfay.org](http://www.wbcfay.org)

## VETERANS BENEFITS ADMINISTRATION (VBA)

The VA's Women Veterans Coordinators can assist women veterans with the development and handling of claims for gender-specific conditions, including trauma from sexual harassment and assault. A PDF document has been created that addresses women veterans' 25 most frequently asked questions about their benefits, and it can be found along with many other resources on the VA's Center for Women Veterans (CWV) website.

**VA CWV Resources**  
([www.va.gov/womenvet](http://www.va.gov/womenvet))

## UNITED STATES SMALL BUSINESS ADMINISTRATION (SBA)

In March 2016, the SBA's Office of Veterans Business Development (OVBD) and Office of Women's Business Ownership (OWBO) submitted a report to Congress increasing attention on women veteran-owned small businesses. The report compiles and disseminates information on women veterans and makes recommendations to improve outreach to women veterans, providing them with greater access to procurement, lending, and affordable capital.

**SBA Women Veterans Business Resources**  
[www.sba.gov/offices/headquarters/ovbd/spotlight](http://www.sba.gov/offices/headquarters/ovbd/spotlight)

Veteran Women Igniting the Spirit of Entrepreneurship (VWISE) is an entrepreneurial training program for female veterans of all service eras and branches with a passion for and interest in either starting a new small business or growing an existing one. VWISE enables female veterans to learn business-savvy skills in order to turn their ideas or businesses into growth ventures while recognizing entrepreneurship as an important part of economic growth

nationwide. This unique training program was designed specifically by Syracuse University with the Office of Veterans Business Development, SBA, to encourage and support female veterans with an interest in exploring career opportunities in small business ownership.

**SBA and Syracuse University VWISE**  
[whitman.syr.edu/vwise](http://whitman.syr.edu/vwise)

## UNITED STATES DEPT. OF LABOR (DOL)

Women veterans, who comprise 10 percent of the veteran population, but only 2 percent of all working women in America, are a critical segment of today's workforce. Job-hunting can be difficult for anyone, and transitioning veterans may experience culture shock, difficulty translating skills, unfamiliarity with the civilian job search process, and more. Unlike their male veteran peers, women veterans may also experience unique challenges common among non-veteran working women.

Free employment services are available to women veterans nationwide from the DOL Veterans' Employment and Training Service (VETS) Women Veteran Program – these services are targeted to be particularly helpful to women veterans.

As a part of the VETS program, the DOL also funds The Homeless Female Veterans' and Homeless Veterans with Families Program. The program provides supportive services to eligible homeless female veterans and female veterans who are at risk of becoming homeless. The program provides direct services through a case management approach that leverages Federal, State and local resources. Eligible veterans are connected with appropriate employment and life skills support to ensure a successful integration into the workforce.

**DOL VETS Women Veteran Program**  
[www.dol.gov/vets/womenveterans](http://www.dol.gov/vets/womenveterans)



Combat Female Veterans Families (CFVF) United seeks to engage the combat female veterans of North Carolina, as well as deployed combat females preparing for their returns home to North Carolina. With focus on education, support, and advocacy, CFVF United will act as a conduit between female military heroes and the vital resources they need to ensure long, healthy, and fulfilling lives after war.

At CFVF United, we honor the efforts of existing Veterans' services and strive to partner in our ventures

to serve our Veteran community. At the same time, we recognize the areas in which, as a nation, as sisters and brothers in service to others, we can and should collectively improve when it comes to lifting-up and protecting this unique and highly-valued sector of our population.

(919) 637-7679  
info@cfvfunitied.com  
WWW.CFVFUNITED.COM  
5574-D Garden Village Way #3,  
Greensboro, NC 27410

## WOMEN VETERANS HEALTH CARE

**1-855-VA-WOMEN**  
**[1-855-829-6636]**

Women veterans are eligible for the same VA benefits as male veterans. Comprehensive health services are available to women veterans including primary care, mental health care, and reproductive health care services. VA provides management of acute and chronic illnesses, preventive care, contraceptive services, menopause management, and cancer screenings, including pap smear, and mammograms, and gynecology.

- Maternity care is covered in the medical benefits package to include care for newborn children of women veterans for up to 7 days after birth. VA is also mandated to implement pilot programs to provide child care to women veterans receiving medical care, and to provide readjustment services to women veterans. Infertility evaluation and limited treatments also are available.
- Women Veterans Program Managers are available at all VA facilities to help veterans seeking treatment and benefits.

## MILITARY SEXUAL TRAUMA

Other experiences that fall into the category of MST include unwanted sexual touching or grabbing; threatening, offensive remarks about a person's body or sexual activities; and/or threatening or unwelcome sexual advances.

Both women and men can experience MST during their service. All veterans seen at Veterans Health Administrations facilities are asked about experiences of sexual trauma because they know that any type of trauma can affect a person's physical and mental health, even many years later. People can recover from trauma and the VA has free services to help veterans do this.

You do not need to have a VA disability (service connected) rating to receive these services and may be able to receive services even if you are not eligible for other VA care. You do not need to have reported the incident(s) when they happened or have other documentation that they occurred.

For more information, veterans can speak with a VA healthcare provider, contact the MST Coordinator at their nearest VA Medical Center, or contact their local Vet Center. More MST information can be found at [mentalhealth.va.gov](http://mentalhealth.va.gov).



## SUPPORT TO GET YOU TO A SAFE PLACE

**Women Veterans Support Services, Inc.**  
**Est 2008**

Since 2008, Women Veterans Support Services, Inc., mission is to provide direct and referral support in a safe place to our Active and Veteran women, special cases of single fathers with daughters and spouses. We specialize in crisis management.

Our programs under the **Red Shoe** experience addresses our four main areas of support:

- Homelessness
- Domestic Violence/Sexual Assault
- H.E.R. Refined
- Ready4Work



We provide training and education about the true challenges of our underserved population to agencies.

Do not go it alone! Call us, we are here to help.

Services are free, thanks to the generosity of donors.

**CONTACT US:** (919) 276-5083 / **TEXT** (919) 696-9572 / [Facebook.com/wvss.nc](https://www.facebook.com/wvss.nc) / **EMAIL** [info@wvss-nc.org](mailto:info@wvss-nc.org)

**ADMIN OFFICE:** 413 N. Salisbury St. Room 304, Raleigh, NC 27603

## NORTH CAROLINA VA MEDICAL CENTERS



### Durham VAMC

508 Fulton Street  
Durham, NC 27705  
(919) 286-0411  
(888) 878-6890

Women's Health Clinic

### Fayetteville VAMC

2300 Ramsey Street  
Fayetteville, NC 28301  
(910) 488-2120  
(800) 771-6106

Women's Health Clinic

### Asheville VAMC

1100 Tunnel Road  
Asheville, NC 28805  
(828) 298-7911

Women's Health Clinic

### Salisbury VAMC

1601 Brenner Avenue  
Salisbury, NC 28144  
(704) 638-9000  
(800) 469-8262

Women's Health Clinic



### NC Coalition of Women Veteran Organizations (NC-CWVO)

is a voluntary partnership of organizations that serves women veterans. We are joining forces to target the issues and needs of NC women veterans while building impactful relationships. This collaborative effort allows us to move forward in unity.

NC-CWVO members will work with one another to improve data and methods for tackling unique women veteran issues, as well as sharing them with women veteran providers.

NC-CWVO will provide guidance and information about NC organizations that service women veterans. This is achieved by conferences, webinars, personal consultations, and publications.

NC-CWVOs are community-based organizations and providers who are concerned by the lack of gender specific programs and services currently available to women veterans. We want to ensure inclusion of women veteran only programs in our local and state healthcare facilities.

#### Our Mission:

- To assist with finding resources for women veterans that can support and improve their livelihood.
- To collaborate with other women veteran organizations and share information across the state to eradicate disconnect.
- To promote responsibility, readiness and resilience with providers who care for our women veterans.

[nccwo18@gmail.com](mailto:nccwo18@gmail.com)



**INDIGO**  
Consortium™

When leaving the service, women face countless challenges as they try to assimilate into civilian life. Our purpose is to serve, advocate, and support the unique needs of women veterans, through our network of programs and partnerships. We are dedicated to helping every step of the way.

Assistance includes but not limited to:

- Community resource navigator
- Continuing Education resource
- Bridge to Benefits
- Employment Assistance
- Homelessness and housing options
- Financial Literacy workshop

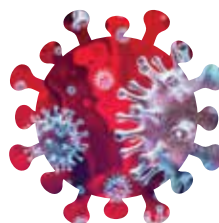
CONTACT: Shawn M. Ross, MPA, PHR – (919) 808-1814

[contact@indigoconsortium.org](mailto:contact@indigoconsortium.org)

[www.indigoconsortium.org](http://www.indigoconsortium.org)

A nonprofit 501c3 tax-deductible organization

**DID YOU**



**KNOW**

If you are in the military,  
you can find support with  
domestic violence, abuse, and  
sexual assault by contacting

Military One Source at  
[militaryonesource.mil](http://militaryonesource.mil) or  
1-800-342-9647, or

National Sexual Assault Hotline  
1-800-656-HOPE (4673), or  
the National Domestic Violence  
Hotline 1-800-799-7233 or if you  
are unable to speak safely, Text

LOVEIS to 22522

## ADDITIONAL NORTH CAROLINA RESOURCES

**North Carolina Council for Women**  
ncadmin.nc.gov/about-doa/divisions/council-for-women

**North Carolina Coalition Against Sexual Assault (NCCASA)**  
www.nccasa.org

**Dress for Success Triangle**  
trianglenc.dressforsuccess.org

**Dress for Success Charlotte**  
charlotte.dressforsuccess.org

**Dress for Success Winston-Salem**  
winstonsalem.dressforsuccess.org

**Women Veterans Support Services**  
wvss-nc.org

**The Aura Home for Homeless Women Veterans Asheville**  
aurahomewomenvets.org

**University of North Carolina at Greensboro Women Veterans Historical Project**  
libcdm1.uncg.edu/cdm/landingpage/collection/WVHP

**Steadfast House Women's Shelter and Support Program Asheville**  
www.abccm.org/steadfast-house

**W.E.R.I.S.E Veterans**  
www.weriseveterans.org/

## ADDITIONAL UNITED STATES RESOURCES

**Athena's Sisters (Louisville, KY)**  
http://athenassistors.us/

**Dress for Success**  
www.dressforsuccess.org

**VA Office of Diversity and Inclusion (ODI)**  
www.diversity.va.gov

**Grace after Fire**  
www.graceafterfire.org

**Women in Military Service for America (WIMSA) Memorial**  
www.womensmemorial.org

**American Women Veterans**  
americanwomenveterans.org

**National Association of Black Military Women**  
www.nabmw.org

**U.S Army Women's Foundation**  
www.awfdn.org

**The Vietnam Women's Memorial Foundation**  
vietnamwomensmemorial.org

**Women Marines Association**  
www.womenmarines.org

**Women's Army Corps Veterans Association**  
www.armywomen.org

**Ms Veteran America Pageant**  
www.msveteranamerica.com

**Army Women's Foundation**  
www.awfdn.org

**Academy Women**  
www.academywomen.org

**Service Women's Action Network**  
www.servicewomen.org

**Department of Defense Sexual Assault Prevention and Response with Safe Helpline**  
www.dla.mil/Info/SAPR/resources/

Helping Homeless Women Veterans In  
Buncombe, Henderson & Haywood Counties

aurahomewomenvets.org



828-771-6979

***Aura Home empowers Women Veterans to be vibrant & self-sufficient to thrive in their community.***

Homeless Prevention / Temporary Housing / Access to Services /  
Veteran's Affairs benefits information, assistance and guidance

St Matthias Episcopal Church Parish House, 1 Dundee St - Asheville, NC 28801



SAVE THE DATE: October 15, 2020

# 2020 NC Women MilVets Virtual Summit

**STAY CONNECTED. STAY INFORMED**

Registration opens September 1, 2020:  
[www.milvets.nc.gov/events/2020/](http://www.milvets.nc.gov/events/2020/)

PRESENTED IN  
PARTNERSHIP:



**DMVA**



NC DEPARTMENT OF  
HEALTH AND HUMAN SERVICES



**VA** U.S. Department  
of Veterans Affairs



**AARP** Real  
Possibilities

Save the Date: May 18, 2021

# 2021 NC Women Milvets Summit & Expo

**I served.  
I am not invisible.**

**EDUCATE. EMPOWER. ENRICH.**

**Do you miss the camaraderie you experienced in the military?  
Would you like to be more informed on women veteran topics and events?**



If so, then check out the **Triangle Women Veterans**, Military Women Across the Nation Unit # 144. We welcome guests!

Meetings: The 3<sup>rd</sup> Saturday of March, June, September and the 1st Saturday in December.

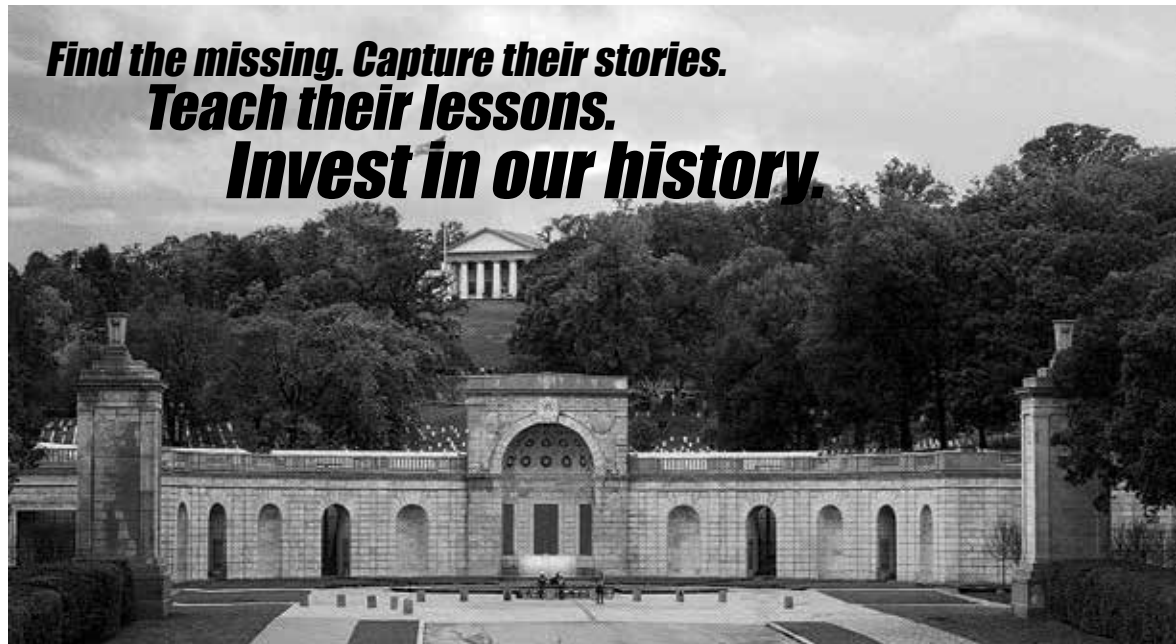
Membership: Open to women who served or are serving honorably in the US Armed forces.

*Honoring Our History By Continuing to Serve*

Find us: [www.trianglewomenveterans.org](http://www.trianglewomenveterans.org)

FaceBook: Triangle Women Veterans – MWAN Unit 144

Contact: [triwomenvets@gmail.com](mailto:triwomenvets@gmail.com)



***Find the missing. Capture their stories.  
Teach their lessons.  
Invest in our history.***

**Some 3 million women have served in our nation's armed forces ...**

at the Women's Memorial, America's only major memorial honoring our service-women—past and present—we're telling their story. But we need your help. If you know of a servicewoman, past or present, register her today.

***For information or to register,  
visit [www.womensmemorial.org](http://www.womensmemorial.org) or call 800-222-2294***



Women In Military Service For America Memorial • Gateway Arlington National Cemetery  
800-222-2294 • [hq@womensmemorial.org](mailto:hq@womensmemorial.org) • [www.womensmemorial.org](http://www.womensmemorial.org) • [facebook.com/womensmemorial](https://facebook.com/womensmemorial)



2020

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS



## ACTIVE DUTY/TRANSITION

VISIT US @ MILVETS.NC.GOV AND NC4VETS.COM

- 124 . . . Marine Corps Base Camp Lejeune/  
MC Air Station New River
- 126 . . . Marine Corps Air Station Cherry Point
- 127 . . . Coast Guard BASE Elizabeth City
- 128 . . . US Army Fort Bragg
- 129 . . . Seymour Johnson Air Force Base

- FORT BRAGG
- CAMP LEJEUNE
- CHERRY POINT
- SEYMOUR JOHNSON
- ELIZABETH CITY
- SUNNY POINT

**YOU CALL**  
**NCDMVA ANSWERS**

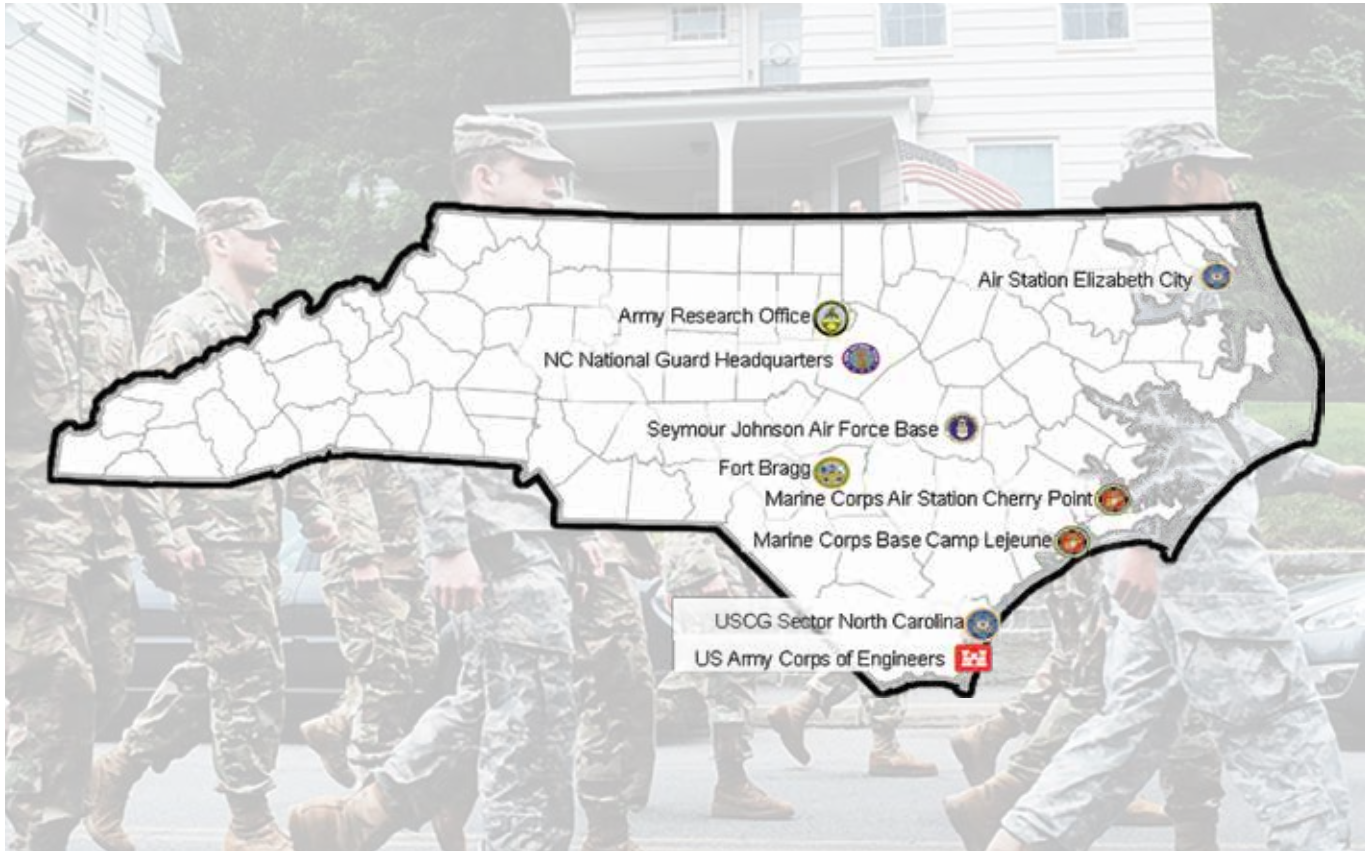
844.624.8387

(844.NC4.VETS)

**FAX** 984-204-8343

 @NC4VETS

 @NC4VETS



122

## NORTH CAROLINA ACTIVE MILITARY

North Carolina is home to many of the renowned military installations in the nation and thousands of brave service members stationed at them. Each Installation in North Carolina provides unique and critical capabilities that contribute to our National Security and support the National Defense Authorization Act and National Military Strategy. The critical role of North Carolina's contributions to National Defense are significant and enduring. There are nearly 600,000 DoD-related jobs of which half are in the private sector. The defense and homeland security presence generate approximately \$66 billion annually to the state's economy, representing 15% of North Carolina's gross state product making defense the second largest economic contributor with agriculture being the first. A brief description of North Carolina's major installations and their strategic contribution to national defense are listed.

**FT. BRAGG.** Home to the U.S. Army's rapid response force, U.S. Army Special Operations Command, U.S. Joint Special Operations Command, U.S. Army Forces Command, U.S. Army Reserve Command.

**MARINE CORPS BASE CAMP LEJEUNE.** II Marine Expeditionary Force, U.S. Marine Corps Special Operations Command and Marine Corps Installation Command East.

**MARINE CORPS AIR STATION NEW RIVER.** The primary Marine Corps tiltrotor and helicopter station in the world.

**MARINE CORPS AIR STATION CHERRY POINT.** The largest Marine Corps Air Station in the world and the future home to the largest F35B Joint Strike Fighter Base in the world. Fleet Readiness Center East and the future home to F-35B Depot Level Maintenance.

**SEYMOUR JOHNSON AFB.** 4th Fighter Wing and the entire Air Force's F15E Strike Eagle training capability. Future basing location of the Reserve KC-46A Pegasus Tank for the entire Air Force Reserve.

**U.S. COAST GUARD BASE ELIZABETH CITY.** The Coast Guards only Aviation Logistics Center and the largest employer in Northeastern North Carolina.

**NORTH CAROLINA NATIONAL GUARD.** Providing nearly 12,000 citizen soldiers to support Active Army. The Air National Guard provides critical assets to the Air Force.

**MILITARY OCEAN TERMINAL SUNNY POINT.** The largest military terminal in the country. It serves as a transfer point between rail, trucks and ships for the imports and export of weapons, ammunition, explosives and military equipment for the U.S. Army.

U.S. Military Reserve Components. Consisting of some 10,000 Reservists as a force multiplier for the DoDs Mission.

**U.S. COAST GUARD SECTOR NORTH CAROLINA.** Sector North Carolina has oversight of operational Coast Guard missions throughout the entire State of North Carolina. Our primary missions include Search and Rescue, Marine Safety, Ports and Waterways Coastal Security,

Marine Environmental Protection, Aids to Navigation, Maritime Law Enforcement, and Recreational Boating Safety.

**ARMY RESEARCH OFFICE.** Funds extramural basic research, that is, research in outside academic and industrial organizations, providing grants to both single investigators and university-affiliated research centers, as well as outreach programs.

**ARMY CORPS OF ENGINEERS WILMINGTON SECTOR.** The Wilmington District provides quality, professional and comprehensive engineering, construction and other value-added services to our civilian, military and interagency stakeholders, customers and partners across the state of North Carolina and select regions of the Commonwealth of Virginia.



## DOD SKILLBRIDGE PROGRAM

*Connecting transitioning Service members to occupational training.*



<http://bit.ly/skillbridge1>

Learn more about how to participate in DoD SkillBridge:  
<http://bit.ly/skillbridge1>

### ABOUT THE PROGRAM

DoD SkillBridge programs provide our retiring and transitioning Service members the opportunity to participate in industry training programs while transitioning out of their Military careers.

The DoD covers Military pay and benefits during a Service member's time in a SkillBridge program, providing an invaluable experience for the Service member and the Industry Partner.

Program partners include employers in all career fields such as **Amazon, John Deere, Lockheed Martin, UnitedHealth Group,** and the **U.S. Veterans Administration** — and hundreds more!

### PLAN FOR YOUR FUTURE

Career and transition planning is important to your success and begins with basic training.

Just as military occupational training is mission-critical to your Service, continual career tooling is critical to your occupational success.

The DoD SkillBridge program is an excellent opportunity as you plan for your life after the military.

SkillBridge matches civilian opportunities to your job training and work experience at the end of your military duty.

You may be eligible to participate in SkillBridge if you have 180 days of service or fewer remaining prior to your date of separation and you have at least 180 continuous days of active service.

### LEVERAGE YOUR BENEFITS

In addition to opportunities such as Tuition Assistance and the GI Bill program, you can enhance your marketability and post-separation career prospects by participating in a SkillBridge opportunity.



# MARINE CORPS BASE CAMP LEJEUNE/MC AIR STATION NEW RIVER

Camp Lejeune is home to the largest concentration of Marines in the Marine Corps and also the largest amphibious base on the East Coast. II Marine Expeditionary Force, Marine Special Operations Command, and Marine Corps Installations East provide the Nation's Rapid Response Team.

Camp Lejeune includes a 156,000-acre training base, with 11 miles of beach capable for supporting amphibious operations, and 50 tactical landing zones. The Base community is home to over 45,000 service members and civilian employees.

## RELOCATION:

### Military Installations

[installations.militaryonesource.mil/mybaseguide.com/](http://installations.militaryonesource.mil/mybaseguide.com/)

### Per Diem, Travel & Transportation

#### Allowance Committee

[www.defensetravel.dod.mil](http://www.defensetravel.dod.mil)

### Distribution Management Office (TMO)

Bldg 1011, Camp Lejeune (910) 451-2377

### Inns of the Corps Lejeune

[www.mccslejeune-newriver.com/inns/](http://www.mccslejeune-newriver.com/inns/) (919) 451-3041

### Atlantic Marine Corps Communities

[www.atlanticmcc.com](http://www.atlanticmcc.com) (866) 509-2424

### Navy Housing

[www.lejeune.marines.mil/Offices-Staff/Family-Housing-Division/](http://www.lejeune.marines.mil/Offices-Staff/Family-Housing-Division/)

### Home Rentals/Sales Jacksonville

#### Board of Realtors

[www.jbornc.com](http://www.jbornc.com)

### Carteret County Assoc. of Realtors

[www.ccarrealtors.org](http://www.ccarrealtors.org)

### Duplin-Sampson Assoc. of REALTORS

[www.idxbroker.com/boards/duplin-sampson-association-of-realtors-north-carolina](http://www.idxbroker.com/boards/duplin-sampson-association-of-realtors-north-carolina)

### Neuse River Region Assoc. of REALTORS

[www.nrrar.com](http://www.nrrar.com)

## EDUCATION:

### Camp Lejeune DoDea Schools

[www.dodea.edu/Americas/midAtlantic/index.cfm](http://www.dodea.edu/Americas/midAtlantic/index.cfm) (910) 451-2461

### Private Schools

[mybaseguide.com/installation/camp-lejeune/community/the-best-camp-lejeune-schools/](http://mybaseguide.com/installation/camp-lejeune/community/the-best-camp-lejeune-schools/)

### North Carolina Division of

#### Non-Public Education

[www.ncdnpe.org](http://www.ncdnpe.org)

### Great Schools

[www.greatschools.org](http://www.greatschools.org)

### Military Child Education Coalition

[www.militarychild.org](http://www.militarychild.org)

### Home School Legal Defense Association

[www.hslda.org](http://www.hslda.org)

## EMPLOYMENT:

### Army

[cpol.army.mil](http://cpol.army.mil)

### USAJOBS

[www.usajobs.gov](http://www.usajobs.gov)

### MCCS

[www.mccslejeune-newriver.com/jobs](http://www.mccslejeune-newriver.com/jobs)

### Navy

[www.navy.mil](http://www.navy.mil)

### NCWorks Online

[www.ncworks.gov](http://www.ncworks.gov) (910) 347-2121

### North Carolina for Military Employment

[www.nc4me.org](http://www.nc4me.org) (910) 347-2121

### Family Member Employment

#### Assistance Program (FMEAP)

[www.mccslejeune-newriver.com/fmeap](http://www.mccslejeune-newriver.com/fmeap)

## EMERGENCY:

### Red Cross Office

[www.redcross.org](http://www.redcross.org) (910) 451-2182/5159 (after hours (877) 272-7337)

### Navy Marine Corps Relief Society

[www.nmcrcs.org](http://www.nmcrcs.org) (910) 451-5346/5584

### Military One Source

[www.militaryonesource.mil](http://www.militaryonesource.mil)

### Family Preparedness

[www.ready.gov](http://www.ready.gov)

### The National Weather Service

[www.weather.gov](http://www.weather.gov)

### North Carolina Road Conditions

[www.ncdot.gov/travel-maps/traffic-travel/Pages/](http://www.ncdot.gov/travel-maps/traffic-travel/Pages/)

### NC Dept of Insurance

[www.ncdoi.com](http://www.ncdoi.com)

### NC Crime Control and Public Safety

[www.ncdps.gov/](http://www.ncdps.gov/)

### Travel Warnings

[www.travel.state.gov](http://www.travel.state.gov)

## FAMILY RESOURCES:

### Marine Corps Community Services

[www.mccslejeune-newriver.com](http://www.mccslejeune-newriver.com)

### Department of Social Services

[www.cravencountync.gov/275/Social-Services](http://www.cravencountync.gov/275/Social-Services) Food Stamps, etc. (910) 455-4145

### Women, Infants, and Children Program

[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic) (910) 353-0022

### Military Youth on the Move

[www.militaryonesource.mil](http://www.militaryonesource.mil)

### DStress Line:

[www.dstressline.com/](http://www.dstressline.com/)

### Child and Youth Program

[mccscherrypoint.com/children-youth/](http://mccscherrypoint.com/children-youth/)

### Onslow County Partnership for Children

[www.onslowkids.org](http://www.onslowkids.org) (910) 938-0336

### Tragedy Assistance Program

[www.taps.org](http://www.taps.org)

### National Military Family Association

[www.militaryfamily.org](http://www.militaryfamily.org)

### New Parent Support Program

[www.mccslejeune-newriver.com/npsp](http://www.mccslejeune-newriver.com/npsp)

### Exceptional Family Member Program

[www.mccslejeune-newriver.com/efmp](http://www.mccslejeune-newriver.com/efmp)

### Counseling Services

[www.mccslejeune-newriver.com/counseling](http://www.mccslejeune-newriver.com/counseling)

### Military & Family Life Counselors

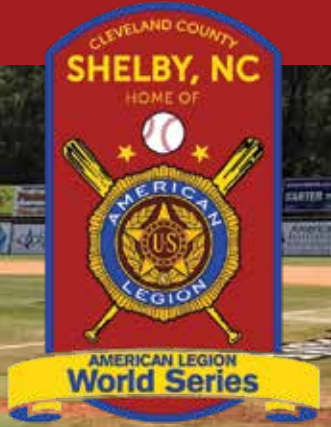
[www.mccslejeune-newriver.com/mflc](http://www.mccslejeune-newriver.com/mflc)

### Marine Corps Family Team Building

[www.mccslejeune-newriver.com/mcftb](http://www.mccslejeune-newriver.com/mcftb)

### Women, Infants, and Children's Program

[www.wicprograms.org](http://www.wicprograms.org)



# MARINE CORPS AIR STATION CHERRY POINT

Cherry Point is the largest Marine Corps Air Station in the world. It is the headquarters of the 2nd Marine Aircraft Wing, the aviation component of II Marine Expeditionary Force. Cherry Point is home to the AV-8B Harrier, and will eventually be the largest F-35B Joint Strike Fighter base in the Nation.

Cherry Point has 4 runways over 8,000 feet and over 29,000 acres of land! Bombing ranges and outlying fields are used by Marine Corps, Navy, and Air Force aviators for training. Nearly 14,000 service members and civilians work at Cherry Point.

## RELOCATION:

### Distribution Management Office (DMO):

Bldg. 298 E Street  
MCAS Cherry Point NC 28533  
(252) 466-2345

### Transient Officer Quarters (TOQ)

(252) 466-5169 / 3359

### Transient Enlisted Quarters (TEQ)

(252) 466-3060

### Atlantic Marine Corps Communities

cp.atlanticmcc.com  
(888) 883-0980

### Military Installations

installations.militaryonesource.mil/  
mybaseguide.com/

### Per Diem, Travel & Transportation Allowance Committee

www.defensetravel.dod.mil

### Navy Housing

www.cherrypoint.marines.mil/Offices/Housing/  
Family-Housing-Office/

### Home Rentals/Sales:

Neuse River Region Association of REALTORS  
www.nrrar.com

### Carteret County Association of Realtors

www.ccarrealtors.org

## EDUCATION:

### DoD Schools

www.dodea.edu/

### North Carolina Division of Non-Public Education

www.ncdnpe.org

### Craven County Military Liaison Counselor

(252) 444-7209

### Craven County Schools

www.craven.k12.nc.us (25) 514-6300

### Carteret County Schools

www.carteretcountyschools.org  
(252) 728-4583

### Private Schools

mybaseguide.com/installation/mcas-cherry-point/community/in-craven-county-7/

### Great School

www.greatschools.org

## EMPLOYMENT:

### Army

cpol.army.mil

### USAJOBS

www.usajobs.gov

### MCCS

mccscherrypoint.com/employment

### Navy

www.navy.mil

### Employment Security Commission

www.ncesc.com  
(910) 347-2121

### NCWorks Online

www.ncworks.gov

### North Carolina for Military Employment

www.nc4me.org

### Family Member Employment Assistance Program (FMEAP)

usmc-mccs.org/employ/benefits/employee/eap.html

## EMERGENCY:

### Red Cross Office

www.redcross.org  
(910) 451-2182/5159  
(after hours) (877) 272-7337

### Navy Marine Corps Relief Society

www.nmcrcs.org (910) 451-5346/5584

### Military One Source

www.militaryonesource.mil

### Family Preparedness

www.ready.gov

### The National Weather Service

www.weather.gov

### North Carolina Road Conditions

www.ncdot.gov/travel-maps/traffic-travel/Pages/

### NC Dept of Insurance

www.ncdoi.com

### NC Crime Control and Public Safety

www.nccrimecontrol.org

### Travel Warnings

www.travel.state.gov

## FAMILY RESOURCES:

### Marine Corps Community Services

mccscherrypoint.com

### Dept. of Social Services – Craven County

www.cravencountync.gov/275/Social-Services  
Food Stamps, etc  
(252) 636-4900

### Social Services – Carteret County

www.carteretcountync.gov/144/Social-Services  
(252) 728-3181

### Women, Infants, and Children Program

www.wicprograms.org/ci/nccherry\_point  
(252) 636-4920 (Craven County Office)

### Military Youth on the Move

www.defenselink.mil/mtom

### DStress Line

www.dstressline.com

### Child and Youth Program

mccscherrypoint.com/children-youth/

### Craven Smart Start, Inc

www.cravensmartstart.org  
(252) 636-3198

### Carteret County Partnership for Children

www.carteretkids.org  
(252) 727-0440

### Tragedy Assistance Program

www.taps.org

### National Military Family Association

www.militaryfamily.org

### New Parent Support Program:

www.mccscherrypoint.com/programs/behavioral-health/parent-family/  
(252) 466-3651

### Exceptional Family Member Program

mccscherrypoint.com/programs/family-care/exceptional-family-member  
(252) 466-7533

### Marine & Family Programs

mccscherrypoint.com/programs



# COAST GUARD BASE ELIZABETH CITY

Located in the heart of Northeastern North Carolina, the U.S. Coast Guard Base at Elizabeth City is a regional command center that provides logistics, engineering, administrative, financial, purchasing, and health care services to Coast Guard units throughout North Carolina.

Comprised of more than 880 acres and nearly 2,000 service members and civilian employees, the base is the Coast Guard's largest aviation facility, and the largest employer in Northeastern North Carolina. Elizabeth City is the hub for Coast

## RELOCATION:

**USCG Elizabeth City Welcome Aboard**  
[www.uscg.mil/baseElizabethCity/welcomeaboard.asp](http://www.uscg.mil/baseElizabethCity/welcomeaboard.asp)

**Area Housing Office at Base Portsmouth**  
(757) 686-4044

**Rental Partnership Program, Leased Housing, Housing Releases and Community Housing Referrals/Listings**  
(757) 686-4047

**Housing Referral Network, Leased Housing, Housing Releases and Community Housing Referrals/Listings**  
(757) 686-4081

**Military Installations**  
[installations.militaryonesource.mil](http://installations.militaryonesource.mil)

**Per Diem, Travel & Transportation Allowance Committee**  
[www.defensetravel.dod.mil](http://www.defensetravel.dod.mil)

**Home Rentals/Sales: Albemarle Area Association of REALTORS**  
[www.ar-nc.com](http://www.ar-nc.com)

## EDUCATION:

**Elizabeth City – Pasquotank County Schools**  
[www.ecpps.k12.nc.us/pages/ECPPS](http://www.ecpps.k12.nc.us/pages/ECPPS)  
(252) 335-2981

**GreatSchools**  
[www.greatschools.net](http://www.greatschools.net)

**Military Child Education Coalition**  
[www.militarychild.org](http://www.militarychild.org)

**Home School Legal Defense Association**  
[www.hslda.org](http://www.hslda.org)

**North Carolina Division of Non-Public Education**  
[www.ncdnpe.org](http://www.ncdnpe.org)

## EMPLOYMENT:

**Coast Guard:**  
[www.uscg.mil/civilian/careeropps.asp](http://www.uscg.mil/civilian/careeropps.asp)  
[www.uscg.mil/alc/jobs.asp](http://www.uscg.mil/alc/jobs.asp)

**USAJOBS:** [www.usajobs.gov](http://www.usajobs.gov)  
Employment Readiness Program  
3rd Fl., Bldg. 4-2843  
(910) 396-2390

**Spouse Employment Assistance**  
[www.ncdot.gov/travel-maps/traffic-travel/Pages/](http://www.ncdot.gov/travel-maps/traffic-travel/Pages/)

**NCWorks Online**  
[www.ncworks.gov](http://www.ncworks.gov)

**North Carolina for Military Employment**  
[www.nc4me.org](http://www.nc4me.org)

## EMERGENCY:

**Red Cross Office**  
[www.redcross.org](http://www.redcross.org)  
(910) 451-2182/5159  
(after hours (877) 272-7337)

**Welcome to Coast Guard Mutual Assistance**  
[www.cgmahq.org](http://www.cgmahq.org)  
(800) 881-2462

**Military One Source**  
[www.militaryonesource.mil](http://www.militaryonesource.mil)

**Family Preparedness**  
[www.ready.gov](http://www.ready.gov)

**The National Weather Service**  
[www.weather.gov](http://www.weather.gov)

**North Carolina Road Conditions**  
[www.drivenc.gov/](http://www.drivenc.gov/)

**NC Crime Control and Public Safety**  
[www.nccrimecontrol.org](http://www.nccrimecontrol.org)

## FAMILY RESOURCES:

**USCG Elizabeth City MWR**  
[www.uscg.mil/baseElizabethCity/mwr](http://www.uscg.mil/baseElizabethCity/mwr)  
ECITY-MWR@uscg.mil

**Department of Social Services**  
[www.co.pasquotank.nc.us/DSS](http://www.co.pasquotank.nc.us/DSS)  
Food Stamps, etc.  
(252) 338-2126

**Women, Infants, and Children Program**  
[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)  
(800) 367-2229

**Military Youth on the Move**  
[public.militaryonesource.mil/family-and-relationships/military-youth-on-the-move](http://public.militaryonesource.mil/family-and-relationships/military-youth-on-the-move)

**DStress Line**  
[www.dstressline.com](http://www.dstressline.com)

**Youth Program Center**  
(919) 722-0502

**Albemarle Smart Start Partnership**  
[www.albemarlessp.org](http://www.albemarlessp.org)  
(252) 333-1233

**Tragedy Assistance Program**  
[www.taps.org](http://www.taps.org)

**National Military Family Association**  
[www.militaryfamily.org](http://www.militaryfamily.org)

**USCG Special Needs Program**  
[www.uscg.mil/worklife/special\\_needs.asp](http://www.uscg.mil/worklife/special_needs.asp)  
(757) 686-4023

## FACEBOOK:

**U. S. Coast Guard Base, Elizabeth City, N.C.**  
[www.dcms.uscg.mil/Our-Organization/Director-of-Operational-Logistics-DOL/Bases/Base-Elizabeth-City/Welcome-Aboard/](http://www.dcms.uscg.mil/Our-Organization/Director-of-Operational-Logistics-DOL/Bases/Base-Elizabeth-City/Welcome-Aboard/)

**U.S. Coast Guard Air Station Elizabeth City**  
[facebook.com/uscoastguardairstationecity/](https://facebook.com/uscoastguardairstationecity/)

**U.S. Coast Guard Mid-Atlantic**  
[facebook.com/USCGMidAtlantic](https://facebook.com/USCGMidAtlantic)

## GOVERNMENT:

**City and County Tax Information**  
[www.co.pasquotank.nc.us/Tax.htm](http://www.co.pasquotank.nc.us/Tax.htm)  
(252) 338-5169

**Department of Motor Vehicles**  
1164 US 17 South  
Elizabeth City, 27909  
(252) 331-4776

# US ARMY FORT BRAGG

With over 65,000 service members and civilian employees, Fort Bragg has the highest population of any U.S. Army installation. The base is home to the Army's Rapid Response Force, consisting of Special Operations and Airborne Soldiers.

On its 161,000 acres, Fort Bragg also houses the U.S. Army Airborne Forces, Joint Special Operations Command, Special Operations Command, Army Forces Command, and the Army Reserve Command.

## RELOCATION:

### Installation Transportation Office (ITO)

1st Floor, Bldg. 4-2843  
Soldier Support Center Inbound  
(910) 396-2903/6790

**IHG Army Hotels on Fort Bragg**  
[www.ihg.com/armyhotels/hotels/us/en/reservation](http://www.ihg.com/armyhotels/hotels/us/en/reservation)  
(910) 396-7700

**Housing Services Office**  
BH2 (Basement) Bldg. 4-2843,  
Soldier Support Center  
(910) 396-8516

**Military Installations**  
<https://installations.militaryonesource.mil/> or  
[mybaseguide.com/](http://mybaseguide.com/)

**Per Diem, Travel & Transportation Allowance Committee**  
[www.defensetravel.dod.mil](http://www.defensetravel.dod.mil)

**Home Rentals/Sales: Fayetteville Regional Association of REALTORS**  
[www.longleafpinerealtors.com/](http://www.longleafpinerealtors.com/)

**Cumberland County Board of REALTORS**  
[www.ccbor.com/](http://www.ccbor.com/)

## EDUCATION:

**Cumberland County Military Family & Youth Liaison**  
(910) 678-7008

**Cumberland County Public Schools**  
[ccs.k12.nc.us/](http://ccs.k12.nc.us/)  
(910) 678-2300

**Fort Bragg DoDea Schools**  
[www.dodea.edu/schools/ftm](http://www.dodea.edu/schools/ftm)  
(910) 907-0200

**Private Schools**  
[mybaseguide.com/installation/fort-bragg/community/thebest-schools-fort-bragg-nc/](http://mybaseguide.com/installation/fort-bragg/community/thebest-schools-fort-bragg-nc/)

**Great Schools Home School Legal Defense**  
[www.greatschools.org](http://www.greatschools.org)

**Military Child Education Coalition**  
[www.militarychild.org](http://www.militarychild.org)

**Home School Legal Defense Association**  
[www.hslda.org](http://www.hslda.org)

## EMPLOYMENT:

**USAJOBS**  
[www.usajobs.gov](http://www.usajobs.gov)

**Employment Readiness Program**  
3rd Fl., Bldg. 4-2843  
Soldier Support Center  
[bragg.armymwr.com/programs/erp](http://bragg.armymwr.com/programs/erp)  
(910) 396-2390

**NCWorks Online**  
[www.ncworks.gov](http://www.ncworks.gov)

**North Carolina for Military Employment**  
[www.nc4me.org](http://www.nc4me.org)

## EMERGENCY:

**Red Cross Office**  
[www.redcross.org](http://www.redcross.org)  
(910) 396-1231  
(after hours 877-272-7337)

**Army Emergency Relief**  
[www.aerhq.org/dnn563](http://www.aerhq.org/dnn563)  
(866) 878-6378

**Military One Source**  
[www.militaryonesource.mil](http://www.militaryonesource.mil)

**Family Preparedness**  
[www.ready.gov](http://www.ready.gov)

**The National Weather Service**  
[www.weather.gov](http://www.weather.gov)

**North Carolina Road Conditions**  
[www.drivenc.gov](http://www.drivenc.gov)

**NC Dept of Insurance**  
[www.ncdoi.com](http://www.ncdoi.com)

**NC Crime Control and Public Safety**  
[www.ncdps.gov](http://www.ncdps.gov)

**Travel Warnings**  
[www.travel.state.gov](http://www.travel.state.gov)

## FAMILY RESOURCES:

**Army Community Service (ACS)**  
[www.fortbraggmwr.com/acs](http://www.fortbraggmwr.com/acs)

**Department of Social Services**  
[www.dss.co.cumberland.nc.us](http://www.dss.co.cumberland.nc.us)  
Food Stamps, etc.  
(910) 323-1540

**Women, Infants, and Children Program**  
[www.co.cumberland.nc.us/departments/public-health-group/public-health/WIC](http://www.co.cumberland.nc.us/departments/public-health-group/public-health/WIC)  
(910) 433-3730

**Military Youth on the Move**  
[www.militaryonesource.mil/family-relationships/family-life/for-military-youth-and-teens](http://www.militaryonesource.mil/family-relationships/family-life/for-military-youth-and-teens)

**DStress Line**  
[www.dstressline.com](http://www.dstressline.com)

**Child and Youth Program**  
<https://bit.ly/2XQ2sxQ>  
(910) 396-8110

**Partnership for Children of Cumberland County**  
[ccpfc.org](http://ccpfc.org)  
(910) 867-9700

**Tragedy Assistance Program**  
[www.taps.org](http://www.taps.org)

**National Military Family Association**  
[www.militaryfamily.org](http://www.militaryfamily.org)

**New Parent Support Program**  
[bragg.armymwr.com/programs/npsp](http://bragg.armymwr.com/programs/npsp)

**Exceptional Family Member Program**  
[bragg.armymwr.com/programs/efmp](http://bragg.armymwr.com/programs/efmp)

**Counseling Options**  
[bragg.armymwr.com/us/bragg/programs/counseling-options](http://bragg.armymwr.com/us/bragg/programs/counseling-options)

## FACEBOOK PAGES:

**Fort Bragg**  
[facebook.com/fortbraggnc](https://facebook.com/fortbraggnc)

**Bragg Training and Education Center**  
[facebook.com/Bragg Training And EducationCenter](https://facebook.com/BraggTrainingAndEducationCenter)

**Fort Bragg Family and MWR**  
[facebook.com/fortbraggmwr/](https://facebook.com/fortbraggmwr/)

**Ft. Bragg Housing Services Office**  
[facebook.com/pages/Ft-Bragg-Housing-Services-Office-217629734944267](https://facebook.com/pages/Ft-Bragg-Housing-Services-Office-217629734944267)

**Fort Bragg Army Wellness Center**  
[www.facebook.com/AWCFortBragg/](https://www.facebook.com/AWCFortBragg/)

**Fort Bragg Community Health Promotion**  
[www.facebook.com/BraggCHP/](https://www.facebook.com/BraggCHP/)

**Fort Bragg VETCEN:**  
[facebook.com/ft.bragg.vetcen](https://facebook.com/ft.bragg.vetcen)

**Fort Bragg Wildlife Branch**  
[www.facebook.com/fortbraggwildlife/](https://www.facebook.com/fortbraggwildlife/)

## GOVERNMENT:

**City and County Tax Information**  
[www.co.cumberland.nc.us/departments/tax-group/tax](http://www.co.cumberland.nc.us/departments/tax-group/tax)  
(910) 678-7507

**Department of Motor Vehicles**  
[www.ncdot.gov/dmv/Pages/default.aspx](http://www.ncdot.gov/dmv/Pages/default.aspx)

# SEYMOUR JOHNSON AIR FORCE BASE

Seymour Johnson Air Force Base, with a population of approximately 6,000 service members and civilian employees, is home to the Air Combat Command's 4th Fighter Wing. With 2 training and 2 operational squadrons.

Seymour Johnson represents the entire U.S. Air Force training capability for the F-15E Strike Eagle. The 916th Air Refueling Wing is the preferred alternative for the first Reserve-led KC-46A Pegasus main operating base. Guard aviation support.

## RELOCATION:

**Travel Management Office**  
1280 Humphrey St  
(919) 722-5458

**Temporary Lodging – Southern Pines Inn**  
www.sjfss.com/southern-pines-inn/  
(919) 722-0385

**Housing Management Office**  
1500 Vermont Garrison St.  
Bldg 3801  
(919) 722-0363

**Military Installations**  
www.militaryinstallations.dod.mil

**Per Diem, Travel & Transportation Allowance Committee**  
www.defensetravel.dod.mil

**Home Rentals/Sales:**  
**Goldsboro Wayne County Association of REALTORS**  
www.usamls.net/goldsboro

## EDUCATION:

**Military Liaison Counselor**  
(919) 738.0070

**Wayne County Public Schools**  
www.waynecountyschools.org  
(919) 731-5900

Private Schools:

**Arendell Parrott Academy, TK-12:**  
www.parrottacademy.org.

**Faith Christian Academy, PK-12:**  
www.fcagoldsboro.com.

**Saint Mary School, PK- 8:**  
www.smsgoldsboro.org.

**Wayne Christian School, Daycare-12**  
www.waynechristian.org.

**Wayne Country Day School, K-12**  
www.waynecountryday.com

**GreatSchools**  
www.greatschools.net

**Military Child Education Coalition**  
www.militarychild.org

**Home School Legal Defense Association**  
www.hslda.org

**North Carolina Division of Non-Public Education**  
www.ncdnpe.org

## EMPLOYMENT:

**Air Force**  
afciviliancareers.com

**USAJOBS**  
www.usajobs.gov

**Employment Readiness Program**  
3rd Fl., Bldg. 4-2843  
(910) 396-2390

**NCWorks Online**  
www.ncworks.gov  
(910) 347-2121

**North Carolina for Military Employment**  
www.nc4me.org

## EMERGENCY:

**Red Cross Office**  
www.redcross.org  
(910) 396-1231  
(after hours (877) 272-7337)

**Air Force Aid Society**  
afas.org/  
(703) 972-2650

**Military One Source**  
www.militaryonesource.mil

**Family Preparedness**  
www.ready.gov

**The National Weather Service**  
www.weather.gov

**North Carolina Road Conditions**  
www.drivenc.gov/

**NC Crime Control and Public Safety**  
www.ncdps.gov/

## FAMILY RESOURCES:

**Airman & Family Readiness Center**  
(919) 722-1123

**Department of Social Services**  
www.waynegov.com/418/Social-Services  
(919) 580-4034

**Women, Infants, and Children Program**  
www.waynegov.com/282/Women-Infants-Children-Program-WIC  
(919) 731-1276

**Military Youth on the Move**  
www.militaryonesource.mil/  
family-relationships/family-life/  
for-military-youth-and-teens

**DStress Line**  
www.dstressline.com

**Youth Program Center**  
(919) 722-0502

**Partnership for Children of Wayne County**  
pfcw.org  
(919) 735-3371

**Tragedy Assistance Program**  
www.taps.org

**National Military Family Association**  
www.militaryfamily.org

**Exceptional Family Member Program**  
(919) 722-1123

## FACEBOOK PAGES:

**Seymour Johnson AFB**  
www.facebook.com/  
SeymourJohnsonAirForceBase

**Seymour Johnson AFB Airman & Family Readiness Center**  
www.facebook.com/sjafrc/

**Seymour Johnson AFB Passenger Terminal**  
www.facebook.com/  
seymourjohnsonpax/

**Exceptional Family Members Program – Seymour Johnson AFB**  
www.facebook.com/sjefmp/

**Seymour Johnson AFB Military Family Housing**  
m.facebook.com/SJRes/

**Health Promotions Program-Seymour Johnson AFB**  
bit.ly/3kDON8q

## GOVERNMENT

**City and County Tax Information**  
www.waynegov.com/463/Tax  
(919) 731-1461

**Department of Motor Vehicles**  
701 West Grantham Street  
Goldsboro, 27530  
(919) 731-7963



### OUR MISSION

Operation Homefront provides emergency financial and other assistance to the families of our service members and wounded warriors.

#### ★ EMERGENCY ASSISTANCE:

Grants to address unforeseen budget shortfalls for basic needs like rent, utilities, and food, with a focus on relieving financial crisis and putting military families on a path to long-term financial sustainability.

#### ★ FAMILY SUPPORT:

Programs designed to provide material and morale support that strengthens and uplifts military families.

#### ★ HOUSING:

Rent-free apartment communities for wounded warriors and their families transitioning from the military, and permanent mortgage-free homes for military and veteran families, accompanied by a wide spectrum of services and support.



[OperationHomefront.net](http://OperationHomefront.net) | Call toll free 1.800.722.6098

# NORTH CAROLINA MILITARY TRANSITION RESOURCES

## National Guard Transition Assistance Program:

**Andrew L. Jackson**  
NC Transition Assistance Advisor (TAA)  
Skyline Ultd Inc. Contractor  
W: (984) 664-6573  
W: (800) 621-4136 ex 46573  
F: (984) 664-6358  
[Andrew.L.jackson8.ctr@mail.mil](mailto:Andrew.L.jackson8.ctr@mail.mil)

## Marines Transition Assistance Program:

**Bill Oldenburg**  
Personal & Professional Development  
Transition Readiness Branch Manager  
MCCS Lejeune - New River  
824 Stone Street,  
Camp Lejeune NC 28547  
Tel (910) 451-4260  
Cell (910) 376-4688  
[William.oldenburg@usmc-mccs.org](mailto:William.oldenburg@usmc-mccs.org)

## USO Pathfinder Program:

**Kelli Willoughby**  
Warrior and Family Programs Director  
USO of North Carolina  
O (919) 840-3000  
M (407) 430-8869  
F (919) 840-3003  
[kwilloughby@uso-nc.org](mailto:kwilloughby@uso-nc.org)  
[www.uso-nc.org/programs.uso-pathfinder](http://www.uso-nc.org/programs.uso-pathfinder)  
[www.uso-nc.org](http://www.uso-nc.org)

## Seymour Johnson AFB Transition Assistance Program:

**Donald Houston and Elizabeth Smothers**  
Employment program coordinator  
Seymour Johnson AFB  
(919) 722-1123  
[Donald.houston.3@us.af.mil](mailto:Donald.houston.3@us.af.mil)  
[elizabeth.smothers@us.af.mil](mailto:elizabeth.smothers@us.af.mil)

## Fort Bragg Transition Assistance Program:

**William B. McMillian**  
Transition Services Manager at Fort Bragg  
(910) 643-6302 or (910) 396-2248  
[William.b.mcmillian.civ@mail.mil](mailto:William.b.mcmillian.civ@mail.mil)

## United States Coast Guard Transition/Relocation Program:

**Jeanett Torrens**  
Transition/Relocation Specialist  
(757) 686-4030  
[Jeanett.L.Torrens@uscg.mil](mailto:Jeanett.L.Torrens@uscg.mil)



**UNC TV**  
Public Media North Carolina

# We've Got Your Back

UNC-TV's North Carolina Channel Veterans Affairs page is your source for connecting military and veterans across our state with the services available to them, the programs that honor them and the events that support them. We partner with key private and public entities helping with military family life, transitions to civilian life and the continued support needed throughout life as a veteran.

[unctv.org/veterans](http://unctv.org/veterans)



**VETERANS  
AFFAIRS**



**NORTH CAROLINA  
CHANNEL**



# WE SUPPORT OUR ARMY PAST, PRESENT, AND FUTURE

*50+ Years in the Fayetteville Community*

Professional Development | Scholarships | Events  
Advocacy | Philanthropy | Discounts

**CALL 910-396-3755 OR VISIT [WWW.AUSA.ORG/JOIN](http://WWW.AUSA.ORG/JOIN)**



## ASSOCIATION OF THE UNITED STATES ARMY

# ONWARD TO OPPORTUNITY

IN PARTNERSHIP WITH  
**VCTP**  
VETERANS CAREER  
TRANSITION PROGRAM

## CERTIFICATION TRAINING TRACKS\*



### BUSINESS MANAGEMENT

**Project Management:**

- PMP
- CAPM
- Six Sigma Green Belt
- Agile Certified Practitioner

**Human Resources:**

- aPHR
- PHR
- SPHR

**Customer Service Excellence:**

- Call Center Fundamentals



### INFORMATION TECHNOLOGY

- CompTIA A+
- Security+
- Cloud+
- Linux+
- Server+
- Network+
- SSCP
- CISSP
- GIAC
- GSEC
- GCIH
- Certified Ethical Hacker
- CCENT
- CCNA
- ITIL
- Java SE7 & SE8
- Oracle 11G & 12C
- SAS 1 & 2



### DIRECT TO EMPLOYMENT

Complete the O2O assessment and if eligible, be fast-tracked to employment support and interview matching from Hire Heroes USA.

\*Courses may vary based on location. Please contact your local installation team.

## TESTIMONIAL

### LEE MORELAND

U.S. Army, O2O-VCTP JBLM Graduate

**Current Position:**

IT Program Manager at Starbucks

**Track:** IT (Cisco Network Technician – Small Network Fundamentals)

“My first reaction to O2O was it was too good to be true but O2O-VCTP is opening doors for me. As a graduate, with industry credentials in hand, I have expanded my technical capabilities and am now in a better position to lead and impact in the business environment, just like I have in the military. I am proud to be amongst the first cohort of graduates, blazing the trail for future participants.”



## WHY O2O-VCTP?

- ▶ Onward to Your Career Training and access to online learning pathways.
- ▶ Direct connections to 500+ national employer partners through Hire Heroes USA
- ▶ Networking opportunities and connections
- ▶ One FREE industry certification exam
- ▶ FREE resume assistance, interviewing technique training and interview matching to employers in your industry
- ▶ Non-credit certificate of completion from the IVMF at Syracuse University upon course completion



## FOR ADDITIONAL INFORMATION

### ▶ INSTALLATION TEAM

Camp Lejeune  
Becky Ganley  
(910) 467-2615  
bganley@syr.edu

Fort Bragg  
Veronica Sarantes  
(910) 429-5454  
fortbraggO2O@syr.edu

## INTERESTED EMPLOYERS CONTACT

### ▶ ANTHONY COSBY

DIRECTOR, EMPLOYER OUTREACH | O2O-VCTP  
INSTITUTE FOR VETERANS AND MILITARY FAMILIES  
T 210.844.8154 | E atcosby@syr.edu

\*O2O-VCTP leverages DoD SkillBridge authority to conduct career skills training on US military installations. The DoD and Service Branches do not endorse any company, sponsor or their products or services.

APPLY NOW ▶ [ONWARD2OPPORTUNITY-VCTP.ORG](https://ONWARD2OPPORTUNITY-VCTP.ORG)





**SUPPORT** ★ **RESPOND** ★ **PROMOTE**

**MILITARY AND VETERAN FRIENDLY**



# THE AMERICAN LEGION

*Veterans proudly serving America for nearly a century*

**W**hen it comes to assisting veterans and helping members of the U.S. Armed Forces make the transition to civilian lives, no one does it better than The American Legion. Since its founding in 1919, The Legion has been assisting generations of veterans and their families. As the nation's largest veterans service organization, the 2.3 million member American Legion is at work every day throughout the country and beyond, ensuring that those who served our nation in uniform, and their families, receive the care, support, honor and services they earned and deserve.

## Veterans Advocacy

- Nearly 3,000 accredited American Legion service officers are working with veterans on nearly 750,000 VA claims right now.
- The American Legion is working with VA in Washington and across the country to improve access to care, performance and claims processing.
- Legion volunteers annually log millions of hours and raise millions of dollars for VA health-care facilities nationwide.
- As the voice of the stakeholder and advocate for the health-care provider, the Legion works continuously for adequate VA funding and staffing.



### TROOP SUPPORT

Worldwide, The American Legion provides tireless support, a voice in Washington, financial assistance, volunteer help, comfort items and more for the men and women who serve our nation in uniform, along with military retirees and their families.



### YOUTH

American Legion youth programs offer healthy, educational and wholesome activities for thousands of young people every year. Among the programs are American Legion Baseball, Boys State and Boys Nation, Junior Shooting Sports and oratorical competition.



### AMERICANISM

The American Legion proudly stands for the values symbolized by the flag under which members of our Armed Forces have served. U.S. flag education, voting, citizenship and naturalization programs and patriotic leadership are all part of that landscape.



### COMMUNITY

Each American Legion post offers a unique set of community services, from Boy Scout leadership to after-school programs to support for children's hospitals and local charities. Through more than 13,500 posts, Legionnaires know what it means to serve.



Visit [www.legion.org](http://www.legion.org) or [www.nclegion.org](http://www.nclegion.org) to learn more.

# 2020

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS



## ENTREPRENEURSHIP

VISIT US @ [MILVETS.NC.GOV](http://MILVETS.NC.GOV) AND [NC4VETS.COM](http://NC4VETS.COM)

- 139 . . . Historically Underutilized Business (HUB)  
Certification Resources
- 141 . . . Resources for Veteran Owned Start-Ups
- 144 . . . Resources for Veteran Owned Established Businesses
- 146 . . . Funding Sources
- 146 . . . Certifications

**YOU CALL**  
**NCDMVA ANSWERS**

844.624.8387

(844.NC4.VETS)

**FAX** 984-204-8343

 @NC4VETS

 @NC4VETS

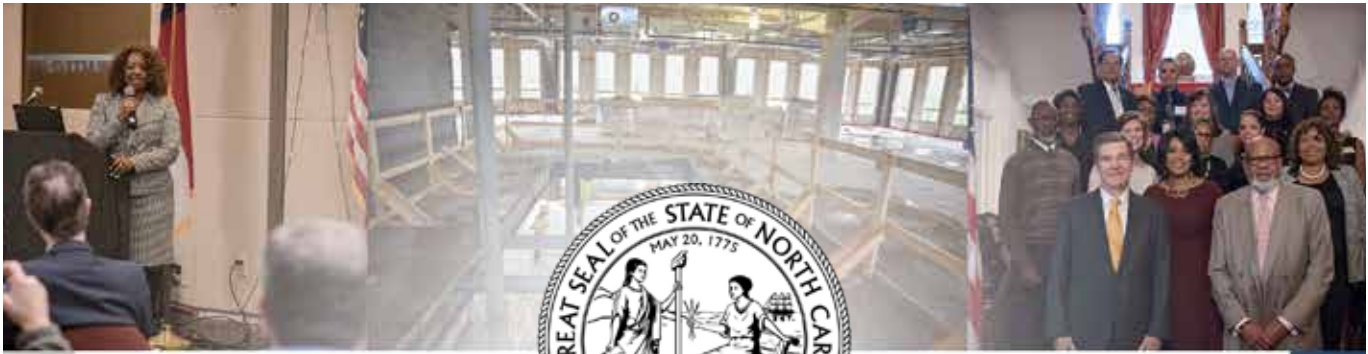
# ENTREPRENEURSHIP RESOURCES



**As a veteran, you possess the skills and talent that communities need to succeed and thrive.**

In transitioning out of the military, you face two choices: 1) seeking employment with an existing firm; or 2) starting your own business as an entrepreneur. Either path you take will provide you the opportunity to use your skills as a veteran to improve the world around you; the choice is yours. Whether you are retired or just separated from service—or as a military spouse or

family member—the resources that follow will equip you with all the information you need to start and grow your business or career. Most of these services are available to you for no cost. We are proud that you've chosen to call North Carolina home, and these organizations and resources are here to help you thrive.



## Historically Underutilized Businesses

Department of Administration

The State of NC has a 10% goal of utilization with certified Historically Underutilized Businesses (HUBs) on construction projects and in the procurement of goods and services. The goal applies to state agencies, public universities, community colleges, school systems and local governments.

Veteran-owned businesses are encouraged to become certified HUBs through the Office for Historically Underutilized Businesses. Companies eligible for HUB certification are those that are 51% or more owned and managed on a daily basis by individuals who are Black, Hispanic, Asian American, American Indian, Female, Disabled (service related disabilities apply) or Socially and Economically Disadvantaged.

The HUB Office's mission is to promote economic opportunities for historically underutilized businesses in state government contracting and procurement that will foster their growth and profitability. Certified HUBs are part of a publicly searchable database on the HUB Office website that is utilized by private industry and public agencies to meet HUB goals and solicit for opportunities. HUB vendors can sign up to receive e-mail notifications about upcoming bid opportunities through the NC Interactive Purchasing System. Events and bid requests can also be seen on the HUB Office's Bid Opportunities page.

To learn more about HUB Certification

go to: [ncadmin.nc.gov/businesses/hub/hub-certification](https://ncadmin.nc.gov/businesses/hub/hub-certification)

## OFFICE FOR HISTORICALLY UNDERUTILIZED BUSINESSES

The State of NC has a goal of spending at least 10% of construction projects and goods and services with certified Historically Underutilized Businesses (HUBs). The goal applies to state agencies, public universities, community colleges, school systems and, for construction projects, it also applies to local governments.

Veteran-owned businesses can apply to become certified HUBs through the Office for Historically Underutilized Businesses. Companies eligible for HUB certification are those that are 51% or more owned and managed on a daily basis by individuals who are Black, Hispanic, Asian American, American Indian, Female, Disabled (service related disabilities apply) or Socially and Economically Disadvantaged. The HUB Office's mission is to promote economic opportunities

for historically underutilized businesses in state government contracting and procurement that will foster their growth and profitability.

Certified HUBs are part of a publicly searchable database on the HUB Office website and within state purchasing systems. HUB vendors can sign up to receive e-mail notifications about upcoming bid opportunities through the NC Interactive Purchasing System. Events and bid requests can also be seen on the HUB Office's Bid Opportunities page.

To learn more about HUB Certification go to: [ncadmin.nc.gov/businesses/hub/hub-certification](http://ncadmin.nc.gov/businesses/hub/hub-certification)



## FOR VETERAN OWNED BUSINESS START-UPS

### As a veteran you have the opportunity to explore the next chapter of your career.

Transitioning out of military service means you preparing to start a whole new chapter in your life. You can decide what you want to do and which path you will take to achieve your goals. Generally, there are two options: **1)** seek employment from an existing company or **2)** become an entrepreneur and start a business. Many of the skills and leadership qualities veterans acquire through service are the same ingredients that help make a person a successful entrepreneur. The resources listed below are provided to equip you with a wide range of information about starting and growing a business.

The majority of these services are available to you at NO COST. Understand the journey of entrepreneurship and seek assistance from qualified organizations.

**The Coronavirus (COVID-19) has placed an additional burden on today's business owners.** Numerous resources and financial assistance programs have been implemented by the federal and state/local government. Ensure you check the Small Business Administration and other reliable resources for the most up to date information regarding relief options including loans, grants and other types of economic assistance.

## GOVERNMENT AND NONPROFIT RESOURCES

- **US Small Business Administration (SBA)** – The US SBA is a federal agency focused on small business programs and opportunities to do business with the US government. The SBA provides on-line, on-demand resources for start-ups and existing businesses. These resources include checklists; on-line, on-demand videos; resource lists; information on government contracting, set-aside programs, and funding options.

WEBSITE: [WWW.SBA.GOV/STARTING-BUSINESS/HOW-START-BUSINESS/BUSINESS-TYPES/VETERAN-OWNED-BUSINESSES](http://WWW.SBA.GOV/STARTING-BUSINESS/HOW-START-BUSINESS/BUSINESS-TYPES/VETERAN-OWNED-BUSINESSES)

- **Business Link North Carolina (BLNC)** – BLNC works in partnership with the NC Department of Commerce and provides free services to help veterans and anyone with starting a small business. They offer consultation on a wide range of topics to include what rules/regulations are required by the state to be compliant.

PHONE: 800-228-8443 / WEBSITE: [WWW.BLNC.GOV](http://WWW.BLNC.GOV)

- **Veteran Business Outreach Center (VBOC)** – The VBOC, a program of the US SBA, provides entrepreneurial development services like training, counseling and mentoring for eligible veterans who own or want to start a small business. The VBOC is located at Fayetteville State University and provides services to veterans statewide in North Carolina

PHONE: (910) 672-2683 / WEBSITE: [WWW.FSUVBOC.COM](http://WWW.FSUVBOC.COM)

- **Small Business Center Network (SBC)** – Every community college in North Carolina has a SBC. Veterans are able to access any of the SBC workshops or work with a counselor in their area.

WEBSITE: [WWW.NCSBC.NET](http://WWW.NCSBC.NET)

- **Wake Tech Community College** – Veterans Entrepreneurial Advantage Program. Wake Tech has programs for military members and veterans.

They have a Center for Entrepreneurship with special training for veterans that want to start or grow their business.

WEBSITE: [WWW.WAKETECH.EDU/STUDENT-SERVICES/VETERANS-AFFAIRS](http://WWW.WAKETECH.EDU/STUDENT-SERVICES/VETERANS-AFFAIRS)

- **VetToCEO** – A nonprofit organization offering a free online educational program on entrepreneurship. The program is tailored for active military members and for veterans.

WEBSITE: [WWW.VETTOCEO.ORG](http://WWW.VETTOCEO.ORG)

- **Bunker Labs RDU** – A nonprofit organization offering educational programs for aspiring entrepreneurs and providing assistance to existing veteran-owned tech startups.

WEBSITE: [WWW.BUNKERLABSRDU.ORG](http://WWW.BUNKERLABSRDU.ORG)

- **Entrepreneurship Bootcamp for Veterans with Disabilities (EBVD-IVMF)** – A program designed for veterans to leverage the skills, resources, and infrastructure of higher education to offer cutting-edge, experiential training in entrepreneurship and small business management. Program is focused on post-9/11 veterans with service-connected disabilities and a passion for entrepreneurship.

WEBSITE: [EBV.VETS.SYR.EDU](http://EBV.VETS.SYR.EDU)

- **US Department of Agriculture (USDA) Small Farm Business and Funding Startups** – The USDA has a program to encourage the startup of sustainable small farms and ranches. The program includes information on farming as a business, how to start a farm, grants and loan programs, business plans, and management.

WEBSITE: [WWW.NAL.USDA.GOV/AFSIC/SMALL-FARM-FUNDING-AND-BUSINESS](http://WWW.NAL.USDA.GOV/AFSIC/SMALL-FARM-FUNDING-AND-BUSINESS)



# Roadmap ENTREPRENEURIAL SUCCESS

## 1 KNOW YOURSELF

Is this journey for you?

Participate in programs designed to highlight the basics of business ownership – help yourself discover whether or not entrepreneurship is right for you. Examples include:

- SBA Boots To Business
- The VET To CEO Program
- NC Small Business Center Programs

Also consider programs that identify opportunities in Farming, Agribusiness or owning a Franchise.

**NOTE:** If entrepreneurship is NOT for you, you can seek assistance from NC4Vets, NC4ME or NCServes.

## 2 KNOW YOUR BUSINESS

How will you operate?

Take the necessary steps to properly establish your business. Choose a business name. Determine which business structure is right for you. Register your business with the appropriate agency. Obtain your EIN (if necessary), apply for any required business licenses, register to pay the appropriate taxes.

Some resources to start-up or grow your business include:

- The Small Business Administration
- System Award Management (SAM)
- Business Link NC (EDPNC)
- NC Secretary of State
- Small Business Technology Development Center (SBTDC)

You may also consider employing an attorney, bookkeeper, or CPA. Explore traditional and nontraditional funding options.

## 3 KNOW YOUR OPPORTUNITIES

Who are your potential customers?

Understand who your customers are and the opportunities available. What supply chain are you entering? Are you looking to sell to government agencies, corporations, B2B, or B2C? How do you find and market to them? Once you know, select your path to connect:

### FEDERAL GOVERNMENT

- Federal Bus. Opportunities (FEDBIZOPS)
- NC Military Business Center (NCMBC)
- NC Procurement Technical Assistance Center (NCPTAC)

### STATE /LOCAL GOVERNMENT

- NC Dept. of Purchase & Contract
- Local government websites

### CORPORATE AMERICA

- Corporate websites







## HAVE ANY QUESTIONS? NEED HELP?

The mission of NC Vet Biz is to **SUPPORT, EDUCATE, and CONNECT** all veterans in commerce with resources to become successful in business. We work closely with Resource Partners at all levels (National, Federal, State/Local, Non Profit and Corporate America) to connect you with the free resources available to assist your business.

Feel free to contact us for more information at [info@ncvetbiz.org](mailto:info@ncvetbiz.org)



## KNOW YOUR CERTIFICATIONS

What can help you win business?

Pursue certifications relevant to where you are seeking to do business. Obtaining a certification demonstrates that you own, operate and control your business.

Certifying organizations may or may not charge a fee, however, there should be NO FEE to obtain assistance in completing your certification application.

### FEDERAL GOVERNMENT

#### Small Business Administration

- WOSB, SDB, HUBZONE, 8(a)

#### Dept. of Veterans Affairs, CVE

- VOSB, SDVOSB

#### Department of Transportation

- DBE, SB

### STATE OF NORTH CAROLINA

#### Dept. of Admin. HUB Office

- HUB

#### Dept. of Transportation

- DBE, SB

### CORPORATE

NVBDC: VOB, SDVOB

NMSDC: MBE

WBENC: WBE



## KNOW YOUR NETWORK

Who are the people that can help you?

Look for teaming, partnering, and mentoring relationships. Consider joining Business Associations, Networking Groups, and Chambers of Commerce. Signup for free business newsletters and business training sessions. Look to serve on a program committee or on a board to develop relationships. Remember, people do business with people they know!



- **NC State University (NCSU)** – The Agriculture Institute and The NC Farm School. These programs operate at NCSU, in partnership with NC A&T University, to encourage and equip the startup and growth of sustainable small farms and ranches. Program includes information on farming as a business, how to start a farm, grants and loan programs, business plans, and management.

WEBSITE: [HARVEST.CALS.NCSU.EDU/AGRICULTURAL-INSTITUTE](http://HARVEST.CALS.NCSU.EDU/AGRICULTURAL-INSTITUTE)

## REGISTERING YOUR BUSINESS

### Business Structures

In North Carolina, there is one of two ways to register a business:

- **NC Secretary of State** – Visit this website for the forms to start a LLC, Corporation or a Nonprofit.

PHONE: (919) 814-5400 / WEBSITE: [WWW.SOSNC.GOV](http://WWW.SOSNC.GOV)

- **County Register of Deeds** – If you are interested in owning a business name in only your county, then visit the NC Registers of Deeds web site. Enter your county name for forms, address and phone number.

WEBSITE: [WWW.NCARD.US/ERECORDING-COUNTIES](http://WWW.NCARD.US/ERECORDING-COUNTIES)

## FOR ESTABLISHED VETERAN OWNED BUSINESSES

In addition to the resources listed above, established businesses can utilize the following resources to grow and seek procurement opportunities.

## GOVERNMENT AND NON-PROFIT RESOURCES

- **The North Carolina Military Business Center (NCMBC)** – The NCMBC is a business development entity of the NC Community College System, headquartered at Fayetteville Technical Community College (FTCC). The NCMBC connects NC firms to current government contracting opportunities with a team of business development specialists across the state and electronically with [www.MatchForce.org](http://www.MatchForce.org). Administered by the NCMBC, MatchForce is the State's official, free web portal for federal contracting. The portal connects NC businesses with all federal opportunities, including local opportunities at bases in the state. NC businesses register on the portal, receive automatic matches to federal prime opportunities and to subcontracting opportunities posted by other registered businesses, and post job opportunities for FREE that match job skills posted by registered individuals.

WEBSITE: [WWW.NCMBC.US](http://WWW.NCMBC.US)

- **Small Business Technology Development Center (SBTDC)** – North Carolina operates 10 regional service centers and 15 total offices across the state. The SBTDC focus is on businesses that have been established for a few years and who need strategic assistance to continue growing. The North Carolina Procurement Technical Assistance Center (PTAC) is a service provided by the SBTDC. The PTAC provides specialized and professional technical assistance to businesses seeking to pursue and successfully perform under contracting and subcontracting opportunities with the DoD, other federal agencies, and/or state and local governments. The SBTDC also provides assistance in: International Business Development/Exporting (IBD); Market Research; Access to Private Equity; Private Equity Initiatives; Strategy & Growth Services for Mid-Sized Businesses; Technology Development & Commercialization.

WEBSITE: [WWW.SBTDC.ORG](http://WWW.SBTDC.ORG)

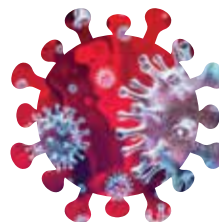
- **North Carolina Rural Center** – The Rural Center provides programs for entrepreneurship in rural counties in North Carolina. They also provide lending options for new or expanding businesses in the state.

WEBSITE: [WWW.NCRURALCENER.ORG/LENDING](http://WWW.NCRURALCENER.ORG/LENDING)

- **NC Veteran Business Association (NC VetBiz)** – A state-wide nonprofit with the mission to **Support**, **Educate**, and **Connect** all veterans in commerce in North Carolina with resources to become successful in business. NC VetBiz works to develop a strong network of veteran professionals and veteran owned businesses in order to leverage our collective and achieve mutually beneficial outcomes for the veteran owned business community and North Carolina.

WEBSITE: [WWW.NCVETBIZ.ORG](http://WWW.NCVETBIZ.ORG)

DID YOU



KNOW

**The Small Business Administration is providing business with loans and other funding for economic relief during the pandemic? Visit [sba.gov](http://sba.gov) to learn more!**



**Carolina  
Small Business**  
DEVELOPMENT FUND

## Standing for the **Success** of Those Who Have **Served**

Our Veteran Entrepreneurship Program helps military service members and their spouses develop winning strategies to start or expand small business ventures, through business coaching and access to the Veterans Direct Loan.

- Loans and lines of credit up to \$250,000
- As low as 7% fixed rate for eligible borrowers
- Personalized assistance for your success

Contact us to learn more or apply today.

919-803-1437 • [carolinasmallbusiness.org/veterans](https://carolinasmallbusiness.org/veterans)

A CERTIFIED COMMUNITY DEVELOPMENT FUND INSTITUTION

- **Defense Alliance of North Carolina (DANC)** – A nonprofit that provides information, connections and networking opportunities to members to build relationships and promote defense related business within the state of North Carolina.

WEBSITE: [WWW.DEFENSEALLIANCE.ORG](http://WWW.DEFENSEALLIANCE.ORG)

## FUNDING SOURCES

Funding to start or grow a small business is very challenging. In the current economy, traditional lending institutions can be considered, however they are usually not a viable option to fund a business start-up. The following resources identify several methods to research – both traditional and nontraditional (grants, foundations etc.).

### FEDERAL/STATE & LOCAL GOVERNMENT

- **US SBA Loan Programs** - There are a variety of government-backed loan programs for Small Businesses.

WEBSITE: [HTTPS://WWW.SBA.GOV/LOANS-GRANTS/SEE-WHAT-SBA-OFFERS/SBA-LOAN-PROGRAMS](https://www.sba.gov/loans-grants/see-what-sba-offers/sba-loan-programs)

- **Small Business Innovation Startups** – The US government sets aside a portion of its annual budget to fund innovative research conducted by small businesses. These research grants and contracts are awarded through a proposal process conducted by various branches of the government.

WEBSITE: [WWW.SBIR.GOV](http://WWW.SBIR.GOV)

- **Made in NC** – A one stop resource of all local, North Carolina entities who provide grants, foundations, and venture capital funds.

WEBSITE: [WWW.MADEINNORTHCAROLINA.COM/MINNC-BUS-GRANTS-FOUNDATIONS.HTML](http://WWW.MADEINNORTHCAROLINA.COM/MINNC-BUS-GRANTS-FOUNDATIONS.HTML)

- **NC Community Resource Information System (CRIS)** – A state-administered grant programs site that lists funds available and disbursed to non-state entities.

WEBSITE: [WWW.OSBM.NC.GOV/BUDGET/STATE-AGENCY-RESOURCES/BUDGET-MEMOS/COMMUNITY-RESOURCE-INFORMATION-SYSTEM-CRIS-REPORTING-REQUIREMENTS-FOR-GRANTS-TO-NON-STATE-ENTITIES](http://WWW.OSBM.NC.GOV/BUDGET/STATE-AGENCY-RESOURCES/BUDGET-MEMOS/COMMUNITY-RESOURCE-INFORMATION-SYSTEM-CRIS-REPORTING-REQUIREMENTS-FOR-GRANTS-TO-NON-STATE-ENTITIES)

### ALTERNATIVE LENDING INSTITUTIONS

- **Carolina Small Business Development Fund (CSBDF)** – A statewide nonprofit and Community Development Financial Institution. They provide small-business loans and financial training to new and existing small businesses. They have 3 office locations in NC.

PHONE: MAIN-RALEIGH, (919) 803-1437

WEBSITE: [WWW.CAROLINASMALLBUSINESS.ORG](http://WWW.CAROLINASMALLBUSINESS.ORG)

- **Business Expansion Funding Corp (BEFCOR)** – A Charlotte-based 504 lender that helps businesses throughout the area to secure and manage their 504 loans. BEFCOR also has staff located in the triangle region of the state. BEFCOR has well-established relationships with area lenders and continually works to improve existing and build new ties to reputable financial sources.

PHONE: (919) 803-1437 / WEBSITE: [WWW.BEFCOR.COM](http://WWW.BEFCOR.COM)

- **Self-Help Credit Union** – The Self-Help Credit Union is a financial institution focused more about the character of a person than status. Offices all over the state.

PHONE: (800) 476-7428

WEBSITE: [WWW.SELF-HELP.ORG](http://WWW.SELF-HELP.ORG)

- **INVESTInNC** - This is a program dedicated to educating North Carolina small business owners and investors about investment crowdfunding opportunities. NC small business can raise up to \$2M under the new (2016) NC PACES Act. Veterans are encouraged to participate in INVESTInNC's "Veterans Six-Pack" campaign.

WEBSITE: [www.investinncc.com](http://www.investinncc.com)

## CERTIFICATIONS

Certifications are a tool for business owners to effectively demonstrate that they own, operate and control their own business. There are several types of certifications available (federal/state & local/corporate) and business owners should pursue the type of certification that will support their business goals.

### GOVERNMENT (FEDERAL/STATE & LOCAL)

- **US Government Contracting for Small Businesses (SBA)**. Small businesses may qualify to be certified under various categories and gain a competitive advantage in being considered for government contracting opportunities. These "set aside" programs include several categories including woman-owned, veteran-owned, service-disabled-veteran-owned, minority-owned, economically disadvantaged 8(a), and historically underutilized business zones (HUB zones).

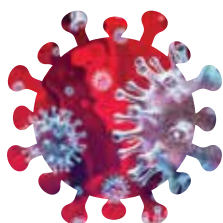
WEBSITE: [WWW.SBA.GOV/CONTRACTING/GOVERNMENT-CONTRACTING-PROGRAMS](http://WWW.SBA.GOV/CONTRACTING/GOVERNMENT-CONTRACTING-PROGRAMS)

- **Department of Veterans Affairs – Center for Verification and Evaluation (CVE)** – Veterans can apply to get their businesses verified through the Vets First Verification Program. Verification is required to



**Veterans in need of financial assistance may contact their respective aid organizations for help with loans, grants or a combination of both?**

**DID YOU**



**KNOW**

**AIR FORCE AID SOCIETY**

1550 Crystal Dr #809  
Arlington, VA 22202  
(703) 972-2650  
WEBSITE: [afas.org/](http://afas.org/)

**ARMY EMERGENCY RELIEF**

2530 Crystal Drive Ste 13161, 13th Floor  
Arlington, VA 22202  
(866) 878-6378  
WEBSITE: [www.armyemergencyrelief.org/covid19/](http://www.armyemergencyrelief.org/covid19/)

**COAST GUARD MUTUAL ASSISTANCE**

1005 N. Glebe Road, Suite 220  
Arlington, VA 22201  
(800) 881-2462  
WEBSITE: [www.cgmahq.org/](http://www.cgmahq.org/)

**NAVY-MARINE CORPS RELIEF SOCIETY**

875 N. Randolph St. Suite 225  
Arlington, VA 22203  
(800) 654-8364  
WEBSITE: [www.nmcrs.org/](http://www.nmcrs.org/)

participate in the Veterans First Contracting Program for VA set-asides and sole-source contracts for SDVOSBs and VOSBs.

WEBSITE: [WWW.VA.GOV/OSDBU/VERIFICATION/INDEX.ASP](http://WWW.VA.GOV/OSDBU/VERIFICATION/INDEX.ASP)

- **NC Dept. of Administration – Office for Historically Underutilized Businesses (HUB Office)** – A statewide certification program – where if the business qualifies – one can be listed in a database of vendors for procurement opportunities with the State of North Carolina.

WEBSITE: [WWW.DOA.NC.GOV/HUB/DEFAULT.ASPX](http://WWW.DOA.NC.GOV/HUB/DEFAULT.ASPX)

- **NC Dept. of Transportation (NCDOT)** – Businesses can apply to obtain certification as a 1) Small Business Enterprise (SBE) or Disadvantaged Business Enterprise (DBE) which enables access to procurement opportunities with the NCDOT.

WEBSITE: [WWW.CONNECT.NCDOT.GOV/BUSINESS/PAGES/DEFAULT.ASPX](http://WWW.CONNECT.NCDOT.GOV/BUSINESS/PAGES/DEFAULT.ASPX)

**CORPORATE**

The following diversity certifications are recognized and accepted by most corporations.

- **National Veteran Business Development Council (NVBDC)** – A national nonprofit providing third-party certification and access to corporate procurement opportunities for veterans-owned and service-disabled owned businesses (small and large businesses). Fee based services.

WEBSITE: [WWW.NVBDC.ORG](http://WWW.NVBDC.ORG)

- **National Minority Supplier Development Council (NMSDC)** – National Minority Supplier Development Council (NMSDC) – A national nonprofit providing third-party certification and access to corporate procurement opportunities for minority business enterprises (MBEs). The regional council is the Carolinas Virginia Minority Supplier Development Council (CVMSDC). Fee based services.

NC REGIONAL PARTNER: [WWW.CVMSDC.ORG](http://WWW.CVMSDC.ORG)  
 NATIONAL: [WWW.NMSDC.ORG](http://WWW.NMSDC.ORG)

- **Women’s Business Enterprise National Council (WBENC)** – A national nonprofit providing third-party certification and access to corporate procurement opportunities for women business enterprises (WBEs). The regional partner organization in North Carolina is the Greater Women’s Business Council (GWBC). Fee based services.

NC REGIONAL PARTNER: [WWW.GWBC.ORG](http://WWW.GWBC.ORG)  
 NATIONAL: [WWW.WBENC.ORG](http://WWW.WBENC.ORG)

**NOTE:** North Carolina has four centers focused on assisting women owned businesses. They can assist with paperwork, process, and filing for certification as a woman-owned business, as well as other business services.

**ASHEVILLE** – Western Women Business Center (WWBC)

**CHARLOTTE** – Women’s Business Center (WBC)

**RALEIGH/DURHAM** – Women’s Business Center of NC (WBCNC)

**FAYETTEVILLE** – Center for Economic Empowerment & Development (CEED)

**Did You Know?**

If you have certain underlying medical conditions you are at increased risk of severe illness from COVID-19, no matter your age.

The infographic features a scale, a clipboard with a checklist (marked with a plus, two crosses, and a checkmark), and a glucose meter showing a reading of 5.6. The CDC logo is in the bottom left corner, and the URL [cdc.gov/coronavirus](http://cdc.gov/coronavirus) is in the bottom right corner.





# North Carolina Military Business Center

Serving North Carolina Statewide

CONNECTING  
BUSINESSES & MILITARY  
GROWING OUR ECONOMY.



Visit us online at:  
[ncmbc.us](http://ncmbc.us) [MatchForce.org](http://MatchForce.org)

The NCMBC is a statewide component of the North Carolina Community College System, headquartered at Fayetteville Technical Community College.

## Technology Transition

is the process by which technology deemed to be of significant use to the operational military community is transitioned from the S&T or a commercial off the shelf (COTS) innovation into a funded prototype, tested by DoD, and inserted as a modification into an existing program of record.



The North Carolina Defense Technology Transition Office (DEFTECH) is a state funded entity under the NC Military Business Center that provides a liaison between the North Carolina innovation ecosystem and the Department of Defense. The North Carolina innovation ecosystem is comprised of private businesses, our university system, public/private partnerships, and the military bases in North Carolina.

The charter of this liaison is to facilitate increased communications, understanding, and collaboration between DoD agencies and the North Carolina innovation ecosystem.



For more information, contact:  
Denny Lewis, [lewisd@ncmbc.us](mailto:lewisd@ncmbc.us)  
Bob Burton, [burtonr@ncmbc.us](mailto:burtonr@ncmbc.us)  
Visit: <https://deftech.nc.gov/>





Mustardseed Veteran Funding is the premier online portal for Veterans & spouses applying for SBA loans. We specialize in assisting veterans/spouses with their SBA loan proposal which we then present to our lending partners resulting in an expedited process in securing your loan.

#### How we serve you:

- Complete loan package preparation online
- Serve as a catalyst between the veteran/spouse & bank
- One-on-one guidance from our staff
- Dedicated rep to assist you from start to funding
- Personal relationships with our banking partners

*Mustardseed Veteran Funding is veteran owned & operated*

Contact us today to begin the process of achieving your American Dream of business ownership.

910-465-2331  
803-G South College Road  
Wilmington, NC 28403  
[www.mustardseedveteranfunding.com](http://www.mustardseedveteranfunding.com)  
[mustardseedveteranfunding@gmail.com](mailto:mustardseedveteranfunding@gmail.com)



# DMVA

*N.C. Department of Military and Veterans Affairs*

Dedicated to serving North Carolina veterans, servicemembers, and their families

[www.milvets.nc.gov](http://www.milvets.nc.gov) 844.NC4.VETS

# DEFENSE ALLIANCE OF NORTH CAROLINA

TO LEARN MORE VISIT [DEFENSEALLIANCENC.ORG](http://DEFENSEALLIANCENC.ORG)

## Supporting NC's Military, Business, & Academic Community

The Defense Alliance of North Carolina (DANC) is a private, nonprofit organization focused on strengthening North Carolina's defense sector and those who support it. The Alliance combines the powerful leadership of distinguished military officers and industry executives, a large and active membership base, and an impressive set of standing forums and events to support North Carolina's government, military, business, and academic communities. The Alliance's unique ability to lead government, military, industry, and academic partners in collaborative efforts toward common objectives continues to create opportunities for North Carolina while augmenting the capabilities of the nation's military.

The mission of the Defense Alliance of North Carolina is to grow North Carolina's defense economy in a way that creates new long-term investments and job opportunities. We are committed to improve the economy of North Carolina by positioning key organizations and senior leaders to assist in the expansion of defense-related business opportunities throughout the state; leading high-impact strategic growth initiatives; and providing actionable information and networking opportunities to NC entities with defense sector interests.



TO LEARN MORE ABOUT THE DANC OR BECOME A MEMBER,  
CONTACT TAMMY EVERETT, SENIOR DIRECTOR  
910.690.4450 | [TEVERETT@DEFENSEALLIANCENC.ORG](mailto:TEVERETT@DEFENSEALLIANCENC.ORG)  
OR PAUL FRIDAY, EXECUTIVE DIRECTOR  
910.690.1860 | [PFRIDAY@DEFENSEALLIANCENC.ORG](mailto:PFRIDAY@DEFENSEALLIANCENC.ORG)



**Recognizing Veteran Service. Empowering Business Success.**

## OUR MISSION

*To support, educate, and connect all veterans in commerce*

### SUPPORT

We support our membership through the recognition of veteran service, and we work to empower business success by advocating on key issues that affect veteran-owned businesses in North Carolina.

### EDUCATE

We provide educational opportunities focused on relevant information for business owners: marketing, finance, business growth and development, certification, methods for accessing capital, etc.

### CONNECT

We connect veteran-owned businesses and professionals with each other—inspiring mentoring and collaboration. We also connect our members to key contacts in corporate America, as well as state and local government.



NC VetBiz is a 501c3 that works throughout our state to empower veteran business owners to be successful. Pictured left to right: Proud NC VetBiz members; Corporate Sponsors-Procurement Summit; SBA-NC VetBiz Veterans Small Business Summit.



**To learn more, visit [www.NCVETBIZ.org](http://www.NCVETBIZ.org)**

# Veterans Business Outreach Center At Fayetteville State University

## Your Entrepreneur Resource Center



**A service for transitioning  
service members, Active Duty,  
Veterans and Spouses.**

### Business Development Assistance :

- Access to Capital
- Boots to Business/Reboot training
- Resource Partner Referrals
- Seminars, Webinars, and Workshops
- Small Business Counseling
- One-on-One Client Consultation
- Identify mentoring services
- Financial resources
- Monthly Networking Events
- Other Small Business Assistance

The Veterans Business Outreach Center (VBOC) Program is design to provide entrepreneurial development services such as business training, counseling, and resource partner referrals for transitioning service members, veterans, active duty and their spouses interested in starting or growing a small business.

### What can the VBOC do for you?

- Tailored business counseling in-person and online
- Networking opportunities and meet-up events
- Business Plan resources & development
- Access to capital through lender referrals

**Sign-up for counseling, events,  
or for more information**

**[www.fsuvboc.com](http://www.fsuvboc.com)**

**Follow Us on FaceBook!  
FSUVBOC**



Funded in part by a cooperative agreement with the U.S. Small Business Administration. All opinions, conclusions, or recommendations expressed are those of the author(s) and do not necessarily reflect the views of the SBA.



2020

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS



## HOUSING

VISIT US @ MILVETS.NC.GOV AND NC4VETS.COM

156 . . . Emergency Support

157 . . . Disabled Veteran  
Homestead Exemption

158 . . . Housing Support Assistance

159 . . . Debt Management

163 . . . Veteran Families SSVF Grant

164 . . . Balance of State  
ToC Homeless POCs

165 . . . NC Continuums of Care

166 . . . Healthcare for  
Homeless Veterans

### HOMELESSNESS PREVENTION

### NC HOUSING AGENCIES

### VA HOUSING PROGRAMS

### YOU CALL

### NCDMVA ANSWERS

844.624.8387

(844.NC4.VETS)

FAX 984-204-8343

 @NC4VETS

 @NC4VETS

# EMERGENCY SUPPORT & RESOURCES

If you are a homeless veteran, we are here to support you and to help you get back on your feet.



## NATIONAL CALL CENTER FOR HOMELESS VETERANS



**1-877-4AID-VET**  
[1-877-424-3838]

Contact VA's National Call Center for Homeless Veterans at **877-4AIDVET (877-424-3838)** to speak to a trained VA responder.

The hotline and online chat are free and neither VA registration nor enrollment in VA healthcare is required to use these services.

Expert responders staff the hotline for homeless veterans 24 hours a day, seven days a week. The responders can provide emergency support and resources to homeless veterans and family members, as well as community agencies and non-VA providers.

When you call or join the online chat, you will be connected to a trained VA responder. The responder will ask a few questions and

assess your needs. If you're a veteran, you may be connected with the Homeless Program point of contact and the nearest VA facility.

According to the National Coalition for Homeless Veterans (NCHV), about 23 percent of America's homeless population are veterans. This equates to between 529,000 and 840,000 veterans who are homeless at some time each year. Because of this, the Department of Veterans Affairs and other non-profit organizations have devised a number of initiatives to help our homeless veterans.

**See next page for some of the initiatives provided by VA for our veterans.**

## VETERANS RESTORATION QUARTERS

1329 Tunnel Rd  
Asheville, NC 28805  
(828) 259-5300

- At ABCCM's Veterans Restoration Quarters (VRQ), our mission is to create a principle-based environment and comprehensive residential program that addresses every area of restoration in the life of a homeless veteran. We work to provide each veteran with stability, personal skill building, educational and training opportunities leading to employment and housing along with personal restoration.
- We accomplish our mission through the diligent and compassionate efforts of trained staff, volunteers and community partners. Over 240 veterans reside nightly on the VRQ campus, a former 125 room motel. Our guests are provided with housing, meals, case management services, counseling, laundry facilities, a computer lab, gym, chapel and transportation to VA Medical Center appointments. Every effort is made to provide each person with the tools, direction and encouragement needed to arrive at genuine success and full restoration.

## DISABLED VETERAN HOMESTEAD EXEMPTION

To qualify as a disabled veteran and be eligible for a homestead property tax exemption under North Carolina law, a person must meet certain criteria. The property owner must be a veteran of any branch of the US Armed Forces with an honorable discharge and must have a permanent & total service connected disability of 100% from the US Department of Veteran Affairs. If in receipt of DIC, a surviving spouse of a disabled veteran may also qualify for a tax exemption.

The disabled veteran homesteaded exemption protest the first \$45,000 of your assessed real property value from abatement.

Find more information about eligibility and qualifications at [www.dornc.com](http://www.dornc.com)

[www.ncdor.gov/documents/ncdva-9-certification-disabled-veterans-property-tax-exclusion](http://www.ncdor.gov/documents/ncdva-9-certification-disabled-veterans-property-tax-exclusion)

## ADDITIONAL MINISTRIES SUPPORTING HOMELESS VETERANS

Steadfast House  
(828) 259-5365  
Veterans Services of the Carolinas  
(828) 259-5314

## HOMELESS VETERANS' REINTEGRATION PROGRAM

The Homeless Veterans' Reintegration Program (HVRP) provides services to assist in reintegrating homeless veterans into meaningful employment while connecting these veterans to service delivery systems to address the complex problems homeless veterans face.

USDOL grant funding is awarded on a competitive basis to eligible applicants such as state and local workforce development boards, public agencies, for profit/commercial entities and non-profit organizations, including faith based and community based organizations. The program is 'employment focused' and veterans receive the employment and training services they need in order to re-enter the labor force.

For more information, contact the North Carolina field office for USDOL VETS at (919) 814-0250.

## VA'S COMPENSATED WORK THERAPY

VA's Compensated Work Therapy (CWT) is comprised of three unique programs which assist homeless veterans in returning to competitive employment: Sheltered Workshop, Transitional Work, and Supported Employment. Veterans in CWT are paid at least the federal or state minimum wage, whichever is higher.

The Homeless Veteran Support Employment Program (HVSEP) provides vocational assistance, job development and placement, and ongoing supports to improve employment outcomes among homeless veterans and veterans who have been trained as Vocational Rehabilitation Specialists (VSRs).

CWT veterans have been successfully employed over the years in various competitive positions including, but not limited to, health care, information technology, manufacturing, warehousing construction trades, clerical and office support, retail, and services delivery. CWT programs develop an individual rehabilitation plan for each veteran and provide a wide range of support services to the veteran at the CWT locations. Benefits including service-connected compensation, and non-service-connected

pensions cannot be reduced, denied, or discontinued based on participation in CWT.

The CWT program's mission is to provide realistic and meaningful vocational opportunities to the veteran, and encouraging successful reintegration into the community at the veteran's highest functional level.

Contact your local VA Medical Center on page 56.

## TRANSITIONAL RESIDENCE PROGRAM

The Transitional Residence (TR) program is a work-based Psychosocial Residential Rehabilitation Treatment Program offering a therapeutic residential setting for veterans involved in Compensated Work Therapy. The TR program provides a rehabilitation-focused residential setting for veterans recovering from chronic mental illness, chemical dependency and/or homelessness. TR provides a bridge between hospitalization or intensive outpatient treatment in a successful community of peer and professional support, with a strong emphasis on increasing personal responsibility and achievement of individualized rehabilitation goals.

This program differs from other VA-operated residential bed programs in that participants contribute (using their CWT earnings) to the cost of operating and maintaining their residence and are responsible for planning, purchasing and preparing their own meals.

Contact your local VA Medical Center on page 56.

## HUD-VASH

This joint Supportive Housing Program with the US Department of Housing and Urban Development (HUD) provides permanent housing and ongoing case management treatment services for homeless veterans who would not be able to live independently without the support of case management. HUD's Section 8 Voucher Program has designated more than 10,000 Vouchers to Public Housing Authorities (PHAs) throughout the country for veterans who are homeless. This program allows veterans to live in veteran selected apartment units with a Housing Choice voucher.

These vouchers are portable so that veterans can live in communities served by their VA medical facility where case management services can be provided. See your local county social services office for more information.

## DROP-IN CENTERS

These programs provide a daytime sanctuary where homeless veterans can clean up, wash their clothing, and participate in a variety of therapeutic and rehabilitative activities. Linkages with longer-term assistance are also available. Locations vary.

Contact your local Vet Center or VA Community Based Outpatient Clinic for locations and services in your area. See page 56.

# NEED HELP WITH HOUSING OR HOMELESSNESS?

TRY THESE LOCAL HOUSING & CERTIFIED VETERAN PEER SUPPORT ASSISTANCE CENTERS

LME/MCO	REGION	24/7 ACCESS NUMBER	WEBSITE
Alliance Behavioral Healthcare	Central/Eastern	(800) 510-9132	<a href="http://www.alliancebhc.org">www.alliancebhc.org</a>
Cardinal Innovations Healthcare Solutions	Mountain	(800) 939-5911	<a href="http://www.cardinalinnovations.org">www.cardinalinnovations.org</a>
Eastpointe	Sandhills	(800) 913-6109	<a href="http://www.eastpointe.net">www.eastpointe.net</a>
Partners Behavioral Health Management	Foothills	(888) 235-4673	<a href="http://www.partnersbhm.org">www.partnersbhm.org</a>
Sandhills Center	Central	(800) 256-2452	<a href="http://www.sandhillscenter.org">www.sandhillscenter.org</a>
Vaya Health	Mountain	(828) 225-2785	<a href="http://www.vayahealth.com">www.vayahealth.com</a>
Trillium Healthcare	Coastal	(877) 685-2415	<a href="http://www.trilliumhealthresources.org">www.trilliumhealthresources.org</a>



## VAMC HOMELESS VETERAN COORDINATORS

### ASHEVILLE VAMC

Alison Bond  
(828) 298-7911  
Ext. 5506

### FAYETTEVILLE VAMC

Emmitt Bryant  
(910) 488-2120  
Ext. 5796

### DURHAM VAMC

Bob Williamson  
(919) 286-0411  
Ext. 7065

### SALISBURY VAMC

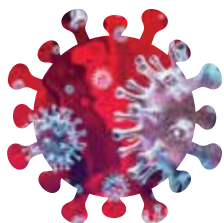
(704) 638-9000  
Ext. 13011



## STAND DOWNS

Stand Downs are one-to three-day events that provide homeless veterans a variety of services and allow VA and community-based service providers to reach more homeless veterans in a temporary refuge where they obtain food, shelter, clothing and a range of community and VA assistance. In many locations, Stand Downs provide health screenings, referral and access to long-term treatment, benefits counseling, ID cards, and access to other programs to meet their immediate needs. For more information on Stand Down dates and locations, please contact the Homeless Veterans Programs Office at (877) 4AID-VET or visit [www.va.gov/HOMELESS](http://www.va.gov/HOMELESS), or go to our Facebook page for real-time updates.

## DID YOU



## KNOW

That the VA modified its requirements to give Supportive Services for Veteran Families (SSVF) grantees far broader flexibility in delivering SSVF housing services during COVID-19? Visit: [va.gov/HOMELESS/ssvf](http://va.gov/HOMELESS/ssvf) for more.

## VETERANS EMERGENCY RELIEF PROGRAMS

Many military and service organizations have emergency relief programs specifically designated to help veterans, military members, and their families. Inquire within local organizations about programs such as the Air Force Aid Society, American Legion Temporary Financial Assistance, Army Emergency Relief, Disabled American Veterans Disaster Relief Grants, Navy-Marine Corps Relief Society, Salvation Army Home Front War Relief Program, and VFW Unmet Needs. For a list of VSO's see pages 8-11.

## AVOIDING DEBT-TRAP LOANS



High-cost, debt-trap loans can create long-term problems for North Carolina veterans

Across North Carolina, military, veteran, faith and community leaders are increasingly focused on the harm predatory lending inflicts on our communities. Some lenders violate state law and extend loans designed to trap borrowers in a cycle of debt. Veterans and active-duty service members should be aware of which loans are legal and which are illegal in North Carolina, how to avoid a long-term financial headache, and where to turn for help if you need it.

Installment, payday, and car-title loans are misleadingly marketed to veterans across the country as a quick fix when they are in a financial bind. However, once vets take out these loans, may find that they cannot pay them off and cover their living expenses. They end up taking out loan after loan after loan, paying new fees each time. This is the "debt trap," and for some it's a cycle they remain caught in for months or even years.

Fortunately, payday and car title loans are illegal in North Carolina, including loans made over the internet. However, some lenders still make illegal internet loans to North Carolina residents. If you are caught in one, you should report the lender to the North Carolina Attorney General's office.

Installment loans, however, are legal in North Carolina as long as the loan does not exceed our state's interest rate and fee caps. North Carolina law has a complicated formula for determining the maximum annual percentage rate (APR) of interest. Lenders may charge up to 30% on loans up to \$4000, and lower rates (24% and 18%) on amounts above \$4000, as well as additional origination fees. Installment lenders are not required by state law to determine whether a borrower actually has the ability to



repay a loan. This is significant because a borrower who falls behind on their loan and refinances to avoid a default is the ideal customer for these lenders. Data from the NC Commissioner of Banks office show that, on average, two-thirds of these installment loans made each year in North Carolina are to renew existing loans.

North Carolina veterans are better off considering other options before taking out one of these loans. Credit counselors can help you make a plan to manage your finances, or can help if you are having trouble repaying an installment loan. Many banks and credit unions offer alternatives to installment loans at a fraction of the interest rates other lenders charge. While most people are hesitant to ask friends or family for money, borrowers caught in the debt trap often turn to them for help to escape it anyway.

We are making progress ending the debt trap, but there is still work to do. In October 2017, the Consumer Financial Protection Bureau issued a new rule for payday, car-title, and high-cost installment loans which requires lenders to ensure that the borrower can effectively repay the loan. There are several threats at the federal level to undo this important safeguard, which protects the more than 700,000 North Carolina veterans who are not covered by the Military Lending Act (MLA) from 300% interest predatory loans.

Going forward, it is important that our North Carolina legislature maintain the ban on car-title and payday

## Resources for North Carolina Veterans

If you think a company is making illegal loans in North Carolina, please:

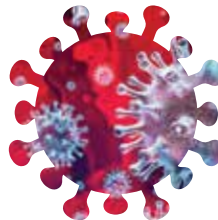
- File a complaint with the NC Attorney General's Office at **(877) 566-7226** or at **[www.ncdoj.gov](http://www.ncdoj.gov)**
- File a complaint with the Consumer Financial Protection Bureau at **[www.consumerfinance.gov](http://www.consumerfinance.gov)**
- If an active-duty service member, military retiree, or dependent of either or otherwise eligible for military legal assistance, contact the legal assistance office at the nearest military installation.
- Contact the Center for Responsible Lending at **(919) 313-8500**.
- Contact a credit counselor for free advice at **(800) 388-2229** or **[www.debtadvice.org](http://www.debtadvice.org)**.

To learn more about debt trap lending, visit **[www.responsiblelending.org](http://www.responsiblelending.org)**

lending. And it's important that installment loans not be made even more expensive.

If you would like to join our coalition or learn more about this issue, contact Rochelle Sparko at the Center for Responsible Lending at **[Rochelle.Sparko@responsiblelending.org](mailto:Rochelle.Sparko@responsiblelending.org)** or **(919) 313-8500**.

## DID YOU



## KNOW

**You may be entitled to suspension or forbearance of your mortgage payments during the COVID-19 crisis?**

**Call your mortgage servicer right away! If you received correspondence from your mortgage company about available help call the number they provided in the correspondence.**

### Legal Aid Helpline

**Toll-Free | 1 (866) 219-LANC (5262)**  
**8:30 AM - 4:30 PM, Monday - Friday**  
**5:30 PM - 8:30 PM, Monday & Thursday**



## Need Housing Help in North Carolina? We've Got Your Back.

The NC Housing Finance Agency has many ways to help bring you home.



NC Home Advantage  
MORTGAGE™

Enjoy up to 5% down payment assistance, Competitive fixed rates and the ability to structure as a VA Home Loan

### Special Options for Veterans



NC Home Advantage  
DOWN PAYMENT

Get \$8,000 in down payment help



NC Home Advantage  
TAX CREDIT

Save up to \$2,000 per year on your federal taxes for the life of the loan



NC Home Advantage Mortgage™ products are offered statewide by the NC Housing Finance Agency through lending partners. Don't wait— determine your eligibility and find a lender today at [HousingBuildsNC.com](http://HousingBuildsNC.com).

A self-supporting public agency



## NEED HOUSING HELP IN NORTH CAROLINA? WE'VE GOT YOUR BACK



As a member of the armed forces, you've likely done your fair share of moving around. If you're ready to finally put down roots and make North Carolina your permanent home, we can help.

The North Carolina Housing Finance Agency offers help not only to get veterans into homes but to help them remain there long-term.

Veterans who want to settle down with a new home can keep their mortgage payments low with the NC Home Advantage Mortgage™, which offers up to 5% of the loan amount in down payment help. As a veteran, though, you may qualify for an even bigger down payment boost with the NC 1st Home Advantage Down Payment that instead offers \$8,000 in assistance. Or, you may choose the NC Home Advantage Tax Credit, which enables qualified veterans and first-time home buyers to save up to \$2,000 each year on federal taxes with a Mortgage Credit Certificate. That tax savings is yours for the life of the loan and you can combine this product with the NC Home Advantage Mortgage down payment help for even more savings.

The down payment options are offered as 0%, deferred loans and are forgivable over time. They are reduced by 20% per year at the end of years 11–15 (completely forgiven at end of year 15).

In addition, the 30-year, fixed-rate NC Home Advantage Mortgage can be structured as a VA home loan, enabling you to couple your down payment help with the VA loan advantages, including no mortgage insurance premium and limitations on closing costs.

The NC Housing Finance Agency offers these mortgage products through participating lenders statewide. You can find a participating lender near you at [HousingBuildsNC.com](http://HousingBuildsNC.com) in “Home Buyers.”

Helping North Carolina veterans buy homes they can afford is important, but equally vital is ensuring long-term home ownership success for military veterans who already own homes but may need help to stay in them.

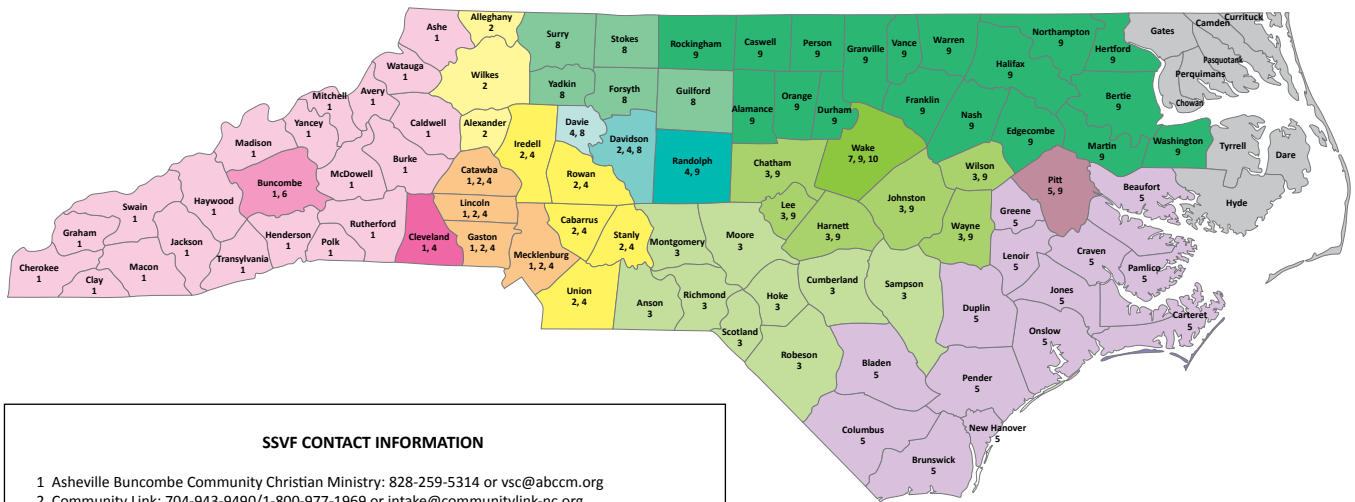
If you require costly repairs or accessibility modifications to stay in your home and meet certain income requirements, you may be eligible for help from the Agency. Aimed at correcting dangerous housing conditions or making homes more accessible for residents with disabilities, repairs and modifications are provided through local community partners. You can learn more and find a partner in your area at [HousingBuildsNC.com](http://HousingBuildsNC.com) in “Homeowners.”

For veterans who aren't quite ready for home ownership, the NC Housing Finance Agency partners with the Department of Health and Human Services and SocialServe.com to furnish [NCHousingSearch.org](http://NCHousingSearch.org), a comprehensive, easily searchable listing of available affordable apartments statewide. This service also lists supported housing options and provides links to other housing resources in the state. You can either search the site or call 1-877-428-8844 for assistance.

To learn more about the Agency's housing resources, visit [HousingBuildsNC.com](http://HousingBuildsNC.com).

# SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF) GRANTS

Supportive Services for Veteran Families (SSVF) programs provide funds to very low income veterans to help prevent homelessness and short-term assistance to help homeless veterans obtain permanent housing. Assistance is also provided to help identify housing and provide access to other needed services as well



## SSVF CONTACT INFORMATION

- 1 Asheville Buncombe Community Christian Ministry: 828-259-5314 or [vsc@abccm.org](mailto:vsc@abccm.org)
- 2 Community Link: 704-943-9490/1-800-977-1969 or [intake@communitylink-nc.org](mailto:intake@communitylink-nc.org)
- 3 Family Endeavors-Fayetteville Region: 910-672-6166
- 4 Family Endeavors-Charlotte Region: 704-780-4950
- 5 Family Endeavors-Jacksonville Region: 910-459-4320
- 6 Homeward Bound of Western NC: 828-777-4541
- 7 Passage Home: 919-834-0666 ext. 265
- 8 United Way of Forsyth County: 336-721-9300
- 9 Volunteers of America Carolina-Durham Region: 919-530-1100
- 10 Volunteers of America Carolina-Wake Region: 919-831-9042

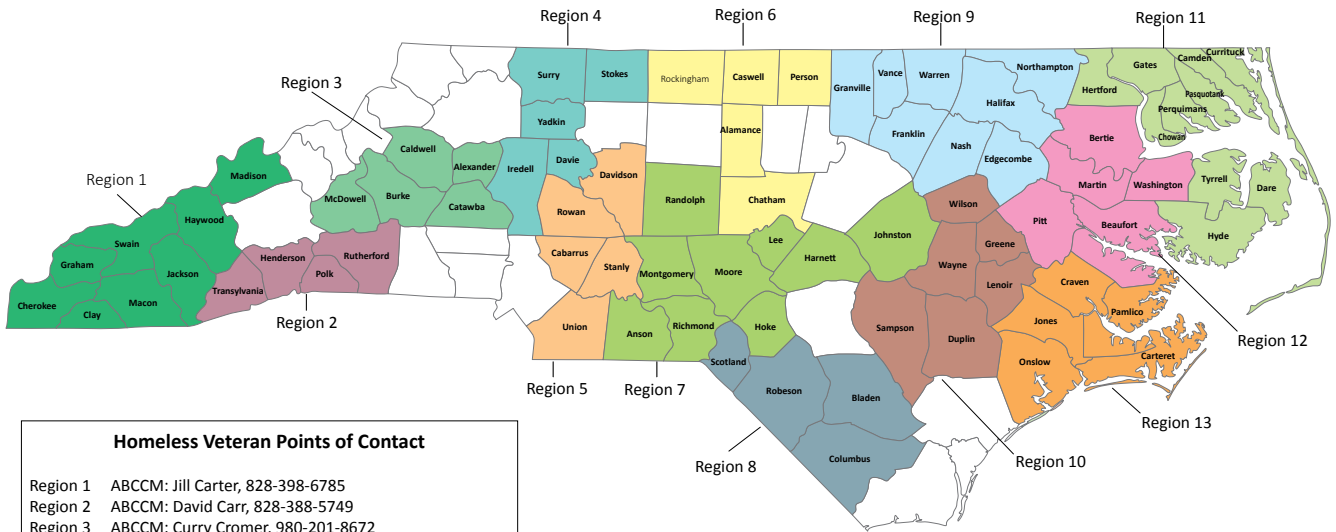
Counties in color are covered by one or more SSVF grants. Use the number(s) on the map to find contact information in the list above.  
Counties in gray are not covered by SSVF grants.

North Carolina Coalition to End Homelessness  
[www.nceh.org](http://www.nceh.org)



# BALANCE OF STATE CoC HOMELESS VETERAN POINTS OF CONTACT

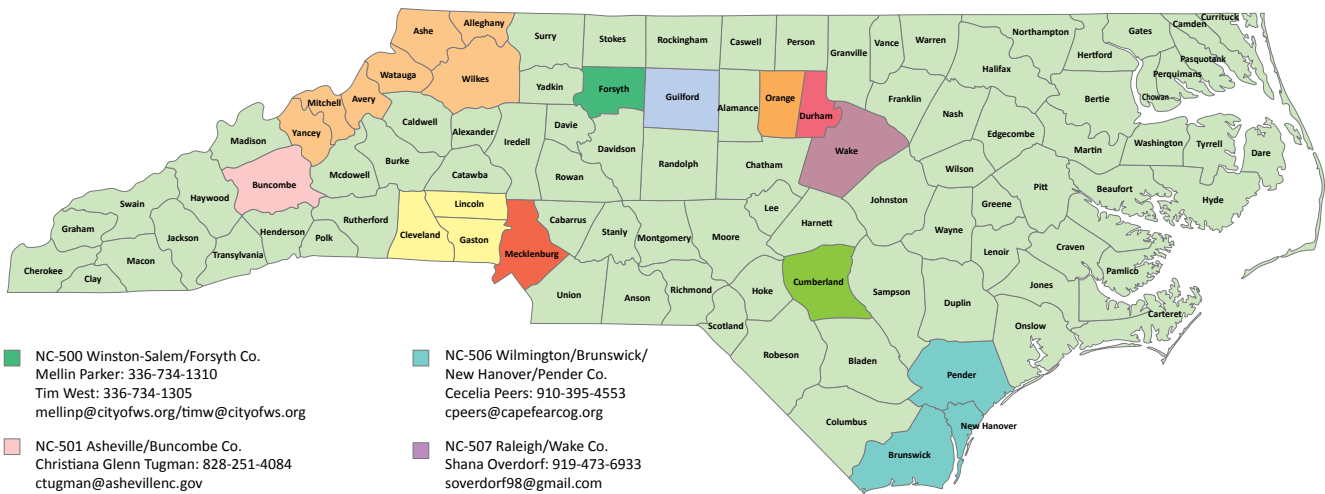
The Balance of State CoC is a 79 county area divided into 13 regions. Each region has a Homeless Veterans Point of Contact.



Homeless Veteran Points of Contact	
Region 1	ABCCM: Jill Carter, 828-398-6785
Region 2	ABCCM: David Carr, 828-388-5749
Region 3	ABCCM: Curry Cromer, 980-201-8672
Region 4	United Way of Forsyth Co.: Rose Fisher, 336-721-9369
Region 5	Community Link: Branden Lewis, 704-943-3594
Region 6	Volunteers of America: Robin Henry, 919-530-1100
Region 7	Family Endeavors: Shanita Harris, 910-672-6166
Region 8	Family Endeavors: Gabby Atkinson, 910-672-6166
Region 9	Volunteers of America: Bertha Byerson, 252-985-0230
Region 10	Family Endeavors: Latina James, 910-672-6166
Region 11	Volunteers of America: Tina Rodgers, 252-985-0230
Region 12	Volunteers of America: Tina Rodgers, 252-985-0230
Region 13	Family Endeavors: Ashley Tinkham, 910-459-4320

# NORTH CAROLINA CONTINUUMS OF CARE (COCS)

North Carolina Continuums of Care (CoC) are planning groups which develop strategies and actions to address and end homelessness in their defined area. Each CoC often has a specific committee working with homeless veterans.



**NC-500 Winston-Salem/Forsyth Co.**  
Mellin Parker: 336-734-1310  
Tim West: 336-734-1305  
mellinp@cityofws.org/timw@cityofws.org

**NC-501 Asheville/Buncombe Co.**  
Christiana Glenn Tugman: 828-251-4084  
ctugman@ashevillenc.gov

**NC-502 Durham City/Durham Co.**  
Lloyd Schmeidler: 919-560-4570 ext. 22267  
lloyd.schmeidler@durhamnc.gov

**NC-503 NC Balance of State**  
NC Coalition to End Homelessness: 919-755-4393  
bos@ncceh.org

**NC-504 Greensboro/High Point/Guilford Co.**  
Brian Hahne: 336-553-2715  
brian@partnersendinghomelessness.org

**NC-505 Charlotte/Mecklenburg Co.**  
Rebecca Pfeiffer: 704-336-2266  
rpfeiffer@ci.charlotte.nc.us

**NC-506 Wilmington/Brunswick/  
New Hanover/Pender Co.**  
Cecelia Peers: 910-395-4553  
cpeers@capefearcog.org

**NC-507 Raleigh/Wake Co.**  
Shana Overdorf: 919-473-6933  
soverdorf98@gmail.com

**NC-509 Gastonia/Cleveland/Gaston/Lincoln Co.**  
Teresa Jacobs: 704-864-4554 ext. 109  
tjacobs@unitedwaygaston.org

**NC-511 Fayetteville/Cumberland Co.**  
Sylvia McLean: 910-323-6112  
smclean@co.cumberland.nc.us/dtaylor@co.cumberland.nc.us

**NC-513 Chapel Hill/Orange Co.**  
Corey Root: 919-245-2496  
croot@orangecountync.gov

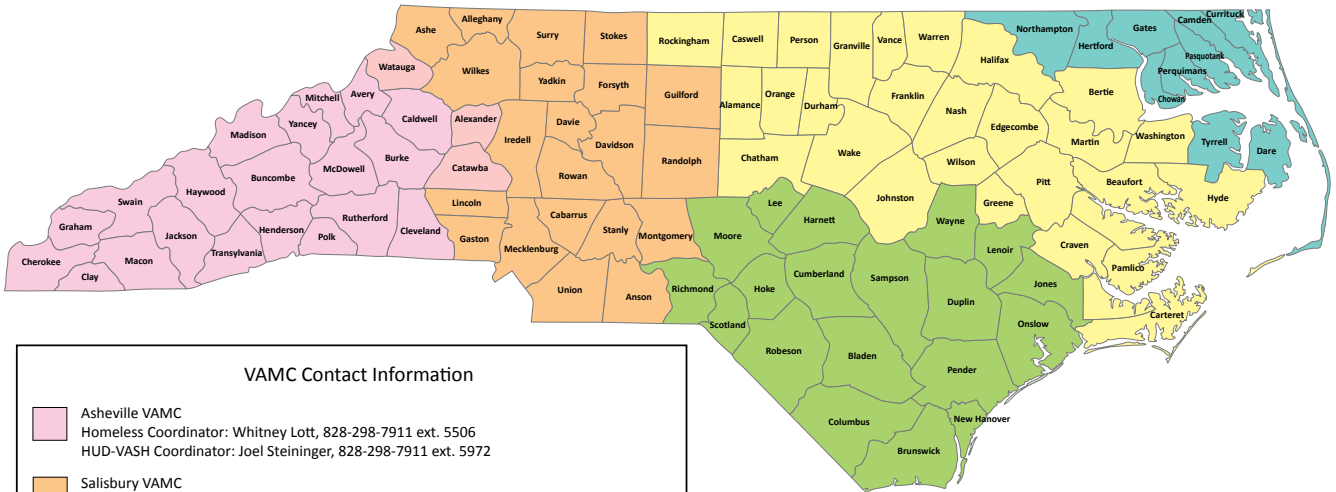
**NC-516 Northwest NC**  
Tina Krause: 828-264-1237  
director@hospouse.org

North Carolina Coalition to End Homelessness  
www.ncceh.org



# HEALTH CARE FOR HOMELESS VETERANS PROGRAMS VETERANS ADMINISTRATION MEDICAL CENTER (VAMC) CATCHMENT AREAS

The Health Care for Homeless Veterans (HCHV) program provides outreach, case management, rehabilitative care, and housing for homeless veterans. The HUD/VASH provides housing and case management for disabled homeless veterans.



VAMC Contact Information	
	<b>Asheville VAMC</b> Homeless Coordinator: Whitney Lott, 828-298-7911 ext. 5506 HUD-VASH Coordinator: Joel Steininger, 828-298-7911 ext. 5972
	<b>Salisbury VAMC</b> Homeless Coordinator: Jennifer Herb, 704-638-9000 ext. 3011 HUD-VASH Coordinator-Greensboro/Winston-Salem: Sahirah Hobes, 704-638-9000 ext. 6271 HUD-VASH Coordinator-Charlotte: Kimberly Stephens, 704-762-5068
	<b>Durham VAMC</b> Homeless Coordinator: Ellecia Thompson, 919-286-0411 ext. 6197 HUD-VASH Coordinator: Jennifer Herbin, 919-286-0411 ext. 6025
	<b>Fayetteville VAMC</b> Homeless Coordinator: Mary Fisher Murray, 910-488-2120 ext. 5796 HUD-VASH Coordinator: Geri Viers, 910-488-2120 ext. 7552
	<b>Hampton Roads (Virginia) VAMC</b> Homeless Coordinator: Marti Chick-Ebey, 757-722-9961 ext. 1285 HUD-VASH Coordinator: Doris Cruca, 757-722-9961 ext. 1209



North Carolina Coalition to End Homelessness  
www.nceh.org



caring for those who cared for us  
**day services for homeless veterans @ the IRC**



showers, laundry, mail services, case management, counseling, jobs program, GED classes, educational opportunities, barber shop, medical clinic, shelter referral, computer lab, edible gardens, resume help, disability claims assistance, Veteran Support Group, VetCorps member on location, more.

407 E. Washington Street, downtown GSO      [www.gsodaycenter.org](http://www.gsodaycenter.org)





The Servant Center, Inc.  
1312 Lexington Avenue  
Greensboro, NC 27403  
Debra Stokes, Housing Services  
336-275-8585 ext. 201  
[www.theservantcenter.org](http://www.theservantcenter.org)



### Transitional Housing VA Grant-Per-Diem

Servant House is a 21-bed transitional housing facility for homeless, disabled veterans. Servant House provides for all the resident's basic needs including shelter, meals, snacks, transportation, toiletries and clothing. This program focuses on assisting residents in applying for and receiving VA benefits and/or SSI/SSDI benefits AND finding, securing and maintaining decent, safe and affordable housing. Residents work with the LCSW to complete a Treatment Plan with specific housing and income goals. The plan can also include goals in the areas of health, substance abuse, social relationships, etc. if desired by the resident.

### Rapid Re-housing

Fast Track assists those that are experiencing homelessness that are veterans and/or are waiting for SSI/SSDI or VA disability benefits.

The Fast Track Housing Specialist works with clients to develop a housing plan including strategies to overcome housing barriers such as bad credit, arrears, legal issues; help them quickly find appropriate housing and negotiate leases; as well as help them secure deposits, furniture, and housing subsidies.

Referrals will come from the VA, through the Coordinated Assessment process and from local SOAR workers (professionals in the community that help homeless individuals apply for SSI/SSDI).

### Permanent Supportive Housing

Glenwood and Haworth Houses are nestled in a quite community with access to transportation, grocery store, downtown, library and much more. These communities provide low-rent apartments to low-income, disabled individuals, primarily veterans. Glenwood House offers 8 studio apartments and Haworth House offers 9 1-bedroom apartments. These houses are provided with case management services, social activities, life skills classes, groups, a beautiful outdoor space and a community room.



# 2020

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS



## PERSONAL SERVICES

VISIT US @ [MILVETS.NC.GOV](http://MILVETS.NC.GOV) AND [NC4VETS.COM](http://NC4VETS.COM)

- 170 . . . Military Records and Medals
- 173 . . . Driver's License + License Plates
- 174 . . . Hunting + Fishing Licenses
- 176 . . . Incarcerated Veterans Benefits
- 178 . . . Veterans Treatment Court
- 186 . . . DEERS ID Card Services, Discharge Upgrade or Correction

- LICENSE PLATES
- LEGAL SERVICES
- ADAPTIVE EQUIPMENT
- HUNTING/LICENSES
- MILITARY RECORDS
- NON-PROFITS
- ID CARDS

**YOU CALL**  
**NCDMVA ANSWERS**

844.624.8387

(844.NC4.VETS)

**FAX** 984-204-8343

 @NC4VETS

 @NC4VETS

## GUIDE DOGS AND SERVICE DOGS

VA may provide guide dogs to blind veterans including the expense of training the veteran on how to use them, and the cost of the dog's medical care.

Additionally, VA may also provide service dogs trained for the aid of hearing impaired veterans and veterans with spinal cord injuries, dysfunction and other chronic impairment that substantially limits mobility. Currently there are pilot programs being conducted by the VA to provide service dogs to veterans who have conditions such as PTSD.

There are also many private non-profit organizations that provide service dogs to disabled veterans.

For more information on guide and service dogs please go to:

[www.prosthetics.va.gov/psas/Guide\\_And\\_Service\\_Dogs\\_Frequently\\_Asked\\_Questions\\_FAQS.asp](http://www.prosthetics.va.gov/psas/Guide_And_Service_Dogs_Frequently_Asked_Questions_FAQS.asp)

## CLOTHING ALLOWANCE

The VA pays a clothing allowance to veterans who, because of a service-connected disability, wear or use a prosthetic or orthopedic appliance (including a wheelchair) in which the VA determined tends to wear out or tear the clothing. The VA will also pay an annual clothing allowance to veterans who use medication prescribed by VA physicians for skin conditions caused by a service-connected disability which the VA determines causes irreparable damage to the veteran's outer garment.

## AUTOMOBILE ASSISTANCE PROGRAM

The VA offers qualified veterans and active duty service members a one-time payment of up to \$20,114 to be used toward the purchase of an automobile or other forms of transportation. To qualify, a veteran or service member must have one of the following disabilities including loss, or permanent loss of use, of one or both feet, loss, or permanent loss of use, of one or both hands, or permanent impairment of vision in both eyes to a certain degree.

## MILITARY RECORDS AND MEDALS

Veterans or their next of kin who need assistance in obtaining service records, a DD-214, or replacement awards and medals must formally request them through the National Personnel Records Center (NPRC). The NPRC is the records custodian for most discharged and retired members of all branches of service. The fastest way to obtain a copy is through their website.

If you do not have access to the internet, you can order a copy by mailing or faxing a Standard Form 180. The forms are available in any County Veteran Service Office office located at pages 8-11.

## charlotte center for legal advocacy

**Charlotte Center for Legal Advocacy** is a non-profit law firm providing comprehensive civil legal services to low-income individuals and families in the Charlotte region. The Veterans Legal Services Project at Charlotte Center for Legal Advocacy serves veterans and families in Mecklenburg, Cabarrus, and Union Counties who are seeking help with VA disability compensation and pension claims, discharge upgrades, over-payment issues, Social Security disability claims, as well as additional civil legal matters, at little or no cost.



**charlotte center  
for legal advocacy**

**Justice lives here.**

**Veterans Hotline: (704) 808-4144**

<http://www.charlottelegaladvocacy.org/veterans>



## NATIONAL MONTFORD POINT MARINES ASSOCIATION INC.

### NC Triad-Triangle Chapter 38

Non-Profit Organization established to preserve the legacy of approximately 20,000 first African Americans who entered the United States Marine Corps from 1942-1949, at Montford Point Camp Jacksonville, North Carolina. We provide emergency assistance and work to improve the social conditions of our veterans, local families, youth and our community. Servicing the Triad-Triangle and surrounding areas of NC.

On November 23, 2011 former President Barack Obama signed into law to award the Congressional Gold Medal to the Montford Point Marines. It recognized Montford Point Marines for the contributions to the Marine Corps and United States of America. Please assist us in locating

To become a member, request assistance or how to earn community service hours, please contact:

(336) 684-5524 **or**

NMPMA Chapter 38

PO Box 893

Haw River, NC 27258 **or**

**EMAIL:**

**President@NMPMA38.org website [www.NMPMA38.org](http://www.NMPMA38.org)**

Original Montford Point Marines to ensure they are awarded for their contributions. Montford Point Marines can receive awards posthumously.

### GET INVOLVED

and help us to continue to help our veterans while preserving United States History!



# NC Department of Information Technology



**Continue your service to your state and country and come work with us!**

**Our services include:** cybersecurity, networking, hosting, telecommunications, desktop computing, unified communications, and 24/7 support through our ITIL<sup>®</sup>-trained Service Desk and IT Service Support teams.

**We are the leading provider of IT services to state agencies, local governments, and educational institutions across North Carolina.**

We're looking for leaders with advanced skill sets in a variety of state government IT roles:

- IT Security and Compliance Specialist/Manager
- Network Analyst/Specialist/Engineer
- Operating Systems Software Programmers
- Identity Management Applications Systems Analyst/Specialist/Engineer
- Health IT
- Data Scientist/Architect/Analyst Roles

## VETERANS RECOGNITION LICENSE PLATES

The North Carolina DMV offers specialty license plates to veterans and service members who want to display their military service.

You can choose from over 20 specialized license plates which include Purple Heart recipient, Bronze and Silver Star, Combat Theaters and POW plates.

To obtain a specialty license plate, supporting documentation **must** be provided with the MVR-33A application. Acceptable documents are either a DD214 with character of discharge, or recent VA Rating Letter/Summary of Benefits. The application can be certified at a County or State Veterans Service Office (see page 8). You may contact those offices with questions, or visit us online for detailed instructions. The application can be found at your local DMV, Veterans Service Office, or online at: [www.ncdot.gov/download/dmv/Plates\\_MVR33A.pdf](http://www.ncdot.gov/download/dmv/Plates_MVR33A.pdf)

### SPECIALTY LICENSE PLATE TYPES:

Afghanistan Veteran	Legion of Merit
Bronze Star Valor Recipient	Legion of Valor
Bronze Star Recipient	Partially Disabled Veteran
Congressional Medal of Honor	Pearl Harbor Survivor
Desert Storm Veteran	Purple Heart Recipient
100% Disabled Veteran	Motorcycle
Distinguished Flying Cross	Purple Heart Recipient
Distinguished Service Cross	Silver Star Disabled Veteran
Ex-Prisoner of War	Silver Star Recipient
Gold Star Lapel Button	Vietnam Era
Iraq Veteran	War on Terror
Korean Conflict	WW II Veteran



## VETERAN DESIGNATION ON NC DRIVER LICENSE

The Department of Motor Vehicles (DMV) now offers a veteran designation that can be voluntarily placed on a North Carolina Drivers License. In order to receive the designation, veterans must be a United States veteran, provide proof of veteran status (DD-214, or DD-215), and meet all other North Carolina requirements for driving



privilege or identification card including payment of the original, renewal or replacement fee, only if new - not on renewal.

## ADAPTIVE EQUIPMENT

VA will pay for installation of adaptive equipment for automobiles deemed necessary to ensure that eligible veterans will be able to safely operate vehicles, and to satisfy the applicable state standards of licensure. This equipment includes power steering, power brakes, power windows, lifts, power seats and other special equipment necessary to assist the person into and out of the vehicle or other conveyance.

VA will also repair, replace, or reinstall adaptive equipment determined necessary for the operation of a vehicle acquired under this program, or for the operation of a vehicle an eligible veteran may previously or subsequently have acquired.

## NC HUNTING AND FISHING LICENSES



All North Carolina veterans who are 50% or more disabled may purchase a lifetime hunting-fishing license.

Prices of the licenses range from \$10 to \$110 depending on the type of license the veteran wishes to purchase. To purchase a license, visit your local wild life commission or [www.ncwildlife.org](http://www.ncwildlife.org) to download a free application.

When returning an application, bring a copy of your VA decision letter awarding a 50% or greater disability rating and a check or money order.

### Other Discounts available:

The following attractions provide a discount on admission fees for active duty military and veterans:

- Battleship North Carolina . [www.battleshipnc.com](http://www.battleshipnc.com)
- NC Museum of Art. . . . . [www.ncartmuseum.org](http://www.ncartmuseum.org)
- NC Museum of History . . . [www.ncmuseumofhistory.org](http://www.ncmuseumofhistory.org)
- NC State Fair. . . . . [www.ncstatefair.org](http://www.ncstatefair.org)
- Tryon Palace . . . . . [www.tryonpalace.org](http://www.tryonpalace.org)
- NC Zoological Park . . . . . [www.nczoo.org](http://www.nczoo.org)
- NC State Parks . . . . . [www.ncparks.gov](http://www.ncparks.gov)

## NORTH CAROLINA AQUARIUMS

[www.ncaquariums.com](http://www.ncaquariums.com)

### HOURS & FEES

Daily 9 a.m. – 5 p.m. year-round  
 Closed Thanksgiving Day, Christmas Day  
 Adults: Ages 13-61: \$10.95  
 Seniors: Ages 62+: \$9.95  
 Military: \$9.95  
 Children: Ages 3-12: \$8.95  
 No charge for children 2 and under, registered NC school groups and NC Aquarium Society Members  
 The Aquariums are wheelchair-accessible.

### ROANOKE ISLAND

374 Airport Road, Manteo, NC, 27954  
 Toll Free: (800) 832-3474 ext. 4

### PINE KNOLL SHORES

1 Roosevelt Blvd., Pine Knoll Shores, NC 28512  
 Toll Free: (800) 832-3474 ext. 3

### FORT FISHER

900 Loggerhead Road, Kure Beach, NC, 28449  
 Toll Free: (800) 832-3474 ext. 2

### JENNETTE'S PIER

7223 South Virginia Dare Trail, Nags Head, NC, 27959  
 Toll Free: (800) 832-3474 ext. 6







# Heroes count in the 2020 Census.

DATA ON OUR MILITARY AND VETERAN POPULATIONS IS IMPORTANT!

**Regardless of when you served, your secure and confidential response to the 2020 Census can shape the future for you and your community.**

Everyone must be counted once, only once, and in the right place—this includes you! Are you stationed here in NC? Then you count for our state!

**No matter your place of origin** (or location of permanent residence), as a member of the military, you and your family are to be counted **where you are presently stationed in NC** to ensure adequate allocation.

## Census data determines:

- number of congressional seats;
- planning and funding for a variety of residential needs including new roads, schools, and emergency services; and
- decisions that impact local jobs, businesses and retail stores.

For more information, visit:  
**2020CENSUS.GOV**



United States®  
**Census**  
**2020**

# INCARCERATED VETERANS BENEFITS

## VETERANS COURTS

There is a growing effort in North Carolina to institute more veterans courts or dockets to allow district attorneys to send military members and veterans into treatment, rather than jail, when they commit a non-violent offense.

These courts are staffed by people who take into consideration charges and challenges facing veterans who return home from war. They may allow some military members to enter into mental health diversion programs as treatment for non-violent infractions as opposed to automatically jailing the offender.

The law relies on the judgment of a prosecutor, who will determine, on a case-by-case basis, which defendants may be eligible for diversion. These prosecutors must consider, for example, whether a veteran who spent four years at a military base should be offered the same diversion opportunity as one who deployed twice to combat situations in Afghanistan or Iraq.

Prosecutors must decide how serious the crime must be before diversion is taken off the table and must consider the victim of the offense.

## THE VETERANS JUSTICE OUTREACH (VJO) PROGRAM

VJO offers outreach and case management to veterans involved in law enforcement encounters, overseen by treatment courts, and incarcerated in local jails.

## INCARCERATED VETERANS BENEFITS

VA benefits are affected if a beneficiary is convicted of a felony and imprisoned for more than 60 days. Disability compensation paid to an incarcerated veteran rated 20 percent or more disabled is limited to the 10 percent rate.

Payments are not reduced for participants in work-release programs, residing in halfway houses or under community control.

Failure to notify VA of a veteran's incarceration can result in overpayment of benefits and the subsequent loss of all VA financial benefits until the overpayment is recovered. VA benefits will not be provided to any veteran or dependent wanted for an outstanding felony warrant.

### Legal Aid of North Carolina Veterans Law Project

Free civil legal help for low-income military veterans.

#### Our Services

disability compensation • discharge upgrades  
VA overpayments • pension benefits

#### Contact Us

1-866-219-5262 (toll-free)  
legalaidnc.org/veterans



## Know a Vet with Involvement with Justice System:

### VETERAN JUSTICE OUTREACH SPECIALISTS & HEALTH CARE FOR REENTRY VETERANS SPECIALIST

#### Fayetteville VA Medical Center

230 Ramsey Street  
Fayetteville, NC 28301  
VJO Curtis Murrow, MSW  
(800) 771-6106 x 7225  
VJO Cristen Koslik, LCSW  
(800) 771-6106 x 5742

#### Charles George VA Medical Center

1100 Tunnel Road  
Asheville, NC 28805  
VJO Katie Stewart, MSW, LCSW  
(800) 932-6408 x 1195  
HCRV, VJO Katherine Houghton, LCSW  
Office: (828) 298-7911 x. 3195  
Mobile: (828) 713-8356

#### W.G. Bill Hefner VA Medical Center

1601 Brenner Ave  
Salisbury, NC 28144  
Carolyn Cardwell, LCSW  
(800) 469-8262 x 4129  
Kate Sullivan, LCSW  
(704) 762-5064

#### Durham VA Medical Center

508 Fulton St  
Durham, NC 27705  
VJO Jeremy Brogden, LCSW  
(888) 878.6890 x 5186  
HCRV Lucas Vrbsky GED, MSW  
(704) 267-9565 (mobile)

#### VBA #s

**WSRO Homeless Hotline:** (336) 251-0383

#### WSRO Justice Involved/ Incarcerated Veteran Hotline:

(336) 251-0555

VA may be able to take a portion of the amount that an incarcerated veteran is not receiving and pay it to his or her dependents, if they can show need.

When a veteran is released from prison, his or her compensation or pension benefits may be restored.

Depending upon the type of disability, the VA may schedule a medical examination to see if the veteran's disability has improved or worsened.

## NC COMMERCE REENTRY INITIATIVE

Through the North Carolina Department of Commerce Reentry Initiative, NCWorks Career Centers assist all job seekers with criminal records to help them overcome barriers to employment. In addition to the services provided to all job seekers, individuals with a criminal record have access to the following:

- Help with writing resumes and a “letter of explanation” detailing their criminal record and/or incarceration and indicating rehabilitative efforts.
- Knowledge about employers’ policies concerning hiring individuals with a criminal record.
- Workshops specific to addressing concerns of individuals with criminal records.
- Referrals to community organizations that assist individuals with criminal records.
- Information on Federal Bonding and the Work Opportunity Tax Credit.

Visit [www.ncworks.gov](http://www.ncworks.gov) to find an NCWorks Career Center near you.

## NC STATE REENTRY COLLABORATIVE COUNCIL

Veterans and other individuals with criminal records or those leaving prison or jail face serious challenges as they reintegrate and work to build stable, healthy lives and families.

The State Reentry Council Collaborative (SRCC) was established by the North Carolina General Assembly and Governor Roy Cooper in 2017 and is managed by the North Carolina Department of Public Safety. The SRCC is made up of representatives from across state and local government whose agency responsibilities intersect with the incarceration or reentry process for people in North Carolina:

- NC Department of Justice
- NC Department of Military and Veterans Affairs
- Administrative Office of the Courts

- NC Department of Health and Human Services
- NC Department of Commerce Division of Workforce Solutions
- NC Community College System
- NC Department of Transportation Division of Motor Vehicles

The SRCC also includes stakeholders from various community sectors, including nonprofit organizations, community-based service providers, faith-based organizations, and fair-chance employers. This cross-representation of government and community stakeholders will help the SRCC develop a comprehensive approach to addressing reentry issues. The SRCC works to facilitate an easier transition back into society for people leaving prison, jail, or any other form of incarceration by:

- Coordinating existing local and statewide resources,
- Identifying and working to address gaps in resources and policy, and
- Advocating to remove stigmas and reduce the barriers to successful reentry.

For more information contact:

### North Carolina Department of Public Safety

512 North Salisbury Street  
Raleigh, NC 27604  
(919) 733-2126

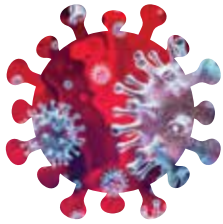
## NORTH CAROLINA CENTRAL UNIVERSITY VETERANS LAW CLINIC

The North Carolina Central University School of Law operates a Veterans Law Clinic that provides legal advice to veterans in the community and throughout the state. Under extensive supervision, law students assist veterans and their families with the complexities and technical aspects of filing their claims with the US Department of Veterans Affairs Regional Offices nationwide, the Board of Veterans Appeals, and the US Court of Appeals for Veterans Claims. This service is provided to veterans throughout North Carolina through partnerships with UNC Campuses located in other regions of the State.

The Veterans Law Clinic is handling all types of claims at all stages of the Veterans Affairs’ claims adjudication process including judicial review.

The Veterans Law Clinic is one of the leading advocates for eligible active duty personnel, veterans, or their survivors. The Clinic accepts cases year-round but cannot accept all cases. To determine eligibility, contact the Supervising Attorney, **Craig Kabatchnick**, (919) 530-7166.

**DID YOU**



**KNOW**

that you can dial 211 for assistance with any number of issues, including those related to COVID-19? Dial 211 from any phone, anywhere in NC for assistance!



## NCVETSLEGAL.ORG

NC Veterans Pro Bono Network is a collaboration of over thirty stakeholders seeking to provide a structure and sharing of information among service providers. Law schools, legal aid organizations, public defenders, veterans service organizations, VJOs and others interested in expanding pro bono representation to veterans throughout the state of North Carolina through public-private partnerships and recruitment of private bar members.

## LEGAL AID SOCIETY OF NORTH CAROLINA

Legal Aid of North Carolina is a statewide, nonprofit law firm that provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove barriers to economic opportunity.

**(866) 219-LANC (5262)**

[www.legalaidnc.org](http://www.legalaidnc.org)

## VETERANS TREATMENT COURTS

Veterans Treatment Court provides a means to divert veterans from the traditional criminal justice system. These courts provide them the support they need to lead productive and law-abiding lives through referrals for treatment, education and vocational programs, and community resources, all while being judicially monitored.

### Mark A. Teachey

Veterans Court Coordinator  
District 11A  
Harnett County Courthouse  
301 West Cornelius Harnett Blvd.,  
Suite 101  
Lillington, NC 27546  
(910) 814-4515 (Office)

### Craig V. Shore

Veterans Court Coordinator  
District 12  
Cumberland County  
117 Dick St  
Fayetteville, NC 28301  
(910) 475-3243

### Regional Veterans Treatment Court covering South Eastern North Carolina

District 21 Forsyth County:  
Julia Frye  
Veteran Court Coordinator  
District 21  
Forsyth County  
200 North Main Street  
(336) 779-6623

### Ricky L. Haralson

Veterans Court Coordinator  
District 28  
Buncombe County  
60 Court Plaza  
Asheville, NC 28801  
(828) 259-6601

# HELP NC VETS

HELPLINES - HEALTHCARE - BENEFITS - HOUSING - EDUCATION - EMPLOYMENT

[HTTPS://HELPNCVETS.ORG](https://helpncvets.org)

## NC STRIVE



### STUDENT TRANSITION RESOURCE INITIATIVE FOR VETERAN'S EDUCATION

Founded in 2014 as a project of the Governor's Working Group, the goal of NC STRIVE is to provide services and supports leading to Student Veterans' success in higher education in North Carolina. NC STRIVE accomplishes this goal through conferences targeting administrators, support staff, and faculty, who provide the Student Veteran community with assistance, tools, and resources to facilitate a smooth transition from the military to higher education and from higher education to the workplace.

Each planning committee consists of representatives from community colleges, public and private universities, LME/MCOs, the North Carolina DHHS, the US Department of Veterans Affairs, the Governor's Institute, and Veteran advocacy organizations.



**NC  
GWG**

GOVERNOR'S WORKING GROUP ON VETERANS,  
SERVICE MEMBERS, AND THEIR FAMILIES

Larry Hall, Chair  
Secretary  
NC Department of  
Military and  
Veterans  
Affairs



US Department of Veterans  
Affairs

Veterans Benefits Administration

NC Department of Commerce  
Workforce Solutions

NC Department of Health and  
Human Services  
Division of Mental Health,  
Developmental Disabilities,  
and Substance Abuse Services

## OPERATION: HOME



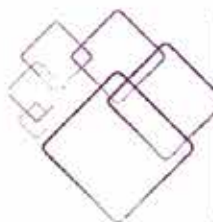
Founded in 2014, Operation HOME is a multi-agency working group sponsored by the North Carolina Coalition to End Homelessness (NCCEH). Monthly meetings with DHHS, NC Housing Finance Agency (NCHFA), VA, NC DMVA and community partners have restructured the way Veterans homelessness is addressed and managed in North Carolina, which resulted in a 14% reduction from 2014-2016.

Founded by clinical healthcare professionals in 2006 as the Governor's Focus on Service Members, Veterans and their Families, in partnership with the Governor's Institute, today the GOVERNOR'S WORKING GROUP on Veterans Service Members and their Families (GWG) as grown to become a nationally recognized forum.

The GWG meets on the fourth Thursday of every month from 1:30 to 4:00pm (no meetings in November and December). Meetings are open to the public although registration is required. Meetings are also live streamed at <https://facebook.com/GovInst/>.

The Governor's Working Group is supported in part by block grant funding from the US Substance Abuse and Mental Health Services Administration through the Division of Mental Health, Developmental Disabilities and Substance Abuse Services, North Carolina Department of Health and Human Services.

[HTTPS://NCGWG.ORG](https://ncgwg.org)



## DISABILITY RIGHTS NORTH CAROLINA

Advancing the Rights of People with Disabilities

Disability Rights North Carolina (DRNC) advocates for the rights of people with disabilities throughout North Carolina. DRNC handles cases involving discrimination, abuse and other rights violations. Attorneys, advocates and other staff provide, and support the provision of, free legal advocacy services to North Carolinians with disabilities.

The federal government mandates that every state have a Protection and Advocacy (P&A) system. As the P&A for North Carolina, DRNC works to

- Ensure that people with disabilities live in safe and humane conditions
- Ensure that people with disabilities are not unnecessarily institutionalized
- Enforce the rights of all North Carolinians with disabilities under federal and state law
- Inform individuals about their legal rights and how to enforce them

DRNC is a 501(c)(3) nonprofit organization, independent of state government and the disability service system.

### To request assistance in protecting your rights:

- o Call between 8AM – 5PM, Monday – Friday:
  - § 919-856-2195
  - § Toll Free (within NC): 1-877-235-4210
  - § TTY: 1-888-268-5535

OR

Complete an online intake form at:  
<https://disabilityrightsncc.org/getting-help/online-intake/form/>

FOR MORE INFORMATION ABOUT DRNC, VISIT

[WWW.DISABILITYRIGHTSNCC.ORG](http://WWW.DISABILITYRIGHTSNCC.ORG)

OR EMAIL

[INFO@DISABILITYRIGHTSNCC.ORG](mailto:INFO@DISABILITYRIGHTSNCC.ORG)



# TRELLIS

Supportive Care

Palliative • Hospice • Family Support

## Saluting Veterans for 5 Years



- ★ Creating Conversation ★
- ★ Building Comradery ★
- ★ Providing Care & Education ★



COFFEES  
DD 2'14

Trellis Supportive Care

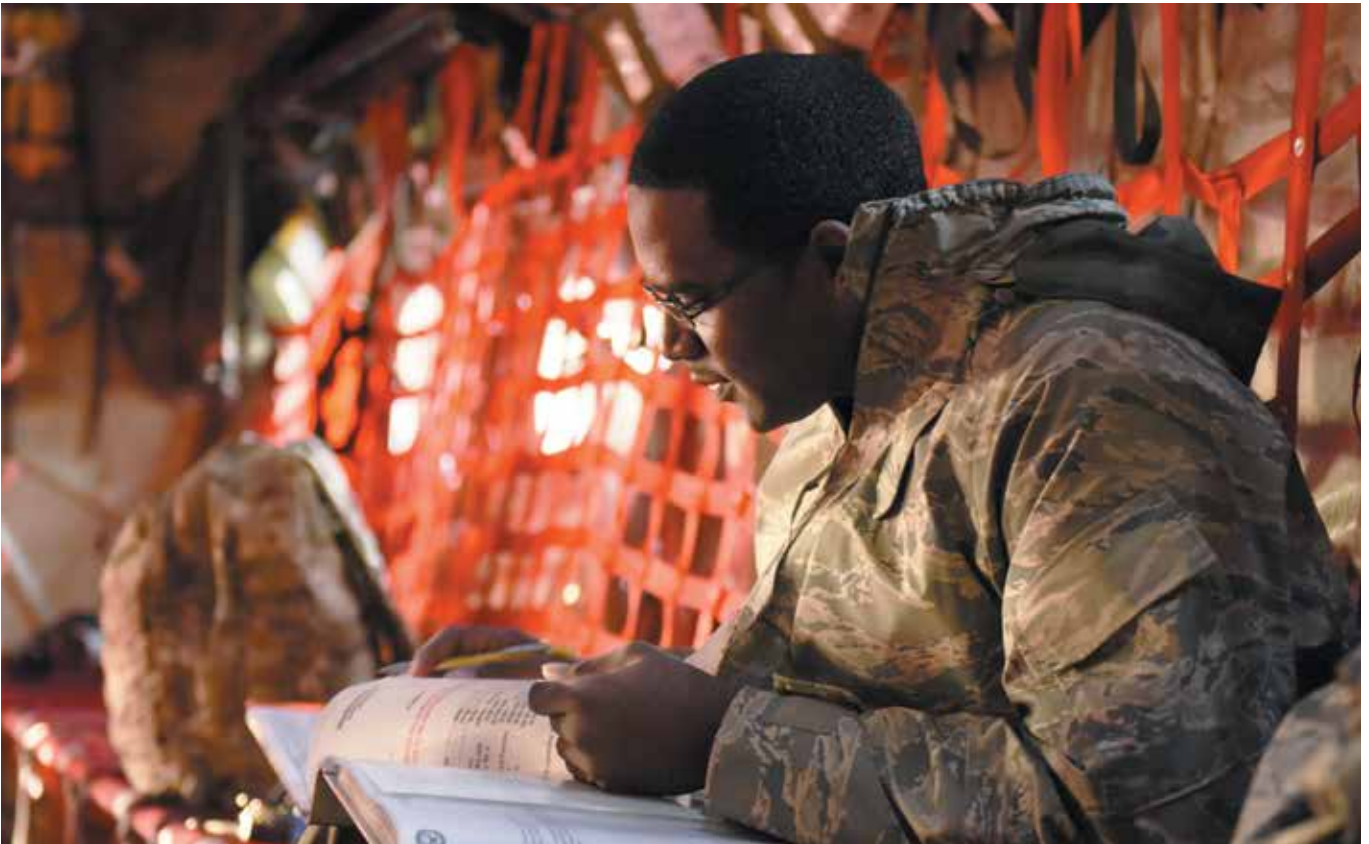


WE HONOR VETERANS

Trellis Supportive Care is a part of a national program called *We Honor Veterans*. In addition to providing specialized compassionate care at end of life, our mission is to help patients and families live fully, making the most of every day.



[www.trellissupport.org](http://www.trellissupport.org)  
(336) 768-3972



## ARE YOU A JUSTICE-INVOLVED VETERAN?

~You may be eligible for support in the Veterans Treatment Court~

The Mission of the Buncombe County Veteran's Treatment Court is to promote public safety through accountability and responsibility, and to assist and support veterans and their families through a coordinated effort among the court and community-based Veteran services, – thereby leaving no veteran behind.

Veteran eligibility questions, concerns?  
Please contact **Kevin Rumley, VTC Coordinator**  
828-259-6601



## MORE NONPROFITS THAT MAY BE ABLE TO HELP YOU!



**Eastern Carolina  
Human Services Agency  
(ECHSA), Inc.**  
237 New River Drive Suite 1  
Jacksonville, NC 28541  
(910) 347-2151  
[www.echsainc.com](http://www.echsainc.com)

**Our Mission:**  
To improve the lives of low income, veterans, and military families by empowering them to become economically and socially self-sufficient. ECHSA, Inc. provides families with employment, educational, and housing supports and connects them to available resources at the local and national level.



**MVRRC**  
MILITARY AND VETERANS RESOURCE COALITION  
A community collaborative of organizations supporting military service members, veterans and their families in Wake County and the Triangle area.  
Email: [contact@mymvrc.org](mailto:contact@mymvrc.org)  
Military and Veterans Resource Coalition on Facebook

[www.mymvrc.org](http://www.mymvrc.org)



**www.greenberetfoundation.org**  
**The Green Beret Foundation** provides unconventional resources to facilitate the special needs of our wounded, ill and injured and imparts unique support to the Special Forces community in order to strengthen readiness and uphold Green Beret traditions and values. Learn more about who we are and what we do or support our cause by donating today.

[www.greenberetfoundation.org](http://www.greenberetfoundation.org)



**FRA**  
USN • USMC • USCG  
Fleet Reserve Association is a non-profit organization representing the interests of U.S. Navy, Marine Corps, and Coast Guard personnel with regard to pay, health care, benefits, and other quality of life programs.

1.800.FRA.1924  
[www.fra.org](http://www.fra.org)



**www.stepupforsoldiers.org**  
**Step Up For Soldiers:** An All-Volunteer Group Providing Renovations, Recreation, and Recognition for Recently Disabled Veterans.  
**Mission Statement:** To provide disabled veterans who experienced loss of limb and mobility problems with the resources necessary to adjust in a post-war environment. As a result of the events and fundraisers, sponsored by Step Up For Soldiers, we strive to not only enhance their lives and those of their families but also help to restore their confidence and positive self-image.

[www.stepupforsoldiers.org](http://www.stepupforsoldiers.org)



**National Montford Point  
Marines Association Inc.  
NC Triad-Triangle Chapter 38**  
PO Box 893, Haw River, NC 27258  
EMAIL: [President@NMPMA38.org](mailto:President@NMPMA38.org)  
WEBSITE: [www.NMPMA38.org](http://www.NMPMA38.org)  
(336) 684-5524

Non-Profit Organization established to perpetuate the legacy of the first African Americans who entered the United States Marine Corps from 1942-1949 at Montford Point Camp New River, North Carolina. We provide emergency assistance and work to improve the social conditions of our veterans, local families, youth and our community. Servicing the Raleigh, Durham, Greensboro, Winston Salem, Reidsville and surrounding areas.

Volunteer opportunities available, Get Involved and help us to continue to help our veterans!



**www.ncobs.org/veterans**  
**Outward Bound for Veterans** helps thousands of returning service members and recent veterans readjust to life at home through powerful wilderness courses that draw on the healing benefit of teamwork and challenge through use of the natural world.

[www.ncobs.org/veterans](http://www.ncobs.org/veterans)



**www.semperfund.org**  
**The Semper Fi Fund**, and its program America's Fund, provide immediate financial assistance and lifetime support to post 9/11 wounded, critically ill and injured members, and their families of all branches of the U.S. Armed Forces, ensuring that they have the resources they need during their recovery and transition back to their communities. Since establishing the Semper Fi Fund in 2004, we have issued more than 76,500 grants, totaling more than \$94 million in assistance to over 12,000 of our heroes and their families.

[www.semperfund.org](http://www.semperfund.org)



**www.ncheroes.org**  
The mission of the North Carolina Heroes' Fund is to improve the quality of life for the military men and women of North Carolina and their families who are experiencing financial hardships as a result of their service, often times from overseas deployment.

[www.ncheroes.org](http://www.ncheroes.org)



THE AMERICAN LEGION

# A **POWERFUL FORCE** for OUR NATION

The American Legion was founded upon four pillars of service in 1919. Today we continue to pledge ourselves to...

- Our Veterans...**
- Our Youth...**
- A Strong National Defense...**
- And Americanism.**

These four pillars shape our work and what we do for America.

Find out more about The American Legion's commitment of service to America.

Visit: [www.legion.org](http://www.legion.org) or [www.nclegion.org](http://www.nclegion.org)

Improving lives,  
saving lives,  
one veteran and  
one dog at a time



Thousands of United States military veterans, men and women of all ages, struggle with Post-Traumatic Stress Disorder, Traumatic Brain Injury, loneliness, depression, sensory loss, paralysis, chronic pain, and other disabling conditions.

Located in Durham, NC, **Vets to Vets United, Inc.** is a 501(c) non-profit made up of local veterinarians and volunteers working together to provide companionship, therapeutic, and service animals, and discounted or free veterinary care to our veterans in need. There is **no cost to the veterans** and **all dogs are rescued from local shelters.**

If our mission touches your heart, please visit our website or Facebook page to learn about our program and services, and how you can help.



[www.vetstovetsunited.org](http://www.vetstovetsunited.org)

[www.Facebook.com/VetstoVetsUnitedInc](https://www.Facebook.com/VetstoVetsUnitedInc)



## MILITARY & VETERAN ID CARDS



If you are an Active Duty, Reserve or National Guard service member, dependent, or retiree, you can get a Military ID at any DEERS location within North Carolina. Veterans receiving VA benefits may

be able to get an ID card (medical benefits card) at VA Medical Centers or Community Based Outpatient Clinics (CBOC). If you are not receiving benefits, you can choose to place your veteran status on your North Carolina Drivers License.

Form DD 293 (Application for the Review of Discharge or Dismissal from the Armed Forces) can be obtained from NCDMVA or a local VSO. See pages 8-11 for contact information.

## CORRECTION OF ERRORS OR INJUSTICES ON MILITARY RECORDS

To determine if you need a discharge review or correction follow the link below to the page, How to Apply for a Discharge Upgrade. Answer a series of questions to get customized step-by-step instructions on how to apply for a discharge upgrade or correction. If your application goes through and your discharge is upgraded, you'll be eligible for the VA benefits you earned during your period of service.

[www.vets.gov/discharge-upgrade-instructions/](http://www.vets.gov/discharge-upgrade-instructions/)

## APPLYING FOR REVIEW OF DISCHARGE

You must make your application for discharge upgrade within 15 years of discharge. If your discharge is older than 15 years, you must apply for a change to your military records using the process detailed above.

### Military ID (DEERS) Locations

#### Marine Corps Air Station-New River

*Appointments & Walk-ins*

Monday – Friday 7:30-11:30; 12:30-4:30

Jacksonville, NC

(910) 449-6354

#### NC Air National Guard

*Appointments Only*

Monday - Friday 8:00 – 3:00

Charlotte, NC

(704) 391-4153

#### Navy – Marine Corps Recruiting Center

*Appointments Only*

Thursday Only: 9-11; 1-3

Charlotte, NC

(704) 598-0447 ext. 391

#### NC National Guard HQ, Raleigh

*Appointments & Walk-ins*

Monday – Friday 8:00 - 4:00

Raleigh, NC

(919) 664-6250

#### Elizabeth City US Coast Guard Station

*Appointments: M/T/Th/F 8:00-3:00*

*Walkins: Wednesday 8:00 - 11:15*

Elizabeth City, NC

(252) 335-6228

#### Dept. Homeland Security

*Appointments: M/T/Th/F 8:00-3:00*

*Walkins: Wednesday Only 8:00-11:15*

Elizabeth City, NC

(252) 335-6228

#### Fort Bragg, Soldier Support Center ID Card Facility

*Appointments & Walk-ins:*

Mon-Fri: 9-5 Thursdays 9-7:

Extended hours and weekends available for groups with Commander's Request and appointment

Fayetteville, NC

(910) 396-9339

#### Sunny Point, Military Operation Terminal

*Appointments Only*

Thursdays Only: 8:30 – 3:00

Southport, NC

(910) 457-8000 ext. 230

#### Seymour Johnson Air Force Base

*Walk-ins Monday – Friday*

8:30 – 4:00

Goldsboro, NC

(919) 722-8702

#### US Naval Reserve Center

*Appointments Only*

Thursday's Only

Wilmington, NC

(910) 771-3900

#### Armed Forces Reserve Center

*Appointments Only*

Wednesday & Thursday 8:00 – 11:30;

1:00 – 3:30

Greensboro, NC

(336) 668-0053 Ext 26

To schedule an appoint for a military ID online go to: <https://rapids-appointments.dmdc.osd.mil>

# 2020

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS



## EMPLOYMENT

VISIT US @ [MILVETS.NC.GOV](http://MILVETS.NC.GOV) AND [NC4VETS.COM](http://NC4VETS.COM)

- 189 . . . Trades, Skills and Licenses
- 196 . . . NCWorks Program
- 200 . . . Uniformed Services Employment & Reemployment Rights Act (USERRA)

### NC WORKFORCE OFFICES, VETERAN EMPLOYMENT PROGRAMS, AND RESOURCES.

North Carolina has a distinguished history of serving U.S. military veterans, and their families.

In spite of our success, there are still some veterans who face significant barriers when it comes to finding suitable job opportunities. NCDMVA and

our partners, such as the NC Department of Commerce, work closely with employers to create job opportunities.

Together we create resources for veterans, transitioning service members, and eligible spouses to obtain employment.

**YOU CALL**  
**NCDMVA ANSWERS**

844.624.8387

(844.NC4.VETS)

**FAX** 984-204-8343

 @NC4VETS

 @NC4VETS

## DISABLED VETERANS OUTREACH PROGRAM SPECIALISTS

Veterans can find employment information, education and training opportunities, job counseling, job search workshops, and resume preparation assistance at NCWorks Career Centers. In particular, they can contact N.C. Department of Commerce Disabled Veterans Outreach Program (DVOP) Specialists, based at those centers. These Outreach Specialists work directly with veterans to get them “job-ready.” DVOPs can help veterans in applying for federal, state, local government, and private sector employment, while Local Veterans Employment Representatives (LVER) encourage businesses to hire veterans. All of these staff are veterans themselves! Visit [veterans.ncworks.gov](http://veterans.ncworks.gov) or see the list of NCWorks Career Centers on page 15.

## VETERAN CAREER FAIRS, EXPOS AND WEBSITES

The federal government, including DoD, the VA, and many state and local entities hold career expos and job fairs throughout the state. There are also many websites that feature job openings with companies looking to hire veterans with tools to help translate military experience into civilian equivalent experience.

Go to [milvets.nc.gov](http://milvets.nc.gov) for the latest information and latest job fairs or hiring events near you. Visit our Facebook page at [facebook.com/NC4VETS](https://www.facebook.com/NC4VETS) or call [844.NC4.VETS](tel:844.NC4.VETS).

# VETERANS, NORTH CAROLINA WANTS YOU!



*“It shall be the policy of the State of North Carolina that, in appreciation for their service to this State and this country during a period of war, and in recognition of the time and advantage lost toward the pursuit of a civilian career, veterans shall be granted preference in employment with every State department, agency, and institution.” ~NCGS§ 126-80, Article 13*

### HERE ARE SEVERAL STATE AGENCIES LOOKING TO HIRE YOU!

#### ADMINISTRATION

[www.doa.state.nc.us/hrm/](http://www.doa.state.nc.us/hrm/)

#### COMMERCE

[www.nccommerce.com/workforce](http://www.nccommerce.com/workforce)

#### HEALTH & HUMAN SERVICES

[ncdhhs.gov/dss/jobs/index.htm](http://ncdhhs.gov/dss/jobs/index.htm)

#### PUBLIC INSTRUCTION

[www.ncpublicschools.org/work4ncschools/employment/](http://www.ncpublicschools.org/work4ncschools/employment/)

#### PUBLIC SAFETY

[www.ncdps.gov/](http://www.ncdps.gov/)

#### TRANSPORTATION

[www.ncdot.gov/careers/](http://www.ncdot.gov/careers/)

#### OFFICE OF STATE HUMAN RESOURCES

<http://www.oshr.nc.gov/>

**GO TO NCWORKS.GOV**

# NORTH CAROLINA WANTS TO MAKE IT EASIER FOR YOU TO PUT YOUR SKILLS TO WORK!

## Military Training to NC Occupational Employment

North Carolina is now offering veterans with certain Military Occupation Specialty (MOS) credit toward several NC License occupations. In reference to NC General Assembly Session Law 2014-67, License Boards representing several NC license occupations have been required to provide a process to recognize military training in pursuing a licensed occupation in NC.

Military spouses may also qualify for certain occupational licenses. Upon meeting specific conditions, an occupational licensing board shall issue a license, certification, or registration to a military spouse to allow them to lawfully practice their occupation in North Carolina.

### ACUPUNCTURIST

NC Acupuncture Licensing Board  
Tel: (919) 821-3008

### ADULT CARE ADMINISTRATOR

DHHS, Division of Facility Services  
Tel: (919) 855-3765

### AERIAL PESTICIDE APPLICATOR

NC Department of Agriculture & Consumer Services Food and Drug Protection Division  
Tel: (919) 733-7366

### AIR TRAFFIC CONTROL TOWER OPERATOR, AIRCRAFT DISPATCHER, AIRCRAFT REPAIR PERSON, AIRCRAFT MECHANIC

Federal Aviation Administration  
Tel: (202) 366-4000

### ALARM INSTALLER, ALARM SYSTEM BUSINESS LICENSEE

NC Alarm Systems Licensing Board  
Tel: (919) 788-5320

### ALCOHOLIC BEVERAGE DISTRIBUTOR/VENDOR REPRESENTATIVE

NC ABC Commission  
Tel: (919) 779-0700

### ANESTHESIOLOGIST ASSISTANT

NC Medical Board  
Tel: (919) 326-1100

### APPRENTICE AUCTIONEER

NC Auctioneer Licensing Board  
Tel: (919) 567-2844

### ARCHITECT

NC Board of Architecture  
Tel: (919) 733-9544

### ARMED SECURITY GUARD

NC Department of Justice Private Protective Services Board  
Tel: (919) 788-5320

### ATHLETIC AGENT

NC Dept. Secretary of State Solicitation Licensing  
Tel: (919) 814-5400

### ATHLETIC TRAINER

NC Board of Athletic Trainer Examiners  
Tel: (919) 821-4980

### ATTORNEY

NC Board of Law Examiners  
Tel: (919) 848-4229

### AUCTIONEER

NC Auctioneer Licensing Board  
Tel: (919) 567-2844

### AUDIOLOGIST

NC Board of Examiners for Speech and Language Pathologists and Audiologists  
Tel: (336) 272-1828

### AUTOMOTIVE DEALER, SALES

NC Department of Transportation Division of Motor Vehicles, Dealer Section  
Tel: (919) 715-7000

### BAIL BOND RUNNER

NC Department of Insurance Special Services Division  
Tel: (919) 807-6800

### BARBER, BARBER INSTRUCTOR

NC State Board of Barber Examiners  
Tel: (919) 814-0640

### BOARDING KENNEL OPERATOR

NC Department of Agriculture & Consumer Services  
Tel: (919) 707-3280

### BOILER INSPECTOR

NC Department of Labor Raleigh, NC 27699  
Tel: (919) 707-7918

### BOXING/KICKBOXING/ TOUGHMAN PROMOTER

NC Dept. of Crime Control and Public Safety  
Tel: (919) 733-4060

### BUILDING INSPECTOR

NC Department of Insurance  
Tel: (919) 647-0000

### CAMPUS AND COMPANY POLICE OFFICER

NC Department of Justice  
Tel: (919) 661-5980

### CEMETERY SALES CONTRACTOR, NC CEMETERY COMMISSION

NC Cemetery Commission  
Tel: (919) 981-2536

### CERTIFIED PUBLIC ACCOUNTANT

NC State Board of CPA Examiners  
Tel: (919) 733-4222

### CERTIFIED REGISTERED NURSE ANESTHETIST

NC Board of Nursing  
Tel: (919) 782-3211

### CERTIFIED STRUCTURAL PEST CONTROL APPLICATOR

NC Department of Agriculture & Consumer Services Veterinary Division  
Tel: (919) 733-6100

### CHICK DEALER

NC Department of Agriculture & Consumer Services  
Tel: (919) 707-3250

### CHIROPRACTOR

NC Board of Chiropractic Examiners  
Tel: (704) 793-1342

### CLINICAL LABORATORY SCIENTIST/MEDICAL TECHNOLOGIST, CLINICAL LABORATORY TECHNICIAN/MEDICAL LAB TECHNICIAN

National Accrediting Agency for Clinical Laboratory Sciences  
Tel: (773) 714-8880

**CLINICAL NURSE SPECIALIST**

NC Board of Nursing  
Tel: (919) 782-3211

**CLINICAL SOCIAL WORK**

NC Social Work Certification  
and Licensure Board  
Tel: (336) 807-6750

**CODE ENFORCEMENT OFFICIAL**

NC Department of Insurance  
Division of Engineering and  
Building Codes Code Officials  
Qualification Board  
Tel: (919) 661-5880

**COMMERCIAL DRIVER**

NC Department of Transportation  
Division of Motor Vehicles,  
Commercial Driver's Training  
Section  
Tel: (919) 715-7000

**COMMERCIAL DRIVER TRAINING  
SCHOOL INSTRUCTOR**

NC Department of Transportation  
School of Bus and Traffic  
Safety Section  
Tel: (919) 715-7000

**COMMERCIAL FISHERMAN**

NC Department of Environment  
and Natural Resources Division of  
Marine Fisheries  
Tel: (919) 855-3750

**CONCESSION STAND OPERATOR**

Department of Health and  
Human Services  
Tel: (919) 733-9822

**COSMOLOGIST, COSMETOLOGIST  
INSTRUCTOR**

NC State Board of Cosmetic  
Art Examiners  
Tel: (919) 733-4117

**COUNTERINTELLIGENCE LICENSEE**

NC Department of Justice Private  
Protective Services Board  
Tel: (919) 788-5320

**CYTOGENETIC TECHNOLOGIST**

National Accrediting Agency for  
Clinical Laboratory Sciences  
Tel: (773) 714-8880

**CYTOTECHNOLOGIST**

ASCP Board of Registry  
Tel: (800) 267-2727

**DENTAL HYGIENIST/ DENTIST**

NC State Board of Dental  
Examiners  
Tel: (919) 678-8223

**DEPUTY SHERIFF**

NC Department of Justice Sheriff's  
Standards Services Board  
Tel: (919) 779-8213

**DETENTION OFFICER**

NC Department of Justice Sheriff's  
Standards Services Board  
Tel: (919) 779-8213

**DIAGNOSTIC**

**MOLECULAR SCIENTIST**  
National Accrediting Agency for  
Clinical Laboratory Sciences  
Tel: (773) 714-8880

**DIETICIAN AND NUTRITIONIST**

North Carolina Board of  
Dietetics/Nutrition  
Tel: (919) 388-1931

**ELECTRICAL CONTRACTOR**

NC State Board of Examiners of  
Electrical Contractors  
Tel: (919) 733-9042

**ELECTRICAL INSPECTOR**

NC State Board of Examiners of  
Electrical Contractors  
Tel: (919) 733-9042

**ELECTROLOGIST**

NC Board of Electrolysis Examiners  
Tel: (336) 856-1010

**EMBALMER**

NC Board of Funeral Service  
Tel: (919) 733-9380

**EMERGENCY MEDICAL TECHNI-  
CIAN, EMERGENCY MEDICAL  
TECHNICIAN DEFIBRILLATION  
(EMT-D), EMERGENCY MEDICAL  
TECHNICIAN INTERMEDIATE  
(EMT-I)****EMERGENCY MEDICAL TECHNI-  
CIAN PARAMEDIC (EMT-P)****EMERGENCY MEDICAL TECHNI-  
CIAN ADVANCED INTERMEDIATE  
(EMT-AI)**

NC Department of Health and  
Human Services  
Tel: (919) 855-3935

**EMPLOYEE**

**ASSISTANCE PROFESSION**  
NC Employee Assistance  
Professional Association  
Tel: (919) 733-4670

**ESTHETICIAN**

NC State Board of Cosmetic Art  
Examiners  
Tel: (919) 733-4117

**EXTERMINATOR**

NC Department of Agriculture &  
Consumer Services Structural Pest  
Control Division  
Tel: (919) 733-6100

**FAMILY THERAPIST**

NC Marriage and Family  
Therapy Licensure Board  
Tel: (919) 527-6335

**FEE-BASED PRACTICING PASTO-  
RAL COUNSELOR**

NC State Board of Fee-Based  
Practicing Pastoral Counselors  
Tel: (336) 794-3470

**FIRE INSPECTOR**

NC Department of Insurance Office  
of the State Fire Marshall  
Tel: (919) 661-5880

**FIRE SPRINKLER CONTRACTOR**

NC Department of Insurance  
Division of Engineering and  
Building Codes  
Tel: (919) 647-0000

**FIRE SPRINKLER INSPECTION  
CONTRACTOR/FIRE SPRINKLER  
MAINTENANCE CONTRACTOR**

NC State Board of Examiners  
of Plumbing Heating and Fire  
Sprinkler Contractors  
Tel: (919) 875-3612

**FIREARMS TRAINER**

North Carolina Department of  
Justice, Law Enforcement  
Training & Standards  
Tel: (919) 661-5980

**FORESTER**

NC Board of Registration  
for Foresters  
Tel: (919) 847-5441

**FUEL PIPING CONTRACTOR**

NC State Board of Examiners of  
Plumbing Heating and Fire  
Sprinkler Contractors  
Tel: (919) 875-3612

**FUNERAL DIRECTOR**

NC Board of Funeral Service  
Tel: (919) 733-9380

**FUNERAL SERVICE LICENSEE**

NC Board of Funeral Service  
Tel: (919) 733-9380

**FUR DEALER**

NC Wildlife Resources Commission  
Tel: (919) 707-0010

**GENERAL CONTRACTOR**

NC Licensing Board for  
General Contractors  
Tel: (919) 571-4183

**GEOLOGIST**

NC Board for Licensing of  
Geologists  
Tel: (919) 850-9669

**GRAIN DEALER**

NC Department of Agriculture  
& Consumer Services  
Tel: (919) 707-3000

**GROUND PESTICIDE APPLICATOR**

NC Department of Agriculture &  
Consumer Services, Structural Pest  
Control Division  
Tel: (919) 733-6100

**GUARD DOG SERVICE OPERATOR**

North Carolina Department of  
Justice, Law Enforcement Training  
& Standards  
Tel: (919) 661-5980

**HATCHING EGG DEALER**

N.C. Department of Agriculture and  
Consumer Services  
Tel: (919) 707-3000

**HEARING AID CALIBRATOR****HEARING AID DEALER AND FITTER**

NC State Hearing Aid Dealers  
and Fitters Board  
Tel: (919) 834-3661

**HISTOLOGIC TECHNICIAN**

National Accrediting Agency for  
Clinical Laboratory Sciences  
Tel: (773) 714-8880

**HOME INSPECTOR**

NC Home Inspector  
Licensure Board  
Tel: (919) 647-0000

**INDUSTRIAL HYGIENIST**

American Board of Industrial  
Hygiene  
Tel: (517) 321-2638

**INSURANCE AGENT**

NC Department of Insurance Agent  
Services Division  
Tel: (919) 807-6800

**INSURANCE COMPANY/  
INDEPENDENT FIRM ADJUSTER**

NC Department of Insurance Agent  
Services Division  
Tel: (919) 854-5400



**INTERPRETER OR TRANSLATOR**

North Carolina Interpreters and Translators Licensing Board  
Tel: (919) 733-3388

**INVESTMENT ADVISOR**

NC Department of the Secretary of State Securities Division  
Tel: (919) 807-2000

**JUVENILE JUSTICE OFFICER AND JUVENILE COURT COUNSELOR**

NC Department of Justice Criminal Justice, Education & Training Standards Commission  
Tel: (919) 716-6470

**LAND SURVEYOR**

NC Board of Examiners for Engineers and Land Surveyors  
Tel: (919) 791-2000

**LANDSCAPE ARCHITECT**

NC Board of Landscape Architects  
Tel: (919) 850-9088

**LANDSCAPE CONTRACTOR**

NC Landscape Contractors' Registration Board  
Tel: (919) 266-8070

**LAW ENFORCEMENT OFFICER/ TELECOMMUNICATION OFFICER**

NC Department of Justice Criminal Justice Standards Division  
Tel: (919) 716-3800

**LIBRARIAN**

NC Department of Cultural Resources Division of State Library  
Tel: (919) 807-7450

**LICENSED DIETITIAN/ NUTRITIONIST**

NC Board of Dietetics/Nutrition  
Tel: (919) 388-1931

**LICENSED PRACTICAL NURSE**

NC Board of Nursing  
Tel: (919) 782-3211

**LICENSE PROFESSIONAL COUNSELOR SUPERVISOR/ LICENSED PROFESSIONAL COUNSELOR/COUNSELOR ASSOCIATE**

NC Board of Licensed Professional Counselors  
Tel: (919) 661-0820

**LICENSED PSYCHOLOGIST**

NC Psychology Board  
Tel: (828) 262-2258

**LICENSED STRUCTURAL PEST CONTROL OPERATOR**

NC Department of Agriculture & Consumer Services, Structural Pest Control Division  
Tel: (919) 733-6100

**LIQUID PETROLEUM GAS DEALER**

NC Department of Agriculture  
Tel: (919) 707-3000

**LIVESTOCK DEALER**

NC Department of Agriculture & Consumer Services  
Tel: (919) 707-3000

**LOAN BROKER**

NC Department of the Secretary of State Securities  
Tel: (919) 854-5400

**LOAN OFFICER**

NC Commissioner of Banks Mortgage Licensing Section  
Tel: (919) 854-5400

**LOBBYIST**

NC Department of the Secretary of State Lobbyist Registration  
Tel: (919) 814-5400

**LOCKSMITH**

NC Locksmith Licensing Board  
Tel: (919) 838-8782

**MANICURIST/ MANICURIST INSPECTOR**

NC State Board of Cosmetic Art Examiners  
Tel: (919) 733-4117

**MANUFACTURED HOUSING SALESPERSON**

NC Department of Insurance Manufactured Building Division  
Tel: (919) 647-0000

**MASSAGE AND BODYWORK THERAPIST**

NC Board of Massage & Bodywork Therapy  
Tel: (919) 546-0050

**MECHANICAL INSPECTOR**

NC Department of Insurance Division of Engineering  
Tel: (919) 674-0000

**MEDICAL DOCTOR**

NC Medical Board  
Tel: (919) 326-1100

**MEDICAL LABORATORY TECHNICIAN**

ASCP Board of Registry  
Tel: (800) 267-2727

**MEDICATION AIDE**

NC Board of Nursing  
Tel: (919) 782-3211

**MILK HAULER AND SAMPLER/ MILK TESTER**

NC Department of Agriculture & Consumer Services Food and Drug Protection  
Tel: (919) 733-7366

**MOTOR VEHICLE DAMAGE APPRAISER**

NC Department of Insurance Agent Services Division  
Tel: (919) 807-6800

**NOTARY PUBLIC**

NC Department of the Secretary of State, Notary Public Division  
Tel: (919) 854-5400

**NURSE AIDE I, II/NURSE ANESTHETIST/NURSE MIDWIFE/ NURSE PRACTITIONER**

NC Board of Nursing  
Tel: (919) 782-3211

**NURSING HOME ADMINISTRATOR**

NC State Board of Examiners for Nursing Home Administrators  
Tel: (919) 571-4164

**OCCUPATIONAL THERAPIST**

NC Board of Occupational Therapy  
Tel: (919) 832-1380

**OCCUPATIONAL THERAPIST ASSISTANT**

NC Board of Occupational Therapy  
Tel: (919) 832-1380

**OPTICIAN**

NC State Board of Opticians  
Tel: (919) 420-1390

**OPTOMETRIST/OPTOMETRIST ASSISTANT AND TECHNICIAN**

NC Board of Optometry  
Tel: (910) 285-3160

**OSTEOPATH**

NC Medical Board  
Tel: (919) 326-1100

**PESTICIDE CONSULTANT**

NC Department of Agriculture & Consumer Services  
Tel: (919) 733-6100

**PET SHOP OPERATOR**

NC Department of Agriculture & Consumer Services  
Tel: (919) 707-3000

**PETROLEUM DEVICE TECHNICIAN**

NC Department of Agriculture & Consumer Services, Standards Division  
Tel: (919) 707-3000

**PHARMACIST/PHARMACY TECHNICIAN**

NC Board of Pharmacy  
Tel: (919) 246-1050

**PHYSICAL THERAPIST**

NC Board of Physical Therapy Examiners  
Tel: (919) 490-6393

**PHYSICAL THERAPIST ASSISTANT**

NC Board of Physical Therapy Examiners  
Tel: (919) 490-6393

**PHYSICIAN ASSISTANT**

NC Medical Board  
Tel: (919) 326-1100

**PILOT**

Federal Aviation Administration Airmen Certification Branch  
Tel: (202) 366-4000

**PLUMBING INSPECTOR**

NC Department of Insurance  
Tel: (919) 647-0000

**PLUMBING, HEATING AND AIR CONDITIONING CONTRACTOR**

NC State Board of Examiners of Plumbing Heating and Fire Sprinkler Contractors  
Tel: (919) 875-3612

**PODIATRIST**

NC Board of Podiatry Examiners  
Tel: (919) 861-5583

**POLICE OFFICER**

NC Department of Justice Criminal Justice, Education & Training Standards Commission  
Tel: (919) 733-3388

**POLYGRAPH EXAMINER/ PRIVATE INVESTIGATOR**

NC Department of Justice Private Protective Services Board  
Tel: (919) 788-5320

**PROFESSIONAL BONDSMAN**

NC Department of Insurance  
Tel: (919) 807-6800

**PROFESSIONAL BOXER/KICK BOXER/TOUGH MAN ATHLETE**

NC Department of Public Safety  
Tel: (919) 733-2126

**PROFESSIONAL ENGINEER**

NC Board of Examiners for Engineers and Land Surveyors  
Tel: (919) 791-2000

**PROFESSIONAL SOLICITOR**

NC Department of the Secretary of State, Charitable Solicitation  
Tel: (919) 807-2214

**PSYCHOLOGICAL ASSOCIATE**

NC Psychology Board  
Tel: (919) 814-5400

**PSYCHOLOGICAL STRESS EVALUATOR**

NC Department of Public Safety Private Protective Services  
Tel: (919) 788-5320

**PUBLIC GROUNDS OPERATORS**

NC Department of Agriculture & Consumer Services, Structural Pest Control Division  
Tel: (919) 733-6100

**PUBLIC WEIGHMASTER**

NC Department of Agriculture & Consumer Services, Standards Division  
Tel: (919) 707-3227

**PUMP INSTALLATION CONTRACTOR**

NC Department of Environment and Natural Resources  
Tel: (919) 807-6300

**REAL ESTATE APPRAISER**

NC Appraisal Board  
Tel: (919) 870-4854

**REAL ESTATE BROKER**

NC Real Estate Commission  
Tel: (919) 875-3700

**REAL ESTATE SALESPERSON**

NC Real Estate Commission  
Tel: (919) 875-3700

**RECREATIONAL THERAPIST**

NC Therapeutic Recreation Board  
Tel: (336) 212-1133

**REFRIGERATION CONTRACTOR**

NC State Board of Refrigeration Contractors  
Tel: (919) 779-4711

**REGISTERED NURSE**

NC Board of Nursing  
Tel: (919) 782-3211

**REGISTERED STRUCTURAL PEST CONTROL OPERATOR**

NC Department of Agriculture  
Tel: (919) 733-6100

**RENDERING OPERATOR/ COLLECTOR**

NC Department of Agriculture & Consumer Services  
Tel: (919) 707-3000

**RESPIRATORY THERAPIST**

NC Respiratory Care Board  
Tel: (919) 878-5595

**SAFETY INSPECTION MECHANIC**

NC Department of Transportation Division of Motor Vehicles Enforcement Section  
Tel: (919) 715-7000

**SANITARIAN (ENVIRONMENTAL HEALTH SPECIALIST)**

NC State Board of Sanitarian Examiners  
Tel: (919) 304-1168

**SCALE TECHNICIAN**

NC Department of Agriculture  
Tel: (919) 733-4411

**SCHOOL PRINCIPAL**

NC Department of Public Instruction Licensure Section  
Tel: (919) 807-3510

**SCHOOL SUPERINTENDENT**

NC Department of Public Instruction Licensure Section  
Tel: (919) 807-3510

**SCHOOL TEACHER**

NC Department of Public Instruction Licensure Section  
Tel: (919) 807-3510

**SECURITY GUARD AND PATROL LICENSEE**

NC Department of Justice Private Protective Services Board  
Tel: (919) 788-5320

**SEED DEALER**

NC Department of Agriculture & Consumer Services, Plant Industry Division  
Tel: (919) 733-3933

**SELF-EMPLOYED INSURANCE ADJUSTER**

NC Department of Insurance Agent Services Division  
Tel: (919) 807-6800

**SENIOR PARACHUTE RIGGER**

Federal Aviation Administration Airmen Certification Branch  
Tel: (202) 366-4000

**SET-UP CONTRACTOR, MANUFACTURED HOMES**

NC Department of Insurance Manufactured Building Division  
Tel: (919) 647-0000

**SOIL SCIENTIST**

NC Board for Licensing of Soil Scientists  
Tel: (336) 394-4503

**SPEECH AND LANGUAGE PATHOLOGIST**

NC Board of Examiners for Speech and Language Pathologists and Audiologists  
Tel: (336) 272-1828

**SURETY BONDSMAN**

NC Department of Insurance Special Services Division  
Tel: (919) 807-6800

**TAXIDERMIST**

NC Wildlife Resources Commission License Section  
Tel: (919) 707-0010

**TELECOMMUNICATOR**

NC Department of Justice  
Tel: (919) 779-8213

**TELEPHONIC SELLERS**

NC Department of the Secretary of State Securities Division  
Tel: (919) 854-5400

**TRUCK DRIVER**

NC Department of Transportation Division of Motor Vehicles Commercial Driver's Training Section  
Tel: (919) 715-7000

**VETERINARIAN**

NC Veterinary Medical Board  
Tel: (919) 854-5601

**VETERINARY TECHNICIAN**

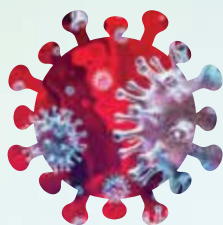
NC Veterinary Medical Board  
Tel: (919) 854-5601

**WASTEWATER TREATMENT PLANT OPERATOR/ WATER TREATMENT FACILITY OPERATOR**

NC Department of Environment and Natural Resources  
Tel: (919) 807-6353

**WELL CONTRACTOR**

NC Department of Environment and Natural Resources Division of Water Quality  
Tel: (919) 807-6300

**DID YOU****KNOW**

**The Uniformed Service Employment Act and Reemployment Act protect your rights to get back to work if you're deployed during a crisis like COVID-19? Visit the US Dept. of Labor or the US Dept. of Justice online to learn more!**



# Retiring or Separating from the Military?

**Go to [MilitaryOneSource.mil](https://MilitaryOneSource.mil) or call 800-342-9647  
for a full year of access to free transition resources.**

Master your transition to civilian life. Take advantage of Military OneSource services 24/7 for up to one year after separation or retirement. Services after 365 days may be provided through the Department of Veterans Affairs or other community resources. With Military OneSource, you get:

## Personal Support

- Non-medical counseling to ease the emotional stress associated with transitions
- Spouse relocation and transition help to sort through renting vs. buying, choosing your next location, switching schools and other questions
- Connections to transition assistance programs that help you through this milestone
- Pre-separation counseling to identify transition needs and a personal plan

## Education Assistance

- Sessions with an education consultant to identify benefits such as Post-9/11 GI Bill, federal grants and tax deductions to take you to the next level
- Information on colleges and online resources, such as College Navigator and TA DECIDE

## Career Resources

- Expert consultations on identifying career goals
- Help with mapping your military experience to civilian jobs via the Career Transitions database
- Spouse Education and Career Opportunities, or SECO, offering support for career exploration, education, training and licensing and more

## Financial and Tax Help

- Financial planning with an accredited financial counselor, including strategies on saving for transition and building emergency funds
- Guidance on military benefits, such as converting your Servicemembers' Group Life Insurance plan to Veterans Group Life Insurance and transferring your GI Bill to your children and spouse
- Help identifying military tax deductions and allowances, such as combat pay exclusion and moving expenses
- Secure, easy-to-use tax filing software with 100 percent guarantee for accuracy by the software provider

When you're mastering your transition, we're on standby to help.  
Call 800-342-9647 or visit [MilitaryOneSource.mil](https://MilitaryOneSource.mil).





**READY TO START YOUR  
NEXT CAREER IN  
NORTH CAROLINA?**

**GET PAST THE ONLINE APPLICATION**

**EMPLOYERS WANT  
YOU AND YOUR:**

- Leadership Skills
- Knowledge, Skills, and Abilities
- Strong Character
- Demonstrated Effectiveness

**THE HIRING  
EVENT PROCESS:**

- You register for the event and so do employers
- NC4ME's military hiring experts match you to open jobs
- You interview for open positions at the event

**GET STARTED TODAY AT [NC4ME.ORG](http://NC4ME.ORG).**

# HAVE A BACHELORS? TEACH ON A RESIDENCY LICENSE

GET PAID  
FOR YOUR  
MILITARY  
EXPERIENCE

UP TO  
**\$10,000**  
IN BONUSES



**TROOPS TO TEACHERS OF NORTH CAROLINA**  
Educator Career Counseling  
[www.ncpublicschools.org/troops](http://www.ncpublicschools.org/troops)  
[@facebook.com/TTT.NorthCarolina](https://www.facebook.com/TTT.NorthCarolina)





Through NCWorks, the North Carolina Division of Workforce Solutions (DWS) is proud to serve our state’s veterans, transitioning service members and eligible spouses, whose skills and talents contribute so much to our economy.

DWS staff have experience helping veterans find new jobs and training opportunities. At the same time, DWS engages with businesses across North Carolina to tell them about the benefits of hiring veterans.

In 2018, DWS launched a new tool to help both job-seekers and employers: the NCWorks Veterans Portal – located at [veterans.ncworks.gov](http://veterans.ncworks.gov).

“We’re grateful for veterans’ service to our nation, and proud that so many veterans choose to call North Carolina home when they leave the military,” Gov. Roy Cooper said. “This new portal gives veterans a direct way to connect critical skills and experience gained through military service to new careers in high-demand fields, and it will also connect North Carolina employers looking to hire these proven hard workers.”

Designed specifically with veterans in mind, the NCWorks Veterans Portal features tabs that provide quick access to employment services, job fairs, education/training options, helpful tips and other resources. The portal incorporates veterans’ Military Occupation Codes in an easy-to-use job search tool, so that users can find job postings that match their prior experience and training from any of the five branches of the armed services.

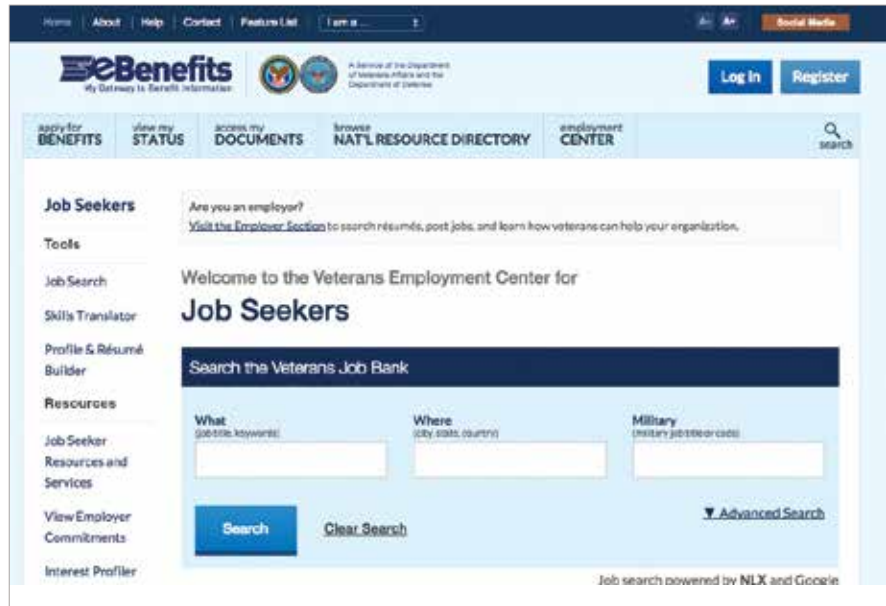
Veterans who already have NCWorks Online ([ncworks.gov](http://ncworks.gov)) accounts will use those same login credentials on this portal.

The site also helps veterans find their nearest NCWorks Career Center (see also, pages 15), where they can access free services, such as:

- **Career assessments**
- **Labor market information**
- **Access to training opportunities, job fairs, and workshops**
- **Job interview preparation**
- **Resume and cover letter assistance**
- **Access to computers and free Internet service**
- **Help applying for federal employment and training programs in which veterans receive priority of service.**

eBENEFITS.VA.GOV:

EVERYTHING  
YOU NEED TO  
FIND A JOB.  
START NOW.



[WWW.EBENEFITS.VA.GOV/EBENEFITS/JOBS](http://WWW.EBENEFITS.VA.GOV/EBENEFITS/JOBS)



KNOWING YOUR  
EMPLOYMENT RIGHTS  
AS A VETERAN OR  
SERVICE MEMBER IS A  
RIGHT YOU SERVED TO  
DEFEND

## VETERANS EMPLOYMENT OPPORTUNITY ACT

The VEOA allows preference to eligible persons or veterans who are honorably discharged from the Armed Forces to compete for vacant federal positions. VEOA offers protection to eligible veterans during a Reduction in Force (RIF) and against adverse actions. VETS staff investigates 5 and 10 point federal Veteran Preference complaints and answer inquires regarding VEOA.

[www.fedshirevets.gov](http://www.fedshirevets.gov)

## STAND DOWNS

Stand down is a military term referring to a brief respite from combat, including events coordinated in local communities to provide veterans with a wide range of social services. Stand Downs foster employment opportunities for veterans to promote self-sufficiency and improve veterans connections with community-based service providers. Potential applicants can access Stand Down information at the following website:

[dol.gov/vets/programs/Stand%20Down/main.htm](http://dol.gov/vets/programs/Stand%20Down/main.htm)



### WHAT IS ONWARD TO OPPORTUNITY?

Onward to Opportunity (O2O) understands the time to train and place military families in jobs is while you're still serving and not after.

With **NO-COST** training and certification in over 40 top-paying career fields and direct connections to military-friendly employers through our national partner Hire Heroes USA, this career transition program utilizes in-person and online learning options to best fit your needs.



### WHY ONWARD TO OPPORTUNITY?

- ▶ Onward to Your Career Training and access to online learning pathways
- ▶ Direct connections to 800+ national employer partners through Hire Heroes USA
- ▶ Networking opportunities and connections
- ▶ One **FREE** industry certification exam
- ▶ **FREE** resume assistance, interviewing technique training and matching to employers in your industry
- ▶ Non-credit certificate of completion from the IVMF at Syracuse University upon course completion
- ▶ IVMF Alumni Services Support—As a soon-to-be graduate take advantage of resources, webinars, and a community of veterans and military spouses that now share the IVMF bond [IVMFalumni@syr.edu](mailto:IVMFalumni@syr.edu)

### CERTIFICATION TRAINING TRACKS\*



Dinean  
Air Force, PMP

#### PROJECT MANAGEMENT

- PMP
- CAPM
- Six Sigma Green Belt

#### HUMAN RESOURCES

- aPHR
- PHR
- SPHR



Dodji  
Army, CompTIA A+

#### INFORMATION TECHNOLOGY

- CompTIA A+
- Comp Security+
- Comp Cloud+
- Comp Linux+
- Comp Server+
- Comp Network+
- SSCP
- CISSP
- CCENT
- CCNA
- ITIL
- Java SE7 & SE8
- Oracle 11G & 12C
- SAS Base Programmer

### ▶ FUTURE EXPANSION OF RELEVANT AND IN-DEMAND TRAINING TRACKS BASED ON INDUSTRY NEEDS AND EMPLOYABILITY

\* Courses may vary based on location.  
Please contact your local installation team.

\* O2O leverages DoD SkillBridge authority to conduct career skills training on U.S. military installations. The DoD and Service Branches do not endorse any company, sponsor or their products or services.

© INTERSECT PHOTOGRAPHY



Edward  
Army, PMP

### FOR ADDITIONAL INFORMATION

#### ▶ CAMP LEJEUNE/ CHERRY POINT

BECKY GANLEY

T 910.467.2615

E [CampLejeuneO2O@syr.edu](mailto:CampLejeuneO2O@syr.edu)

#### ▶ FORT BRAGG

VERONICA SARANTES

T 910.429.5454

E [FortBraggO2O@syr.edu](mailto:FortBraggO2O@syr.edu)

#### ▶ ENROLLMENT SERVICES

INSTITUTE FOR VETERANS  
AND MILITARY FAMILIES

T 315.443.6898

E [IVMFEducation@syr.edu](mailto:IVMFEducation@syr.edu)

## APPLY NOW: [ONWARD2OPPORTUNITY.ORG](http://ONWARD2OPPORTUNITY.ORG)

### NATIONAL PARTNERS



JPMORGAN CHASE & Co.



accenture  
High performance. Delivered.





# NORTH CAROLINA NATIONAL GUARD EMPLOYMENT CENTER

The North Carolina National Guard Employment Center's purpose is to increase career opportunities for all Reserve Component Soldiers, Veterans, Spouses, and qualifying dependents by developing proactive positive relationships with North Carolina employers and connecting our service members with those employers through all available channels in order to obtain stable careers and optimal retention.

If your resume has not produced results, it's time for a change. Local HR representatives have given your employment counselor the tricks of the trade and they have the connections to get you interviews.

**We can't give you the job but we can give you the tools to be successful.**



## OUR SERVICES INCLUDE

- Resume Preparation
- Career Counseling
- Interview Prep
- Military Work Translations
- Vast Employer Network
- Access to Networking Events
- State Wide Employment Assistance

Sign up online at [ncngemploymentcenter.com](http://ncngemploymentcenter.com)  
or contact us at **(984) 664-6463**.



## MY NEXT MOVE ★ FOR ★ VETERANS

**Know what job you want to do?** Type in a job title, such as “carpenter” or a word or two describing a career like “computer programming” and view the knowledges, skills, abilities, and other characteristics of the career that interests you most. (See back page for an example career report for electricians.)

**Want to use your military training to find a civilian job?** Select your branch of military service. Enter the military code or title and find matching civilian careers.

**Four more ways to search careers:**  
**Bright Outlook** careers have lots of job openings now or will in the near future or are new and emerging.  
**Interest Browse** lets you browse careers by six primary interest areas. Read a brief description of each interest and then explore related careers.  
**Apprenticeship** programs are available for over 300 careers. Find information on these careers here.  
**Job Prep** groups together careers that need the same level of experience, education, and training.

**Have an idea of what industry you want to work in?** Look at careers grouped by industry, such as retail, manufacturing, or education, and see if you find the career you want!

**Want to find a career based on your interests and education?** Answer some questions about what you like to do using the O\*NET Interest Profiler. You will get a list of careers matching your interests and education that you can explore.

**My Next Move for Veterans** ([www.mynextmove.org/vets](http://www.mynextmove.org/vets)) is a Web site created by the National Center for O\*NET Development for the U.S. Department of Labor, Employment and Training Administration for U.S. veterans who are current job seekers. The interactive tool helps vets learn about their career options. The site has tasks, skills, salary information, job listings, and more for over 900 different careers. Veterans can find careers through keyword search; by browsing industries that employ different types of workers; or by discovering civilian careers that are similar to their job in the military. Veterans can also take advantage of the O\*NET Interest Profiler, a tool that offers personalized career suggestions based on a person's interests and level of work experience.

**THE U.S. DEPARTMENT OF LABOR**, through the Veterans' Employment and Training Service (VETS), provides assistance to all persons having claims under the Uniformed Services Employment and Reemployment Rights Act (USERRA), a federal law that protects the employment rights of military service members and veterans. VETS provides assistance to those persons experiencing service connected problems with their civilian employment and provides information about USERRA to employers. VETS also assists veterans who have questions regarding Veterans' Preference in federal hiring.

For more information and for assistance in determining whether your USERRA rights may have been violated, please visit:

[www.dol.gov/vets/programs/userra/index.htm](http://www.dol.gov/vets/programs/userra/index.htm)

You may also call the North Carolina field office for VETS at  
**(919) 814-0250** to speak with agency representatives.



# USERRA Uniformed Services Employment and Reemployment Rights Act



## YOUR RIGHTS UNDER USERRA THE UNIFORMED SERVICES EMPLOYMENT AND REEMPLOYMENT RIGHTS ACT

USERRA protects the job rights of individuals who voluntarily or involuntarily leave employment positions to undertake military service or certain types of service in the National Disaster Medical System. USERRA also prohibits employers from discriminating against past and present members of the uniformed services, and applicants to the uniformed services.

### REEMPLOYMENT RIGHTS

You have the right to be reemployed in your civilian job if you leave that job to perform service in the uniformed service and:

- ☆ you ensure that your employer receives advance written or verbal notice of your service;
- ☆ you have five years or less of cumulative service in the uniformed services while with that particular employer;
- ☆ you return to work or apply for reemployment in a timely manner after conclusion of service; and
- ☆ you have not been separated from service with a disqualifying discharge or under other than honorable conditions.

If you are eligible to be reemployed, you must be restored to the job and benefits you would have attained if you had not been absent due to military service or, in some cases, a comparable job.

### RIGHT TO BE FREE FROM DISCRIMINATION AND RETALIATION

If you:

- ☆ are a past or present member of the uniformed service;
- ☆ have applied for membership in the uniformed service; or
- ☆ are obligated to serve in the uniformed service;

then an employer may not deny you:

- ☆ initial employment;
- ☆ reemployment;
- ☆ retention in employment;
- ☆ promotion; or
- ☆ any benefit of employment

because of this status.

In addition, an employer may not retaliate against anyone assisting in the enforcement of USERRA rights, including testifying or making a statement in connection with a proceeding under USERRA, even if that person has no service connection.

### HEALTH INSURANCE PROTECTION

- ☆ If you leave your job to perform military service, you have the right to elect to continue your existing employer-based health plan coverage for you and your dependents for up to 24 months while in the military.
- ☆ Even if you don't elect to continue coverage during your military service, you have the right to be reinstated in your employer's health plan when you are reemployed, generally without any waiting periods or exclusions (e.g., pre-existing condition exclusions) except for service-connected illnesses or injuries.

### ENFORCEMENT

- ☆ The U.S. Department of Labor, Veterans Employment and Training Service (VETS) is authorized to investigate and resolve complaints of USERRA violations.
- ☆ For assistance in filing a complaint, or for any other information on USERRA, contact VETS at 1-866-4-USA-DOL or visit its website at <http://www.dol.gov/vets>. An interactive online USERRA Advisor can be viewed at <http://www.dol.gov/elaws/userra.htm>.
- ☆ If you file a complaint with VETS and VETS is unable to resolve it, you may request that your case be referred to the Department of Justice or the Office of Special Counsel, as applicable, for representation.
- ☆ You may also bypass the VETS process and bring a civil action against an employer for violations of USERRA.

The rights listed here may vary depending on the circumstances. The text of this notice was prepared by VETS, and may be viewed on the internet at this address: <http://www.dol.gov/vets/programs/userra/poster.htm>. Federal law requires employers to notify employees of their rights under USERRA, and employers may meet this requirement by displaying the text of this notice where they customarily place notices for employees.



U.S. Department of Labor  
1-866-487-2365

U.S. Department of Justice Office of Special Counsel

1-800-336-4590

Publication Date—October 2008



**HIRE**  
**Vets Medallion Program**  
 Increase your competitive hiring advantage  
 and receive federal recognition as a  
 veteran-employment leader.

**HIREVets.gov**

**Honor.**

The Honoring Investments in Recruiting and Employing American Military Veterans Act of 2017 (HIRE Vets Act) creates a voluntary program for recognizing efforts by employers to recruit, employ, and retain veterans through a HIRE Vets Medallion Award.

**Invest.**

The Medallion Program highlights investments in Veteran Organization or Resource Groups, HR Veterans' Initiatives, and Leadership, Pay Differential or Tuition Assistance Programs that assist in developing veteran employment efforts.

**Recruit.**

Employers recognize the benefits of recruiting veterans and want to attract more in the future. Recipients have the opportunity to utilize the Medallion in the marketing of their firm when hiring, as well as to attract additional business.

**Employ.**

Veterans bring experience, adaptability, and focus. Employers applying for a HIRE Vets Medallion are reaping a competitive advantage and this award allows them to maximize the return on their investment in the veteran programs they offer.



**HIRE**  
**Vets Medallion Program**  
**2020 HIRE Vets Medallion Award Criteria**

REQUIREMENTS	LARGE EMPLOYER AWARDS (500+ Employees)		MEDIUM EMPLOYER AWARDS (51-499 Employees)		SMALL EMPLOYER AWARDS (1-50 Employees)		
	Platinum	Gold	Platinum	Gold	Platinum	Gold	
<b>Hiring</b> (Vets hired during CY 2019)	Not less than 10% of employees hired	Not less than 7% of employees hired	Not less than 10% of employees hired	Not less than 7% of employees hired	Not less than 10% of employees hired	Not less than 7% of employees hired	
<b>Retention</b> (Vets hired during CY 2018)	Not less than 85% of Vets hired retained for 12 months	Not less than 75% of Vets hired retained for 12 months	Not less than 85% of Vets hired retained for 12 months	Not less than 75% of Vets hired retained for 12 months	Not less than 85% of Vets hired retained for 12 months	Not less than 75% of Vets hired retained for 12 months	
<b>Veteran Employee Percentage</b> (Vets employed on 31 Dec. of CY 2019)	N/A	N/A	At least 10% of employees are Vets	At least 7% of employees are Vets	At least 10% of employees are Vets	At least 7% of employees are Vets	
<b>INTEGRATION ASSISTANCE PROGRAMS</b>	<b>Veteran Organization or Resource Group</b>	Must be established and exist by 31 Dec. 2019	Must be established and exist by 31 Dec. 2019	Must be established and exist on by 31 Dec. 2019	Satisfy 2 of 5	N/A	
	<b>Leadership Program</b>	Must be established and exist by 31 Dec. 2019	Must be established and exist by 31 Dec. 2019	Must be established and exist on 31 Dec. of prior year		Satisfy 1 of 2	N/A
	<b>Dedicated HR Professional (Large) or HR Veterans' Initiative (medium/small)</b>	Must be targeted to veteran employees	N/A	Satisfy 1 of 3		N/A	N/A
	<b>Pay Differential Program</b>	Must be provided	N/A			N/A	N/A
	<b>Tuition Assistance Program</b>	Must be available	N/A			N/A	N/A
<b>OTHER ITEMS</b>	<b>Labor Law Violations</b>	Must not have any of the violations identified in 20 CFR § 1011.120	Must not have any of the violations identified in 20 CFR § 1011.120	Must not have any of the violations identified in 20 CFR § 1011.120	Must not have any of the violations identified in 20 CFR § 1011.120	Must not have any of the violations identified in 20 CFR § 1011.120	
	<b>Application Fee</b>	\$495.00	\$495.00	\$190.00	\$190.00	\$90.00	

The above is a brief overview of the criteria needed to qualify to receive a HIRE Vets Medallion Award. For a detailed explanation, please visit [HIREVets.gov](http://HIREVets.gov) and view the Final Rule for the program.



# USDOL Serves Military Spouses

- **Military Spouses** are skilled, diverse, and motivated, with sound work values and a strong work ethic. USDOL has a stated goal in offering a high level of service to these individuals.
- **Licensing/Credentialing:** Many states make it easier for military spouses to gain licenses in a new state. Here is a map and license finder tool: <https://www.veterans.gov/milspouses/>
- **Job Search** — [Military Spouse Employment Partnership Career Center](#) is a targeted recruitment and employment solution for spouses.
- Visit **CareerOneStop's Job Search** to search for jobs anywhere in the United States.
- **Installations** — Visit your installation [Family Center](#) to discuss military spouse related opportunities or programs.
- **Federal Jobs** — If you're a military spouse, you may be eligible to apply using a non-competitive process designed to help you get a job in the federal government. Learn more at [USAJOBS](#).
- **Entrepreneurship** — [Boots to Business \(B2B\)](#) is an entrepreneurial education and training program that provides participants with an overview of business ownership and is open to transitioning service members (including National Guard and Reserve) **and their spouses**.
- Find out more about these programs at [www.veterans.gov](http://www.veterans.gov) or at any **NCWorks Career Center**.

**GOODWILL**  
VETERANS SERVICES

Connecting veterans and  
military families with the  
work and support they need.



Connecting veterans and military families  
with the work and support they need.

## EMPLOYMENT RESOURCES

**Have you or a family member served at least one day in the military and are looking for a new job?** Are you transitioning from the military or recently transitioned? Has it been years since you served, but are looking for your next career, and would like resources and assistance in obtaining and maintain your employment? If you answered yes to any of these questions, reach out to Goodwill's Veterans Services Program. You have served your country, now let us be of service to you.

Goodwill's Veterans Services Program is open to anyone that has served at least one day in the military, military spouses and adult children dependents residing with service member, active duty and reserve service members, with particular focus on female veterans and post-9/11 veterans.

**THROUGH OPERATION: GoodJobs**, we provide free, individualized services to assist veterans and military families' find meaningful employment and financial stability. This is accomplished through a variety of methods, including: employment assistance services, career assessment, career

planning and coaching, job search skill building, skills training, resume preparation, job interview readiness, placement support and more.

**OPERATION: GoodJobs (OGJ)** is a national partnership between Goodwill and the Walmart Foundation. The goal of OGJ 3.0 is to help improve the lives of 5,000 veterans and military family members in the U.S. through job training, connecting veterans and their households to certifications and credentials, placement and job retention services to veterans and businesses for 12-month retention after placement through holistic supportive services.

**For a complete schedule of locations and information session times, please visit:** [www.goodwillvetservices.org](http://www.goodwillvetservices.org)

**For more information, please contact:**  
[veteranservices@goodwillnwncc.org](mailto:veteranservices@goodwillnwncc.org)  
**(336) 724-3625 ext 1212**

# HIRING OUR HEROES

U.S. CHAMBER OF COMMERCE FOUNDATION

## MILITARY SPOUSE

### ECONOMIC EMPOWERMENT ZONES (MSEEZ):

Designated areas that develop workforce solutions for military spouses at the grassroots level through collaboration between government, industry, and nonprofit partners.

#### WORKING GROUP

- Locally Chaired
- Comprised of local leaders from industry, government, and nonprofit partners
- Identify training and employment opportunities, or establish new programs if none exist locally
- Pinpoint and remove existing barriers to military spouse employment

#### INDUSTRY PILLARS

Key Industry Pillars are designated for each MSEEZ based on their regional strengths. These Pillars are represented by a Pillar Lead within the Working Group.

**JOIN THE MOVEMENT TO CREATE LOCAL SOLUTIONS FOR A NATIONAL WORKFORCE ISSUE.**

[@USChamber.com](http://www.hiringourheroes.org/MSEEZHOMilSpouse)

## Since 2018, MSEEZ Working Groups have:

- ✓ Held industry specific seminars.
- ✓ Worked to change statewide veterans hiring incentives to include spouses.
- ✓ Created city budget item specifically for military spouse workforce development.
- ✓ Committed funding for Military Spouse fellowship programs.
- ✓ Military Spouses hired as a direct result of a MSEEZ Lunch and Learn Event
- ✓ Introduced Legislation to promote Military Spouse Employment
- ✓ Committed to hiring Military Spouses at

[www.hiringourheroes.org/hiring-100k](http://www.hiringourheroes.org/hiring-100k)

## VOW TO HIRE HEROES ACT / 5 VETERAN TARGET GROUPS:

- Veterans in Household receiving Supplemental Nutrition Assistance Program (formerly known as food stamps) benefits
- Veterans with a Service-Connected Disability
- Veterans with a Service-Connected Disability unemployed for at least 6 months
- Veterans unemployed for at least 4 weeks
- Companies seeking to hire veterans unemployed at least 6 months
- Tools to help translate military experience into civilian equivalent experience

**PLEASE CONTACT YOUR LOCAL NETWORKS VETERANS EMPLOYMENT SPECIALIST ON PAGE 15.**



# Lumbee Tribe of North Carolina

## Veterans Service Office

### Mission Statement

The mission of the Lumbee Tribe Veterans Service Office is to provide safe, sanitary and decent housing to enrolled members of the Lumbee Tribe of North Carolina.

### Program Overview:

A variety of important benefits and services are available to veterans and their families from the Department of Veterans Affairs and other agencies. The Service Officer can assist individuals in applying for:

- VA Home loans
- Down-Payment Assistance
- VA health care benefits
- Service-connected disabilities
- Vocational rehabilitation and employment
- Pensions
- Certificate for home loans
- Burial and memorial benefits
- Dependents and survivor benefits and healthcare
- Appeals of VA claims decisions
- Order military records and medals

Lumbee Tribe Veterans Service Office  
P.O. Box 2709  
204 West 3rd Street  
Pembroke, N.C. 28372

Telephone (910) 521.7861  
Alternate number (910) 522.2210









## STAY ONE STEP AHEAD OF THE SCAMMERS

Fight back with the AARP Fraud Watch Network. It provides resources to help you spot and avoid scams and fraud so you can protect yourself and your family. Sign up to get watchdog alerts and stay up to date on con artists' latest tricks. It's free of charge for everyone – members, non-members and people of all ages. Because for over sixty years AARP has been committed to safeguarding Americans' financial futures.

**Learn about the top scams targeting Veterans and military families at:  
[www.aarp.org/veterans](http://www.aarp.org/veterans)**

**Sign up for free AARP Fraud Watchdog Alerts at [www.aarp.org/fraud](http://www.aarp.org/fraud)**

Report Scams Targeting Military Veterans to:  
OPERATION PROTECT VETERANS  
[aarp.org/protectveterans](http://aarp.org/protectveterans) or 1-855-800-9023 (toll-free).



Fraud Watch Network

[aarp.org/fraudwatchnetwork](http://aarp.org/fraudwatchnetwork)

[f/aarpfraudwatchnetwork](https://www.facebook.com/aarpfraudwatchnetwork) [@aarpfraudwatch](https://twitter.com/aarpfraudwatch)



*We're all in this*  
**T ♥ GETHER**

*Be kind  
and help  
neighbors  
if you can*

*Practice  
patience*

*Check in  
with friends  
and family*

# 2020/21

## Save The Date

### SIGNIFICANT DAYS AND OBSERVANCES

learn more at: [www.milvets.nc.gov/events](http://www.milvets.nc.gov/events)

#### MONTHLY

- NC Governor's Working Group

#### FEBRUARY

- NC African-American Veteran Lineage Day
- President's Day

#### MARCH

- Raleigh DAV Spring Conference
- K9 Veterans Day
- National Vietnam War Veteran Day

#### APRIL

- Month of the Military Child
- Gold Star Wives / Spouses Day
- NC County Association of VSOs Conference
- NCMBC Defense Contractor Academy
- National Military Brats Day

#### MAY

- Month of the Military Caregiver
- National Military Appreciation Month
- Military Spouse Appreciation Day
- Queen City Honor Flight
- Children of Fallen Patriots Day
- Armed Forces Day
- Memorial Day

#### JUNE

- D-Day
- U.S. Army Birthday

#### JULY

- Independence Day
- National Korean War Veterans Armistice Day

#### AUGUST

- U.S. Coast Guard Birthday
- National Purple Heart Day
- 93rd American Legion Baseball World Series

#### SEPTEMBER

- Nat'l Day of Service and Remembrance
- NCDMVA Anniversary Event
- U.S. Air Force Birthday
- National POW /MIA Recognition Day
- National Gold Star Mother's and Family Day

#### OCTOBER

- U.S. Navy Birthday
- NCDMVA / NCACVSO Fall Conference
- NCMBC SE Region Federal Construction Infrastructure & Environmental Summit

#### NOVEMBER

- Military Family Appreciation Month
- U.S. Marine Corp Birthday
- Veterans Day

#### DECEMBER

- U.S. Civil Air Patrol Birthday
- Pearl Harbor Day
- U.S. National Guard Birthday
- Wreaths Across America Day

**Note:** This list is not inclusive of all State and Nationally recognized holidays and events



Special Thanks to ALL NCDMVA staff and partners,  
especially the NCDHHS and NC Commerce, for making this Resource Guide possible.

# DMVA

N.C. Department of  
Military and Veterans Affairs

[www.milvets.nc.gov](http://www.milvets.nc.gov)

[www.NC4VETS.com](http://www.NC4VETS.com)

844.NC4.VETS

(844.624.8387)